The 2006 Southeast Youth Championship Regatta

(please read all of this packet prior to arrival to venue0

May 13-14, 2006 (2nd weekend in May) <u>Venue</u> Bypass Canal, Tampa, Florida <u>Course Length</u> 1850 meter <u>Hosted by</u> Southeast Youth Rowing Committee Florida Scholastic Rowing Association Tampa Bypass Canal Rowing Council <u>Registration Deadline</u> April 28, 2006 <u>http://www.regattacentral.com</u>

Scratch Deadline:

May 8, 2006

If you have questions, please contact the Southeast Youth Representative.

The Southeast Youth Championship Regatta is a USRowing registered championship level regatta to provide regional programs a quality yearend championship event. The Southeast Youth Championship Regatta shall be open to crews of the 7 states that make up the Southeast Region; Alabama, Florida, Georgia, Mississippi, North Carolina, South Carolina, and Tennessee. The course is a sprint competition in the following youth categories.

| 1x | 2x | 4+ | 4x- | 8+ |
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EVENT CLASSIFICATION/ ENTRY LIMITS

USRowing definitions will be used. (Exceptions to the definitions can be made at the discretion of the SEYRA.) **Team:** A team is considered the usual way the program practices/competes: Club represents a single organization, with distinct location, colors, and coaches for the entire competitive season is a team. **Coxswain:** May be of either gender, and of any skill or age classification (not withstanding the age maximum). **Minimum Entries:** The following minimum entries will be required for each member team competing in the Southeast Youth Championship Regatta.

- a. Programs in the First and Second year of operation: Minimum of a Third (3rd) Varsity boat must be entered. All additional boats must be entered in descending order.
- b. Third and succeeding years: Minimum of a Second (2nd) Varsity boat must be entered. All additional boats must be entered in descending order. Teams that have entered "A" level crews in the Second (2nd) Varsity categories in the past and have medaled are required to race in a minimum of the Champion level category the following years. Teams that have placed crews in the top five (5) in Championship level events over the past four (4) years are required enter all entries must be in descending order.
- c. Teams may choose to enter above the minimum requirement.
- d. Teams will not be allowed to enter more than one entry per event in 2nd (2nd) Varsity and above.

Championship Events (Champ): Category intended for 1st crews these are qualification events for the USRowing Youth National Championship. Each team is allowed one (1) entry in these events. **Lightweight Events (Ltwt)**: Open to any youth competitor that meets the requirements establish in these rules for Lightweight rowers. Each team is allowed one (1) entry in these events.

2V Events (2nd): Category intended for non-championship 1st crews and 2nd crews. Each team is allowed one (1) entry in these events.

3V Events (3rd): Category intended for non-championship 2nd crews, 3rd crews or crews that have just completed one year of rowing. Each team is allowed multiple entries in these events.

4V Events (4th): Category intended for non-championship, 3rd crews or crews that have just completed one year of rowing. Each team is allowed multiple entries in these events.

Junior Varsity (JV): A Junior Varsity event shall be defined as any student-athlete who is in their first year of competition who is in the eighth (8), ninth (9), or tenth (10th) grades in high school. This does not include those students who have been retained due to academic reasons in high school. A rower who has previously competed only as a coxswain can compete as a JV rower. A coxswain who has previously competed only as a rower can compete as a JV coxswain.

Novice Events: As of 2006 the Southeast Youth Championships will no longer offering novice events. . It is understood this may result in some team members not racing in the Southeast Youth Championship Regatta.

Entry Limits: There will be no limit in competition of sweep or sculling event. No consideration shall be given to scheduling conflicts of rowers and coxswains competing in multiple events. The coach and competitor shall decide which event shall be their priority. Coaches should take into consideration that an illness or injury on race day shall require an alternate rower not already seated in an event. Any athlete may participate in a varsity category event. An athlete may not participate in both the Championship eight and second eight.

<u>Solo Entry Events</u>: Events with only one (1) entry at the registration deadline shall be eliminated and the team shall be notified in advance of race day. If race day scratches reduce a race to one (1) entry, the single entry shall row down the course for time.

All events held shall be championships events. They shall follow the heats to finals format described in sections below. There shall be no non-championship events

ENTRY INFORMATION

- The Southeast Youth Rep will conduct registration on http://www.regattacentral.com
- Scratches after Tuesday, May 8, 2006 will forfeit their entry fee for that event.
- Late Entries are subject to 20% increase on your total entry fee, and accepted only if it does not cause an additional heat.
- Individual athlete waivers and fees should be mailed by May 9, 2006 or delivered to the registration table during registration. No faxed entries will be accepted.

REGATTA FEES:

8+ \$80 4+/4x \$60 2x \$40 1x \$25 Make Checks Payable to: Southeast Youth Rowing Association or SEYRA

REGATTA RULES

- Random lane selection will be done using Regatta Master software. This regatta management software collects the data from RegattaCentral and automatically seeds crews. Please note that we will be downloading and drawing the lanes draw on Wednesday evening, **May 10, 2006**. It will be posted on the web at <u>www.regattacentral.com</u> or <u>www.southeastjuniors.org</u> that evening and copies of the schedule will be available to coaches by email or on site upon signing-in.
- The 2006 Southeast Region Youth Championship Regatta will be conducted in accordance with the USRowing "Rules of Rowing". Please familiarize yourself with these rules before attending the coaches and coxswains meeting.
- USRowing organizational membership is required to participate, for all boats larger than a double in this event, and must be taken care of prior to arriving on site. Membership can be done on-line at <u>www.usrowing.org</u>. If this is not enforced our regional event risks losing its qualification status.
- All events shall be raced for a distance of two thousand (2000) meters or as close to this distance as the race venue safely allows.
- The Southeast District Youth Championships is intended for competitors who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full time student seeking a diploma. A competitor thus ceases to be a Junior after December 31 of the year of his/her 18th birthday, or of the year in which he/ she completes the 12th grade of secondary school, having been a full time student, whichever is later.
- A program from outside the Southeast Region that wish to participate in the Southeast District Youth Championship Regatta requires to petition the USRowing Youth Committee and the SYRA to be able participate in this regatta and will be considered a guest. Guest entries are not able to qualify for the USRowing Junior Nationals at this regatta. If a guest crew attends this qualifying championships and places, then in district teams will receive the invitations.
- All boats will be inspected for safety, boats not so equipped shall be barred from launching
 - All boats shall be equipped with a protective bow ball and quick release shoes.
 - Bow coxed boats shall have openings sized in accordance with the Rules of Rowing of the United States Rowing Association.
- The USRowing Advertising rule is being waived.
- All competing boats shall carry a bow number of their assigned race lane for identification, said numbers containing numerals at least seven (7) inches high and four (4) inches wide on a background of a contrasting color, such as black numerals on a white background. The team shall be responsible to provide its bow number.
- During a race, no boat shall have on board any electronic devices that are capable of sending or receiving information from any source external to the boat.
- Regatta Officials shall announce or post their official radio communication channel(s) at the start of the race day. All teams and their guests are prohibited from using these radio channel(s). Teams violating the use of restricted channel(s) shall be subject to disqualification. In the event that racing crews "accidentally" use regatta channel they will receive one warning.
- Hot seating must be arranged with the dock master before the scheduled race.
- Each team shall be responsible for the conduct, physical fitness, including the ability to swim, of its competitors.
- Males shall not row in women's events. Females shall not row in Men's events. Coxswains are exempted from this limitation.
- All crews must check-in with the dock master before launching for every race.
- All crews representing the same school/club must wear similar uniforms.
- Crews are permitted to practice in their lane prior to 2 min lock-on
- Traffic rules will be posted at the Launch docks. All coaches, coxswains, captains, and scullers must read and familiarize themselves with the traffic rules before leaving the dock.
- All questions of eligibility, qualifications, or interpretations of the rules shall be referred to the Southeast Youth Committee, whose decision shall be final.
- Amendments to the Southeast Youth Championship Regatta Rules shall be made six (6) months prior to the event by a majority vote of the southeast youth committee. All questions not specifically provided for in these Southeast Youth Championship Regatta Rules or suggestions should be directed in writing to the USRowing Southeast Youth Representative Allen Eubanks <u>coach@orra.org</u>.

LOCATION

The Southeast Youth Championship Regatta will travel annually to locations within the Southeast. Venues wishing to hold the regatta at their venue are encouraged contact the Southeast Youth Rowing Association for details.

CONCESSIONS

- Food concessions will be available during the regatta.
- Regatta t-shirts will be sold during the event.
- Any persons, teams, organizations, or businesses wishing to set up a concession for the sale of apparel or any other items must have the prior approval of the LOC in advance of any sales.

BOAT STORAGE

Boats can be stored at the regatta site the night before the race. Prior to parking trailers, please check the Boathouse office trailer spots have been assigned. Shell trailers are to set up in 20'x70" marked area and tow vehicles are not permitted to park in trailer parking area. Shell trailers will have enough spacing on either side to allow for equipment storage and rigging. Please do not spread to far off your trailer as a courtesy to others. The LOC is unable to provide boat slings. Security of trailer parking area will be provided Friday night.

PRACTICE

Teams may practice Friday (May 7) on the course. Since there will be no officials on the course at this time, crews will be rowing at their own risk. Course crews may be working on the course for your safety, please stay clear of their work area and boats. Coxswains should listen for instruction from course volunteers to avoid damage to shells when passing. Be careful! Observe the right-hand rule; stay on the right side of the course! Practice on the course at speed is limited to the racing direction only in **lanes 4, 5, & 6 only**! All crews will be off the water by 6 p.m. *Crews traveling to the facility early for practice or scrimmaging. Teams will be charged \$1.00 per athlete per day*.

CONTACT INFORMATION

| Regatta Director | USRowing Southeast Youth Representative |
|------------------------|---|
| Tom Lineberry | Allen Eubanks 865-591-0566 |
| linebet@ocps.k12.fl.us | coach@orra.org |

Mailing Address: Allen Eubanks attn. Southeast Youth Rowing 136 Orchard Lane, Oak Ridge, TN 37830

WEIGH-IN RULES

- 1. Lightweight weigh-ins will occur once a day, no more than two hours and no less than one hour before the competitor's first race.
 - a. Lightweight Youth Men
- 155 lbs. (no Ave.)
- b. Lightweight Youth Women 130 lbs. (no Ave.)
- 2. Initial weigh-in will take place at 5-8 PM, Friday, May 9 in the ?.
- Competitors shall be weighed in wearing the same uniform, identical in style, color, and detail, including any insignia without shoes or other footgear. No one will be weighed-in wearing more or less clothing.
- 4. Crews will weigh-in together and be accompanied by a Coach or Program Designate.
- 5. Crews are to step on the scale in the order that they row in the boat (i.e. bow to stern).
- 6. Clerk of the Scales or Registrar will communicate with the Coach or Designate, only.
- 7. An athlete who does not make weight has one hour to do so in order to compete.
- 8. No one will be allowed to "check their weight" on the official scale during the official weigh-in times.
- 9. The LOC strongly urges all coaches to refrain from unnatural weight requirements for rowers.

COXSWAIN'S RULES

Coxswains weigh-ins will occur once a day, no more than two hours and no less than one hour before the competitor's first race. Crews are encouraged to bring weight to weigh-in if coxswains are more than 5 pounds beneath minimum weight standards. The LOC will supply sand weights of small weight increments to the correct any difference in weight.

- a. Men's Youth Events
- b. Women's Youth Events

120 lbs minimum 110 lbs minimum

Those coxswains whose body weight, while wearing racing shirt, shorts and socks, is less than the required standard, will be required to carry external weight in order to achieve the minimum standard during the course of their race. If crews know that there coxswain is more than 5 pound under the required weight. The crew is expected to bring adequate weight to make up the difference. Coxswains will present this weight to the Clerk of Scales upon weighing in. The LOC will provide external weight up to 5 pounds, in the form of sand bags, for all coxswains whose body weight is less than the minimum standard. *ALL WEIGHTS*, whether provided by LOC or not, must be weighed and marked by the Clerk of Scales for specific individuals at the time of the coxswains weigh-in. Coxswains are also advised that they must display their weight to the Referee, if so requested.

PROTESTS

The crew at the finish in accordance with USRowing rules should register protests on the water. Once a protest is lodged, a crew wishing to be heard by the jury shall submit a concise written statement to the Chief Judge within one (1) hour after reach land citing the facts that underline the protest and the relief that the crew seeks accompanied by a \$25.00 payment. Disposition of the protest will follow USRowing rules including return of the fee if the protest is upheld.

AWARDS

Medals will be awarded as results are finalized. Medals awarded to first, second, and third place for all races. A crew must not necessarily beat another crew to be awarded medals. The trophies shall remain in the possession of the winning team for one (1) year and returned at the next Southeast Youth Championship Regatta. Teams failing to return trophies must pay a replacement fee before they will be allowed to compete.

TRAVELING TROPHIES

Trophies will be awarded at the awards ceremony at the conclusion of the day. Traveling trophies are sponsored by regional programs to celebrate outstanding achievements by regional youth crews. The regatta committee would like to thank the sponsors of these special awards. Regional programs wishing to sponsor events please contact the Southeast Region Youth Representative for details. Guest programs are not eligible for traveling trophies.

"<u>The Spooner Cup</u>" sponsored by Oak Ridge Rowing Association is a traveling trophy presented to the first place crew in the Men's Youth Varsity Eight category. Past Winners:

2002 McCallie2003 McCallie2004 McCallie2005 Oak Ridge"The Absher Cup" sponsored by Oak Ridge Rowing Association is a traveling trophy presented to the first
place crew in the Women's Youth Varsity Eight category. Past Winners:2005 Oak Ridge

2002 Oak Ridge2003 Augusta2004 GPS2005 Baylor"The Allstate Cup" sponsored by Augusta Rowing Club is a traveling trophy presented to the first place crewin the Men's Youth Varsity Four category. Past Winners:2005 McCallie

"<u>The Augusta Cup</u>" sponsored by Augusta Rowing Club is a traveling trophy presented to the first place crew in the Women's Youth Varsity Four category. Past Winners: 2005 GPS

TEAM POINTS TROPHY

The Overall Team Point Trophy would be awarded to the team with the highest total of points. The following table summarizes how points shall be awarded for events. In the event of a points tie, a coin toss shall be used as a tiebreak. The trophy sponsored by the Oak Ridge Rowing Association is a traveling trophy that is awarded for top scoring team overall.

| | Champ 8+ | 2nd 8+ | 3rd 8+ | 4th 8+ | | |
|------------|----------|-----------|----------|-------------|----------|-------------|
| | | Light 8+ | Fresh 8+ | Light 4+ | 3rd 4+ | |
| | | | Champ 4+ | 2nd 4+ | Fresh 4+ | 4th 4+ |
| Place | | 4X | 2X | 1X | | |
| 1st | 100 | 75 | 50 | 25 | 12 | 6 |
| 2nd | 92 | 69 | 46 | 23 | 11 | 5 |
| 3rd | 84 | 63 | 42 | 21 | 10 | 4 |
| 4th | 76 | 57 | 38 | 19 | 9 | 3 |
| 5th | 68 | 51 | 34 | 17 | 8 | 2 |
| 6th | 60 | 45 | 30 | 15 | 7 | 1 |
| | | | Past Win | ners: | | |
| 2002 McCGP | 'S | 2003 McCG | PS | 2004 McCGPS | | 2005 McCGPS |

YOUTH NATIONAL BIDS

The Southeast District Youth Championship Regatta is a qualifier for Southeast crews to the USRowing Youth National Championship Regatta. The 1st, 2nd and 3rd place finishers in the following events will receive and bid to USRowing Youth National Championship Regatta..

| | 1x | 2x | 4+ | 4x- | 8+ |
|-------------|---------|---------|---------|---------|---------|
| Youth Men | | | | | |
| Open | 1ST-3RD | 1ST-3RD | 1ST-3RD | 1ST-3RD | 1ST-3RD |
| Lightweight | | | 1ST-3RD | | 1ST-3RD |
| Youth Women | | | | | |
| Open | 1ST-3RD | 1ST-3RD | 1ST-3RD | 1ST-3RD | 1ST-3RD |
| Lightweight | | | 1ST-3RD | | 1ST-3RD |
| | | | | | |

USRA YOUTH NATIONAL CHAMPIONSHIPS REGATTA

Please read the rules and regatta packet can be downloaded @ www.southeastjuniors.org

The Southeast Youth Championship Regatta Tampa, Florida Hosted by the Florida Scholastic Rowing Association

Heats/ Rens/ Final

17 I T Womens 4+

| | OT EVENING | |
|----|---------------|--------------------|
| 1 | CH Womens 2x | Heats/ Reps/ Final |
| 2 | CH Mens 1x | Heats/ Reps/ Final |
| 3 | 2nd Womens 4+ | Heats/Final |
| 4 | 2nd Mens 8+ | Heats/Final |
| 5 | LT Womens 1x | Heats/Final |
| 6 | LT Mens 1x | Heats/Final |
| 7 | 3rd Womens 8+ | Heats/Final |
| 8 | 3rd Mens 4+ | Heats/Final |
| 9 | CH Womens 1x | Heats/ Reps/ Final |
| 10 | CH Mens 2x | Heats/ Reps/ Final |
| 11 | 4th Womens 4+ | Heats/Final |
| 12 | 4th Mens 8+ | Heats/Final |
| 13 | LT Womens 8+ | Heats/ Reps/ Final |
| 14 | LT Mens 4+ | Heats/ Reps/ Final |
| 15 | 2nd Womens 8+ | Heats/Final |
| 16 | 2nd Mens 4+ | Heats/Final |
| | | |

ORDER OF EVENTS

REGATTA FORMAT (subject to change)

- Friday 7:00 PM Coach and Cox Meeting
 - o 8:30 P.M. The Southeast Youth Coach's meeting
- Saturday 7:00 AM -Heats, 6:00 PM Repechages
 - Sunday 7:00 AM Repechages 10:00 AM -2:00 PM Finals
 - Actual event times will not be available until after the entry deadline.
 - The Regatta Committee reserves the right to redraw events if the number of scratches warrants such changes.

PROGRESSION

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The formula for progression to the final shall be as follows. In the event that heat entries fall below the number that are to advance the last place crew will not be permitted to progress.

| | Championship, 2nd and Ltwt (8+/4+) | | | | 3rd, 4th, JV and Ltwt (1x) | | |
|---------|------------------------------------|--------------|------|-----------------|----------------------------|-----------------------------|--|
| Entries | Heats | # to Advance | Reps | # to Advance | Heats | # to Advance | |
| 1-6 | 1 | Final Only | 0 | | 1 | Final Only | |
| 7-8 | 2 | 1st | 1 | 1st – 4th | 2 | 1st - 3rd | |
| 7-0 | 2 | To Final | | To Final | 2 | To Final | |
| 9-12 | 2 | 1st | 2 | 1st – 2nd | 2 | 1st - 3rd | |
| 9-12 | 2 | To Final | 2 | To Final | 2 | To Final | |
| 13-18 | 3 | 1st – 4th | 2 | 1st - 3rd | 3 | 1st - 2nd | |
| 13-10 | 3 | Adv. Reps | 2 | To Finals | 3 | To Finals | |
| 19-24 | | 1st - 3rd | 2 | 1st - 3rd | 4 | 1st | |
| 19-24 | 4 | Adv. Reps | 2 | To Final | 4 | Plus next two fastest times | |

| 17 | LI WOMENS 4+ | neals/ Reps/ Final |
|----|---------------|--------------------|
| 18 | LT Mens 8+ | Heats/ Reps/ Final |
| 19 | 3rd Womens 4+ | Heats/Final |
| 20 | 3rd Mens 8+ | Heats/Final |
| 21 | JV Womens 8+ | Heats/Final |
| 22 | JV Mens 4+ | Heats/Final |
| 23 | 4nd Womens 8+ | Heats/Final |
| 24 | 4nd Mens 4+ | Heats/Final |
| 25 | CH Mens 4x | Heats/ Reps/ Final |
| 26 | CH Mens 4+ | Heats/ Reps/ Final |
| 27 | CH Womens 8+ | Heats/ Reps/ Final |
| 28 | JV Womens 4+ | Heats/Final |
| 29 | JV Mens 8+ | Heats/Final |
| 30 | CH Womens 4+ | Heats/ Reps/ Final |
| 31 | CH Mens 8+ | Heats/ Reps/ Final |
| 32 | CH Womens 4x | Heats/ Reps/ Final |

MISCELLANEOUS

Please check the SEYRA web site <u>http://www.southeastjuniors.org</u> prior to arrival at the venue for updated information on the following topics:

DIRECTIONS

COURSE MAP

LODGING

PARKING

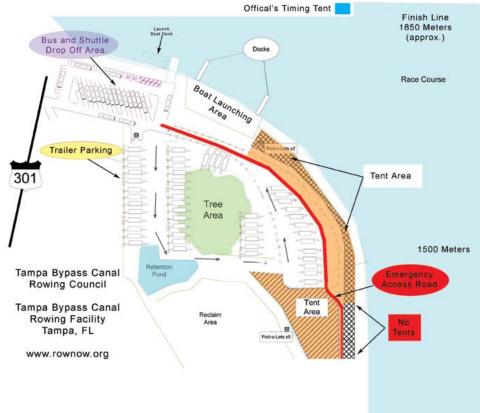
Please check <u>http://www.southeastjuniors.org</u> for up-to-date regatta parking instructions prior to arrival at the venue. Follow the posted signs to the appropriate parking areas. Volunteers will be on hand to direct you. In the interest of safety of participants, spectators and other park users, parking for all participants and spectators is in the designated, marked spaces only. Violators of this policy are subject to ticket and tow, and repeated reported violations could cause the county to suspend or terminate the event.

<u>Tow Vehicles/Car Top</u> Tow vehicles will be allowed to remain in designated parking areas. Tow vehicles will receive a parking permit to allow the vehicles daily access in and out of the venue.

Spectator Parking

<u>Shuttle Service</u> Off-site parking will be available one (1) mile from the venue. A shuttle service will be available for competitors and spectators. The fee will be \$10 per day per car

Buses will be allowed to drop off athletes at the 2nd parking lot entrance in front of boathouse. Buses will be required to park off site in a designated area.



VENUE RULES

- ALCOHOLIC BEVERAGES In accordance with local ordinances, alcoholic beverages are not permitted at any time in any place at the venue. Violation of this ordinance by organization, participants of rowing events and related activities, or spectators of rowing events or related activities shall be grounds for termination of the event.
- TOBACCO PRODUCTS In accordance with local ordinances the venue is a tobacco-free facility. No tobacco
 products of any kind may be used in any of the common areas, playing areas, buildings, or in the restrooms of
 the venue. Tobacco use of any type is restricted to the confines of one's vehicle.
- **ANIMALS** No pets or animals (other than service animals for the visually impaired) are allowed at any time in any place at the venue, whether leashed or not. Prohibited animals include, but are not limited to dogs, cats, snakes, birds, and ferrets.

Wavier and Release of Liability

Name of Participant

IN CONSIDERATION of being given the opportunity to participate in any <u>SEYRA/Tampa Bypass Canal Rowing Council</u> activity, including scheduled, supervised club activities, and registered regattas, until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin.

1. *ACKNOWLEDGE*, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I am a participant in, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Tampa Bypass Canal Rowing Council, Hillsborough County, Southwest Florida Water Management District, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and

unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

USRowing #:

| Address: | | | _ |
|-----------------------|-------|-------|---|
| CITY | STATE | ZIP | |
| Phone: | | Date: | |
| Participant's Signate | ure: | | |

PARENTAL CONSENT (if participant is under the age of 18). AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian:

| Address: | | | |
|--------------------|---------|-------|--|
| | | Zip | |
| Phone: | | Date: | |
| Parent/Guardian Si | gnature | | |

(only if participant is under the age of 18)

1/15/2006