

*Third Annual*  
***Crusader Erg Challenge***  
**February 10<sup>th</sup> 2008**

The Canisius High School Crew Team is pleased to invite you to the third annual Crusader Erg Challenge at Canisius High School of Buffalo, New York. All events at the Challenge are 2000 meters. Races will begin at 9am and follow the schedule of events listed below. Registration will begin at 8am in the Canisius High School Foyer. Awards will be presented to the top three finishers in each event. Entry fees are \$20 per individual athlete. All prices are in American funds.

**Events:**

- 1. Masters Women**
- 2. Masters Men**
- 3. Women's Scholastic Novice**
- 4. Men's Scholastic Novice**
- 5. Women's Jr. Lightweight (16 and under)**
- 6. Men's Jr. Lightweight (16 and under)**
- 7. Women's Junior (16 and under)**
- 8. Men's Junior (16 and under)**
- 9. Women's Coxswain Dash (500m)**
- 10. Men's Coxswain Dash (500m)**
- 11. Women's Sr. Lightweight (19 and under)**
- 12. Men's Sr. Lightweight (19 and under)**
- 13. Women's Senior (19 and under)**
- 14. Men's Senior (19 and under)**

## **Entry Fees:**

- **Individual Competitors: \$20 by February 5<sup>th</sup>, 2008**
- **Late Entry: \$25 at the door.**

**Check in and registration begins at 8am. First race will start promptly at 9am and events will follow in the order listed above.**

**Participants will receive an event T-shirt while supplies last**

## **Rules:**

- All athletes participating in **scholastic** events must be a full time student in a high school program.
- **Junior Competitors** are age 16 and under until December 31<sup>st</sup> 2008. Born in 1992 or later.
- **Senior Competitors** are age 18 and under until December 31<sup>st</sup> 2008. Born in 1990 or later.
- **Open Competitors** have no age restrictions.
- **Novice Competitors:** Athlete is in their first year of rowing and has not competed in any organized rowing event prior to September 1, 2006.
- **Weights:**
  - o **Lightweight Women: 140 lbs.**
  - o **Lightweight Men: 160 lbs.**
  - o **Coxswain Women: 115 lbs.**
  - o **Coxswain Men: 120 lbs.**
- **Unless listed otherwise, all events are open weight.**
- The top 5 lightweights will be weighed in at the conclusion of lightweight events.
- **Pair Races:** Teams of two will compete on Concept 2 Sliders for a distance of 2,000 meters.
- **Coxswains Dash:** Coxswains are classified as any team member that meets the weight requirement. Coxswains will race a distance of 500 meters.
- **Checks or cash will be accepted at the event**
  - o **Check must be made payable to "Canisius H.S. Rowing"**