



# 2011 Head of the Iowa

October 30, 2011  
Iowa City, Iowa  
Iowa River  
P. Sue Beckwith Boathouse

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## 2011 HEAD OF THE IOWA

**Sunday, October 30, 2011  
P. Sue Beckwith Boathouse  
Iowa City, Iowa**

The University of Iowa invites you to participate in the 2011 Head of the Iowa Regatta. The 2.5 mile race will be held Sunday, October 30 on the Iowa River.

The Regatta is USRowing sanctioned, and includes events for collegiate men and women.

The packet includes the following information:

- Regatta Information
- Course Description & Procedures
- Coaches Checklist

If you have any questions regarding the materials in this packet, please contact Kendra Wieditz at (319) 335-9259 or email [kendra-wieditz@uiowa.edu](mailto:kendra-wieditz@uiowa.edu).

### Events for this Regatta

**Novice:**                      **Men:** 4+, 8+  
                                     **Women:** 4+ 8+

**Open:**                        **Men:** 2-, 4+, 8+  
                                     **Women:** 2-, 4+, 8+

**Registration-**The Head of the Iowa Regatta uses Regatta Central for registration of entries. Please go to: <http://www.regattacentral.com/> for more information.

## Entry Fees

- Doubles/Pairs \$30.00
- Fours \$50.00
- Eights \$70.00
- (Note: A \$5.00 fee will be charged for bow numbers not returned.)
- **Entry Deadline**-The deadline to register at <http://www.regattacentral.com/> Friday, October 21, 2011.

**Note:** If you are to enter a race after the deadline your boat will be added at the end of the race. We will be doing a random draw this year on Monday, October 24, 2011. There will be no additions after October 25, 2011.

- Your line-ups will be due on race day.

## Schedule of Events

<u>Start Time</u>	<u>Schedule of Events</u>	
* 8:30 a.m.	<b>COACHES &amp; COX'S MEETING</b>	
10:00 a.m.	Men's Varsity 8+	Event #1
10:30 a.m.	Women's Varsity 8+	Event #2
11:00 a.m.	Men's Novice 4+	Event #3
11:30 a.m.	Women's Novice 4+	Event #4
	<b>BREAK</b>	
12:30 p.m.	Men's Varsity 4+	Event #5
1:00 p.m.	Women's Varsity 4+	Event #6
1:30 p.m.	Men's Novice 8+	Event #7
2:00 p.m.	Women's Novice 8+	Event #8
2:30 p.m.	All 2- (Men first, Women follow)	Event #9/#10

\*All organizations must have a representative at the 8:30 a.m. meeting.

\*Launching and Retrieval docks are located at P. Sue Beckwith Boathouse as well as Coaches and Cox's Meeting

## Address & Directions

P. Sue Beckwith Boathouse – **1201 N. Dubuque Street, Iowa City IA 52246 (Racing & Team Tents)**

- I-80E – Take 244 Exit then turn left on Dubuque Street. Take first right after stop light.

200 E. Park Road, Iowa City, IA (**For Fans, Buses, Concessions/etc.**)

- I-80E – Take 244 Exit then turn left on Dubuque Street. At Park Road stoplight take a right and there is City Park.
- I80W - Take 244 Exit then turn right on Dubuque Street. At Park Road stoplight take a right and there is City Park.

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## Unloading/Parking

- Trailers will be able to unload and park at P. Sue Beckwith Boathouse. Trailer parking and team area will be designated in order of arrival. You will receive a parking placard for the truck (**only**) to park at P. Sue Beckwith Boathouse. All team transportation will be parked at City Park. Buses and maxi-vans will pull in on Foster Road and turn onto Taft Speedway to load and unload athletes/coaches. **NO** team transportation will be allowed down the Boathouse drive.

## Event Specifications

- **Novice**-Any competitor who is in their 1<sup>st</sup> year of collegiate rowing OR who has been competing for one year or less as of October 30, 2011. This means experienced college freshmen may compete. Experience as a sculler does not count as experience in sweep events and vice versa.
- **Coxswain**-No Restrictions.
- **2011 Rules**-USRowing rules of racing will govern all situations unless otherwise specified within. Please refer to the Course Description and Procedures sheet for specific racing rules.

## Regatta Information

- **Accommodations**-There will be floor space available for teams at the Field House at The University of Iowa, free of charge. You will be required to pay for parking. Please contact Kendra Wieditz, if you are interested in the Field House accommodations by Friday, October 21, 2011. We will cancel the room if there are no interested teams. Please refer to the following websites for further lodging information: [www.iowacitycoralville.org/visitors.asp](http://www.iowacitycoralville.org/visitors.asp)  
<http://www.hawkeyesports.com/travel/hotel/iowa-travel-information.html>  
[http://www.hotels-rates.com/Cedar\\_Rapids/IA/usa/](http://www.hotels-rates.com/Cedar_Rapids/IA/usa/)
- **Boat Storage/Parking**-There will be designated areas for parking at City Park and the P. Sue Beckwith Boathouse. Professional security will be provided Saturday night in the designated areas **only**. Please indicate on your Team Travel Form the day you will arrive in Iowa City. Boats may be stored on Saturday starting at 10:00 am.
- **Meetings**-A coaches and coxswains' meeting is scheduled for 8:30 a.m. on Sunday, October 30, 2011 inside the Beckwith Boathouse bay. All organizations must have a representative present for safety and scheduling reasons. Every organization will be responsible for the information presented at this meeting.
- **Practice**-Teams will be allowed to practice from 1:00-5:00 pm on Saturday, October 29. **The dock will close at 4:30 pm and all boats must be off the river at 5:30 pm. NO EXCEPTIONS!**
- **Registration**-Registration will take place **Saturday, October 29 from 2:00-6:00 pm** and **Sunday, October 30 from 7:00-11:00 am** at the P. Sue Beckwith Boathouse. Parking placards for team trucks will be in your registration packets.
- **Results and Awards**-Medals will be awarded to the top 3 finishes in the events hosting 4 or more entries. A medal will be awarded to the top finisher in the events hosting 3 or less entries. Results will be posted as soon as possible at both the spectator area and team staging areas. A coaches' packet with all race results will be available at the end of the day. Coaches must come to the Conference Room of the Boathouse to retrieve the results packet. Starting at **11:00 am** awards will be available. Awards will be presented throughout the day.
- **Spectator Viewing & Concessions**-City Park side only.
- **Team Areas**-Teams will be located at the P. Sue Beckwith Boathouse. Event t-shirts will be for sale at the P. Sue Beckwith Boathouse.
- **Timing System & Results**-Provided by Charles River Timing

## Course Description and Procedures

### Launching Procedures

- Crews must launch during the announced launch time.
- Launching will be in bow number order. Each crew must follow the direction of the dockmaster as to which dock to use.
- Each crew must launch in two (2) minutes.
- No rigging or stretcher adjustments at the dock.  
**Equipment breakage:** If crews experience equipment breakage at the dock, the dockmaster must be notified at once, and the shell shall be removed from the water immediately.
- After launching, shells must proceed upstream from the launch area to the start line. Follow right – hand rule.
- The dockmaster will retain final authority regarding the launch and retrieval order of all shells.

### Rowing to the Start

- You must allow a minimum of 30 minutes to get to the starting line from the docks.
- Crews have approximately 2000 M in which to warm-up.
- The river will be bisected by orange bema buoys with the north and east side being the racing lane. Your oars should never go into the racing lane.
- Crews must stay to the west and south shore as they proceed up-river to the start. Do not interfere with any race in progress. It may result in disqualification. Please stay in single file in the warm-up lane.
- Once crews arrive at the starting area, they **MUST** follow the instructions of the race marshall on the water. Pay close attention to the marshal's instructions.
- All crews should await the start of their race in the area marked "gathering area" see enclosed map. See the area marked "gathering area" on the enclosed map. **Crews must be on full alert and in the "gathering area" 5 minutes before their race begins.**

### Rules at the Start

- All crews must be up-river no later than five (5) minutes before the scheduled start of their event.
- Each crew must be prepared to start at its assigned starting time. The starting order WILL follow numerical sequence of the bow-markers.
- Each crew must follow the directions of the starting judge when proceeding to the starting line.
- All crews must assist in maintaining order at the start. Be alert for other crews.
- Shells arriving more than one (1) minute after the last boat has started **WILL NOT** be permitted to row for awards. Shells arriving more than ten (10) minutes after the start of the last competing boat in that event **WILL NOT** be permitted to row the course.

### Rules During the Race

- The Head of the Iowa is an USRowing sanctioned event and will be run according to USRowing rules.
- All crews must pass through the bridge spans marked with green banners. Failure to pass through the appropriate spans will result in exclusion. **The Park Street Bridge and Hancher Footbridge each have spans to pass through.** Prior to the Park Street Bridge (150 meters) is designated as a "No passing zone". This will be clearly marked with different colored buoys all the way to the bridge. **For the safety of all crews—do not pass in this area!**
- Right of Way: A crew is deemed to be overtaking another crew when it has moved to within one boat length of open water of the crew ahead. A crew being overtaken shall move out of the way, to port, and allow the overtaking crew to pass to starboard. Do not force another crew to row directly in your wake after passing. Due to the narrow nature of the Iowa River, all boats must

hold their position when going under a bridge. Any boat failing to follow these rules or any other rules, will be excluded.

- Due to the narrow nature of the river your entire boat, including your blades, must be to the port side of the buoys at all times. Failure to do so will result in penalties.

### The Finish

- The official order of finish will be determined in the timing tent. **Competitors must row through the buoyed markers at the finish line and through the green marked span of the railroad bridge.** Once through the railroad bridge turn immediately and quickly to proceed up-river on the right side. Do not go under the Iowa Avenue Bridge (the one past the railroad bridge) because of the dam located 300 M down the river.

### Returning to P. Sue Beckwith Boathouse

- Row upstream on the right side of the river to the dock. **Be alert and do not interfere with any race in progress; it could result in exclusion of your boat.**

### Protests

- All protests must be filed within 60 minutes of the end of the race in which the violation occurred. The crew's coxswain or representative rower/sculler shall indicate the crew's **intent** to file a protest to the course marshall at the finish line or to the dockmaster on shore at the docks/launching area.
- Protest forms must be filed directly with Roger Frederick, the Chief Referee.
- A \$25 filing fee is required at the time a protest is filed. In the event the protest is upheld, the fee will be returned. If the protest is denied, the fee will be forfeited.

### Violations/Penalties

Buoy Violations:

10 seconds for the 1<sup>st</sup> buoy

60 seconds for the 2<sup>nd</sup> buoy

Exclusion from the race for the third buoy

60 second penalties for the following:

Taking more than 2 minutes to launch from the dock

Late arrival to the start

Not yielding to another crew

Interference with a racing crew

Exclusion if you:

Try to pass another crew under the bridges or try to pass a crew in the "No passing zone"

Are rowing with the wrong bow #

Cause a collision

Fail to use the appropriate spans of each bridge

**2011 HEAD OF IOWA REGATTA  
COACHES CHECKLIST**

<input type="checkbox"/>	Travel Party Form	October 14, 2011	Friday
<input type="checkbox"/>	On-Line Registration	October 21, 2011	Friday
<input type="checkbox"/>	Waiver Forms	October 29, 2011	Saturday
<input type="checkbox"/>	Line-Ups	October 29, 2011	Saturday
<input type="checkbox"/>	Entry Packet Pick-Up	Regatta Weekend	Saturday (2:00-6:00 pm) Sunday (7:00-11:00 am)
<input type="checkbox"/>	Coaches/Coxswain's Meeting	Regatta Day	Sunday (8:30 am)
<input type="checkbox"/>	First Event	Regatta Day	Sunday (10:00 am)

**WAIVERS AND LINE-UPS ARE ALSO AVAILABLE ONLINE AT REGATTA CENTRAL**

## Directions to P. Sue Beckwith Boathouse And Route for Team Buses



Buses and maxi-vans will drop-off student-athletes on Taft Speedway before Dubuque Street. There is a pathway that leads from Taft to the Boathouse Drive. Then buses will continue on to City Park to remain throughout the event.

F. Sue Beckwith, M.D.  
Boathouse

1201 North Dubuque

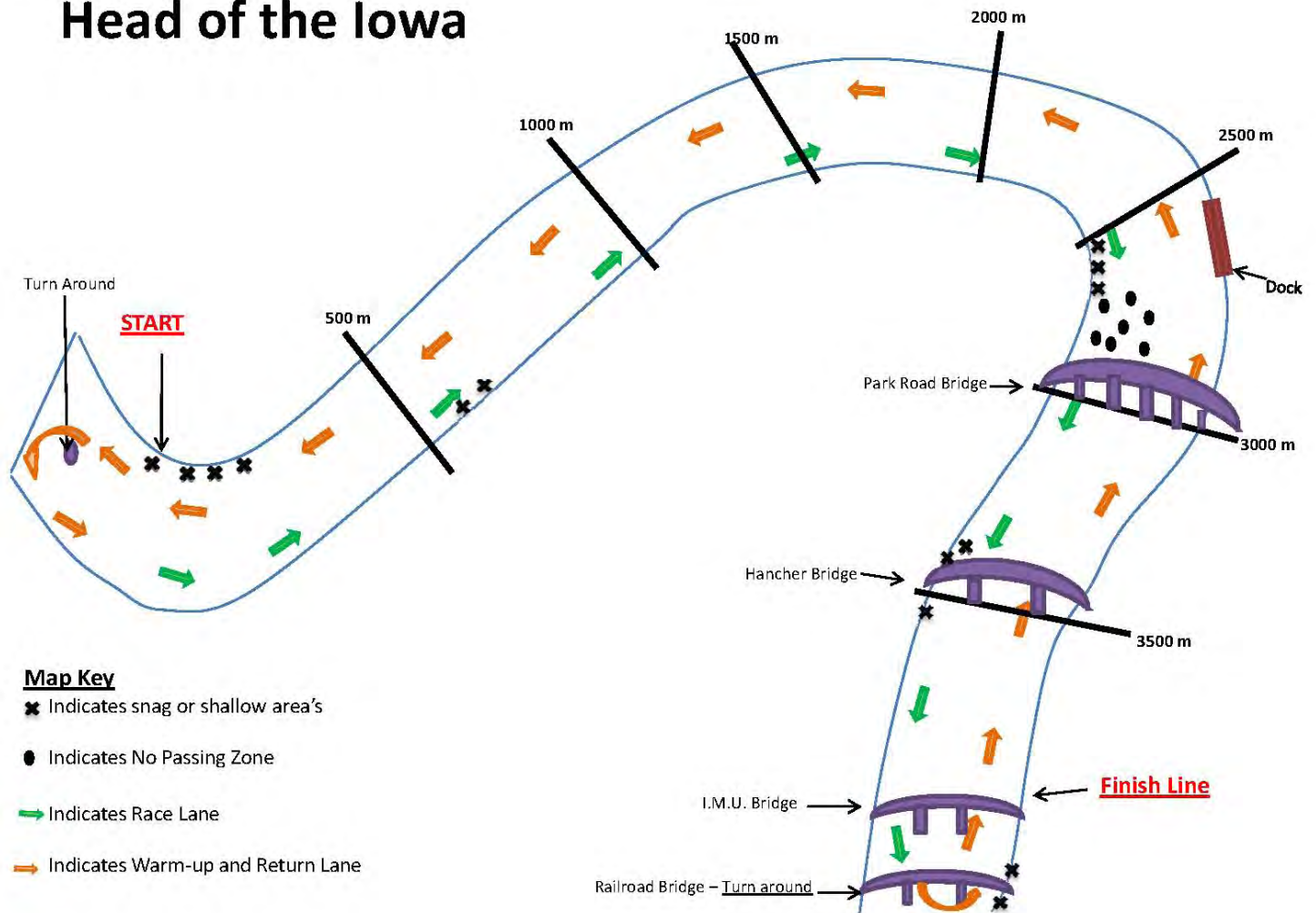
Take exit 244 off of I-80 and turn south on Dubuque Street.  
Turn right into entrance to Terrill Mill Park.  
P. Sue Beckwith Boathouse is at end of parking area.

Team buses and maxi-vans follow **red** arrows to drop off and pick-up student-athletes. Turn onto Foster, left on Calbria Street, and then continue left on Taft Speedway. Buses and maxi-vans will continue to follow the **green** arrows to City Park. There will be designated parking for team buses and mxi-vans.

Team buses and maxi-vans will not be allowed down the drive leading to the Beckwith Boathouse. Based on arrival, team trailers will be designated parking. Team trucks and trailers are the **ONLY** team vehicles allowed to park at the P. Sue Beckwith Boathouse. Placards will be provided for each truck. At the conclusion of the event, trucks are not allowed to connect with team trailers until ready for immediate departure.



# Head of the Iowa



**Regatta Line-Up**  
**Head of the Iowa**

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A separate line-up form is required for each event.

**Event Number:**

**Event Title:**

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**Organization(s) submitting entry:**

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(If mixed entry, give names of all organizations. If unaffiliated, designate as such.)

	<b>Last Name</b>	<b>First Name</b>
<b>Single:</b>		
<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>		
<b>5</b>		
<b>6</b>		
<b>7</b>		
<b>8</b>		
<b>Cox</b>		
<b>Subs</b>		

## 2011 Head of the Iowa - T-shirt Pre-Order Form

Coaches,

Regatta T-shirts are available for pre-order. There will be limited t-shirts for sale on the day of the regatta.

Cost of the shirt: **\$10.00 each**

Team Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Quantity:

Unisex Cut:

\_\_\_\_ Youth Small \_\_\_\_ Small \_\_\_\_ Med \_\_\_\_ Large \_\_\_\_ X-Large

Checks can be made out to: University of Iowa (cash also accepted)

Pre-Orders due by October 17<sup>th</sup> - Email [kendra-wieditz@uiowa.edu](mailto:kendra-wieditz@uiowa.edu)

You can also pay online at [regattacentral.com](http://regattacentral.com) when you register.

Payment due at Pick-up on Saturday, October 29, 2011

**THE UNIVERSITY OF IOWA  
2011 Head of the Iowa  
Team Travel Form**

Please complete this form to provide us with necessary information to run an efficient event. This information will also help us assist you with any special needs you may have. Please return the completed form to Paula Jantz by **October 14, 2011**.

**PLEASE MAKE SURE THAT YOU HAVE ACCURATE CONTACT INFORMATION IN CASE OF WEATHER/RIVER PROBLEMS.**

**Team:** \_\_\_\_\_

**Coach Name:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Estimated Arrival (Date/Time):** \_\_\_\_\_ **Cell Phone #:** \_\_\_\_\_

**Vehicles:**

Please indicate the type and number of vehicle(s) you will be traveling in.

\_\_\_\_\_ Type (Vans, Bus, etc.) \_\_\_\_\_ Number

\_\_\_\_\_ Type (Vans, Bus, etc.) \_\_\_\_\_ Number

Also, indicate the number of trailers you will be bringing to the event \_\_\_\_\_ Number

**Trailer(s) arrival (Date/Time):** \_\_\_\_\_

**Hotel Information:**

Please provide the name and telephone number of the hotel where your team will be staying

\_\_\_\_\_ Hotel \_\_\_\_\_ Phone

Field House \_\_\_\_\_ Yes \_\_\_\_\_ No

**Other Information:**

Include any additional information regarding your travel party that will assist us in running the event.

\_\_\_\_\_

Please email to [paula-jantz@uiowa.edu](mailto:paula-jantz@uiowa.edu) or fax to 319-335-9333