

“MOTOWN MADNESS”

“Your mind and body will never be the same!”

DETROIT INDOOR ROWING REGATTA

SATURDAY, JANUARY 30, 2010

SPONSORED BY

FRIENDS OF DETROIT ROWING

AT THE BELLE ISLE BOATHOUSE

OF THE

DETROIT BOAT CLUB CREW

RIVERBANK DRIVE

BELLE ISLE, DETROIT, MICHIGAN

Parking: Ample free parking in boat club’s parking lot.

Time: Registration begins at 7:30 a.m., Warm Up at 8:00 a.m., and Racing starts: 8:30 a.m. on Saturday, January 30, 2010.

Events: Events for girls & boys are based on age & experience. Women and men are classified by experience & weight (USRowing/FISA).

Open lightweight men – 159.5 lbs (72.5 Kg)

Open Lightweight women – 130 lbs (59.0 Kg)

Master's events are classified by age.

Team Races classified by gender.

Distance: Rowers will race 2000 meters and coxswains 1000 meters.

Race Fees: For early registration, \$15.00 per contestant will **include a commemorative Regatta T-Shirt** and the opportunity to row and **win a commemorative medal for 1st, 2nd, & 3rd places.**

The late registration entry fee is \$15.00 (doesn’t include the regatta T-Shirt).

It pays to register early. Early registration deadline is 01/27/10

Prizes: A commemorative medal will be awarded to the winner of each event. Each member of the winning team events will receive a medal award.

Contact: Dick Bell, 27551 Rackham Dr., Lathrup Village, Michigan
48076-3301. Phone: (248) 875-8574 Fax: (248) 559-0908
Email: bellr@macomb.edu.

Registration online at: <http://www.regattacentral.com>

MAP AND DIRECTIONS TO RACE

Go to <http://www.mapquest.com> for a map

Directions from Port Huron on I-94 west: Exit onto I-75/S/Chrysler Fwy via exit 216 toward Toledo. Merge onto I-375 S/Chrysler Fwy and exit at East Jefferson and turn left onto Jefferson Ave. Drive 2 miles east to Belle Isle and turn right onto bridge. Drive across the bridge and follow the traffic pattern counter clockwise taking every left-hand turn until you arrive at the boathouse parking lot.

Directions from Chicago on I-94 east: Take the M-10 S exit toward downtown. Merge onto John C. Lodge Fwy/ MI-10 S becomes Jefferson Ave. Drive 2 miles east on Jefferson to Belle Isle and turn right onto bridge. Drive across the bridge and follow the traffic pattern counter clockwise taking every left-hand turn until you arrive at the boathouse parking lot.

Directions from Pontiac on I-75 south: Merge onto I-375 S/Chrysler Fwy, exit at East Jefferson and turn left onto Jefferson Ave. Drive 2 miles east to Belle Isle and turn right onto bridge. Drive across the bridge and follow the traffic pattern counter clockwise taking every left-hand turn until you arrive at the boathouse parking lot.

Directions from Toledo on I-75 north: Take exit 49 toward MI-10/Lodge Fwy/Civic Center. toward Civic Center. Merge onto John C. Lodge Fwy/MI-10 S. John C. Lodge Fwy/MI-10 S becomes Jefferson Ave. Drive 2 miles east on Jefferson to Belle Isle and turn right onto bridge. Drive across the bridge and follow the traffic pattern counter clockwise taking every left-hand turn until you arrive at the boathouse parking lot.