# The 11th Annual Hoover Invitational

# Saturday, April 18, 2009 Hoover Reservoir, Westerville, Ohio Mapquest and GPS address: Sunbury Rd and Walnut St, Westerville, OH, 43081

- NEW: A fully buoyed 7 lane race course!
- Start platforms for accurate starting and timing.
- A third dock
- More PA speakers

# Regatta:

- 2000-meter sprint competition for high school age students in novice and varsity categories.
- All races will be conducted under USRowing "Rules of Racing." This is a USRowing registered regatta, and as such, all participating crews must be organizational members of USRowing.
- The race is open to all youth and scholastic programs.
- Coxswain/Coaches meeting is at 7:30am at the Walnut St and Sunbury Rd shelter house
- Shuttles will be running starting 7:00am from the lower dam parking lot to Walnut St lot.

# **Rules and Definitions:**

- Novice: Began rowing after April 18, 2008.
- Lightweight: Men 155 lbs.; Women 130 lbs.
- Varsity: Any rower not eligible as a novice.
- Second Varsity: Crews are only eligible if a first varsity boat is entered in the same type of event (we will make exceptions for new programs- please check with regatta director before entering).
- Hot seating boats or rowers requires a minimum of 50 minutes separation, but is always done so at your own risk. We can not wait for your crew! We strive to run an 'on-time' regatta. Please check the tentative schedule to ensure that you can make all necessary accommodations for the double use of boats, oars, and athletes.
- Please provide bow numbers if you have them. There are a limited number of extra bow numbers available.
- Coxswains MUST know how to back into a start platform! Please practice with your coxswains and crews the techniques of using a starting platform, including the pointing of their bows i.e., having two scull with bow's oar or three scull with two's.
- Coxswains (strokes of bow-coxed boats) must also know that they need to have their hands in the air while they are adjusting their point at the start.

## **Rules of Race Course:**

- As soon as a crew is clear of the dock, proceed north toward bridge.
- !!DO NOT ROW THROUGH BRIDGE!!
- Watch for marshals to send boats toward the starting line.
- All crews should come to a stop 100-150 m after finish and immediately head west to begin cool-down towards docks.
- Please use caution near the dam

**Registration and Weigh-Ins:** Weigh-ins will begin at 7:00am on Saturday. All boats must weigh in together as a boat. There is no time restriction on weighing in. Coxswains do not need to weigh in. We will also do boat weigh-ins on Friday evening from 6:00 – 7:30pm. It is recommended that boats weigh in as early as possible in order to allow for re-hydration.

<u>Food</u>: There will be a food vendor on site. Restaurants in the immediate are the Bel Lago (near the starting line) and Subway (at Windsor Bay shopping center). Please plan on bringing water, as we do not have a source to fill water containers. Bal Lago Italian restaurant (waterside) is the official sponsor of our shuttle vans. Vans will make scheduled drop offs and pick-ups at Bel Lago.

#### Awards:

- Medals will be awarded for 1st 3rd place in all events
- Plaques will be awarded to the winners of the Men's and Women's 1st Varsity Eight crews.
- The High Team Points Trophy will be awarded to the team with the highest point total. A modified Barnes scoring system will be utilized.

## **Registration:**

Entries: All entries should be done online at <a href="www.regattacentral.com">www.regattacentral.com</a>. Day-of entries will not be accepted. Entries should be submitted online by midnight on Monday, April 13, 2009.

Entry Fee's: 8+ - \$60 4+ and 4x - \$50 2x - \$35

All waivers and fees should be received no later than MONDAY, April 13, 2009.

Make checks payable to: Westerville Crew Mail to: Westerville Crew

4111 Executive Pkwy Suite 305 Westerville, OH 43081

#### **Contact:**

Trish Chase, Regatta Director 614-565-9198 tchase@medtuity.com

#### Waivers:

• Coaches: your athletes may submit their waivers online, saving you the hassle of dealing with paper waivers. They need to be added to your Regatta Central roster and need to have signed their waiver online. Here are instructions from USRowing:

# Through USRowing.org

- 1. Athletes should go to www.usrowing.org.
- 2. Click on the Join/Renew link in the upper right hand corner.
- 3. If the athlete is a **Full-Privilege member**, click *Sign Your Waiver Online*. Enter member number and password. Read through the waiver then click *Accept Waiver*.
- 4. If athlete is **not** a Full-Privilege member, click *Sign Waiver and Add My Name to my Organization's Roster*. Read through the waiver then click *Accept Waiver*. The athlete will be prompted to fill in contact and team information to complete the non-privileged membership. Once this has been done, click *Process Application*. On the next page, there will be a confirmation notice which includes the athlete's non-privilege USRowing membership ID number.
- 5. Full-Privilege members need to give their USRowing member numbers to their coaches to add to the team's roster on RegattaCentral.
- 6. Non-privilege members need to give their USRowing ID numbers to their coaches to add to the team's roster on RegattaCentral.
- 7. Coaches should add these numbers to their rosters on RegattaCentral, then click *Sync with USRowing Waiver Database*.

#### Through RegattaCentral.com

- 1. Coaches and entry submitters should log-in to www.regattacentral.com. On the home page, under **My Roster**, click on *Instructions for USRowing Waiver Submission*. The **Roster Code** for this account will be listed here.
- 2. Coaches should share their Roster Code with all athletes who will be included in entries submitted using **this** RegattaCentral account. This roster code links only to this account.
- 3. Instruct the athletes to go to <a href="https://www.regattacentral.com/athletes/">https://www.regattacentral.com/athletes/</a> where they can enter the Roster Code and submit their waiver.
- 4. When an athlete enters the Roster Code and their last name, the system will attempt to locate their record in that account's roster. If it is located, they will need to indicate whether they have a Full-Privilege USRowing individual membership. If they do, they will be prompted to enter their USRowing member number.
- 5. All athletes will then be prompted to enter their contact information and read through and submit their waiver.
- 6. If they are not a Full-Privilege member they will receive their **free**, **non-privilege USRowing Membership ID**.
- 7. If the athlete has not yet been added to the roster the system will *automatically* add them. This is an especially helpful and time-saving feature at the beginning of rowing seasons where you may have many new athletes.

**IMPORTANT**: Waivers must be submitted by the athlete or their legal guardian. (Coaches are not permitted to submit a waiver on a rower's behalf)

If you have any questions regarding waivers and compliance, please call the USRowing office at 1-800-314-4769.

## **Schedule:**

Coxswain's Meeting: 7:30

Heats begin at 8:30am

Mens Ltwt 4+

Womens Varsity 8+

**Mens Novice 4+** 

Womens JV 8+

Mens JV 4+

Womens 4x

Mens 2x

**Womens Novice 8+** 

Mens Varsity 4+

Womens Ltwt 8+

Womens Varsity 4+

Mens Ltwt 8+

Mens Novice 8+

Mens 4x

Womens JV 4+

Womens 2x

Womens Novice 4+

Mens JV 8+

Womens Ltwt 4+

Mens Varsity 8+

This is the order of events for heats and finals. If there is a final only event, that event will run during the morning heat schedule and will not run during the afternoon. Final only events are typically the lightweight events and quads events.

# **Parking:**

**Spectators:** The tents should be set-up south of the Walnut Street shelter house. Parking for spectators is available in the upper and lower dam lot (Smokeburr St. and Sunbury Rd)and later at the Windsor Bay shopping center. There will be two shuttle vans to assist beginning at 7:00am.

Boat trailer, food trailer and bus parking: Boats trailers will park at the Walnut Street lot and the boat ramp lot just north of Walnut Street. Car topped boats and buses will be parked at the boat ramp lot. Food trailers will park at the Walnut Street lot and on Sunbury Rd. curbside near the tents (Saturday morning only). NO OTHER VEHICLES will be allowed to park at the Walnut Street lot or the boat ramp lot. Vehicles dropping off rowers and supplies must do so on Sunbury Rd curbside (lane will be closed) just north of the Walnut St light. That area will be marked drop off zone. No vehicles may remained unattended in this area. We have very limited parking at Walnut St and ask that you please cooperate.

# **Directions:**

#### From Toledo

- 1) Take Route 23 South from Toledo to I-270 East
- 2) Take I-270 East to Exit 30 (SR 161 East, "New Albany" Exit)
- 3) Take SR 161 East, New Albany to first exit (Sunbury Rd.)
- 4) Turn Right (north) onto Sunbury Rd.
- 5) Regatta site is on your right at Walnut Street (about 2 miles)

#### From Cincinnati

- 1) Take I-71 North through Columbus
- 2) Take 670E
- 3) Take I-270 North to Exit 30 (SR 161 East "New Albany" Exit)
- 4) Take SR 161 East to the first exit (Sunbury Rd.)
- 5) Turn Right (north) onto Sunbury Rd.
- 6) Regatta site will be on your right at Walnut St. (about 2 miles)

#### **From Cleveland**

- 1) Take I-71 South from Cleveland
- 2) Take I-270 East to Exit 30 (SR 161 East, "New Albany" Exit)
- 3) Take SR 161 East to the first exit (Sunbury Rd.)
- 4) Turn Right (north) onto Sunbury Rd.
- 5) Regatta site will be on your right at Walnut St. (about 2 miles)

#### **From Dayton**

- 1) Take I-70 East to 670 EAST
- 2) Take I-270 North to Exit 30 (SR 161 East, "New Albany" Exit)
- 3) Take SR 161 East (Exit 30, "New Albany")
- 4) Take first exit (Sunbury Rd.)
- 5) Turn Right (north) onto Sunbury Rd.
- **6)** Regatta site will be on your right at Walnut St. (about 2 miles)

# From Parkersburg

- 1) Take I-70 West to I-270 North (on the east side of Columbus)
- 2) Go about 8 miles on I-270 North

The freeway will split as you near the Easton Exit. Bear right, following the signs for SR 161 East "New Albany" **Exit 30**)

- 3) Take SR161 East to the first exit (Sunbury Road)
- 4) Turn Right (north) onto Sunbury Rd.
- 5) The regatta site will be on your right at Walnut St. (about 2 miles)

- Trailers: Go to Walnut Street stop light and turn right into the parking lot. If lot is full, continue north to the next lot.
- Buses: Park and unload curbside then proceed to the lot north of Walnut St. (boat ramp area).
- Passenger Cars: Look for regatta parking signs. There will be shuttles at the upper and lower dam parking lots (the 1<sup>st</sup> light that you will come to when you see the water, when traveling from the south)at Smokeburr and Sunbury Rd. If these lots are full, the shuttles will go to Windsor Bay shopping center, Sunbury Rd & County Line Rd, (which is north of Walnut)





# **Hotels Near Hoover Reservoir:**



Wingate @ Polaris: www.wingate.com Special Regatta Rate

8505 Pulsar Place, Columbus, OH 43240; 614-844-5888; 800-228-1000

**Location:** Conveniently located off I-71 at the Polaris exit, just minutes from the Polaris Fashion Place Mall, Magic Mountain Family Center and many restaurants and entertainment venues.

**Hotel offers:** Free Hi-speed internet, microwave and small refrigerator, Hot Breakfast, free parking.

6 miles (12 minutes) from Hoover Reservoir.

Regatta rate is \$89.00 (ask for Regatta Rate when calling)

# Hilton Garden Inn Columbus/Polaris Special Regatta rates

8535 Lyra Drive, Columbus, Ohio, USA 43240 Tel: +1-614-846-8884 Fax: +1-614-846-8444

Special regatta rates are \$99. Just use the code: 'regatta' when registering 6 miles (12 minutes)

# **Embassy Suites Hotel - Columbus Special Regatta rates**

(12 minute drive)

2700 Corporate Exchange Dr. **Telephone:** (614) 890-8600

Special rate: \$124

Contact: Jennifer Spicer, Sales Manager Mention that you are with the regatta

614-823-5440

Jennifer spicer@embassycolumbus.com

#### **Courtyard by Marriott Columbus - Easton**

11 minutes

3900 Morse Crossing Columbus, OH 43219

Telephone: (614) 416-8000

#### **Residence Inn at Easton**

**Telephone:** (614) 414-1000

11 minute drive (On-site at Easton) Located on-site at Easton Town Center 3999 Easton Loop West

# **Wellesley Inn & Suites**

(16 minute drive) Polaris 8555 Lyra Drive

**Telephone:** (614) 431-5522

# Hampton Inn & Suites Columbus-Easton Area NEW

4150 Stelzer Road, Columbus, Ohio, USA 43230 Tel: +1-614-473-9911 Fax: +1-614-473-9922

11 minutes

# **Hampton Inn Columbus-Airport**

17 minutes

4280 International Gateway, Columbus, OH 43219-3811

Tel: 1-614-235-0717 Fax: 1-614-231-0886

# Thank you for attending the 11<sup>th</sup> Annual Hoover Invitational!

