

# The 35<sup>th</sup> Annual Miami International Regatta March 8, 2008



Dear Coaches

The following are the rules and guidelines for the 35<sup>th</sup> Annual Miami International Regatta. Please read it carefully, several changes have been made.

The Miami International Regatta is a registered regatta with the United States Rowing Association. The rules and guidelines of the U.S.R.A. will be strictly adhered to. Please make sure to bring **U.S. Rowing waivers** for all athletes and present them to the regatta committee before commencement of the regatta.

**ENTRY DEADLINE:**

March 1st, 2008. Please visit [regattacentral.com](http://regattacentral.com) to submit all entries. No additions will be made at the coaches and coxswains meeting.

**COACHES AND COXSWAINS MEETING:**

**5:00 PM March 7<sup>th</sup>** at the Miami Rowing Club Boathouse.

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## **RACING CATEGORIES:**

High School:

Varsity, Junior Varsity, Lightweight Varsity, Third Eight, Novice, Freshman, and Eighth Grade.

Non-High School:

Open, Masters, Out-Rigger Canoe

## **LIGHTWEIGHTS:**

MEN-155 lbs. WOMEN-130 lbs. No boat average. Weigh-ins must be done in racing attire. NO weigh-ins for coxswains.

## **FRESHMAN:**

Rowers and coxswains in 9<sup>th</sup> grade or below.

## **EIGHTH GRADE:**

Rowers in eighth grade or below.

## **NOVICE:**

First year of rowing, since 6/01/2007

## **DOUBLING:**

Doubling is permitted. When doubling, please designate the fastest crew as (A).

There will be heats and finals for the Men's and Women's Varsity 8's. For all other events with multiple flights, places will be decided by time. The regatta committee will do its best to seed flights with the later flights fastest.

## **GENERAL RACING:**

No Youth Race will have more than 6 lanes. There must be two boats in order to have a race. Crews must be at marshalling area **20 minutes before race time**.

Safety foot gear releases, tie-downs and bowballs will be required to launch.

Crews without bow lane markers will be excluded from the race. We ask all coaches to please give their crews instruction in aligning. Due to the demanding time schedule, crews that are not able to secure to the stake boat on time will be excluded from the race.

**SCHEDULE:** Race Schedule will be posted after registration closes on March 1<sup>st</sup>.

## **ENTRY FEES:**

Eights	\$75.00	Late Fees:	Eights	\$90.00
Fours	\$60.00		Fours	\$75.00
Doubles	\$40.00		Doubles	\$55.00
Singles	\$30.00		Singles	\$45.00
Maximum	\$700.00		Maximum	\$800.00

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If you have any questions please contact Regatta Director, Paul Mellinger at [paulm@headhunterinc.com](mailto:paulm@headhunterinc.com)

We hope to see you there!

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## USRowing Waiver

**This is the USRowing WAIVER, which should be copied for your use.**

IN CONSIDERATION of being given the opportunity to participate in any ("Club") activities ("Activity") until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

1. FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasees names below; (c.); there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
2. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
3. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered on of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

**Printed Name of Participant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature (only if age 18 or over):** \_\_\_\_\_

**PARENTAL CONSENT** AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

**Printed Name of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature (only if participant is under the age of 18):**

\_\_\_\_\_

# The 35<sup>th</sup> Annual Miami International Regatta March 8, 2008



**A. Hampton Inn**  
2500 Brickell Ave  
Miami, FL 33129  
(305) 854 2070

**B. Hampton Inn-Coconut Grove**  
2800 28th Ter SW  
Miami, FL 33133  
(305) 448 2800

**C. Ritz-Carlton Key Biscayne**  
455 Grand Bay Dr  
Key Biscayne, FL 33149  
(305) 365 4500

**C. Grand Bay Beach Club**  
425 Grand Bay Dr  
Key Biscayne, FL 33149  
(305) 361 2900

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Google

Pointer: 25°43'10.82" N 80°11'49.99" W

Streaming 100%

Eye alt: 27519 ft