NORTH BAY ROWING CLUB WINE COUNTRY ROWING CLASSIC

October 8, 2006

Welcome to the First Annual Wine Country Rowing Classic, a 5,000 meter head race on the Petaluma River, one of the most enjoyable and beautiful lengths of protected water in California.

These few pages provide information to help make your day as safe and fabulous as it can be. Please read this to prepare for your regatta experience. We'll see you bright and early on race day!

GENERAL INFORMATION

The event will take place at the Petaluma Marina at 765 Baywood Drive, Petaluma, CA 94954.

For all Participants:

- 0600: Registration Opens (coffee table and goodies too!)
- 0700: Coaches, Coxswains, and Scullers Meeting
- 0745: Boat launching commences
- 0900: First Race
- 1300: Approximate Conclusion of Races

First place medals will be awarded to the winners after each event.

SCHEDULE

A preliminary race schedule is on page 6 and is also available on Regatta Central at www.regattacentral.com. The final race schedule will be posted by October 7.

VENUE

The 5,000 meter course will generally be set on the reach of the Petaluma River depicted below. River maintenance activities are such that the precise layout of the course cannot be determined until shortly before Race Day.



REGISTRATION IS ON-LINE AT: <u>www.regattacentral.com</u> Please contact Scott or Steve at Regatta Central at 614-340-9894, if unable to register electronically.

ENTRY FEES

| 8+ | \$60.00 |
|-------|---------|
| 4+/4x | \$40.00 |
| 2x/2- | \$30.00 |
| 1 x | \$25.00 |

RACE DAY FOOD

To start the day, bagels, muffins, fruit, and fresh coffee will be sold beginning at approximately 6:30am.

A delicious fresh brunch will be served at a cost of \$10.00 per person. Brunch will consist of quiche, fresh fruit, salad, and dessert. Please order in advance (with your registration) so that we can plan for your needs. Feel free to purchase tickets for non-rowing guests as well. Wrist bands for paid brunches will be issued. Brunch service will begin at approximately 10:30am and finish at approximately 1:45pm.

WAIVERS: All participants must have a signed waiver on file on race day. See www.regattacentral.com for waiver instructions.

REGISTER EARLY—DEADLINE FOR ENTRIES IS OCTOBER 6!

Please note: Partial entries and those without payment will automatically be deleted if not completed by registration deadline. There will be no race-day registration.

COACHES, COXSWAINS, and SCULLERS MEETING

Coaches, coxswains, and scullers must attend a mandatory meeting in the registration area. You will be advised about the traffic pattern, dangers along the river, County Sheriff's patrol boats, and other items vital to safety.

This is a relatively easy course with a few gentle turns. Please ensure that all coxswains from your team fully understand the rules of racing.

All races will be 5,000 meter, single file. Please bring a standard lane number card that fits in the bow clip of your boat - three digit bow numbers will be provided to slip over your number card.

Warm up is 5,000 meters plus the holding area behind the starting line.

USRA recommendations for safety will be followed. Although USRA membership for individual participants is not required, please note that all rowing organizations that enter must be a USRA member organization. If you have questions about this policy please contact Elizabeth Webb at USRA (800-314-4769) or email elizabeth@usrowing.org.

LAUNCH PROTOCOL

Please listen carefully and follow the instructions of the Dock Master to ensure efficient launches.

RULES OF SAFETY AND COMPETITION

Bow balls and heel tie-downs (not longer than 3") or quick-release shoes are required and will be checked prior to launch.

All craft shall remain on the westerly side of the river while traveling downstream, and easterly side traveling upstream. THIS IS AN ABSOLUTE REQUIREMENT FOR YOUR SAFETY.

Racing crews have the right of way over all other boats. Boats warming up or returning from the finish must yield to oncoming crews and stay out of the race course.

Overtaking crews have the right of way over slower boats. Boats being overtaken must yield to the outside of a turn or otherwise follow the instructions of the overtaking boat.

Leave all buoys marking the center of the waterway to port. No cutting corners.

Crews must use sportsman-like conduct and language.

The rules are meant for safety. Violations will result in a 30-second time penalty or disqualification at race official's discretion.

In case of any dispute, finishes will be determined by accepted master handicapping rules, <u>Rules of Rowing.</u>

COMPETITOR CATEGORIES/DEFINITIONS

MASTERS: The event will use USRA age groups (AA:21-26, A:27-35, B:36-42, C:43-49, D:50-54, E:55-59, F:60-64, G:65-69, H:70-74, I:74-79, J:80+). Ages are as December 31. Age groups may be combined based on the entries received. All Masters races in combined age groups will be handicapped. In team boats, the average age of the rowers (excluding cox) will determine the age group and handicap. Average ages will be rounded down. "A" rowers are allowed to row in "Open", "AA" or "A" races only. In handicapped races, the average age of an entry with an "AA" rower is 27.

OPEN: No age restriction and no handicaps applied.

<u>COXSWAINS</u>: May be any gender, age, or weight.

MIXED: One half (or more) women rowers.

<u>NOVICE</u>: Any rower (sweep or scull) whose first race was no earlier than two years prior to race day.

LIGHTWEIGHTS:

Men 165 Pound Maximum Women 135 Pound Maximum

PARKING FOR BOTH TRAILERS AND CARS

Sufficient overnight parking is available in the Petaluma Marina parking lot.

VENDORS

JL will have a booth at the Wine Country Rowing Classic with the latest fall fashions. North Bay Rowing Club will also sell their famous Rooster logo T-shirts.

FINAL INFORMATION PACKET

Exact race course map, site map, tide chart, and information on security will be available in the final information packet posted at www.regattacentral.com by October 7.

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PRELIMINARY RACE DAY SCHEDULE

| EVENT# | START | DESCRIPTION |
|--------|----------|---------------------------|
| 1 | 9:00 AM | Men's Open 4+ |
| 2 | | Men's Ltwt 4+ |
| 3 | 9:10 | Mixed Masters 8+ |
| 4 | 9:20 | Men's High School 8+ |
| 5 | | Women's High School 8+ |
| 6 | 9:30 | Women's Open 1x |
| 7 | | Women's Masters Ltwt 1x |
| 8 | 9:40 | Women's Masters 1x |
| 9 | | Women's Novice 1x |
| 10 | 9:50 | Women's Collegiate 4+ |
| 11 | | Women's Open 4+ |
| 12 | | Women's Ltwt 4+ |
| 13 | 10:00 | Men's Open 1x |
| 14 | | Men's Masters Ltwt 1x |
| 15 | 10:10 | Men's Masters 1x |
| 16 | | Men's Novice 1x |
| 17 | 10:20 | Men's Open Water 1x |
| 18 | | Women's Open Water 1x |
| 19 | 10:30 | Women's Masters 2x |
| 20 | | Women's Open 2x |
| 21 | | Women's Ltwt 2x |
| 22 | 10:40 | Men's Open 2- |
| 23 | | Men's Open 2x |
| 24 | | Women's Open 2- |
| 25 | 10:50 | Women's Masters 4+ |
| 26 | | Women's Masters 4x |
| 27 | 11:00 | Men's Masters 4+ |
| 28 | | Men's Masters 4x |
| | | 30 MINUTE BREAK |
| 29 | 11:40 | Men's Ltwt 8+ |
| 30 | 11:50 | Men's Masters 8+ |
| 31 | | Men's Novice Masters 8+ |
| 32 | Noon | Men's Ltwt 2x |
| 33 | | Men's Masters 2x |
| 34 | 12:10 | Men's Open 8+ |
| 35 | | Women's Collegiate 8+ |
| 36 | | Women's Open 8+ |
| 37 | 12:20 | Women's Ltwt 8+ |
| 38 | | Women's Masters 8+ |
| 39 | | Women's Novice Masters 8+ |
| 40 | 12:30 | Men's High School 4+ |
| 41 | | Women's High School 4+ |
| 42 | 12:40 | Mixed 2x |
| 43 | 12:50 PM | Mixed Open 8+ |

WAIVER

NBRC's registration staff will ensure the following waiver has been executed by all athletes of each crew prior to issuing their respective bow number. Please note that Parents or Guardians must sign for each athlete under 18 years of age.

Legal Waiver: In consideration of acceptance of entry in the 2006 Wine Country Rowing Classic, I the undersigned participant, intending to be legally bound, do hereby for myself, my heirs, executors, and administrators, waive, release, and forever discharge any and all rights and claims for damages which may hereafter accrue to me against any and all persons, organizations, and legal entities affiliated with such regatta, more particularly, the North Bay Rowing Club, together with their respective officers, agents, employees, successors, assigns, and/or sponsors; for any and all damages which may be sustained or suffered by me in connection with, or entry in, and/or arising out of our traveling to or participating in the Wine Country Rowing Classic, and not withstanding & 1542 of the California Civil Code.

| ATHLETE'S NAME (please print) | ATHLETE'S SIGNATURE (or Parent/Guardian if under 18) | DATE |
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