

**Toledo's 25th International "Frogtown Races" Regatta
Presented by Owens Corning
Saturday, 25 September 2010**

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1. ENTRIES. To be complete, entries must include payment (payable to "Toledo Rowing"), complete entry forms for each event and waiver form signed by each competitor (parent/guardian must sign for competitor under 18). Registration is on-line at www.regattacentral.com.

2. ELIGIBILITY. As a US Rowing Registered Regatta, Frogtown Races requires that all competitors must be rowing with a US Rowing member organization. All rowers need not be US Rowing members, but their school or club must be a US Rowing organizational member. Single scullers are exempted from this rule.

3. BOAT AND TRAILER STORAGE. Security patrolled, overnight storage will be available at the Toledo Rowing Club parking lot designated on the site map after 6:00 pm on Friday, 24 September 2010. The Toledo Rowing Club, Toledo Rowing Foundation, and Frogtown Regatta Committee are not responsible for theft or vandalism of equipment.

4. CHECK IN. All coaches or other parties responsible for each school or club must check in to confirm registration and receive race packets. Check-in will occur on race day at Registration in the Gazebo in the park from 6:00am to 10:00 am.

5. **COACHES/COXWAINS/SCULLERS MEETING.** A meeting for coaches, coxswains, and scullers will be held outside the Gazebo as noted on the site map from 7:00am – 7:30am on Saturday, 25 September 2010. **AGAIN THIS YEAR:** A second Coaches/Coxswains Meeting will be held at 9:00 am . Attendance at either meeting will be acceptable. Wristbands will be assigned to the coxswains/scullers after the C/C/S meetings. Dockmasters will not permit coxswains or scullers who did not attend the meeting to launch.

6. **LIGHTWEIGHT CREWS.** There will be no weigh-ins for Lightweight Crews. Lightweight crews are expected to comply with current US Rowing weight limits. Coxswains will not be weighed. Protests regarding the weight of competitors in these events must be made to Race Central within 30 minutes of the conclusion of the event. Protests made outside that time period will not be allowed. Protests must be accompanied by a fee of \$25.00 at the time the protest is submitted to Race Central. Weigh-in scales will be on site in the eventuality of a protest. If a rower is found to exceed the current USRowing weight limits and has rowed in a Lightweight event, the rower's boat will be disqualified.

7. **COURSE:** The course extends from approximately 3 miles downstream from the boathouse lagoon, starting at the Norfolk & Western Bridge and proceeds along the west shore of the Maumee River, finishing behind Owens-Corning World Headquarters, opposite the restaurant esplanade & spectator village. (See map at Registration, packet & launch site.)

8. **BOW AND BACK NUMBERS.** Bow and back numbers will be distributed at registration in the race packet. Bow numbers must be returned at the conclusion of racing to the Dock master. All shells must have bow clips to race. Back numbers must be worn on the backs of the bow rower and coxswain.

9. **START.** Directions for proceeding to the start will be announced at the Coaches/Coxswain/Sculler Meeting. Boats must be ready to leave the dock at the specified launch time. Due to the large number of crews anticipated, quick launching is essential. Boats must arrive at the marshalling area 5 minutes before the start of their event.

10. **CLASSES.**

High School A junior is a competitor who in the current calendar year does not attain the age of 19, or who is currently and has been continuously enrolled in secondary school as a full time student seeking a diploma.

Novice A novice is a competitor who has not competed in a regatta before the current calendar year.

Open Unrestricted

Master A master is eligible on 1 January of the year he/she turns 21 years of age.

Lightweight In any men's lightweight event (sweep or sculling) no rower shall weigh more than 160 lbs. In any junior men's lightweight event no rower shall weigh more than 155 lbs. In any women's lightweight event (including Juniors), no rower shall weigh more than 130 lbs.

Definition of REC boat: At least 17 inches wide at the waterline, no more than 26 feet in length. This will include Rec I, Rec II, and Rec III classes.

Rec I (< 19') Rec II (19-21') Rec III (> 21')

Alden 16 Alden Martin Bay 24

Alden Horizon 17 Maas Aero (21'3") Echo Rowing: Ace (24')

Echo Rowing: Echo (18') Bay 21 (21'3") Little River Pro Am (25'2")

Peinert Zephyr (19') Drew Harrison Water Jogger (20'3") Maas 24 (24')

Wayland Marine: Merry Wherry Little River Cambridge (20'11") Owen Timeaus (24'2")

Wayland Marine: Merry Shell WinTech Explorer 21 Peinert Dolphin (24')

Wayland Marine: Verry Merry Alden Star (21'8")

Wayland Marine: Sea Ranger WinTech Explorer 24

11. **HANDICAPPING.** Masters races will be handicapped. Competitors/Crews entered in masters races who do not have their ages (as of 12/31/09) listed on their entry forms will not have their handicaps calculated (actual elapsed time will be used). Handicaps will be figured using US Rowing Association 1000 meter handicaps, multiplied by 4.8.

12. **EVENTS.** Please see the Events List and Schedule in the Race Packet. Although every effort will be made to keep to the published event schedule, the race times are subject to change.

13. **EVENT TIMES.** Entries **MUST** row only at the time the event they are entered in is scheduled and raced. No boats will be permitted to race at any other time in the schedule (e.g., a women's novice 4+ will not be permitted to race when the men's open 4+'s are racing or at any other time except when the women's novice 4+'s are racing). A crew may race for "time only," if they miss the scheduled start of the race. They will not be eligible for medals.

14. **HOTSEATING.** Races will not be delayed to permit "hotseating" . All crews are on notice of the scheduled launch and start times, and enter at their own risk.

A yellow glove shall be worn by the coxswain of the first shell in a hot seat situation.

These shells will be given priority docking rights when returning from a race when there are multiple shells awaiting the Recovery Dock.

Hot seating priority applies for shells being reloaded with a different crew, or when a rower(s) has to immediately transfer to another shell. This applies when First Call will be made while the shell or rower in the previous race may have not yet returned to the dock. Hot seat crews getting into a just-recovered shell can, if they must, change oars on the dock. No other equipment can be replaced. Foot stretchers must be adjusted on the water, not at the dock.

Crew(s) waiting for rower(s) to return from a previous race must wait on shore until the shell with the returning rower(s) is near the recovery dock. Dock masters may opt to bring the shell onto the dock if traffic permits and no other crews will be unfairly disadvantaged.

15. **CONDUCT DURING TRANSIT, RACING, AND PENALTIES.**

A. Boats will row to the start down river along the river's east bank (to the coxswain's right, rower's left) under the second arch of the Martin Luther King, Jr.

Bridge and race back to west of the center line of the river, passing under the farthest west arch of the Martin Luther King, Jr. Bridge. The Martin Luther King, Jr. Bridge is the first bridge north of the launch dock.

B. Boats passing other racing boats shall pass on the inside of a turn or curve in the river. On straightaway areas of the course, the passing boat may take its choice of side. An overtaken boat will yield to the outside of a turn or curve, or to the side not chosen by the overtaking boat.

C. Boats rowing to the start will at all times stay between the starboard side of the course buoys and the east bank of the river.

D. Any racing boat crossing the buoys (with any part of the hull of the boat, but not the oars) will be charged a penalty of 10 seconds per crossing. All boats must finish between the finish line buoys, and any boat finishing outside the buoys will be charged a 20 second penalty. Boats in transit to the start may also be charged a penalty for crossing buoys.

E. Any boat which, without justification, interferes with the forward progress of another boat, or which unreasonably fails to yield to an overtaking boat will be charged a 1 minute time penalty, or be excluded, at the discretion of the officials.

F. After crossing the finish line, a shell must continue rowing at a paddle until signaled to turn.

16. STOP RACING. If one or more rowers are ejected or lost from a boat during a head race, the affected crew must stop and remain with those individuals until all are safely out of the water.

17. MEDALS/TROPHIES. Medals (gold, silver, bronze) will be awarded to winning crews when race results are confirmed and official. Special trophies will be awarded for designated events.

18. TEAM POINTS TROPHY. Points will be awarded in each 8+ and 4+ event to the school or club with whom the winning boat is affiliated. (NOTE: if a team has more than one entry in any event, only the highest finishing entry is eligible to win team points.) Points will be awarded as follows: 1st place – 6 points; 2nd place – 4 points; 3rd place – 2 points; 4th place – 1 point. The school or club winning the most points overall will be awarded the Regatta Trophy.

19. GENERAL RULES. US Rowing Association Rules of Racing apply to all situations not covered above.

20. FEES. Fees are not refundable due to acts of God, failure to register the day of the regatta, or withdrawal from an event the day of the regatta. Fees for scratched races will be refunded.

-- Singles \$25.00

-- Doubles/Pairs \$35.00

-- Fours/Quads \$55.00

-- Eights \$65.00

Credit Card payments will be accepted by Regatta Central.

**Deadline for registration is Monday, 20 September 2010 (midnight PST).
NO ENTRIES WILL BE ACCEPTED AFTER THIS DEADLINE!!!**

AGAIN THIS YEAR: We are offering FREE registration for all College Novice crew entries. This applies to all 4+ and 8+ entries.

Register on-line at www.regattacentral.com . There will be NO on-site registration. Payments, if necessary, may be made at Registration.

21. SITE PLAN: The Frogtown Races site plan will remain the same as 2009. All of International Park in downtown Toledo will be used. The staging area for boats will be in the proximity of the Gazebo, Boathouse, and Lagoon.

AGAIN THIS YEAR: The River Dock will serve as Launch Dock. The Lagoon Dock will serve as Recovery Dock. Staging areas and pathways will be designated on the site. The Team Tents and Spectator Village will be established at the south end of the park adjacent to the Volleyball Courts. This area will feature equipment trailer parking, merchandise, parent groups and team tents, as well as an opportunity to view the crews as they power to the finish.

Those teams, clubs, and parent organizations who plan to erect temporary canopies must conduct any cooking activity outside the tented area. Every tented area greater than 100 square feet **MUST** have a fire extinguisher.

AGAIN THIS YEAR: Frogtown Races will offer Adaptive Rowing Events! A portion of the entry fees will be earmarked for expansion of the Toledo Rowing Club's Adaptive Rowing Program!!!

Toledo's 25th International "Frogtown Races" Regatta will be hosted by the Toledo Rowing Club and Toledo Rowing Foundation and are presented by Owens Corning and will take place on the Maumee River, Toledo, Ohio. Additional information is available on our website: www.toledorowing.org

If you have any questions regarding the materials in this regatta packet, please contact: **Tom Broderick and Jim Skelding** via e-mail: frogtown@toledorowing.org

**DIRECTIONS TO REGATTA SITE:
FROM NORTHBOUND I-75**

Exit 201B – OH-25N toward Downtown

At bottom of ramp turn left at the light onto Erie Street.

Follow Erie Street north to Cherry Street

At the light at Cherry Street turn right.

Cross The Martin Luther King, Jr. bridge

Turn right at the light immediately after the bridge into International Park

The TRC boathouse will be on the left and please follow signs and volunteers to trailer and car parking.

FROM SOUTHBOUND I-75

Exit 202A – Washington Street exit

Follow ramp and turn right onto Washington Street

Follow Washington Street until dead ends into Summit Street at the Owens Corning Headquarters

Turn left at the light onto Summit Street

Follow Summit Street to Cherry Street

Turn right at the light at Cherry Street and proceed across the Martin Luther King, Jr bridge

Turn right immediately after the bridge into International Park

The TRC boathouse will be on the left and please follow signs and volunteers to trailer and car parking.

FROM EAST & WEST BOUND OHIO TURNPIKE 80/90

Exit 64 off of the turnpike

After toll booths get in the right lane to northbound I-75

Follow directions from northbound I-75

FROGTOWN REGATTA SEPTEMBER 25, 2010

Toledo Rowing Club Boathouse

8 Main Street, P. O. Box 2747

Toledo, Ohio 43606

ACCOMODATIONS:

The *Crowne Plaza Toledo* is downtown Toledo's only newly renovated hotel

and is conveniently located along the Maumee River.

Crowne Plaza Toledo is offering attendees of the Frogtown Regatta a rate of

\$75.00 per night which includes valet parking !

Aqua Lounge

Café Del Sol

Indoor Swimming Pool

Extensive Workout Facility

Complimentary Shuttle Service to the C&C meeting starting at 6:40am

Crowne Plaza Sleep Advantage Program

Priority Club

To reserve your room today; call the phone number below and reference the
"Frogtown
Regatta" block:

419-255-6187

Please ask for Stacy Herald

Senior Sales Manager

(Limited Availability)

Cut-off date 9/11/2009

Rooming lists due no later than 9/11/2009

Crowne Plaza Toledo

444 North Summit Street

Toledo, Ohio 43604

www.crowneplaza.com/toledoohio

DINING: Crowne Plaza

ITALIAN PASTA BUFFET FRIDAY EVENING ,SEPTEMBER 24, 2010

CROWNE PLAZA TOLEDO

White Cheese Ravioli with Garlic Cream Sauce

Italian Meat Lasagna with Marinara Sauce

Tossed Caesar Salad

Garlic Bread Sticks

Assorted Cookies and Brownies

\$10.95 per person

Please call Stacy Herald for reservations

at 419-255-6187

