# **row**for the cure<sup>®</sup>





## **row**for the cure

October 25, 2009, 7a.m. North Ski Beach - Mission Bay

Register online:

www.regattacentral.com

For more information, call: **858-573-2760** 

Susan G. Komen for the Cure in San Diego together with University of California, San Diego Women's Crew will host the 8th Annual Komen San Diego Row for the Cure® at North Ski Beach; to be held on Mission Bay, Sunday October 25, 2009 at 7a.m.

## All proceeds benefit Susan G. Komen for the Cure!

75% of funds stay in San Diego to support uninsured and underinsured women with breast cancer diagnosis, treatment and services! 25% funds national breast cancer research.

### **Entry Fee:**

Eights-\$90
OC-6-\$60
Fours/Quads/K4-\$50
Double/Pairs/OC-2/K-2/Rec K-2-\$40
Barge/Single Rower/Paddler/Kayak-\$25





Race Release October 25, 2009

Must be signed by all participants:

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I KNOW THAT THIS EVENT IS A POTENTIALLY HAZARDOUS ACTIVITY AND I HEREBY ASSUME FULL AND COMPLETE RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY PARTICIPATION IN THIS EVENT OR WHILE ON THE PREMISES OF THIS EVENT, AND I HEREBY RELEASE AND HOLD HARMLESS AND COVENANT NOT TO FILE SUIT AGAINST THE SUSAN G. KOMEN BREAST CANCER FOUNDATION, INC., OR UNIVERSITY OF CALIFORNIA, SAN DIEGO, THEIR LOCAL AFFILIATES AND ANY AFFILIATED INDIVIDUALS, THE SAN DIEGO ROW FOR THE CURE® AND ANY AFFILIATED INDIVIDUALS, ANY RACE SPONSORS AND THEIR AGENTS AND EMPLOYEES, AND ALL OTHER PERSONS OR ENTITIES ASSOCIATED WITH THIS EVENT (THE "RELEASEES") FROM ANY LOSS, LIABILITY OR CLAIMS I MAY HAVE ARISING OUT OF MY PARTICIPATION IN THIS EVENT, INCLUDING PERSONAL INJURY OR DAMAGE SUFFERED BY ME OR OTHERS, WHETHER SAME BE CAUSED BY UPSET OF BOATS, CONTACT WITH OTHER BOATS, CONDITIONS OF THE COURSE, NEGLIGENCE OF THE RELEASEES OR OTHERWISE. If I do not follow all the rules of this event. I understand that I may be removed from participation. I give my full permission to the Komen Foundation and its local Affiliates and the UNIVERSITY OF CALIFORNIA, SAN DIEGO, and their sponsors and corporate sponsors to use any photographs, videotapes, or other recordings of me that are made during the course of this event.

Name	Signature (Parent or guardian's signature if under age 18)	Date
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Pledge Form October 25, 2009

### BENEFITING THE SUSAN G. KOMEN FOR THE CURE®

On the first Sunday of each November, the San Diego Affiliate of the Susan G. Komen for the Cure hosts the Race for the Cure® in Balboa Park. Since rowers are unable to participate in this event because of our season, we decided to put together the Row for the Cure on the last Sunday of October. This way, our community can participate in raising awareness and funds for breast cancer. Participating in the Row for the Cure is the first step in supporting the cause. Raising pledge dollars from family, friends and colleagues is what really makes a difference in supporting local programs! Please include your organization for the team award!!!

Name:Address:	Organization:  Please make checks  San Diego Row for the Send to: UCSD Women 9500 Gilman Drive IC	Total Amount Enclosed:  Organization:  Please make checks payable to:  San Diego Row for the Cure®  Send to: UCSD Women's Crew  9500 Gilman Drive ICA 0531  La Jolla CA 92093		
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**Donations are tax deductible:** Receipts will be issued upon request and only for individual contributions of \$250 or more. Proceeds from the San Diego Row for the Cure® will benefit the San Diego Affiliate of the Susan G. Komen Breast Cancer Foundation. 75% of the proceeds will stay in San Diego to fund education, screening and treatment. 25% will fund breast cancer research.

Ways to contribute: 1. Register as a participant and collect pledges from friends, family and co-workers. 2. Employee Matching Gift Programs from your employer or those of your sponsors. 3. If you cannot participate in the event, you may still make a contribution. Pledges may be turned in with your registration form to the address above or at the Registration Desk the day of the event.

**Prize Categories:** All participants who are officially registered for the event prior to October 19 will receive a San Diego Row for the Cure t-shirt. Prizes will be awarded for exceeding the following pledge dollar amounts: \$100, \$250, \$500 and \$1,000, as well as for the team that raises the most pledge dollars. There will be special awards for the organization turning in the most donations by 10:00 am on Race Day.