

THE HEAD OF THE DOG REGATTA
The Northwest's Premier Rowing and Costume Regatta
PORTLAND, OREGON
OCTOBER 7, 2007
Entry thru Regatta Central
www.regattacentral.com

You're invited to race on the beautiful Willamette River in Portland. Categories include Men, Women, Junior, Open, Collegiate, Masters (40+) and Most Excellent Masters (50+). All sculling and sweep boats welcome except 8s. The race includes a special event, the Dog Paddle, for any paddle powered craft. This event has a mass start.

Any category with three entries or more will be awarded prizes. Fours, quads, singles, doubles, pairs, rec-shells all welcome. This 3 mile stake race will start and finish at the Sellwood Riverfront Park. Simple head race style format, timed with our own stop watches backed up by a sophisticated computer program. Doubling up on events is encouraged, but we will stick to the schedule.

The PERPETUAL SILVER TROPHIES will be awarded to the fastest man and woman 1x. First, second and third places from each category with at least three boats will carry home a unique award. The highlight of the award ceremony is the BEST OF BREED trophy. This special trophy is decided by the previous year's winner and is given to the person (or persons) who race in the most creative costume/show collar/ whatever. Plan ahead for this one and carry home this valuable prize. You don't even have to train!

Coaches/coxswain meeting at 8:00am. There will be two waves with the possibility to row in two events.

tentative schedule

8:00 race meeting

9:00 First wave:

W4x, W4+, M 2x, M2-, W1x, Mixed 2x All age categories

9:30 Dog Paddle (Canoe and kayak race)

10:15 Second wave:

M4x, M4+, W2x, W2-, M1x All age categories

Start and finish at Sellwood Riverfront Park

Food and Awards after races.

Go home

Sellwood Riverfront Park is at the east end of the Sellwood Bridge in SE Portland, just south of Oaks Park. From I-5 coming from Salem, take the Corbett Ave. exit, turn right and go to the first light and turn left. Go about a block to Macadam Ave (43) heading south. Turn right on Macadam then left over the Sellwood Bridge. Take the first left (6th) and then left on Spokane. Cross the railroad tracks and take an immediate right (signs to Oaks Park). Parking lot is the next left. From I-5 coming from Seattle, take the John's Landing exit off the 2-deck Marquam bridge crossing the Willamette River south of downtown. Follow signs for 43, Macadam Ave., Lake Oswego. Once on Macadam Ave., follow to the Sellwood Bridge, take a left and follow the directions above to the park.

Entry fee is \$18 per person. This is a USRowing registered regatta, which means all rowers must belong to a USRowing member club, or be an individual USRowing member. You must have a current USRowing waiver, which may be electronically executed through USRowing. www.usrowing.org.