

19th Annual Head of the Indian Creek Regatta



Sunday, October 16th 2011

Host: Miami Beach Rowing Club

Several changes are adopted by the head race committee each year therefore the following details are important to review.

RACE DISTANCE: 4,450 meters (2.7 miles)

Middle School Exhibition and masters' recreational/novice singles distance: 2,340 meters (1.45 miles). Middle School Eights MUST have an experienced coxswain.

REGISTRATION: www.regattacentral.com

\$75.00 per eight \$60.00 per four/quad \$50.00 per double/pair \$35.00 per single

Organizational Fee Cap \$950.00

DEADLINE: October 9th at midnight. LATE ENTRIES WILL NOT BE ACCEPTED

REGATTA INSURANCE: Regatta insurance is provided by Mariners under the FSRA policy. Online waivers must be signed by participants. Follow the link on regatta central.

WAIVERS: Online waivers will be accepted or paper waivers from Miami Beach Rowing Club, separate attachment, must be completed for each competitor and submitted at registration.

SCRATCHES: Each entry scratched after Sunday, October 9th will result in a \$25 scratch fee in addition to the entry fee. Entries not showing up to the start for their event may be subject to a \$25 scratch fee.

All of the organization's entry and scratch fees must be paid in full at registration and prior to launching.

REGISTRATION AND LIGHTWEIGHT WEIGHT IN: Registration and weight in will be from 2:00 – 5:00 pm on Saturday October 15th and from 6:00 - 8:00 am on October 16th in front of the Miami Beach boathouse. Max weight for men 165 lbs and for women 135lbs. Bow & jersey numbers will be supplied at registration. Bow numbers must be returned to the regatta organizers. Any boat not displaying a bow number on the race course will incur a 10 second penalty.

COACHES' & COXSWAINS' MEETING: Sunday October 17th at 6:30 AM at the boathouse.

It will cover starting procedure and the officiating aspects relevant to the conditions expected on race day. We strongly encourage coaches, coxswains and scullers to attend the meeting for

safety issues and additional tips for the race. All crews and teams shall be responsible for any information disseminated at this meeting.

TENT & SPECTATOR AREA: At the finish line in Brittany Bay Park, 2 blocks south of the Center. **NO PARKING ON THE GRASS AT THE PARK - THE CITY WILL TOW!**

Tents may not be staked into the grass. Each organization is responsible for cleanup of their camp. Please bag all trash being left at the park. Trash bags should be tied and stacked close to the vendor parking area.

TRAILERS: Trailer parking is available at the Center 6500 Indian Creek Dr, Miami Beach, 33141. **No trailers may arrive before 12:00 pm Saturday.** Trucks must detach as soon as the trailer is parked. Cars bringing singles can only stay as long as it takes to drop off the boat. No cars/trucks/vans/buses will be allowed in the parking lot at the Center, only boats and trailers. 65th street will be closed to traffic between Collins Ave and Indian Creek Drive and used for trailer parking. The street will be closed on Saturday October 15th at 12:00 pm by Miami Beach Police. There will be overnight security on Saturday. The street will remain closed until 3:00 pm on Sunday; all trailers must be ready to go by this time.

CAR PARKING: Parking is available for \$10 at the city lot on the Collins and 73rd street, there will be a FREE shuttle running from the lot to the spectator area on race day starting at 6:00 am Sunday.

BUS PARKING: Please contact info@rowmiamibeach.com if you need parking for team buses.

PRACTICE: Safety and insurance considerations mandate that all boats be off the water by 4:00 PM on Saturday October 15th. **No boats will be allowed to launch after 3:00 PM on Saturday.** Crews violating practice rules may be assessed a 60 second penalty which will carry over to race day. The course will not be open for practice on Sunday.

MEDALS AND TROPHIES: medals will be presented throughout the day; trophy awards ceremony will follow the last event of the day. First, second, and third place medals will be awarded for all events. Masters' events will be handicapped under USRowing rules. Only coaches may pick up medals for junior teams. All points' trophies will be awarded to the Junior and Master Program that accumulate more points overall.

SAFETY: Boats will be checked for bow balls and bow numbers; quick-release shoes with a 3-inch maximum tie down; coxswain's opening in bow loaders to be at least 2.30 feet long, as wide as the hull and free of obstacles. Boats not complying with the required safety features will not be allowed to race. Respect for the safety of other competitors and their equipment must be observed at all times. Any boat showing a disregard for safety or failing to follow the instructions of officials will be given a 60-second penalty or may be excluded.

DOCKMASTER: Each event will be called 1 hour and 15 minutes prior to the start time. Crews will be expected at the launch dock no less than 1 hour before the race time. We will not chase down missing crews. It is **mandatory** for your team to have your oars, boat and shoes ready before launching and picked up quickly after you finish your race. **ANY CREW LAUNCHING WITHIN 20 MINUTES OF THE PUBLISHED RACE TIME OF THEIR EVENT MAY BE EXCLUDED FROM THE RACE BY THE STARTER.**

The dockmaster will launch all participants in order for their event. Only one coach and one assistant per boat will be allowed to accompany a crew into the dock area.

Due to insurance requirements no spectators will be permitted access to the launching area or dock.

LAUNCHING: All boats have a maximum of two minutes to launch from the dock. Any boat on the dock longer than two minutes for any reason will incur a 10 second penalty. **Boats must proceed north from the dock and U-turn at the orange buoy then head south to the start.**

HOT SEATING: If you are hot seating equipment or rowers, ask the dockmaster for a pink "Hot Seating" card before your event. Display the card when coming into the dock and the dockmaster will give priority docking to your boat.

NOTE: No accommodation will be made for hot seating crews arriving late to the start.

TRAFFIC PATTERN: Boats must keep to the right of the racecourse (coxswain's view) at all times. In areas where there are no buoys (below the start and above the finish), boats should still keep to the right side of the creek (coxswain's view). When racing, oar blades may go over the buoys but the hull of the shell must stay on the course. A 10 second penalty shall be assessed to any boat passing on the wrong side of a buoy. A crew that fails to yield to a crew having proper right of way shall be penalized 30 seconds. Traffic patterns should be observed during practice as well as during races.

START AREA: All boats are expected to follow instructions from the Marshal and Starter. Boats are not permitted to travel south of the footbridge at the start. Proceed in sequence and single file once you approach the start line. Crews or scullers failing to follow the Starter's command may be penalized with a 10 second penalty. We will not wait for latecomers! (If you arrive at the start out of sequence you are late.) At the Starter's discretion, boats that arrive late may be allowed to start behind their assigned position and may incur a 20 second penalty. Any boat that starts out of sequence against the instructions of the Starter may be excluded.

START AREA FOR MIDDLE SCHOOL EIGHTS AND MASTERS' NOVICE/RECREATIONAL SINGLES:

The start will be at the opening to Lake Surprise at 50th Street.

THE BODY OF THE RACE: If one or more rowers are ejected or lost from a boat during a head race, the affected crew must stop and remain with those individuals until all are safely out of the water. Crews may be excluded if they do not stop when a rower is ejected during the race.

PASSING: The boat overtaking (Passer) has the right of way to pass on the side of its choice if a safe pass can be accomplished. However, crews and scullers must take note of the following: If a pass is attempted and there is not adequate room and time to perform the pass, the Passer is at risk of incurring interference penalties.

There are areas such as the approach to the 63rd street Bridge arch where passing cannot be accomplished safely. (See NO PASSING ZONE) In these situations the Passer must delay the act of passing until the pass can be accomplished without incident. Contact with the overtake or aggressive maneuvers will be considered an unsafe pass. The boat being overtaken (Overtake) must yield and give suitable room to the Passer (on the side chosen by the Passer) if a safe pass can be accomplished. Generally this will be the shortest line that gives an advantage. Failure to yield to the Passer is one of the most serious infractions of competitive conduct.

Crews and scullers must be alert to possible upcoming passing attempts and promptly yield when there is adequate room and time. Be prepared to miss a few strokes to allow the Passer to

pass safely and without interference however, the boat being overtaken is not expected to move into a position that could be dangerous to equipment or rowers.

All shells with bow-loaded coxswains are strongly advised to have their bow seat rower notify the coxswain if a following crew is about to make a pass. Timely instruction from the bow seat rower may assist the coxswain in avoiding an interference penalty.

NO-PASSING ZONE: The areas beneath the designated arch at each bridge and the area from the southern tip of Allison Island to the 63rd street Bridge are officially no-passing zones. Passing must be completed before reaching Allison Island. If interference occurs in these zones, the Passer will be deemed to be at fault and will be penalized with a 60 second penalty.

63RD STREET BRIDGE: All boats must race through the CENTER (DRAWBRIDGE) ARCH ONLY.

NON-RACING BOATS which interfere in any way with a racing boat may face possible exclusion. Interference and/or buoy penalties are assigned at the sole discretion of the observing official. Repeated or severe interference will result in exclusion.

GOOD SPORTSMANSHIP must prevail at all times. Profanity will result in exclusion of that crew.

PENALTIES	
No bow number	10 seconds
Over 2 minutes on dock	10 seconds
Passing on wrong side of buoy	10 seconds
Failure to follow starter's commands	10 seconds
Late to the start	20 seconds
Failure to yield	30 seconds
Interference	60 seconds
Disregard of safety	60 seconds or exclusion
Unsportsmanlike conduct	Exclusion

APPEALS: The decision on questions of interference and buoy violations will be final and are not subject to appeal.

PROTESTS: Protests must be made by the crew at the Finish while still on the water. A crew wishing to be heard by a jury shall provide a written statement with \$25 in cash to the Chief Judge at the Finish within one hour after reaching land. If the protest is upheld the \$25 will be refunded.

DIRECTIONS:

Miami Beach Rowing Club

Ronald W Shane Center, 6500 Indian Creek Drive, Miami Beach, FL, 33141

From I – 95:

Take Exit 7, Miami Beach 195 (Julia Tuttle Causeway).

Approaching Miami Beach, take the Alton Road NORTH - HOSPITALS exit.

Follow Alton Road for approximately 3 miles, the road will curve sharply to the east.

Stay in the left lane and cross the 63rd Bridge. At the traffic light turn left onto Indian Creek Drive.

The boathouse is at the first traffic light (65th Street) on the left.