

2010 OARS INVITATIONAL REGATTA



Bill Fredrick Park at Turkey Lake, Orlando

OARS is pleased to present the 2010 OARS Invitational Regatta on Saturday, March 13th (youth) & Sunday, March 14th (masters). We invite you to join us for an exciting weekend of racing. Please read through this registration packet and review all the **new** entry information & regatta requirements.

The OARS Invitational is a USRowing registered regatta. The LOC will follow the rules & guidelines of USRowing and FSRA as they pertain to this regatta. If any questions arise regarding these rules, coaches will need to inquire with the LOC.

Important Dates:

<u>Registration opens:</u>	<u>Friday, February 12, 2010</u>
<u>Entries, Waivers & Payment Deadline:</u>	<u>Friday, March 5th</u>
<u>Scratches due:</u>	<u>Wednesday, March 10th, by 7:00 p.m.</u>
<u>Racing:</u>	<u>Saturday & Sunday, March 13th & 14th</u>

Venue Information: Bill Fredrick Park is located at 3140 Hiawassee Road, Orlando, Florida 32835; phone # 407-299-5594. There will be a \$4 per vehicle fee to enter the park and \$30 per bus. Parking for buses & spectators will be in the softball field at the east end of the park. Parking for boat trailers will be on the southeast side of the spectator parking area. Boat trailer parking will be available in the designated areas beginning March 12th from 3:00 p.m. – 6:00 p.m. The gated entrance to the park is locked at 6:00 p.m. It is recommended that the trailers arrive at the site on Friday afternoon to avoid traffic and congestion on Saturday morning.

Directions:

From Tampa: I-4 East toward Orlando. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2nd light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiawassee Rd. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Fredrick Park at Turkey Lake is on your right.

From Miami: I-95 north to the Beeline Expressway/Rt. 528 West (tollway). Follow the signs to I-4 East towards Orlando. The first exit after merging on to I-4 is Sand Lake Road. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2nd light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiawassee Rd. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Fredrick Park at Turkey Lake is on your right.

From Orlando & North: I-4 West. Exit on Conroy-Windermere Rd. Go straight on Conroy-Windermere through 4 traffic lights, the 5th light is Hiawassee. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Fredrick Park at Turkey Lake is on your right.

Accommodations: Primitive cabins, which accommodate groups of up to 10 people, are available for rent at TLP. Call TLP to arrange for rental. Overnight camping is also available in the park on a first come, first serve basis.

There are a number of hotels in the area. The LOC of the OARS Regatta negotiated a pre-arranged rate of \$69.00/ night plus taxes at the Quality Inn Plaza:

Quality Inn Plaza, A Rosen Hotel
9000 International Drive
Orlando, Florida 32819
407-996-8585

www.qualityinnplaza.com

Pre-paid meal arrangements are also available.

Launch and Stake Boats Drivers: Experienced Launch drivers and Stake boat workers are needed to help with the regatta and may sign up for ½ Day shifts by contacting OARS Regatta Chairman, Ken Schneider via email at kms34786@cfl.rr.com

Concessions: Concessions will be available. All concessions & vendors are by OARS invitation only and must be permitted through the city of Orlando & approved by OARS.

Friday Practice: The course will be open on Friday, March 12th from 3:30 p.m. – 5:30 p.m.. All teams must exit by 6:00 p.m.. Please e-mail us ahead of time to let us know if you are planning on attending this practice.

Entries: Your registration **must be** submitted on www.regattacentral.com by **Friday, March 5th**. No late entries will be allowed.

Your registration must include the following. Any team not including all of these items, will not be entered into any races:

- On-line entry form
- Waivers (use the on-line USRowing waiver)
- Entry Fees
- \$1.00 Insurance Fee per rower
- \$1.00 Dock Fee per rower

Entry fees: Eights - \$80.00; Fours - \$60.00; Quads - \$50.00; Doubles - \$40.00; Singles - \$25.00; \$1.00 Insurance Fee per rower; \$1.00 Dock Fee per rower; **Fee Cap - \$700.00**

Scratch fees: Each entry scratched after **Wed. March 10th** will be charged a \$25.00 scratch fee per boat.

Registration: Race day registration will open at 6:30 a.m. at the pavilion near the launching docks. Please check in at registration before the coaches & coxswain meeting. **ABSOLUTELY NO CHANGES WILL BE MADE ON RACE DAY – except for scratches with a fee of \$25.00 for each boat scratched.**

Coaches & Coxswains Meeting: The coaches & coxswains meeting will be held at 7:00 a.m. on race day at the registration area. Representatives from each team must attend.

Levels of Competition: Teams must enter their fastest crews on the Varsity level, 2nd fastest crews on the JV level and 3rd fastest crew on the 3rd level. This applies to the same sized boats (a JV8 requires a V8 entry just as a JV4 requires a V4 entry). If a lower class boat records a faster time than its higher level boat, the LOC may investigate & choose to eliminate boats from the event. A team may enter lightweight & freshmen events without entries in the other levels.

Doubling: Each rower may only compete in 2 races, **this includes sculling**. Coxswains may race as many times as you need, provided they are coxing within the correct categories. Rowers who are doubled will not be given consideration for hot-seating.

Multiple entries: Each team shall enter no more than one crew per event. **There are no “B” boat entries.** Teams entering in sculling events may enter **only “A” & “B”** boat entries.

Number of Flights: With the number of teams participating, and being allowed to double, the number of flights in each event will be limited to ensure racing is completed before 6-p.m. The following categories will be limited to no more than 4 flights: Freshmen 4's, and Ltwt 4's. We will fill events based on a first come – first serve basis (obviously an incentive to get your entries in early). If you are one of the later crews to enter and are not put in a flight, we will put your boat on a waiting list.

Lightweight events: A lightweight boy is defined as a rower with a maximum weight of **150 pounds**. A lightweight girl is defined as a rower with a maximum weight of **130 pounds**. Rowers must weigh in wearing race attire. No weight allowance shall be given for clothing. All rowers in a boat must weigh-in as a boat. Only one opportunity to weigh-in will be allowed.

Freshmen Events: All freshmen are defined as rowers who are in 9th grade in high school and may include rowers in 6th, 7th and 8th grades. Coxswains of freshmen boats must also be freshman.

Cancellation of events: Events with only one entry at the registration deadline will be eliminated and the team will be notified in advance of race day.

Flights: If there are more than 6 entries for an event, multiple flights shall be held. Flights will be seeded based on results from races up to this point.

Race Course Information: 1,500 meter, six lane course.

Bowballs, Bowmarkers & Shoes: No boat will be allowed on the water without a bowball & quick release shoes. Heel ties must be in place & secure. Please bring your own bow markers & place them on your boat before you launch.

Cancellation due to Inclement Weather: If weather prohibits racing on Saturday, Varsity events will be run first.

Awards: Medals will be awarded for 1st, 2nd, & 3rd place finishers in each overall event according to time. An All Points Trophy will be awarded to the team accumulating the most points. Points will be awarded for finishing positions based upon the FSRA Youth point system.

Place	V 8+	V 4+	JV 8+ Light 8+	JV 4+ Light 4+	3rd 8+ Fresh 8+ 4X Novice 8+	2X	1X Fresh 4+
1st	100	50	75	38	50	25	13
2nd	86	43	65	32	43	22	11
3rd	74	37	56	28	37	19	9
4th	64	32	48	24	32	16	8
5th	56	28	42	21	28	14	7
6th	50	25	38	19	25	13	6
7th	46	23					
8th	42	21					
9th	38	19					
10th	34	17					
11th	30	15					

2010 OARS Invitational

Order of Events

Note: We will try to adhere to this order of events. Updated schedules will be available after we receive all entries. Times will vary based on number of entries received.

Order of events:

Event #	Event Name
1	W1x
2	M1x
3	W V8+
4	M V8+
5	W F4+
6	M F4+
7	W JV8+
8	M JV8+
9	W 4x
10	M 4x
11	W 3 rd 8+
12	M 3 rd 8+
13	W Ltwt 8+
14	M Ltwt 8+
15	W2x
16	M2x
17	W F8+
18	M F8+
19	W Ltwt 4+
20	M Ltwt 4+
21	W JV4+
22	M JV4+
23	W N8+
24	M N8+
25	W V4+
26	M V4+