



San Diego Rowing Club's

SAN DIEGO FALL CLASSIC

Sunday, November 5, 2006 – Coggeshall Rowing Center - San Diego, California

NEW!!! – REGISTRATION THROUGH REGATTA CENTRAL!!!
NEW 3.25 MILE FALL CLASSIC RACE COURSE!!!

RegattaCentral
www.regattacentral.com

The *San Diego Rowing Club* wishes to extend an invitation to you and your crews to participate and compete in this year's *2006 San Diego Fall Classic*. The events scheduled for the Regatta are:

Time	Event No.	Event	Time	Event No.	Event
7:30	1	Men's Open Single	8:40	21	Men's Open Double
	2	Men's Lightweight Single		22	Men's Master Double
	3	Men's Master Single		23	Women's Open Double
	4	Men's Junior Single	24	Women's Master Double	
	5	Men's Open Water Single	9:00	25	Men's Junior Four with
7:40	6	Women's Open Single	26	Women's Open Four with	
	7	Women's Lightweight Single	27	Women's Master Four with	
	8	Women's Master Single	28	Women's Novice Four with	
	9	Women's Junior Single	9:20	29	Men's Junior Eight
7:50	10	Women's Open Water Single	30	Men's Collegiate Novice Eight	
	11	Men's Open Four with	31	Men's Junior Novice Eight	
	12	Men's Master Four with	9:30	32	Men's Open Quad
	13	Men's Novice Four with	33	Men's Master Quad	
8:10	14	Women's Junior Four with	9:40	34	Men's Collegiate Eight
	15	Women's Junior Eight	35	Men's Open Eight	
	16	Mixed Eight	36	Men's Master Eight	
	17	Women's Collegiate Novice Eight	9:50	37	Women's Collegiate Eight
8:30	18	Women's Junior Novice Eight	38	Women's Open Eight	
	19	Women's Open Quad	39	Women's Master Eight	
	20	Women's Master Quad			

REGATTA SITE: The Regatta Site returns to Ski Beach, East side of Vacation Island, off of Ingraham Street

ON-LINE REGISTRATION: Registration will be run through **Regatta Central**. www.RegattaCentral.com

ENTRY FEES: Entry fees are: \$15.00 for Singles, \$25.00 for Doubles, \$40.00 for Fours/Quads, and \$70.00 for Eights.

ENTRY DEADLINE: **All entries must be submitted to Regatta Central by Monday, October 30, 2006.** Day of race entries will not be accepted. Entries submitted after Monday, October 30th must include a 50% late fee for each entry.

CHECK-IN: Participants may check in at the San Diego Rowing Club on Saturday afternoon from 4:00 p.m. to 5:00 p.m., or Sunday morning from 5:00 to 6:30 a.m. All participants must be checked in by 6:30 a.m. on Sunday morning, before competing. If you anticipate any problems with your registration (paying entry fees, submitting athletes' signatures and waiver forms, etc.), please check in on Saturday. Race numbers will be passed out when you check in. Weigh-ins for lightweights will be at check-in on Sunday morning. There will be no coxswain weigh-ins.

LAUNCH/RECOVERY AREA – FINISH LINE : This year's Regatta site returns to SKI BEACH on Vacation Island. The Launch/Recovery Site is located near the 1,000 meter mark of the *San Diego Crew Classic* Race Course. ALL BOATS SHALL LAUNCH AND RETURN TO THIS LOCATION. The **Official Regatta Headquarters** will be at the north end of the beach on the day of the Race.

MANDATORY COACHES / COXSWAINS / COMPETITORS MEETING: There will be a mandatory Competitors Meeting at Ski Beach at 6:30 a.m. on Sunday morning. A Regatta Official will discuss:

- Launching Area
- Warm-Up Area
- Turn Buoys
- Check-In Boat
- Race Staging Area
- Race Course Marshals
- Start Line and Start Sequence
- Race Course Navigation
- Navigation through Bridges
- Penalty for Missing Buoys
- Finish Line
- Questions

TO ENTER: Go on-line at www.RegattaCentral.com today!

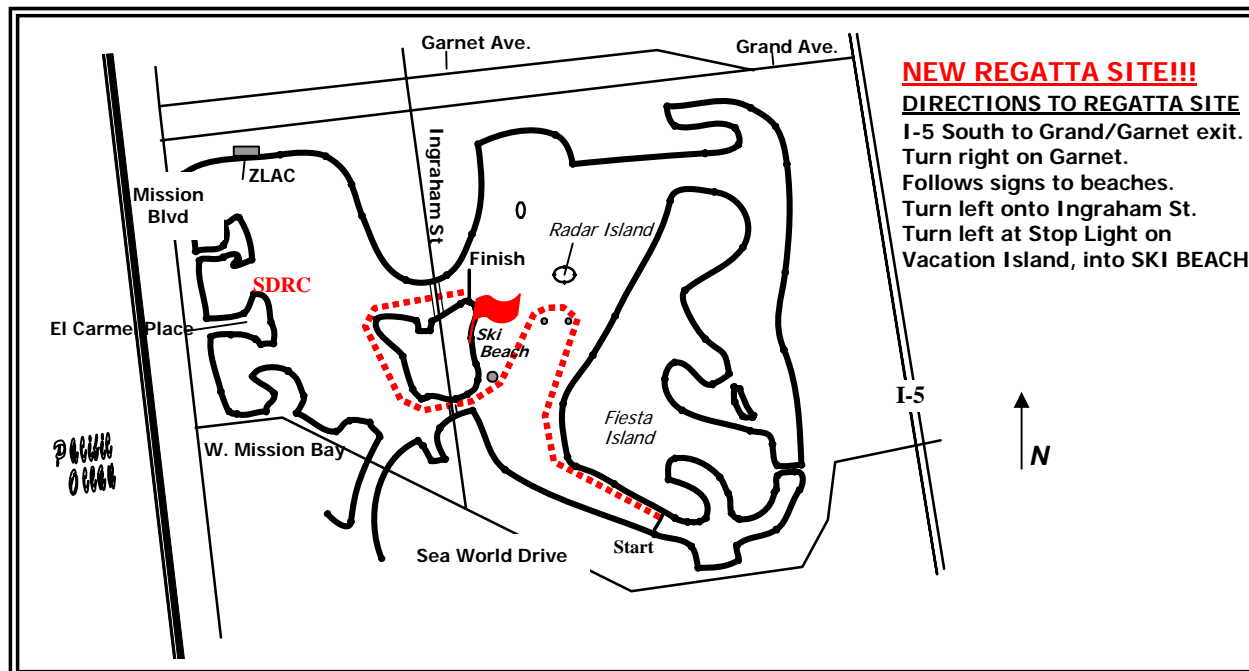
FOR ADDITIONAL INFORMATION: Please visit www.SDRC-ROW.org, or contact Catherine Lortie, at (858) 488-1893, or email, sandiegorc@sbcglobal.net

2006 SAN DIEGO FALL CLASSIC

RACE COURSE:

The Start Line is in South Pacific Passage (Sea World Channel). Course proceeds West for approximately 750m. The first turn is to starboard, heading North approximately 1000m toward Radar Island. **THE NEW TURN** on the race course will be a two point turn around two buoys, approximately 200m south of Radar Island. The second turn around the second buoy turning south for approximately 1000m. Staying outside of the Ski Beach buoys, the fourth turn is a starboard turn heading through the South Ingraham Street bridge. The next turn is another starboard turn heading North, for approximately 700m. The last turn is to starboard, towards the North Ingraham St bridge. Finish Line is approximately 300 meters past the Bridge. Total distance is 3.25 miles.

Penalties: Cutting inside buoys will result in a 60 second penalty. Any actions by a crew deemed to be unsafe by Regatta Officials or Referees, may result in a crew's disqualification.



BOAT STORAGE AND LAUNCHING: Trailers must be parked in the parking lot in the designated areas at Ski Beach. Unload boats onto the beach, towards the water. Boats will not be allowed in the drive and parking areas. Security will be provided the night before the race.

PARKING: For those who will be at the Coggeshall Rowing Center, parking is very limited on El Carmel Place. Please plan to car pool and park off of the peninsula and walk to the boathouse and the boat launch area. Police will ticket any cars that are parked illegally.

AWARDS: Winners of each event will be awarded medals at the Awards Ceremony immediately following the conclusion of the last event. The George Garty Memorial Trophy will be awarded to the winner of the Master Men's Single event. The Overall Collegiate and Overall Club Team Point Trophy Winners will be announced and their names will be placed upon the respective Overall Points Champion Trophy.

CATEGORIES:

- Novices may not have rowed before January 1, 2006.
- The Fall Classic will recognize the "AA" Master category. Masters must be at least 21 years of age by December 31, 2006. Average age of crews will be 27 years of age minimum.
- Masters shall receive handicaps derived from standards established by USRowing.
- Juniors must be 18 years of age or younger as of December 31, 2007, or in High School.
- Lightweight is defined for men as a maximum of 165 pounds, and for women as 135 pounds. No averaging. Weigh-ins will be held from 5:00 am to 7:00 am race morning at SDRC. Coxswains shall weigh a minimum of 120 pounds, on the honor system. Coxswains weighing less than 120 pounds shall carry extra weight to meet the minimum weight.
- The Race Committee reserves the right to cancel races due to a lack of entries.

FOR MORE INFORMATION: Please visit www.SDRC-ROW.org, or contact Catherine Lortie, at (858) 488-1893, or email at sandiegorc@sbcglobal.net

San Diego Fall Classic
General and Parental Release and Waiver Form

**ROWING RELEASE AND WAIVER OF LIABILITY,
ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

IN CONSIDERATION of being given the opportunity to participate in any way in the **SAN DIEGO FALL CLASSIC** activities, I, for myself / my child, my personal representative, assigns, heirs, and next of kin, represent as follows:

(Parent/Guardian, please initial each paragraph)

I am / my child is a qualified, competent swimmer and physically able to participate in and withstand with ease and without supervision the rigors of participating in water sports, which may involve rough water swimming in low water temperatures, in the dark and against strong currents. _____

I understand that my/my child's participation in activities related to rowing/swimming sponsored by or associated with the San Diego Rowing Club may expose me/my child to certain risks of serious injury, including death, and it is my express intent to assume all responsibility and risk for such participation regardless of the outcome, including injury or death resulting from the negligence of the San Diego Rowing Club, its members, directors, officers, employees and/or volunteers. _____

I hereby FOREVER release and hold harmless the San Diego Rowing Club, its members, directors, officers, employees and/or volunteers of any and all responsibility or liability of any kind or nature whatsoever for loss or damage to property or personal injuries sustained or occurring during participation in any capacity in any activity sponsored by or associated with the activity of rowing/swimming in any way related to, affiliated with or sponsored by the San Diego Rowing Club or use of the facilities or equipment of the San Diego Rowing Club. _____

This shall serve as release and assumption of the risk for not only myself, but my heirs, executors, estate, administrators and anyone acting on their behalf. _____

As the competitor is currently under the age of 18, his or her parent or legal guardian shall execute this document with its full intent and effect in force on behalf of the minor. _____

The fact that this release is executed by the parent or legal guardian of a minor does not in any way minimize or negate the effect of same. _____

Participant's Name : _____ Birthdate : _____

Parent or Guardian's Name : _____

Signature of Parent or Guardian : _____ Date : _____



San Diego Fall Rowing Classic
Team Release / Waiver and Entry Form

**ROWING RELEASE AND WAIVER OF LIABILITY,
ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

IN CONSIDERATION of being given the opportunity to participate in any way in the **SAN DIEGO FALL ROWING CLASSIC** activities ("Activity"), I, for myself, my personal representative, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Rowing Activities, both on water and land based and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis, and ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the San Diego Rowing Club, their administrators, directors, agents, officers, volunteers, and employees of each of said organizations, other participants, regatta organizers, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity take place, (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account, caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including, but not limited to, negligent rescue operations and further agree that if, despite this release, I, or anyone on my behalf makes a claim against any of the "Releasees" named above, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the "Releasees" from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim.
4. This agreement is to be construed as a California contract, is to take effect as a sealed instrument, and is to be interpreted in accordance with and by California law.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OF ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant's Printed Name	Participant's Signature	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

_____	_____	_____
Signature and Title of Witness	School/Club Name	(_____) Phone Number