

**2005 Portland Row for the Cure
Benefiting the Susan G. Komen Foundation**

Entry Packet

**September 18, 2005
Willamette River
Portland, Oregon**

Presented by



**With generous support from
Starbucks
Alder Creek Kayak and Canoe at the Portland Boathouse
Ipnosi Hip Apparel on NW 23rd
Arbonne
Matt Trujillo, photographer**

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Row for the Cure Information

Distance: 5000 meters for rowing shells, with a shorter course for paddlers.

Location: Downtown Portland Eastbank, launching from the new Portland Boathouse at 49 SE Clay St. Trailer parking is available on site. It's at the east end of the Hawthorne Bridge.

Entry Deadline and Fees: They must be received by September 10, either online at www.regattacentral.com or by mail. No day of race entries. Late entries Sept 11-15 accepted at DOUBLE the regular \$25 entry fee. Entry fees are \$25 per person. Entry checks should be made out to Station L Rowing Club. All entry fees after regatta expenses are donated to the Komen Foundation. Entrants receive a special Row for the Cure edition of the Race for the Cure T Shirt.

Schedule: Will be emailed to club contacts the week of the race, after the entry window closes.

Packet Pick up: 5-7pm Saturday September 17 at Portland Boathouse, or after 6am on race day, same location.

Mandatory Pre-race meeting: 6:30am, September 18, Portland Boathouse, 49 SE Clay St.

Start time: Regatta will begin at 8:30am. Racing schedule will be available by September 15. Order of events is in the event list, in this packet. . Launch times will be assigned to ease dock crowding. Racing should be done by 10:30am.

Parking: There is ample street parking for cars near the Portland Boathouse. Trailer parking at Portland Boathouse in designated areas. Cars should stay clear of trailer parking areas. Security will be provided for trailers and boats beginning at 6:00pm Sept. 17. Launch times will be assigned to ease crowding.

USRA Information: Row for the Cure is a USRowing registered and insured regatta. *USRowing Rules of Rowing* will apply and USRowing officials will officiate.

USRowing waivers: USRowing members with waivers on file do not have to sign a waiver. Just include your USRowing # on the entry. Non-USRowing members may race, but must fill out and sign a USRowing waiver. Turn waiver in with your entry or when picking up your packet on race day.

Komen Foundation waivers: All participants must fill out and sign a Komen Foundation Race for the Cure waiver form. Turn this form in with your mailed registration or at the race site.

Racing Categories: See event list for details. Open to all human powered craft. Events with only one entry will be combined with another event. One race per participant.

Equipment rental: Extra rowers and coxswains will be available for rent. A limited number of rowing shells may be available for rent. Inquire with the race organizers. Modest rental fees will be charged and donated to the Komen Foundation. Those who wish to rent kayaks or canoes should contact Alder Creek at www.aldercreek.com.

Definitions: Master—rowers with a boat average of 27+
Novice—new to rowing since Spring 2005
Mixed—50% men and 50% women, excepting coxswains/callers

Race for the Cure: Row for the Cure's dry land partner is the Race for the Cure. 25,000 people will be walking and running in downtown Portland with a view of the rowing race course, all to raise money for the Komen Foundation.

Fundraising: While a significant portion of your entry fee goes to the Komen Foundation, we encourage rowers and paddlers to fundraise individually or as a group. The *Ed Offchiss Memorial Trophy* will be awarded to the team that brings the most donations to the regatta. There will be a special prize for the highest individual fundraiser and a new prize for the person who brings in the largest single contribution over \$500. A fundraising form is in this packet. You can collect pledges and keep in mind that any donations to the Komen Foundation are tax deductible to the extent allowed by law. Pledge checks should be made payable to the Komen Race for the Cure. All pledged funds will go to the Oregon/SW Washington affiliate of the Susan G. Komen Breast Cancer Research Foundation.

Questions about Fundraising, boat/cox/rower rental, breast cancer survivors?
Email rowforthecure@stationrowingclub.com

Questions about entries, categories, schedule?
Email pdxpje@comcast.net

Check the regatta website for updates, answers to questions and forms for registration.
<http://www.stationrowingclub.com/pages/rftc.html>

Checklist

- 1. Event registration done on Regatta Central or boat entry form mailed in.**
- 2. USRA waivers signed & sent in or USRA membership #'s included on entry.**
- 3. Komen Foundation Race for Cure waiver form for each participant. Submitted with entry by mail or turned in on race day.**
- 4. \$25 per person race fee paid by check to Station L Rowing Club OR by credit card on Regatta Central.**
- 5. Entry submitted to Regatta Central OR mailed to arrive by September 10. late entries owe double fees.**

Address for mailed entries or waiver forms
Station L Rowing Club
Row for the Cure
PO Box 14035
Portland, OR 97293

Portland Row for Cure Event List
Use Event # on Regatta Central or Boat Entry Form

Event #	Description
1	M Open 8+
2	M Masters 8+
3	M Junior 8+
4	Mixed Open 8+
5	Mixed Masters 8+
6	W Open 8+
7	W Masters 8+
8	W Junior 8+
9	M Masters 4x
10	Mixed Masters 4x
11	W Masters 4x
12	M Novice 8+
13	W Novice 8+
14	M Open 4+
15	M Masters 4+
16	M Junior 4+
17	Mixed Open 4+
18	Mixed Masters 4+
19	W Open 4+
20	W Masters 4+
21	W Junior 4+
22	M Novice 4+
23	W Novice 4+
24	M Open 2x
25	M Masters 2x
26	M Junior 2x
27	W Open 2x
28	W Masters 2x
29	W Junior 2x
30	M Open 1x
31	M Master 1x
32	M Junior 1x
33	W Open 1x
34	W Masters 1x
35	W Junior 1x
36	M Rec. 1x
37	W Rec. 1x
38	M Outrigger Canoe
39	Mixed Outrigger Canoe

40	W Outrigger Canoe
41	M Dragon Boat
42	Mixed Dragon Boat
43	W Dragon Boat
44	M Kayak 2x
45	Mixed Kayak 2x
46	W Kayak 2x
47	M Kayak 1x
48	W Kayak 1x
49	M Canoe 2x
50	Mixed Canoe 2x
51	W Canoe 2x
52	M Canoe 1x
53	W Canoe 1x
54	Other

2005 Portland Row for the Cure Registration Instructions

1. Go to <http://www.regattacentral.com>
2. Click on "New User" link to create your FREE user account [or log in if existing user]
3. Click on "add a regatta to my calendar" Add the September 18 Komen Row for the Cure. Be sure to add the Portland Race, not the Seattle race that is the same day.
4. Start adding entries to your selected events. Birthdates are only necessary for masters races.
5. Include USRA #'s if participants are members.
6. Regatta Central will total your fees for you. Pay by credit card.
7. Be sure to have all participants fill out a Komen waiver form. Mail in or turn in when you pick up your packet.
8. Have all participants who are not USRA members sign a USRA waiver. Mail in or turn in when you pick up your race packet.

Mail-in Boat Entry Form—if not using Regatta Central.

Event # _____ Average Age [if masters] : _____

Event Name _____

Club Name _____ or list "unaffiliated"

Contact Person: _____

Address: _____

Email: _____

Phone # _____

List participants in this boat below

#	Name	T Shirt size	USRowing # [if a member]
1			
2			
3			
4			
5			
6			
7			
8			
9			

Use reverse of form for boats with more participants [like dragon boats]

List any breast cancer survivors in this event here _____ Page 5

Pledge Form

The 2005 Portland Row for the Cure

Komen prizes for most pledges will be mailed after the October 9th pledge deadline. The team trophy for fundraising will be awarded at the regatta along with a prize for the highest individual fundraiser and the individual who brings the largest single amount from one donor.. Use this form [or copies] to record your pledges.

Participant Name: _____ Phone: _____
 Mailing Address: _____ Email: _____

Team/Club[if applicable] : _____

NOTE: If you are submitting pledge donations and you are part of a team, you and your team will be credited for the amount of donations you submit. You will be eligible for team fundraising awards and individual awards. If you want people other than yourself to receive credit for donations you are submitting, please include a note with how much they should receive credit for (and their mailing address!)
 Check here if you wish to donate your pledge prize back to the Race _____

Donor Name	\$ Received	Donor Name	\$ Received