## SIRA REGATTA 2006

The 39th Southern Intercollegiate Rowing Association (SIRA) Championship Regatta will be held in Oak Ridge, Tennessee on Friday and Saturday, April 14-15, 2006. The Oak Ridge Rowing Association is serving as the local organizing committee for this event.

Members of SIRA are: University of Central Florida, University of Charleston, Clemson University Rowing Association, Duke, Embry-Riddle Aeronautical University, Florida, Florida Tech, Georgia Tech, Georgia, Jacksonville, Louisville, Marietta, Miami (FL), Murray State, North Carolina, Northwestern State University (LA), Nova Southeastern, Ohio State, Purdue, Rollins, Tennessee-Chattanooga, Tennessee-Knoxville, Tulane, Vanderbilt, Virginia, and Washington University.

**Please note the racing format**: This year, SIRA will be raced on Friday and Saturday. Included this year are heats, semifinals or repechages, with C and Petite Finals (in some events), and Grand Finals.

This document provides all the necessary information for registering and participating in this year's regatta. Please note the following important points:

- \*1. This year's entries will be online at Regatta Central (<a href="www.regattacentral.com">www.regattacentral.com</a>). Entry deadline is March 31, 2006. Entries must be <a href="COMPLETED">COMPLETED</a> before midnight Eastern time. This is also the deadline for scratches with refunds.
- \*2. Full entry fees must accompany entries.
- \*3. Each organization must complete and submit, with appropriate university signatures, the SIRA Eligibility Certification, available on the Regatta Central website (click the "Waiver" link).
- \*4. The scratch deadline is 12:00 noon Eastern time on Monday, April 10, 2006. All scratches not made online must be emailed from the coach's email address to both < jbuckalew1@charter.net> and < row2lan@tulane.edu >.
- Scratches after the deadline and before 9:00am Eastern Friday April 14 will be assessed a scratch fee of \$50 per scratch and no refund of entry fee. Any scratches after Friday at 9:00am, or any no-shows, will be assessed a \$250 scratch penalty. Any team assessed a scratch fee will not be permitted to participate in the regatta until the fee is paid.
- \*5. Non member, **non southern** crews must follow the policy for entering as described in the Entry Rules section. Non member **southern** crews as defined in the entries' section may enter events in the manner of SIRA members providing deadlines are observed.
- \*6. Late entries <u>may</u> be accepted with a penalty fee of \$50 per entry, plus the entry fee. This applies to ALL entries, and does not fall under the member cap limitations.
- \*7. Regatta heats will be drawn in accordance with SIRA Progression Formula Guidelines.
- \*8. A minimum of three entries is required to run an event. SIRA will attempt to place crews from cancelled events in another appropriate event if possible.
- \*9. Questions regarding eligibility should be directed to the SIRA eligibility committee

of Casey Baker, David Kucik, and Jim Mitchell. Email < <a href="mailto:cbaker@fit.edu">cbaker@fit.edu</a> > , <a href="mailto:dwk@purdue.edu">dwk@purdue.edu</a> > , and <a href="mailto:jmitche3@ju.edu">jmitche3@ju.edu</a> > . Documentation may be required. \*10. Shirt betting is a requirement at this regatta. Coaches and captains are expected to ensure that their teams honor this tradition.

Looking forward to receiving your entries and seeing you in Oak Ridge. Sincerely,
Jim Buckalew, President, SIRA

#### SIRA 2006 REGATTA - GENERAL INFORMATION

#### **RACING RULES**

The regatta will operate under the US Rowing Rules of Racing except as altered by SIRA rules and regulations.

#### WAIVERS

Each participant must submit a completed waiver. Waivers may accompany entry fees, be confirmed by Regatta Central, or presented PRIOR TO LAUNCHING ANY CREWS when registering at the regatta site. Participants under age 18 need a parent's or guardian's signature. Waivers are available on the Regatta Central website.

#### **REGATTA MEETINGS**

Each program must have a representative at the regatta meeting on Friday, April 14 at 9:00am. This is no longer a "coaches and coxswains" meeting. The meeting will be at the boathouse.

NOTE: The meeting will have a roll call and cover ONLY specific safety instructions and schedule changes. The meetings WILL NOT go over the rules of racing, starting procedures, and boathandling advice. Crews are expected to know the rules and how to handle their equipment to attend a championship regatta.

#### **WEIGH-IN**

Weigh-ins for lightweight events will be conducted at the boathouse on Friday from 10:00am – 1:00pm and Saturday morning from 6:00-8:00am. All lightweights are required to weigh in once for the weekend in racing attire. Weight limitations are: Women-130 pounds max, no average; Men-160 pounds max, 155 pound boat average. Crews must weigh in with all members present.

Coxswains will weigh in for SIRA. Minimum weights in racing attire: 120 pounds for coxswains of men's crews; 110 for women's. Coxswains should weigh in during the lightweight weigh-in periods.

#### **MEDALS**

First, second, and third place medals will be awarded in all SIRA events with four or more entries, first and second for an event with only three entries.

#### SAFETY AND TRAFFIC PATTERN:

#### NO coaching launches are allowed on the lake on Friday, April 14.

All shells will be inspected for safety according to the USRowing Rules of Rowing, including approved foot release systems and coxswain openings in bow coxed shells. Traffic patterns will be posted at the ORRA boathouse. All coaches, coxswains, captains, etc must read them and be familiar with these rules **prior to launching for PRACTICE OR RACING**.

Each team is required to check in at registration before launching any crew for practice. Late arriving crews must check in before racing.

Briefly stated, the traffic rules are as follows:

- 1. Be careful.
- 2. Observe the Right Hand Rule--keep your boat to your starboard side of the course.
- **3**. Course practice is only permitted in lanes 3, 4, 5 and 6.
- **4**. Travel from finish line toward the starting line is restricted to Lane 0, outside the race course
- **5.** Lanes 1 and 2 are safety buffer lanes. They are never to be used in either direction except while racing.
- **5**. During racing, teams are to report to the start line in order of lane assignment.
- **6**. Each boat is to supply its own bow marker with the appropriate corresponding racing lane number on it.
- 7. Crews must be off the water one hour before the start of the first race. No practice rows are allowed during racing. No crews may launch after Friday's racing until the last race has been completed.

#### PARKING:

Trailer parking between the ORRA boathouse and the launch docks is restricted to SIRA members.

Vehicle parking in the marina lot is restricted to buses and vans only. No private cars will be permitted to park in these lots.

Additional information on parking and vehicle use on the main road will be available from the ORRA.

#### **CONCESSIONS**:

Food concessions will be available during the regatta. Any persons, teams, organizations, or businesses wishing to set up a concession for the sale of apparel or any other items must have the prior approval of the Regatta Director and SIRA President and must pay a vendor fee in advance of any sales.

#### **TEAM TENTS:**

Team tents may be erected **only** at designated sites along the race course or in the boat storage areas out of the way of boat traffic on its way to or from the docks. Prior to tent setup, check with ORRA LOC regarding approved anchoring system.

# Southern Intercollegiate Rowing Association (SIRA) Championship Regatta Eligibility and Participation Rules

**Eligibility**: Participation in the SIRA Regatta is subject to the following set of Eligibility Rules:

Eligibility of rowers and coxswains to participate in the SIRA Regatta shall be dependent upon the conference rules of the competing institution, and **ALL OF THE FOLLOWING:** 

- I. All participants must be full time undergraduate students at the institution they represent. To be considered a full time undergraduate student, each must currently be taking courses totaling at least 12 credit hours on the semester basis or its full time equivalent, and must be making normal progress toward his/her first degree. Exceptions to the 12 credit hour rule must be certified by the Academic Office of the involved institution. A student athlete who has received a Baccalaureate or equivalent degree, and who is enrolled in the graduate or professional school of the institution attended as an undergraduate, or who is enrolled and seeking a second Baccalaureate or equivalent degree at the same institution, may participate in SIRA, provided the student athlete has athletic eligibility remaining, and such participation occurs within the time period set forth in number 2 below.
- **2**. A SIRA competitor has four years of eligibility, which must be completed during the first 10 semesters or 15 quarters in which the student is enrolled in a collegiate institution in at least a minimum full-time program of studies as determined by the regulations of that institution. Competing for an institution in any one event within the academic year is enough to constitute one year of eligibility.
- **3**. Freshman/Novice Classification: To row as a freshman, a competitor must be in his/her first year of attendance at the collegiate level and must be considered an academic freshman by his/her institution. To row as a novice, a competitor must not have participated in the sport of rowing prior to the current academic year. A novice need not be a freshman.

- **4**. A transfer student who has participated in a collegiate rowing program in the academic year current to or preceding his/her attendance at the new institution may NOT row in a Varsity Eight event (heavy, light, men or women) in his/her first year at the institution unless the student transfers to the certifying institution from another four-year collegiate institution and the following conditions are met:
- a) The student has not transferred previously from one four-year institution to another;
- **b**) The student is in good academic standing and meets the satisfactory progress requirements;
- c) The student's previous institution certifies in writing that it has no objection to the student being granted an exception to the transfer residence requirement and
- **5**. Doubling of rowers is not permitted. A coxswain that also rows is limited to a total of one event as a cox and one as a rower. Coxswains that do not also row may cox two boats, providing this action does not cause any delay in the regatta.
- **6**. Appeals for exceptions to these rules must be entered in writing to the SIRA Eligibility Committee prior to the entry deadline. Documentation is required for any request to be considered.
- **7**. Violations of regulations may be cause for crew or team disqualification. Unusually serious violations may be grounds for even more sanctions.

#### **ENTRY RULES**

- 1. An organization must enter and race a Varsity boat of the same size, weight, and gender classification of crew in order to enter a Junior Varsity boat.
- **2**. There will be A and B flights for Frosh/Novice eights only. A program must race an A crew to enter a B crew.
- **3**. For <u>non-member</u>, <u>non-southern schools</u>: No entries will be accepted for any weight/gender event category unless a Varsity Eight is entered and races in that category. If the Varsity 8 scratches or no-shows, no other boats from that team in that weight/gender category may row. Specifically,

TO ENTER THESE EVENTS:

THIS ENTRY IS

**REQUIRED** 

Women's F/N Ltwt 4, V Ltwt 4, F/N Ltwt 8 Women's pair, F/N 4, V 4, F/N 8, JV 8 Men's F/N Ltwt 4, Ltwt 4, F/N Ltwt 8 Men's pair, F/N 4, V 4, F/N 8, JV 8 Women's Varsity Ltwt 8 Women's Varsity 8 Men's Varsity Ltwt 8 Men's Varsity 8

"Southern" crews as currently defined by SIRA are colleges in the states of Virginia, North and South Carolina, Georgia, Florida, Alabama, Mississippi, Tennessee, Kentucky,

West Virginia, Arkansas, Louisiana, and Texas.

- **4**. Only one entry per member or guest per event will be accepted.
- 5. The SIRA Executive Committee will have final discretion regarding entries.
- **6**. Except where SIRA rules have been imposed, USRowing Rules of Rowing will be in force.
- 7. **SIRA Executive Committee**: This is an attempt to summarize the main guiding rules of the SIRA and may not include all previous rulings. Except as noted above, all rules will reflect previous SIRA procedures. Special rulings may be invoked by the SIRA Executive Committee.

#### **CONTACTS**:

### **SIRA Regatta Questions**

Jim Buckalew, President 2111 Kanawha Avenue, SE

Association

Charleston, WV 25304 304-346-3420 jbuckalew1@charter.net

## Oak Ridge Area Questions

Allen Eubanks
Oak Ridge Rowing

PO Box 4384 Oak Ridge, TN 37831-4384 423-483-8330 coach@orra.org

## **SIRA Eligibility Questions**

Casey Baker, David Kucik, Jim Mitchell

Email <u>cbaker@fit.edu</u> AND <u>dwk@purdue.edu</u> AND jmitche3@ju.edu

## SIRA 2006 Events

Event #	Event
Friday Heats, Saturday Finals	
1	Men's Pair Without
2	Women's Pair Without
3	Men's Frosh/Novice Lightweight 4+
4	Women's Frosh/Novice Lightweight 4+
5	Men's B Frosh/Novice 8 and Frosh/Novice
Lightweight 8	
6	Women's B Frosh/Novice 8 and Frosh/Nov
Lightweight 8	
7	Men's Varsity Lightweight 4+

8	Women's Varsity Lightweight 4+
9	Men's Varsity Lightweight 8
10	Women's Varsity Lightweight 8

Friday Heats, Saturday Semifinals and Finals

11	Women's Frosh/Novice 4+
12	Men's Frosh/Novice 4+
13	Lindamood Cup for Women's Frosh/Novice 8***
14	Women's Frosh/Novice 8*
15	Men's Frosh/Novice 8
16	Women's JV 8
17	Men's JV 8
18	Women's Varsity 4+
19	Men's Varsity 4+
20	Lyden Cup for Women's Varsity 8***
21	Women's Varsity 8*
22	Men's Varsity 8

<sup>\*\*\*</sup> Club, Division 2 and Division 3 programs only

Entry Fees: 8's - \$ 70 4's - \$ 50 Pairs - \$ 40

SIRA member fee cap - \$350

Business ID number for SIRA, Inc.: 35-2225442

Make checks payable to SIRA. Please read all enclosed materials.

## **SIRA PROGRESSION FORMULA**

1-7entries	final only
8-12 entries	2 semifinals; 3 qualify for final
13-14 entries	3 heats; 1 to final; 3 repechages-1 to final
15-18 entries	3 heats; 4 to semifinals
19-24 entries	4 heats; 3 to semifinals
25-30 entries	5 heats: 3 to semifinals

The Men's and Women's Open Varsity Eights will be the only events seeded. Two crews per heat (i.e., 6 total if 3 heats, 8 total if four heats, etc.) will be seeded after an Executive Committee representative gathers relevant information from coaches of participating crews. Every reasonable attempt will be made to publish seeding results prior to the final draw for lanes.

#### SIRA POINT SCHEDULE FOR 2006 REGATTA

<sup>\*</sup> Any program may enter these SIRA championship events

	Men's V 8 Women's DI V 8	Lyden Cup WV8	LW Var 8	Men's F/N 8, JV8's Women's DI F/N 8
1	24	16	12	10
2	22	14	10	8
3	21	13	9	7
4	20	12	8	6
5	19	11	7	5
6	18	10	6	4
7	16	8	4	2
8	15	7	3	1
9	14	6	2	
10	13	5	1	
11	12	4		
12	11	3		
Liı	ndamood Cup WF/N8 Varsity 4	Varsity LW 4	F/N 4 F/N "B" 8	F/N LW 4 Pairs