



DATES AND DEADLINES:

Registration opens	Thursday, January 22, 2009
Deadline	Monday, March 2, 2009
Late entries accepted through	Thursday, March 5, 2009 (late fees will apply)
Walk up entries accepted	the day of the event at Tempe Town Lake Marina
Payments due	Monday, March 2, 2009
Boatings/line-up change deadline	Thursday, March 5, 2009
Waiver due	Monday, March 2, 2009

REGATTA RULES AND ELIGIBILITY:

Novice Categories:

Participants cannot have started any type of rowing before June 1, 2008. All novice events are open to all participants as long as they began rowing after May 31, 2008. Medals will be awarded for all categories that race in any novice event. For instance, if there is novice juniors and novice collegiate represented, medals will be awarded in both categories. If there are more entries than lanes, the boats will be separated according to categories and another race will be added for the overflow.

Lightweight Events:

The Desert Sprints Regatta will use the USRowing recommended weights for all lightweight events. Weigh-in for an event will open two hours before the scheduled start time of that event and it will close one hour before the scheduled start time of that event. Each athlete will have two opportunities to make weight. After the second try, if they do not make weight, they will not be allowed to participate in that event. If there is more than one racing category represented in any lightweight events, each category will race for medals within the same race. If there are more entries than lanes, the boats will be separated according to categories and another race will be added for the overflow. The weights are as follows:

Lightweight Women	130 lb. across the board
<u>Lightweight Men</u>	
Juniors	155 lb. maximum, no average
Open	160 lb. maximum, 155 lb. boat average
Masters	160 lb. maximum, no average

Masters Categories:

The age handicap from US Rowing will be used. The minimum age for a master participant is 21 years old. They must turn 21 in the year 2009.

Points and Awards:

Only junior events, including the junior category of any novice events, will be recognized as point races. Men's and women's junior team points will be calculated based on the table below, which is similar to the guidelines used by USRowing. Programs with multiple entries will only receive points for the highest placed entry. All boats entered in a junior event, or the junior category of a novice event, regardless of what program they are from, will be counted as boats entered in the event when calculating points. Crews will be awarded points for where they actually finish among all junior crews in an event. Junior events with entries from only one program will be awarded medals, but will not be awarded points. This also applies to the junior category of novice events. In other words, there must be at least two programs in any junior event to receive points in that event. No points are awarded in the open, masters or mixed events.

Event	1 st Place Points
1x	10
2-, 2x	15
4+,	20
8+	30

# of Boats in Event	Percentage of 1 st Place Points				
	2 nd	3 rd	4 th	5 th	6 th
2	20%				
3	40%	20%			
4	60%	30%	5%		
5	80%	40%	10%	5%	
6	80%	40%	20%	10%	5%

Race Distances:

All junior, novice, open and collegiate races will be 1500M. All masters and mixed races will be 1000M.

Entry Fee Structure:

1x: \$25.00, 2x: \$35.00, 4x/4: \$55.00, 8's: \$85.00

Late entries will be accepted at an increased entry fee as follows: 1x: \$35.00, 2x: \$50.00, 4x/4: \$80.00, 8's: \$125.00. Late entries will be accepted on Regatta Central until Thursday, March 5th at 12:00 midnight PST. Walk up entries will be accepted the day of the event at the regatta registration table. Late entry fees will apply to walk up entries.

There is an entry fee cap of \$700.00 for all club and school participants. In order to be eligible for the cap, all boats must be entered under the same team/club name. All late entries must be paid for and do not count against the cap fee.

Boat Rental:

The fee for boat rental is the same as the entry fee and includes practice in the shell.

Scratch Deadline:

The scratch deadline is Monday, March 2nd. After that, no credit or refunds will be given for scratched entries.

Point Championship:

There will be a trophy awarded to men's and women's junior rowing programs that accumulate the most points at the regatta. Points will only be counted from entries in junior events, including novice events that juniors row in. Points accumulated in open, masters or mixed events will not be counted.

Regatta Cancellation:

Due to the nature of water recreation events, wind, weather or water conditions may cause postponement or cancellation of the regatta. In the unexpected case of cancellation of the regatta, No Refunds will be given.

Bow Numbers:

All competitors are responsible for their own bow numbers (1 – 7).

Hotel Information:

Amerisuites Tempe/Phoenix Airport
1413 W. Rio Salado Parkway
Tempe, AZ 85281
480-804-9544
<http://hotels.amerisuites.com/4074>

Rates include a daily hot breakfast and airport transportation from 6:00 a.m. to 11:00 p.m. The hotel is two miles from the marina.

Best Western Inn of Tempe
670 N. Scottsdale Rd.
Tempe, AZ 85281
480-784-2233
<http://www.innoftempe.com>

Ask for the Desert Sprints rate of \$99.00 per night. The hotel is walking distance to the lake. They offer 24 hour airport shuttle and a deluxe continental breakfast.

Hampton Inn and Suites Tempe
1429 N. Scottsdale Rd.
Tempe, AZ 85281
480-675-9799
<http://www.hamptoninnsuitesarizona.com>

Rates include a complimentary hot breakfast buffet, shuttle transportation and high speed internet access. The hotel is located one mile from Tempe Town Lake.

Country Inn and Suites Phoenix Airport at Tempe **(HOTEL IS FULL)**
808 N. Scottsdale Rd.
Tempe, AZ 85208
480-858-9898
<http://www.countryinns.com/desertsprints>



2009 RACING SCHEDULE

Event #	Event Name		Event #	Event Name
1.	Mixed 2x		24.	Men's Open 1x
2/3.	Women's Open / Masters 8		25.	Men's Master 1x
4.	Men's Jr. 2x		26.	Women's Jr. 2x
5.	Men's Novice 8		27.	Women's Novice 8
6.	Women's Jr. 2 nd 8		28.	Mixed 4
7/8.	Men's Open / Masters 4		29.	Men's Novice 4
9.	Women's Open 2x		30.	Women's Lt. Wt. 8
10.	Men's Novice 1x		31.	Women's Novice 2x
11.	Women's Open 4		32.	Men's Master 2x
12.	Men's 4x		33.	Men's Jr. 4
13.	Men's Jr. 8		34.	Women's Master 2x
14/15.	Women's Freshman 4 / Novice 4		35.	Men's Novice 2x
16.	Women's Open 1x		36.	Women's Jr. 1x
17.	Women's Master 1x		37.	Women's Novice 1x
18.	Women's Master 4		38.	Women's Jr. 8
19/20.	Men's Open / Master 8		39.	Women's 4x
21.	Men's Lt. Wt. 4		40.	Women's Lt. Wt. 4
22.	Men's Jr. 1x		41.	Men's Open 2x
23.	Women's Jr. 4		42.	Mixed 8



WAIVER & RELEASE OF LIABILITY

This waiver will extend to the organization, employees and volunteers of the City of Tempe, Tempe Rowers Association and USRowing.

ACTIVITY: Desert Sprints Regatta, March 7, 2009

PARTICIPANT'S NAME _____ GENDER _____

STREET ADDRESS _____ BIRTHDATE _____ AGE _____

CITY & STATE _____ ZIP CODE _____

HOME PHONE _____ SCHOOL/CLUB _____

EMERGENCY CONTACT INFORMATION:

NAME _____ PHONE _____

NAME _____ PHONE _____

Waiver and Release of Liability

IN CONSIDERATION of being given the opportunity to participate in this rowing activity I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.
2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS, which include, but are not limited to, boats sinking, boats colliding, oars contacting participants, participants contacting participants, participants becoming entangled in equipment, failure of timely rescue, water quality issues, natural weather events such as lightning and strong winds, and other natural and artificial risks and dangers which may cause participants to be unable to breathe due to being under water, may cause participants to lose consciousness, and/or may cause serious bodily injury, including permanent disability, paralysis and/or death to participants ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

(continued)

Waiver and Release of Liability (continued)

3. HEREBY RELEASE, discharge, and covenant not to sue the City of Tempe, Tempe Rowers Association and USRowing, their administrators, directors, agents, officers, volunteers and employees, other participating organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL DEFEND, INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or costs which may incur as a result of such claim, to the fullest extent permitted by law.

4. UNDERSTAND that none of the organizations listed above carries any accident, sickness, or medical insurance for participants.

5. UNDERSTAND that all reasonable efforts will be extended to insure my health and safety.

6. UNDERSTAND the Class/Activity does include physical exertion therefore, I agree to perform the exercise at my own ability level.

7. AGREE, without any right of payment or of editing, to the use of images of me and/or my children, including reproductions of photos, video, film, audio or other reproductions, the City of Tempe, Tempe Rowers Association and USRowing for dissemination in all types of media for public relations purposes.

8. AGREE to look to my private physician for medical advice and care and to notify my teacher or instructor of any physical limitations I might have or modifications I might need to participate in the Class/Activity. I will require the following accommodation to participate: _____

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect. I realize this is a contract between myself, the City of Tempe, Tempe Rowers Association and USRowing and is a release of Liability. **I sign it of my own free will.**

REQUIRED: Participant Signature

Printed Name

Date

**(Parent or Legal Guardian Signature
for Participants under 18 years)**

Printed Name

Date