



# Central Youth Rowing Championships

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Central Youth  
Rowing  
Association  
Executive  
Committee

The 1<sup>st</sup>  
CJRC  
executive  
committee  
TBA

Welcome to the 2nd Central Youth Rowing Championships! The 2007 championship races will be held May 12<sup>th</sup> on the beautifully restored Oklahoma River in Oklahoma City, OK. The Chesapeake Boathouse will be our host for our inaugural event. All races are 2000 meters. The course is fully buoyed.

All races are conducted under CYRA rules and USRowing Rules of Racing. **Exceptions to the rules are rare and are only made by the executive committee.** Chief referee will be Jim Hotop.

REGATTA DIRECTOR: Please refer questions to Regatta Director, Mike Knopp.  
[mknopp@chesapeakeboathouse.org](mailto:mknopp@chesapeakeboathouse.org) 405-552-4040

PROGRAMS ELIGIBLE: All Central District High School and Junior programs. The Central District is as follows:

Colorado, Nebraska, Missouri, Kansas, Oklahoma, Arkansas, New Mexico, Texas, Louisiana

ENTRIES: Packets are available online at [kcrowing.com/Documents.htm](http://kcrowing.com/Documents.htm) and [www.chesapeakeboathouse.org](http://www.chesapeakeboathouse.org). Packets will be emailed to all Central District programs.

**REGISTER entries through Regatta Central at [www.regattacentral.com](http://www.regattacentral.com). DEADLINE is at or before midnight May 5, 2007.**

Each participant must submit a waiver. Athletes who are USRowing members with a current waiver on file, can mark this area as you register through Ronin Racing, [www.roninracing.com](http://www.roninracing.com). For Non- USRowing members with no waiver on file – print and sign and mail waiver available on Ronin Racing, [www.roninracing.com](http://www.roninracing.com). **FEES AND WAIVERS are due in the hands of the local organizing committee BY Monday May 7.** If fees/waivers are sent by overnight mail, please indicate that recipient need not sign. **Mail to:**

OKC Boathouse Foundation,  
PO Box 513  
OKC, OK 73101

Entry must be complete for your boats to be entered into heats.

ENTRY FEES: \$20 per participant.

**NOTE** Entries must be submitted using a single RegattaCentral account per club.  
Limit 3 races per athlete.

ERRORS ON ENTRIES: The coach of any entry that contains an error will be notified by phone or email and given 24 hours to correct the error. If the time limit passes without resolution satisfactory to the regatta committee, the crew's entry from that particular event will be dropped and will become subject to the Late Entry rule should the coach try subsequently to correct the error and reenter the crew.

LATE ENTRIES: Any entry made after the deadline of midnight May 5, 2007, will be accepted at the discretion of the Regatta Committee based on the availability of a lane and only with a \$25 per boat late fee. **A Late Entry will not be accepted if it creates a heat.**

SCRATCH FEES: Any team that scratches an entry after May 9, 2007, will forfeit its entry fee. Those scratching after the start of the Regatta will forfeit their entry fee and be assessed a **\$25 Scratch Fee** to be paid prior to competition by any other boat from that team in subsequent races.

HOT SEATING: You may hot seat crews in events 50 minutes apart. Hot seating equipment or rowers is not permitted in events that are less than 50 minutes apart on the race schedule.

REGISTRATION: Hours of registration: Fri., 4:30-7:30 PM; Sat 7:30-9am AM in the boathouse.

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COACHES & COXES: meeting promptly, 6:30 AM, Saturday, in the boathouse. *Make certain your coxswains and crews have practiced the use of a starting platform.*

CLASSIFICATIONS: *Exceptions to the rules are rare and are only made by the executive committee. Please do not violate the rules. We do not allow composite teams- teams racing must fall under the definition of "team" below.*

Maximum race day age – a rower must be 19 years of age or younger as of May 21, 2006, and must be currently attending high school grades 9-12.

- **TEAM** – a team is considered to represent the usual way the program practices and competes; a club or varsity program that represents a single Organization (being a single high school OR club program), with distinct location, colors, and coaches for the entire competitive season (starting March 1 to and including June 9, 2007) is a team.
- **NOVICE** – a novice rower began rowing after June 1, 2006. A novice sculler began sculling after June 1, 2006.
- **VARSITY** – a varsity athlete is a junior competitor on a team.
- **COXSWAINS-** May cox in any boat, regardless of male, female, novice or varsity status. There is no weight minimum for coxswains. Coxswains of lightweight crews DO NOT have to weigh-in. Unlike rowers, there is no limit to the amount of events a coxswain may enter. *\*Make certain your coxswains and crews have practiced the use of a starting platform.*
- **LIGHTWEIGHTS-** Boys 155 lbs individual maximum, girls 130 lbs individual maximum.

## WEIGH-IN RULES:

- All lightweight competitors must Weigh-In once **each day they row**.
- Members of each crew must weigh-in together and be accompanied by a Coach or Club Official.
- Crew members are to step on the scales in the order in which they row in the boat, bow to stern.
- Clerk of the Scales or Registrar will communicate only with the Coach or Club Official.
- Weigh-in scales will open 2 hours before and close 2 hours after the time of the **first scheduled lightweight** race of the day. In addition, athletes must weigh-in and meet the required weight no later than 1-hour before the scheduled start of their race.
- No one will be allowed to check his weight on the official scale during the official weigh-in times.
- Priority on the scale goes to those entered in earlier races.

QUICK RELEASE: Check your equipment for race readiness, including the proper tying of heels of shoes (3 inches).

WEIGHING BOATS: Boats will NOT be weighed.

BOW NUMBERS: Teams must provide their own bow numbers 1-7.

BOAT STORAGE: Please provide your own stands for your boats. Trailers will not be allowed to stay in the park. Once your equipment is unloaded all crews must move their trailers to the trailer storage lot. Security will be provided overnight Friday and Saturday. All equipment must be removed from the regatta site Sunday evening.

CREW TENTS: May be placed around the boathouse and along the river to the east of the Lincoln Avenue bridge (formerly Byers).

PARKING: designated lots east of Regatta Park.

PRACTICING FRIDAY: Crews will be allowed to practice at their own risk Friday. Please refer to enclosed practice pattern map. Crews MUST be off the water by 7:30pm.

STARTING PLATFORM All crews must be able to get aligned on the starting platform. Please make sure your coxswains and crews know how to back on to the platform and maintain a point while locked on. Crews will be expected to know how to "scull" to keep their point (2 sculling with bow's oar, etc.)

RESULTS: All results will be posted online at [www.chesapeakeboathouse.org](http://www.chesapeakeboathouse.org).

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## AWARDS:

- Medals awarded for FIRST, SECOND, AND THIRD place for all events.

## USROWING YOUTH NATIONAL CHAMPIONSHIPS:

- For each event that corresponds to an event at the USRowing Youth National Championships, two (2) invitations will be issued.
- Any team that qualifies for a USRowing Youth National Championship event can substitute up to only 50% of it's rowers in the boat.

PROGRESSION SYSTEM: *For varsity eights only, repechages will provide placements in a, b, and c level finals.*

<b>Number of entries</b>	<b>System</b>
<b>0 - 7</b>	final only
<b>8 - 14</b>	2 heats, with top 3 finishers from each heat advancing to the finals
<b>15 - 21</b>	3 heats, with top 2 finishers from each heat advancing to the finals
<b>22 - 28</b>	4 heats, with heat winners advancing to the finals, along with the two fastest second place finishers

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Below is an order of event finals.

Please note that not all events may need heats. The regatta committee will work to accommodate equipment and athlete conflicts heats may cause however, it is each coach's responsibility to ensure that athletes and equipment are not entered in events too close together. Hot seating will not be allowed.

Events in **bold** are qualifying events for Youth Nationals.

1. **Girls Lightweight 2x**
2. Girls Novice 8+
3. **Boys Lightweight 4+**
4. **Girls 4x**
5. Boys Novice 2x
6. **Boys 1x**
7. **Girls Lightweight 8+**
8. Boys Novice 4+
9. Girls Novice 4x
10. **Girls 2x**
11. **Boys 8+**
12. Boys 16 1x (born 1990 or younger)
13. **Girls Lightweight 4+**
14. Boys Novice 4x
15. **Boys 2x**
16. **Girls 8+**
17. Girls 16 1x (born 1990 or younger)
18. **Boys Lightweight 2x**
19. Girls Novice 4+
20. **Boys 4+**
21. Girls Novice 2x
22. **Girls 1x**
23. Boys Novice 8+
24. **Boys Lightweight 8+**
25. **Girls 4+**
26. **Boys 4x**

## HOTEL INFORMATION AND DIRECTIONS:

- Please see [www.chesapeakeboathouse.org](http://www.chesapeakeboathouse.org) for special regatta rates and directions to the race course.

