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WELCOME!

The Board of Directors of the San Diego Crew Classic takes pleasure in inviting you to compete in our 2006 Regatta. The 33rd Crew Classic will take place on Saturday and Sunday, April 1 & 2, 2006. Please read the material carefully, register on-line at RegattaCentral.com, provide the information required, and respond by the deadlines indicated.

Registration must be completed online before Friday, February 3, 2006 to register without a late fee.

PLEASE NOTE:

- Entry fees are \$210 per boat. Late fees are \$90 per boat after February 3, 2006.
- The schedule is different this year. All collegiate events will be completed by noon on Sunday.
- It is possible for events to fill before the posted entry deadline. If an event is oversubscribed, the Crew Classic will use its discretion in determining the event composition. Consideration will be given to the order of entries received. There may be no more than 21 entries accepted in any event.
- There will be no corporate presence at the event without prior Crew Classic Board approval.
- Masters Club Championship certified team rosters may be posted on the bulletin board in front of the Check-in tent at the Regatta.
- Collegiate coaches' seeding input, including input for Second Varsity events, will be requested after the publication of the pre-season polls.
- Rosters must be completed on-line by the March 10 deadline, AND the printout of a roster for each boat, available on your RegattaCentral invoice, must be submitted at Check-in stapled to a signed waiver for each person in that boat.

1 EVENTS All events are for 8-oared shells

COLLEGIATE EVENTS:

The Collegiate events listed below are open to collegiate athletes who meet NCAA Division eligibility requirements. The Copley and Jessop-Whittier Varsity events are open to those who receive separate invitations from the Crew Classic Board of Directors. Other varsity events are open to any school varsity team not participating in the Copley or Jessop-Whittier events.

MEN	WOMEN	
Varsity Copley Cup, Invitational	Varsity Jessop-Whittier Cup, Invitational	
Varsity California Cup	Varsity California Cup	
Lightweight	Lightweight	
Second Varsity	Second Varsity	
Novice	Novice	

JUNIOR EVENTS:

OPEN EVENTS:

MEN	WOMEN	
Varsity	Varsity	
Second Varsity	Second Varsity	

MEN	WOMEN
Open	Open

MASTERS EVENTS:

MEN	WOMEN		
A—Masters (27—35)	A— Masters (27—35)		
B—Masters (36—42)	B— Masters (36—42)		
C—Masters (43—49)	C— Masters (43—49)		
D-Masters (50-54)	D- Masters (50-54)		
E—Masters (55—59)	E+ Masters (55+)		
F+—Masters (60+)	Club Championship (27+)		
Club Championship (27+)			

2 DEFINITIONS OF EVENTS

Collegiate, Open and Junior athletes may compete in only one event in their category. The San Diego Crew Classic reserves the right to modify events as necessary. Each organization may enter only one boat per event with the exception of the Collegiate Second Varsity, Collegiate Novice and Masters events (space permitting). If crews wish, they may enter women on the roster of a crew in a men's event. Men may not be entered on the roster of a crew entering a women's event.

COLLEGIATE EVENTS

A Collegiate event is open only to collegiate athletes who are eligible in accordance with applicable NCAA Division eligibility requirements, as they pertain to satisfactory progress, minimum grade point average, regular academic year (75-25) and the 5 year/10 semester rule.

COLLEGIATE NOVICE EVENTS

A Collegiate Novice event is open to rowers and coxswains in their first year of collegiate competition. There are no other restrictions on prior rowing experience.

SECOND VARSITY EVENTS

A Varsity event must be entered if a team wishes to enter a corresponding Second Varsity event.

JUNIOR EVENTS

A Junior event is open to rowers who are 18 years old or younger on December 31, 2006, or who are enrolled as full-time high school students on the day of the Regatta. "High school" is defined as K through 12th grade per the American educational system.

OPEN EVENTS

An Open event is open to athletes from any rowing organization, but may have age or weight restrictions.

MASTERS EVENTS

Rowers' age will be that of their birthday in 2006 and the minimum age for any rower is 27. The age category of a Masters crew shall be determined by the average age of the rowers in the crew, rounded down. The age of a coxswain shall not be counted. The Men's 60+ race and the Women's 55+ race will be age handicapped in accordance with USRowing rules, with staggered starts if possible.

The Masters Club Championship will require the club president, or other appropriate officer, to certify that every member of the competing crew has been an active member of the club since October 2005, has regularly participated in club rowing and training, and lives within an approximate 100-mile radius of the club facilities. The Club Championship races will be open to any average age and will be handicapped. The finals will be held as featured races on Sunday, with staggered starts if possible. Rosters may be posted on the Check-in tent bulletin board.

With the exception of the Club Championship events:

- * Masters' Coxswains will be limited to two events.
- * All Masters events will be finals only.
- * Masters rowers will be limited to one masters event.

3 WEIGHT REQUIREMENTS

All Regatta participants who must meet a weight requirement are required to weigh-in in normal rowing attire. Only one weigh-in will be required for the weekend.

LIGHTWEIGHT ROWERS

The following lightweight weight limits are in conformity with USRowing rules:

CREWS	ROWERS	
Men	160 pounds maximum	
	155 pounds average	
Women	130 pounds maximum	
	No weight average required	

COXSWAINS

The weight requirement for coxswains of crews participating in Collegiate men's events deviates from USRowing rules. Coxswains who do not meet the minimum weight required shall carry sufficient additional weights to satisfy the minimum. Such weights shall be placed in the boat as close to the torso of the coxswain as possible; it is strictly forbidden to distribute the additional weight throughout the boat. Weights will be randomly checked. Clothing, equipment, electronic systems, tools or other utilitarian devices germane to competition shall not be considered part of either the coxswain's direct weight or the required additional weight. Coxswains must provide their own specific weights or bags for sand.

The following are the minimum weight requirements for the coxswains of men's and women's crews:

EVENTS	CREWS	COXSWAINS
Collegiate	Men	125 pounds minimum
All Others	Men	120 pounds minimum
All	Women	110 pounds minimum

4 CERTIFICATION & FORMS

CERTIFICATION OF ELIGIBILITY

Collegiate institutions must formally certify the NCAA eligibility of their student athletes to compete in Collegiate events. The signature of the university's athletic director or appropriate official on *each page of the roster of rowers* is required for certification. This form is submitted at Regatta Check-in.

Use the Crew Roster Form, available on your RegattaCentral Invoice, to provide this Certification and submit at Check-in.

CREW ROSTER FORM: Due on line March 10, 2006 online AND printout due at Regatta Check-in.

- If boating or eligibility changes occur, please make corrections to the on-line form until March 30. To register changes made after March 30, make correction to the printout attached to the waivers you submit at Check-in. Any changes after submitted should be recorded at the Check-in/Information tent.
- All <u>Masters and Juniors</u> must complete birth date and age information.
- On the printout submitted at Regatta Check-in with the waivers, obtain certification of the NCAA eligibility of participants to compete in Collegiate events from the appropriate school official.
- For each boat, bring a printout of the Roster Form to Regatta Check-in, stapled to the paper Waiver Forms one Waiver Form for each person on the roster.

Waiver Forms are available on the Crew Classic Web site.

FEES

There is an entry fee of \$210.00 for each boat entered in each event, with the exception of the individual boats entered in the Copley and Jessop-Whittier varsity invitational events. The Copley and Jessop-Whittier entries are exempt from the per boat entry fee; however, all other entries from a Copley-entered or Jessop-Whittier-entered institution are subject to the entry fee. Entry fees must be submitted on-line using a credit card or by mailing a check to the Crew Classic Office after on-line forms have been submitted. **Entries are not processed as final until all fees have been received.**

LATE ENTRY AND SCRATCH PENALTIES

- LATE ENTRY PENALTIES: A late entry is any Regatta Entry or fees payment received after February 3, 2006. A \$90.00 penalty will be assessed all late entries. Thus, the late entry fee per boat will be \$300. Acceptance of entries after February 3, 2006, will be at the sole discretion of the Crew Classic.
- SCRATCH PENALTIES: A handling fee of \$35.00 will be assessed as a penalty for any scratch submitted before March 3, 2006. An entry scratched after March 3 shall forfeit the total entry fee. Please submit all scratched entries in writing (Fax 619 225-0301).

RELEASE & WAIVER OF LIABILITY FORM: Paper forms only. Due at Regatta Check-in, stapled to printout of Roster Forms. Paper Roster Forms will be available at Check-in.

For insurance purposes this Crew Classic form must be completed and signed by each individual participant, or participant's parent or guardian if the participant is under age 18. Duplicate enough copies of this form for all your participants and submit them at Regatta Check-in, stapled to the appropriate printout of the Roster Form.

IMPORTANT: Please ensure that the completed Roster Form and Waiver Forms for <u>each boat</u> are submitted as separate, complete packages at Regatta Check-in. Staple the Roster Form to the Waivers which should be in the same order as the names appear on the Roster Form.

COMPETITOR T-SHIRT ORDER FORM: Due March 11. Form available at crewclassic.org.

Please Be Sure Your Team Members are Aware of This Offer.

A form must be received with payment by March 11, 2006, in order to guarantee availability at participant prices. These shirts <u>may not</u> be for sale at the event. When forms become available, they will be e-mailed to coaches and team contacts and posted on the Web site.

5 RACE SCHEDULING

It is the policy of the San Diego Crew Classic that any event with less than four competitors on the entry deadline date *may* be scratched from the schedule. If race schedules permit, three boat events *may* be allowed.

Heats, when required, will be scheduled for Saturday, April 2, if possible. Preliminary Schedule is posted on the Web site.

6 BOAT SHARING

Coaches interested in borrowing boats should contact their counterparts on the West Coast. The Crew Classic office may be able to provide assistance with contact phone numbers.

7 GENERAL INFORMATION

BOAT STORAGE, SLINGS AND BOW MARKER CLIPS

There will be no indoor storage available for shells. Limited security will be available at Crown Point Shores beginning at 5:00 PM, Wednesday, March 29. It is strongly suggested that you provide your own security if you arrive in San Diego before Wednesday. Please bring your own slings as no extra slings will be available. All boats must be equipped with standard bow marker clips.

COACHES' MEETING

Coaches and Coxswains: There will be a mandatory coaches' and coxswains' meeting on Friday, March 31, late in the afternoon. Specific details will be posted on the Web site.

ACCOMMODATIONS

Check the Web site for a list of partner hotels. We have negotiated the lowest rates and these hotels are helping support the Crew Classic by donating a percentage of room revenues.

SOCIAL EVENTS

• FRIDAY NIGHT PASTA FEED: For all crews, family, friends and coaches on Friday, March 31 at the Crew Classic venue on Crown Point Shores. \$10.00 donation per person (\$4.00 for children under 12) for all the pasta you can eat and includes drinks. Located in the Big-Top Tent from 5:00 to 7:00 PM. Courtesy

of **Lotsa Pasta Restaurant**, 1762 Garnet Avenue, Pacific Beach. For more information about the restaurant and menu, call (858) 581-6777 or try their Web site: www.yumm.com.

- SUNDAY BRUNCH: The elegant "Classic Brunch By The Bay" will take place Sunday, April 2, on the • knoll in the Stewards Enclosure on the Finish Line. Included is a scrumptious buffet brunch starting at 10:00 a.m., hosted bar, auction, favors and more. Cost: \$150.00 per person; tables of ten are available. Advance reservations are necessary. Visit the Web site or call the Crew Classic office for information.
- ALUMNI EVENTS: Each year alumni groups reserve tents in our Alumni Tent area for social gatherings, • Regatta watching and cheering on their teams. Catering is available or bring your own! Contact your alumni club, or the Crew Classic office.

DEADLINES AND DUE DATES:

FORMS	DUE DATES
Regatta Entry Form, on line at RegattaCentral.com	February 3
No-Forfeit Scratch Date	March 3
Release and Waiver Form	At Regatta Check-in
Crew Roster Form	March 10 on line Printout at Regatta Check-in
T– Shirt Order Form	March 10

CREW CLASSIC OFFICE

Executive Director: Martha Shumaker

Admin. Assistant: Marc Nierman

(619) 225-0300

(619) 225-0301 (Fax) martha@crewclassic.org marc@crewclassic.org

President: Race Scheduling Eligibility &	Steve Marshall Jon Smart Coaches Meeting	(858) 523-3590 (858) 483-7109 (Home) (858) 483-7107 (Fax)	Stephen.Marshall@brandes.com
Alumni Assistance:	Contact the Office		
Sponsorship:	Kelly Mitchell	(619) 223-7234	kelly@crewclassic.org
T-shirts:	Ashley Howieson	(619) 258-5616	ahowieson@trane.com

San Diego Crew Classic 1875 Quivira Way, Suite C-6 San Diego, CA 92109 sdcc@pacbell.net. www.crewclassic.org

SAN DIEGO CREW CLASSIC 2006 RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

In consideration of being permitted to participate in the San Diego Crew Classic ("Regatta") on April 1 & 2, 2006, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Rowing Activities, both on water and land based and that I am qualified, in good health, and in proper physical condition to participate in such Regatta;

2. Fully understand that (a) rowing activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Regatta, the condition in which the Regatta takes place, or the negligence of the "Releasees" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Regatta; and (d) that emergency medical treatment is authorized.

3. Agree and warrant that I will examine and inspect each Activity in which I take part as a participant in the San Diego Crew Classic and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Regatta and will refuse to take part in the Activity until the condition has been corrected to my satisfaction;

4. Hereby release, discharge and covenant not to sue the San Diego Crew Classic, its administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, sponsoring agencies, advertisers, and, if applicable, owners and lessors of premises on which the Regatta takes place, (each considered one of the "Releasees" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations; and I further agree that if despite this Release and Waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save and hold harmless each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim or associated complaint.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the fullest extent permitted by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

PARTICIPANT'S SIGNATURE	Pri	Printed Name of Participant		
Address:(Street)	(City)	State)	Phone: ((Zip))

PARENTAL CONSENT FOR PARTICIPANTS UNDER AGE 18

And I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such regatta. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor or anyone on the minor's behalf makes a claim against any of the Releasees named above, I will indemnity, save and hold harmless each of the Releasees from any litigation expense, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

	UARDIAN SIGNATURE ant under age 18)				Date	
Address:	(Street)	(City)	State)	Phone: ((Zip))	