# Head of the Ohio Regatta Saturday, 7 October 2006 2006 Information Packet

# **RACE COURSE**

The 2.6 mile course is on the Allegheny River. The start line is just below the 40<sup>th</sup>. Street Bridge. The actual start is in front of a mooring cell located near the top of Washington's Landing (formerly, Herr's Island) on the right descending bank. Washington's Landing is the island upon which TRRA's Lambert boathouse is located and near TRRA's Millvale boathouse. The finish line is just below the Fort Duquesne Bridge less than 500 meters from the confluence of the Allegheny, Monongahela, and Ohio rivers in downtown Pittsburgh.

For most the Head of the Ohio's 20 year history, this has been an excellent course, marked by rowing under nine bridges, and finishing within the cityscape of downtown. For a few of these years, the water at the finish has been choppy, but only judged unrowable once.

For 2006, the LOC has a back-up plan which, if water conditions deteriorate during race day, the officials and the LOC may determine it necessary to shorten the race course by about a half mile. If this occurs the finish line will be moved to the Allegheny Landing area upstream of the PNC baseball stadium. If this occurs announcements will be made multiple times at both docks as well as over the public address system. Such a change will only occur at the beginning of a race (not during a race) and there will be a 30 minute delay in the race schedule to accommodate moving the finish line.

# **TRAILER PARKING and LAUNCH SITES**

A parking lot is dedicated for trailers, however, space is limited. Follow instructions of the parking volunteers to assure that there will be room for all the trailers. There is additional area on the "Great Lawn" area which is on the way from the trailer parking area to the docks which can also be used to store and rig shells during race day.

Please do not park buses, vans, or cars in this area. Other space is provided for these vehicles.

North Shore Drive (in the vicinity of the regatta) is closed on Saturday one hour and fifteen minutes before the first race and one hour after the finish of the last race. Please arrange to cross all shell traffic within these times.

As usual, out- of-town crews should plan to launch from the Heinz stadium area. There will be docks located at the Heinz Quay area. Once crews launch they will row upstream the full length of the course, then turn to race downstream. At conclusion of race be prepared to slow down quickly and follow the directions of the course marshals as the dock area is about 200 meters from the finish line.

All Three Rivers Rowing Association competitors will launch from and return to the docks at the Lambert boathouse on Washington's Landing and the Millvale boathouse in Millvale. These docks are located near the starting line.

# **ENTRIES**

All competitors, including coxswains, may participate in multiple events. Competitors are responsible for allowing sufficient time to race in one event, land, re-queue, and launch in time for an additional event. Competitors will not be allowed to land or launch out of order and hot-seating of athletes and/or boats is strongly discouraged. The Head of the Ohio Regatta accepts no responsibility for missed start times and will issue no refunds on that basis.

Entries must be received with entry fee no later than September 28, 2006.

Entries are to be submitted online via www.RegattaCentral.com. Entry window is open from August 16 to September 28. NO EXCEPTIONS. Late entries can be requested, and if accepted are subject to a \$50 fee per entry.

Masters competitors must submit date(s) of birth for all competitors during the entry process. Crews with missing or incomplete date of birth information will race without handicap in age category 30-39 years.

The Head of the Ohio Regatta reserves the right to limit the number of entries from any one organization or limit the number of entries in any one event. Confirmed entries will be posted on the **Regatta Central** website. (www.regattacentral.com)

Fees:

1x = \$35 2x/- = \$45 4x/+ = \$65 8+ = \$80

#### REGISTRATION

Scullers and crew representatives must report to Regatta Registration at one of the two times and locations.

**October 6 - Friday Night Regatta Registration** – packet pick-up - is located at the Lambert boathouse on Washington's Landing from **5PM to 8PM**. (See websites for directions)

**October 7 – Saturday Morning Registration** – packet pick-up – is located on the river walk in front of the Del Monte Building .near the finish line of the race course, located on the river walk across from the trailer parking lot toward the river from **6AM to 10AM**.

All scratches must be reported at least one (1) hour prior to an event and no later than 10:00 a.m. on race day.

# **WEIGH-INS**

Crews required to weigh-in must do so during the registration periods listed above. Weigh in is located at registration only.

# **BOW MARKERS and SHIRT CARDS**

Bow markers and Shirt Cards must be picked up at registration. Bow markers must be affixed on the bow of the racing shell by way of an appropriate bow marker holder. Shirt cards /bib numbers must be worn visibly on the chest of each single sculler or rower in a bow coxed shell. Shirt cards must be worn on the backs of all coxswains of stern-coxed boats.

#### SAFETY

All shells must be equipped with a bow ball. Each set of shoes within the shell must be equipped with properly-secured heel tie-downs.

A boat in which the body of the coxswain is enclosed or partially enclosed within the hull of the boat shall conform to the following requirements:

(a) The opening through which the coxswain enters and exits shall be at least 2.30 feet (70 cm.) long when measured along the longitudinal axis of the boat. For a length of at least 1.64 feet (50 cm.), the opening shall be as wide as the inner hull of the boat itself.

(b) The inner surface within which the coxswain's body rests shall be smooth and free of any obstacles, devices, or other structures that would hinder quick exit.

#### **REFUNDS**

The Head of the Ohio Regatta will NOT refund scratches communicated to the Registrar beyond the entry close date on-line.

#### **RESULTS**

Ronin Racing will manage timing at the 2006 Head of the Ohio. Real-Time online, searchable results are available via <u>www.roninracing.com</u> and <u>http://www.headoftheohio.org/</u> These results tools will allow spectators to quickly search via team name, competitor name and also via the event name to quickly locate specific results.

Results will be posted as they occur at the Race Control/Communications tent and the Awards tent and at the Lambert and Millvale boathouses. Until such time as the reports of the referees have been received and penalties assessed, the results will be unofficial.

Rowers, parents, and coaches will also be able to receive updates directly to their phones, PDAs, and email boxes during the race. To sign up for this service, go to: <u>http://www.headoftheohio.org/</u>

Official results will be available on the Head of the Ohio web site at <u>www.HeadofTheOhio.org</u> as well as other rowing websites. Additionally they will be available within an hour of each race at <u>www.Roninracing.com</u>

Note: The Fall Fury (a best of series competition among HOTO, Head of the Connecticut, and Head of the Schuylkill) has been postponed for 2006 due to scheduling conflicts. Watch for its return in 2007.

#### **STEWARD SHIP**

The Steward Ship will be located immediately below the finish line. Hosted by the Stewards of the Head of the Ohio Regatta, it is open to all competitors and spectators. Advance purchase badges are available through the website (<u>www.HeadoftheOhio.org</u>) or through Three Rivers Rowing (412 231-8772, ext. 4) at \$100 per badge. A limited number of badges for on-site sale will be available for \$100. Also, Patron badges are available for \$250 and sponsor badges are available for \$500.

A badge to the Steward Ship entitles the donor to a prime view of the finish, launch, and regatta festivities. The Steward Ship offers two enclosed seating decks (heated/cooled) as well as an open roof top deck, food and beverages (bar), and VIP free parking for advance purchase badges.

All proceeds from the Steward Ship are awarded to TRRA through the Stewards Charitable Trust "for the continued development of rowing programs for the people of this region with particular emphasis upon rowing programs which benefit youth". All donors, including a portion of the cost for a badge to the Steward Ship, are entitled to letter of charitable contribution from TRRA which may be used as documentation of a tax deduction. Letters will be mailed upon request after the Regatta.

#### **TRANSPORTATION**

Free transportation between the finish line area and the Lambert and Millvale boathouses will be available from the designated stops throughout race day. The shuttle may be used by all competitors and spectators. The finish line stop is at the intersection of North Shore Drive and Tony Dorsett St and in front of the Lambert and Millvale boathouses. The shuttle will run back and forth approximately every 45 minutes - courtesy of Matthews Bus and Steward John Lubimir.

# **BICYCLE and PEDESTRIAN CONNECTION**

A bicycle and pedestrian trail connects the finish area, the starting area, and the Lambert and Millvale boathouses. The entire 2.6 mile race course may be viewed from numerous vantage points along the trail including access to many of the bridges over the course.

#### VIEWING THE FINISH FROM A DRAGON BOAT

Spectators may view the finish line area by paddling in a dragon boat. The dragon boat will from the river trail below the Heinz Field docks periodically throughout the day. Paddling is free and subject to the rules provided on site.

# PARKING

Spectator parking near the finish line is provided in Lot #1 and other surrounding lots for \$5. Free parking is available at the Lambert and Millvale boathouses. A shuttle is available (see above: TRANSPORTATION).

Buses and vans *carrying competitors* may park for free in the VIP lot in the area designated for buses and vans carrying competitors. Buses and vans may also park for free at the boathouses and take the shuttle.

VIP free parking is available for badge holders of the Steward Ship. Note: transportation via a golf cart is available for any badge holder who may need assistance to the Steward Ship.

Volunteers and officials with a VIP parking pass may park in the VIP lot.

Please understand that the volunteers managing parking will direct anyone without a VIP badge, VIP parking pass, or driving a bus or van carrying competitors to the nearby paid parking lots.

# **2006 Rules and Regulations**

It is the responsibility of all competitors to be familiar with the Racing Rules that follow as well as those Rules of Rowing as published by US Rowing that may be applicable to the Head of the Ohio regatta. The Head of the Ohio is a US Rowing Registered Regatta.

# COACHES', COXSWAINS', & SCULLERS' MEETINGS

There will be two coaches' and coxswains' meetings offered. They will occur at 6:15am at the Three Rivers Rowing Association's Lambert Boathouse and also at the Heinz field area near the finish line.

# HOTO CLASSIFICATIONS

All competitors must be eligible for the event-division in which they are competing. Any crew containing an ineligible competitor will be violating the rules and will be disqualified from the Regatta.

# NEW for 2006: Collegiate and High School Competitors Must Not Row in the Same Event

In accordance with NCAA rules, the HOTO LOC determines that no event within the Head of the Ohio regatta may have Collegiate competitors rowing against high school competitors (including high school coxswains).

- High School competitors must row in High School and Youth events only. (for example, not in Club or Open events. High School coxswains man not cox boat in any event where Collegiate crews are competing)
- Collegiate competitors must row in Collegiate events only (for example, College, Club; Collegiate Freshman and Novice; and Open)

Failure to comply will cause the results of the competitor(s) to be excluded.

**Masters-** must be over the age of 30 as of December 31st, 2006. Age determined by the competitor's age as of December 31<sup>st</sup>, 2006, rounded down to the nearest integer, with average age used for multiple-competitor boats. Masters events will be divided by 10-year age increments.

A Masters or Veterans single sculler or crew may compete in a lower (younger) age category. No Masters single sculler or crew may compete in a higher (older) age category. Categories consist of:

]	Master	at least 30 years old	Veteran	at least 60 years old
Ş	Senior Masters	at least 40 years old	Senior Veteran	at least 70 years old
(	Grand Masters	at least 50 years old		

# NEW for 2006: Masters handicapping when less than 3 entries in an age category

Where, for Masters events, there are less than three entries in an age category for any event, the race organizers may combine one or more categories to create a competitive environment. Where age categories are combined, age handicaps will be applied using published USRA 1000 m handicaps for the type of boat involved, multiplied by a head race factor of 2.25. Thus if the standard USRA chart would show an age handicap of 14.2 seconds for a specific type of boat, the HOTO handicap would be 2.25 times that, or 32.0 seconds. That handicap would be used to compare the race time against other similarly handicapped boats to determine finish placement.

Collegiate- must be currently enrolled full-time at a college, university, or community college.

**High School or Youth -** a rower, sculler or coxswain who will not be more than 20 years old by December 31, 2006 and who is enrolled full time at a high school or equivalent entity (such as a private secondary school). High School race categories require all members in boat to attend same high school.

**Junior Varsity-** The JV classification is not open to any rower competing in a Varsity or Youth 8+ event. In order to enter a boat in the JV 8 event, teams must also be entering a Varsity or Youth 8 boat. It is understood that the Varsity or Youth boat be entered as the faster of the two 8+'s.

**Club** - The club category is limited to persons (including coxswains) who in any sculling or sweepoared Event (master and veteran Events excepted) meet the following criteria:

- During the current calendar year did not compete beyond the quarter finals of the Henley Royal Regatta.
- Did not finish among the top six places in the San Diego Crew Classic, Dad Vail, EARC or EAWRC Sprints, Pacific Coast Rowing Championships, NCAA Championships, IRA, or Canadian Henley.
- Did not finish among the top six places in any major international regatta such as Lucerne-Rotsee, any national, international or world championships or any national team selection trials.

Novice (scull) - any oarsperson who has not competed in any sculling event prior to January 1, 2006.

**Novice (sweep)** - any oarsperson who is eligible to row as a freshman/novice at their own institution or has not rowed in a race prior to January 1, 2006.

#### Lightweight-

(Men) The weight of each individual rower/sculler in a boat must not exceed 165 pounds.(Women) The weight of each individual rower/sculler in a boat must not exceed 135 pounds.

Quadruple Sculls- with or without coxswain.

Composite Boats- must be so registered.

Mixed Boats- must contain equal numbers of men and women rowers.

**Corporate** – This is reserved for crews that participate in the Three Rivers Rowing Corporate Rowing League. Exceptions can be made by prior requests directed to TRRA.

**Novice** – any oarsperson who has had not more than two corporate rowing seasons or has not rowed prior to April, 2006.

**Experienced** – any oarsperson who has completed three or more rowing corporate rowing seasons and has participated in corporate rowing for at least one season in 2006.

Men's divisions are for male participants only. Women's divisions are for female participants only. Coxswains may be of either sex. Masters' coxswains may be any age.

**Recreational Singles-** Class 1 boats are 19 ft. 0 in. maximum length, 40 lbs. Minimum weight. Example: Alden Ocean Shell. Class 2 boats are 22 ft. 0 in. maximum length, 38 lbs. Minimum weights. Examples: Maas Aero, Martin Trainer, Alden Star. Class 3 boats are 25 ft. 2 in. maximum length, 38 lbs. Minimum weight. Examples: Maas 24, Vespoli Comp. A single shell that is longer than 25 ft. 2 in. or that weighs less than 38 lbs. is not considered recreational. Length is measured bow to stern, along the deck, excluding the bow ball, if fitted. Weight is measured on a dry, fully rigged boat, excluding electronics, safety, and personal gear.

# NEW For 2006: Lottie McAlice Stake Race

Lottie Mc Alice Rules (tentative rules - final rules to be published by 9/20/06)

Eligibility is open to experienced women's junior singles.

Registration for the Lottie McAlice stake race will be directly through the Head of the Ohio website <u>http://www.headoftheohio.org/competitors.html</u>.

Entries for the race will be limited to not more than twelve boats to be selected by the LOC with consideration on a first come basis.

Entries will be seeded according to a best time reported over 1500 meters.

Total race distance will be 1000 meters. From a floating start, not more than four boats will row 500 meters, each turn a separate stake (buoy) with at starboard turn, and row 500 meters back to a finish line.

All competitors must attend a pre-race meeting at the Heinz Field docks at 12:30PM. Competitors will receive a wrist band indicating their attendance and eligibility to race.

All boats must have a bow marker (1 through 12) as assigned.

All competitors must be in the designated marshaling area at the start 10 minute before the start of the race.

There will be not more than three flights of four boats.

The winner will be the fastest time.

This is an 'exhibition race' and no protests will be allowed.

# **FACILITIES**

Portable sanitary facilities will be located throughout the dock area. Crews may also use the Three Rivers Rowing Lambert boathouse on Washington's Landing or the Millvale boathouse for changing and showers.

Concessions providing food, beverages, T-shirts, posters and programs, will be located near the finish line area.

Crews are expected to police their areas throughout the day and clean the area completely prior to leaving. Trash receptacles are placed at convenient locations - please use the dumpsters located in trailer parking lot rather than overload the trash receptacles.

There will be a trailer parking area across from the main activity area that has ample room to set up shells for rigging. There is additional area on the "Great Lawn" area which is on the way from the trailer parking area to the docks which can also be used to store and rig shells during race day.

# FIRST AID

City of Pittsburgh paramedics will be available and located near the docks at Heinz Field and the Lambert boathouse on Washington's Landing.

# PARTICIPANT LIABILITY

Coaches and participants are reminded that participation in the Regatta involves a moderate risk of injury and/or property damage. While HOTO and Three Rivers Rowing will take all reasonable measures to ensure the safety of participants, officials and volunteers, participation in the Regatta is at one's own risk and responsibility for claims deriving from personal injury, damage or loss.

While the Regatta provides security for the Heinz area launch site for Friday night, visiting crews are advised to take all reasonable precautions as the Regatta cannot guarantee the safety of equipment.

# **PRACTICE ROWING**

No crew may launch after 6:00 p.m. on Friday evening. Docks will close at 7:00 p.m. when all boats must be off the water.

Crews practicing prior to race day do so at their own risk. Normal river traffic (recreational and commercial) will be on the rivers. We strongly encourage crews exercise caution and request assistance from local crews and coaches more familiar with the rivers. Normal road traffic will be on North Shore Drive on Friday. Crossing North Shore Drive may be hazardous and will maximum caution if choosing to do so.

# THE RACE COURSE

The 2.6 mile course is on the Allegheny River. The start line is just below the 40<sup>th</sup>. Street Bridge. The actual start is in front of a mooring cell located near the top of Washington's Landing (formerly, Herr's Island) on the right descending bank. Washington's Landing is the island upon which TRRA's Lambert boathouse is located and near TRRA's Millvale boathouse. The finish line is just below the Fort Duquesne Bridge less than 500 meters from the confluence of the Allegheny, Monongahela, and Ohio rivers in downtown Pittsburgh

The race course is marked with buoys approximately every 250 meters or less on the left *and* right descending banks. United States Coast Guard Channel Markers (large metal green or red buoys) are not considered official HOTO course buoys.

Starting marshals located above the start line will assist as crews order themselves by bow number prior to the start in the customary fashion of a head race.

Orange buoys are used to mark start chute.

All competitors must pass through the CENTER ARCH of all bridges (with the exception of the Fort Wayne RR Bridge where the center arch or the next arch immediately to the starboard side of the boat may be used.

After launching and when finished racing, boats must proceed back to the dock and wait in line for a spot to open on the upstream side of docks.

Crews returning to the Lambert or Millvale boathouses should proceed downstream, and turn back upriver cautiously. When crews come to the set of wires at the bottom of the channel crews must wait for the safety marshal to give the OK before crossing over into back channel.

All competitors are responsible for being familiar with the course. Please consult the course map.

# **COURSE SAFETY**

Competitors and coxswains must review the course maps carefully to locate shallow areas and bad water. All areas may not be marked on the course because of recent high water conditions.

The river is closed to all recreational and commercial traffic in accordance with the regulations of the US Coast Guard. The river must be re-opened every fours hours to allow for passage of river traffic, if any. Be advised that commercial traffic, barges in particular, are likely to cause considerable wakes and that the water may remain unsettled for a long period of time after a barge passes.

The regatta in cooperation with the US Coast Guard may pass recreational boats during the Regatta. This is only done along the City side of the Allegheny River and is done with an escort at a NO WAKE speed. Be alert when traveling upstream for these boats.

There are at least twelve marshal/official launches spread out throughout the race course. These marshals/officials have communications with the chief referee and the LOC through Race Control. They are in place in order to help to maintain the safety and fairness of the regatta. Please follow their directions.

#### WARM-UP

Competitors launching from the Heinz Field docks have the row to the start as their warm-up. Do not row above the 40<sup>th</sup> Street Bridge. Follow the instructions of the three marshals in the starting area.

Competitors launching from either TRRA boathouses may row above the 40<sup>th</sup> Street bridge for a warm-up, but not above the first set of wires. Row to the specially designated marshal who will be located just above the 40<sup>th</sup> Street bridge in the middle of the river if instructions are required before entering the starting area.

# START

Each entrant must be in the starting/marshalling area ten (10) minutes prior to their scheduled starting time. The dockmaster will make the following calls:

Launching from:	First Call
Heinz Field	1 hour and 15 minutes prior to event time
Lambert and Millvale boathouses	45 minutes prior to event time

The start will be in sequence of bow markers. Boats must pass through the starting chute at the starting area to be official.

Boats arriving more than thirty (30) seconds after the last entrant has started will, at the discretion of the starter, are allowed to row at the end of the race. Such boats may be timed, but not ranked.

# RACING

While racing, boats must stay on the designated buoyed racecourse with buoys located on the right descending bank to the port side. Oar blades may go over buoys but the hull of the shell must stay on the course.

Any shell being overtaken must grant the right-of-way and move or be penalized. A shell being approached from behind must give way to the approaching boat by moving towards their port side and allowing the other boat passage on their starboard side. This must occur by the time the approaching boat is within one boat length of open water. Boats overtaking others must not force boats being overtaken any farther out of the way than is necessary to complete an unimpeded pass. No boat should press its right of way to the point of collision.

# FINISH

The finish is clearly marked by two large Orange buoys. Once beyond the buoys, crews must immediately continue towards the dock area or begin their turn back upriver but well away from the finish area.

# PENALTIES

Minor Violations (10 seconds):

Each buoy missed on the course

Shells without bow numbers at the finish

Purposely starting out of order against directions of the Starter.

Failure to follow traffic rules in the launching, docking, start marshaling, or practice area Unsportsmanlike conduct

#### Major Violations (30 seconds):

Interference with crews marshaling in the start area

Not granting right-of-way for overtaking crews Missing buoy chute at start Missing buoy chute at finish Failure to pass through the appropriate span of each bridge as marked on map.

#### Major Violations (60 seconds):

Interfering with another shell during the same race.

#### Exclusion

Not arriving at the start within thirty (30) seconds of last entrant in their event Not complying with specified classification of events Interference with a racing shell by a nonracing shell. Causing a collision. Rowing the course with the wrong bow number.

#### PROTESTS

All protests must be filed within 30 minutes of the end of the race in which the violation occurred. The crew's coxswain or representative rower/sculler must indicate the crew's intent to file a protest to the course marshal at the finish line or to the dockmaster on shore at the docks/launching area. Protest forms are available at the Race Control/Communications tent near the finish line and from the Dockmasters at the Lambert and Millvale boathouses. Protest forms must be filed directly with a USRA race official. Have a representative from the protesting crew available during the judge and referee deliberations.

Protests filed during the morning events will be heard at the 'noontime' break; and protests filed during the afternoon events will be heard following the final event. All protests will be heard at the Race Control/Communications tent near the finish line.

A \$25 filing fee is required at the time a protest is filed. In the event the protest is upheld, the fee will be returned. If the protest is denied, the fee will be forfeited.

#### AWARDS

All medals and trophies will be awarded at the Awards Tent located near the finish line. Please note the posted times for the awarding of trophies.

Trophy winner(s) must be present for the award ceremonies.

Gold medals will be awarded to the top finisher in each division. Silver medals will be awarded in events with at least five (5) entries. Bronze medals will be awarded in events with at least ten (10) entries.

Any events under protest may delay the awarding of medals for that event and may be mailed after the regatta. All protests will be adjudicated by US Rowing officials at the officials' meeting following the final race of the day.

Medals not awarded or retrieved 30 minutes after the last race will be mailed approximately 4 weeks following the event.

# POINTS

Points are awarded as follows:

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Event	Total points	Points by position			
Open Eights	100	20-15-14-13-12 -11-9-6			
All other Eights	80	15-13-12-11-10-9-6-4			
Open Fours	80	15-13-12-11-10-9-6-4			
All other Fours	60	12-10-9-8-7-6-5-3			
Singles/Doubles	40	10-8-7-5-4-3-2-1			

#### TROPHIES

Trophies will be presented in the following events:

Mayor's Cup - Men's Open Four – at 1:30 Charles E. Copeland, MD Cup - Men's Open Single – at 1:30 Founder's Cup - Women's Open Single – at 1:30 Sally Hardon Plate - Women's Masters Eight – at 1:30 President's Cup - Mixed Corporate Experienced Eight – at 1:30 Power Challenge - Mixed Corporate, Novice Eights – at 1:30 The Lottie Mc Alice Prize – at 1:30

Met/Plas Trophy - Women's High School Four – after the last race Sharon Duncombe Cup - Women's Open Four – after the last race David Figgins Cup - Men's Open Eight – after the last race USX Trophy Women's - Open Eight – after the last race Head of the Ohio Trophy - High Point Team – after the last race The Dan Thompson Stewards Cup - High Point Boys High School – after the last race

Note: The PA Governors  $Cup - 1^{st}$  place PA college in Men's & Women's Open 8 race – awarded at the Head of the Schuylkill in 2006. Returns to the Head of the Ohio in 2007.

# **Contacts & Links**

Regatta Organizer:	US Rowing:
Three Rivers Rowing Association Phone: 412.231.8772; Fax: 412.231.5337 www.ThreeRiversRowing.org e-mail: trra@threeriversrowing.org Race Website: www.headoftheohio.org	(800) 314-4ROW (4769); (609) 751-0700 e-mail: members@usrowing.org <u>www.USRowing.org</u> See also: www.usrowing.org/uploads/docs/05rules_R6W9XC.pdf
Registration:   www.RegattaCentral.com   e-mail: support@RegattaCentral.com	Race Timing: www.Roninracing.com

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