

2008 OARS INVITATIONAL REGATTA



March 15, 2008
Bill Fredrick Park at Turkey Lake, Orlando

OARS is pleased to be hosting the 2008 OARS Invitational Regatta on Saturday, March 15, 2008 (youth) and Sunday, March 16, 2008 (masters). We invite you to join us for an exciting weekend of racing. Please read through this packet and make yourself aware of all the entry information & regatta requirements.

Pay special attention to the Awards category, as medal procedures have changed for 2008!

Venue Information: Bill Fredrick Park is located at 3140 Hiwassee Road, Orlando, Florida 32835; phone # 407-299-5594. There will be a \$4 per vehicle fee to enter the park and \$30 per bus. There will be ample vehicle parking available. Parking for busses & spectators will be in the softball field at the east end of the park. Parking for boat trailers will be on the southeast side of the spectator parking area. Boat trailer parking will be available in the designated areas beginning March 14th from 3:00 – 6:00 p.m. The gated entrance to the park is locked at 6:00 p.m. It is recommended that the trailers arrive at the site on Friday afternoon to avoid traffic and congestion on Saturday morning.

Directions:

From Tampa: I-4 East toward Orlando. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2nd light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiwassee Rd. Turn right on Hiwassee. Go approximately ¾ mile on Hiwassee. Bill Fredrick Park is on your right.

From Miami: I-95 north to the Beeline Expressway/Rt. 528 West (tollway). Follow the signs to I-4 East towards Orlando. The first exit after merging on to I-4 is Sand Lake Road. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2nd light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiwassee Rd. Turn right on Hiwassee. Go approximately ¾ mile on Hiwassee. Turkey Lake Park is on your right.

From Orlando & North: I-4 West. Exit on Conroy-Windermere Rd. Go straight on Conroy-Windermere through 4 traffic lights, the 5th light is Hiwassee. Turn right on Hiwassee. Go approximately ¾ mile on Hiwassee. Turkey Lake Park is on your right.

Friday Practice: The course will be open on Friday, March 14th from 3:30 – 5:30 p.m. with all teams needing to exit the park by 6:00 p.m. Please e-mail us ahead of time to let us know if you are planning on attending this practice.

Concessions: Concessions will be available. All concessions & vendors must be permitted through the city of Orlando & approved by OARS.

Registration: Registration will open at 6:30 a.m. at the pavilion near the launching docks. Please check in at registration before the coaches & coxswain meeting. **ABSOLUTELY NO CHANGES WILL BE MADE ON RACE DAY – except for scratches with a \$25.00 scratch fee for each boat scratched.**

Accommodations: Primitive cabins, which accommodate groups of up to 10 people, are available for rent at TLP. Call TLP to arrange for rental. Overnight camping is also available in the park on a first come, first serve basis. There are a number of hotels in the area. You may call any major hotel chain & ask for hotels near Universal Studios or Sea World.

Here are a few hotels in the vicinity:

Clarion 407-351-5009

Doubletree Resort 407-351-1000

Best Western 407-226-9119

Hampton Inn 407-351-6716

Entries: Your registration must be submitted on www.regattacentral.com by **Friday, March 7th**. No late entries will be allowed.

Your registration must include the following. Any team not including all 3 items, will not be entered into any races:

- On-line entry form
- Waivers (use the USRowing waiver)
- Entry Fees
- \$1.00 Insurance Fee per rower

Entry fees: Eights - \$80.00; Fours - \$60.00; Quads - \$50.00; Doubles - \$40.00; Singles - \$25.00; \$1.00 Insurance Fee per rower; Fee Cap - \$700.00

Scratch fees: Each entry scratched after **Wednesday, March 12th** will be given a \$25.00 scratch fee per boat.

Doubling: Doubling is allowed at this regatta, but we ask that you try to limit races to **2 per individual**. We ask that you limit the amount of doubling in novice, freshman, 3rd, & JV level events to ensure that we can complete the entire race day (rowers shouldn't be rowing 3 or 4 times)! Coxswains may be doubled as much as you want! Rowers who are doubled will not be given consideration for hot-seating.

Multiple entries: Each team shall enter no more than one crew per event. **There are no "B" boat entries with the exception of sculling events.**

of Flights: With the # of teams participating and being allowed to double, the number of flights in each event will be limited to ensure racing is completed before 6p.m. The following categories will be limited to no more than 3 or 4 flights (based on the # of overall entries received): Novice 4's, Freshman 4's, 3rd 4's and Ltwt 4's. We will fill events based on a first come – first serve basis (obviously an incentive to get your entries in early). If you are one of the later crews to enter and are not put in a flight, we will put your boat on a waiting list.

Lightweight events: A lightweight boy is defined as a rower with a maximum weight of 155 pounds. A lightweight girl is defined as a rower with a maximum weight of 130 pounds. Rowers must weigh in wearing race attire. No weight allowance shall be given for clothing. All rowers in a boat must weigh-in as a boat. Only one opportunity to weigh-in will be allowed.

Novice events: A novice is a rower who began rowing no earlier than June 2007. Coxswains of novice boats must be novice coxswains.

Freshmen Events: All freshmen are defined as rowers who are in 9th grade in high school and may include rowers in 6th, 7th and 8th grades. Coxswains of freshmen boats must also be freshman.

Cancellation of events: Events with only one entry at the registration deadline will be eliminated and the team will be notified in advance of race day. If race day scratches reduce a race to one entry, the single entry will row down the course for time.

Flights: If there are more than 6 entries for an event, multiple flights shall be held. Flights will be seeded based on results from races up to this point.

Coaches & Coxswains Meeting: The coaches & coxswains meeting will be held at 7:00 a.m. on race day at the registration area. Representatives from each team must attend.

Race information: 1,500 meter, six lane course.

Bowballs, bowmarkers & shoes: No boat will be allowed on the water without a bowball & quick release shoes. Heel ties must be in place & secure. Please bring your own bow markers & place them on your boat before you launch.

Cancellation due to Inclement Weather: If weather prohibits racing on Saturday, Varsity events will be run first.

Awards: Medals will be awarded for 1st place finishers in each flight only and overall 1st, 2nd, & 3rd place according to fastest times. An all points trophy will be awarded to the team accumulating the most points. Points will be awarded for finishing positions based upon the FSRA Youth point system.

| Place | V 8+ | V 4+ | JV 8+ Light 8+ | JV 4+ Light 4+ | 3rd 8+ Fresh 8+ Novice 8+ 4X | 2X | 1X 3 rd 4+ Fresh 4+ Novice 4+ |
|-------|------|------|-------------------|-------------------|---------------------------------------|----|---|
| 1st | 100 | 50 | 75 | 38 | 50 | 25 | 13 |
| 2nd | 86 | 43 | 65 | 32 | 43 | 22 | 11 |
| 3rd | 74 | 37 | 56 | 28 | 37 | 19 | 9 |
| 4th | 64 | 32 | 48 | 24 | 32 | 16 | 8 |
| 5th | 56 | 28 | 42 | 21 | 28 | 14 | 7 |
| 6th | 50 | 25 | 38 | 19 | 25 | 13 | 6 |
| 7th | 46 | 23 | | | | | |
| 8th | 42 | 21 | | | | | |
| 9th | 38 | 19 | | | | | |
| 10th | 34 | 17 | | | | | |
| 11th | 30 | 15 | | | | | |

2008 OARS Invitational
Order of Events

Note: We will try to adhere to this order of events. Updated schedules will be available after we receive all entries. **Times will change.**

Order of events:

8:00 W 1x
8:24 M 1x
8:40 W V8+
9:04 M V8+
9:28 W F4+
9:44 M F4+
10:00 W JV 8+
10:16 M JV 8+
10:32 W 4x
10:40 W N4+
11:04 M N4+
11:28 M 4x
12:32 W^{3rd} 8+
12:40 M^{3rd} 8+
12:56 W Lt 8+
1:04 M Lt 8+
1:12 W 2x
1:28 M 2x
1:44 W F8+
1:52 M F8+
2:00 W^{3rd} 4+
2:16 M^{3rd} 4+
2:32 W N8+
2:48 M N8+
3:12 W Lt4+
3:28 M Lt4+
3:44 W JV4+
4:00 M JV4+
4:16 W V4+
4:40 M V4+

2008 OARS INVITATIONAL - Team Entry Form

All fees, event entry forms, individual boat entries, and waivers must be received by Friday, March 7, 2008. **NO EXCEPTIONS WILL BE MADE.** All scratches must be made by Wednesday, March 12th at 7:00 p.m.

Boats will not be entered until the following items have been submitted to OARS:

- ✓ Team entry form
- ✓ Waivers
- ✓ Payment

Organization Name _____

Contact Person _____

Day Phone _____ **Evening Phone** _____

E-mail address _____

Remember you are only allowed one entry per event. For sculling events, you may enter multiple entries.

| Event | Eights (\$80) | Fours (\$60) | Quads (\$50) | Doubles (\$40) | Singles (\$25) |
|---------------------------|------------------|-----------------|-----------------|-------------------|-------------------|
| Women's Varsity | | | | | |
| Men's Varsity | | | | | |
| Women's Lightweight | | | X | X | X |
| Men's Lightweight | | | X | X | X |
| Women's JV | | | X | X | X |
| Men's JV | | | X | X | X |
| Women's 3 rd | | | X | X | X |
| Men's 3 rd | | | X | X | X |
| Women's Novice | | | X | X | X |
| Men's Novice | | | X | X | X |
| Women's Freshmen | | | X | X | X |
| Men's Freshmen | | | X | X | X |
| | | | | | |
| Total # of Entries | Eights | Fours | Quads | Doubles | Singles |
| Subtotal | \$ | \$ | \$ | \$ | \$ |

Total Entry Fees: \$ _____ **(Entry Fee Cap of \$700.00)**

Total Insurance Fee: \$ _____ (# of Rowers Competing: ___ x \$1.00 = \$ _____ Insurance Fee)

Total Amount: \$ _____

Make checks payable to: Orlando Area Rowing Society

This entry form must be completed on Regatta Central by **March 7th**. Please send waivers & entry fees by mail to the below address.

Send waivers & payment to:

OARS
P.O. Box 71
Windermere, FL 34786

e-mail:

kmanderson72@hotmail.com
oarsmail@gmail.com

Questions? 407-876-9037

2008 OARS INVITATIONAL MASTERS EVENT

March 16th, 2008
Bill Frederick Park at Turkey Lake, Orlando

OARS is pleased to be hosting the 2008 Masters portion of the OARS Invitational Regatta on Sunday, March 16th. We invite you to join us for an exciting day of racing. Please read through this packet and make yourself aware of all the entry information and regatta requirements.

Venue Information: Bill Frederick Park is located at 3140 Hiawassee Road, Orlando, Florida, 32835: phone # 407-299-5594. There will be a \$4 per vehicle fee to enter the park. There will be ample vehicle parking available. Parking for spectators will be marked on the day of the race. It may differ from the Youth Regatta parking the day before so please pay attention to directions from OARS volunteers on race day. Masters may bring their shells to the regatta site anytime after Friday at 3:00 p.m., noting that the park closes at 6:00 p.m., both Friday and Saturday. You will not be allowed on the water at the race site before the race on Sunday due to the high volume of traffic from the Youth teams on site. Please make parking attendants aware of the fact that you are a Master rower competing on Sunday so they will have you park in the appropriate area to prevent having to move on Saturday.

Directions:

From Tampa: I-4 East toward Orlando. Exit Sand Lake Rd and turn left at the end of the ramp. Go to the 2nd light which is Turkey Lake Rd, turn right and follow 3-4 miles until it intersects with Conroy Road. Turn left of Conroy. Go approximately 1/2 mile to the intersection of Hiawassee Rd. Turn right. Go approximately 3/4 mile on Hiawassee. Bill Frederick Park is on your right.

From Miami: I-95 north to the Beeline Expressway/Rt 528 West (toll) Follow the signs to I-4 East toward Orlando. The first exit after ramp on to I-4 is Sand Lake Road. Stay in right lane, it exits on to Sand Lake Road ramp. Turn left on to Sand Lake road at the end of the ramp. Go to the 2nd light which is Turkey Lake Rd, turn right and follow 3-4 miles until it intersects with Conroy Road. Turn left of Conroy. Go approximately 1/2 mile to the intersection of Hiawassee Rd. Turn right. Go approximately 3/4 mile on Hiawassee. Bill Frederick Park is on your right.

From Orlando and North: I-4 West. Exit on Conroy Road. Go straight on Conroy for 4 traffic lights, the 5th light is Hiawassee. Turn right. Go approximately 3/4 mile on Hiawassee. Bill Frederick Park is on your right.

Friday Practice: The course will be open on Friday March 14th from 3:30 – 5:30 p.m. with all teams needing to exit the park by 6:00 p.m. Please e-mail us ahead of time to let

us know if you are planning on attending this practice. There will be many youth teams on the water at that time.

Concessions: On Sunday there will be no concessions available so be prepared with water and food for your personal race day needs.

AT THIS TIME PARK ENTRANCE TIME ON SUNDAY HAS NOT BEEN DETERMINED. REGISTRATION WILL TAKE PLACE ½ HOUR AFTER ENTRANCE TIME. PLEASE CHECK THE OARS WEBSITE FOR UPDATES ON THE OPENING OF THE PARK.

Accommodations: Primitive cabins, which accommodate groups of up to 10 people, are available at TLP. Call TLP to arrange for rental. Overnight camping is also available in the park on a first come first serve basis. There are many hotels in the area. You may call any major hotel chain and ask for hotels near Universal Studios or Sea World.

Here are a few in the vicinity:

Clarion : 407-351-5009

Doubletree Resort : 407-351-1000

Best Western : 407-226-9119

Hampton Inn : 407-351-6716

Entries: Your registration must be submitted on www.regattacentral.com by Friday, March 7th.

Your registration **must** include the following.

On-line entry form

Waivers (use the US Rowing waiver)

Birthdate for handicapping

Entry Fees

\$1.00 Insurance Fee per rower

Entry Fees: Eights - \$80.00; Mixed Eights - \$80.00; Fours - \$60.00; Mixed Fours - \$60.00; Doubles - \$40.00, Mixed Doubles - \$40.00; Singles – 25.00

Doubling: As much doubling as you can manage!

There will be no light weight or novice events.

Cancellation of Events: Events with only one entry at the registration deadline will be eliminated and the team will be notified in advance of race day. If on race day scratches reduce a race to one entry, the single entry will be allowed to row down the course for time, or added into another race with lanes available.

Coxswains Meeting: The coxswains meeting will be held, time to be announced based on the entrance to the park time, in the registration area. Representatives from each team must attend.

Race Information: 1,000 meters, Floating start.

Bowballs, bowmarkers, and shoes: No boat will be allowed on the water without a bowball and quick release shoes. Heel ties must be in place and secure. Please bring your own bow markers and place them on your boat before you launch.

Cancellation due to inclement weather: Any cancellations will be determined by the race officials the day of the race.

Awards: Medals will be awarded for 1st, 2nd and 3rd place, all heats.

Order of Events:

Note: We will try to adhere to this order of events. Updated schedules will be available after we receive all entries. **Times will change.**

8:30 M 1X
9:00 W 1X
9:15 W8+A
9:30 M8+
9:45 2X
10:00 W8+ B
10:15 M4+
10:30 W4+
10:45 Mixed 2X
11:00 Mixed 8+
11:15 Mixed 4+