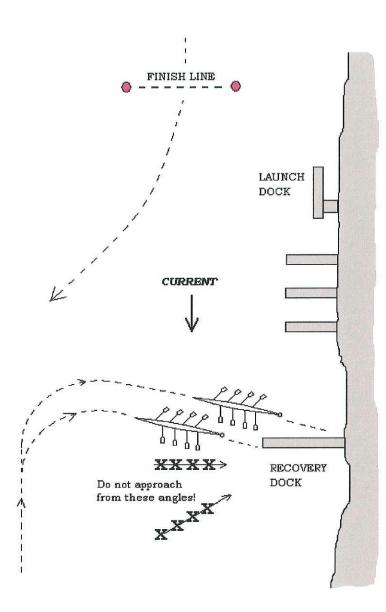
## Coxswain's Guide to the TAIL OF THE FOX Regatta



## LAUNCHING

Launch from the dock closest to the finish line. Watch for crews that may be finishing – do not cross in front of them. Cross to the opposite side of the river and proceed upstream. Do not cross between the finish line buoys.

It may be possible to launch from the recovery dock as directed by the Dock Master.

## RETURNING

After crossing the finish line, steer away from the dock area to avoid crews maneuvering at the docks. When well clear of the finish area, spin so that your bow is pointed upstream (toward the start), and form a line with the other boats on the water.

Wait for the orders of the Dock Master before approaching the dock.

If you have rowers who are "hot seating," communicate with the other coxswains on the water and ask to move to the head of the line (be aware that other crews may be hot seating as well). Shells that are in the front of the line will be called to the dock first. Help your crew & the Dock Master by positioning your shell closest to the docks.

If the recovery dock is clear and you are the  $1^{\rm st}$  &  $2^{\rm nd}$  boats in your race to cross the finish, head directly to the recovery dock unless directed otherwise by the Dock Master.

Make your dock approach from higher upstream because the current will push your boat downstream\*. Coxswains are responsible to command and maneuver their shells to the docks, but both coxswain and rowers need to be attentive to the orders of the Dock Master. Keep the approach speed controlled and use maneuvering strokes to keep the forward momentum.

\* The wind speed & direction may affect your approach angle.