

SIRA REGATTA 2005

Dear Crews,

The 38th **Southern Intercollegiate Rowing Association (SIRA) Championship Regatta** will be held in Oak Ridge, Tennessee on **Friday, Saturday and Sunday, April 15-17, 2004**. The Oak Ridge Rowing Association is serving as the local organizing committee for this event.

Members of SIRA are: University of Central Florida, University of Charleston, Clemson University Rowing Association, Duke, Embry-Riddle Aeronautical University, Florida, Florida Tech, Georgia Tech, Georgia, Jacksonville, Louisville, Marietta, Miami (FL), Murray State, North Carolina, Northwestern State University (LA), Purdue, Rollins, Tennessee-Chattanooga, Tennessee-Knoxville, Tulane, Vanderbilt, Virginia, and Washington University.

Please note the racing format: This year, SIRA will be raced on Friday, Saturday and Sunday. Included this year are heats, semifinals or repechages, with C and Petite Finals (in some events), and Grand Finals.

This document provides all the necessary information for registering and participating in this year's regatta. Please note the following important points:

1. This year's entries will be online at Regatta Central (www.regattacentral.com). Entries must be **COMPLETED** before midnight Eastern time Wednesday, April 6, 2005.
2. Full entry fees must accompany entries.
3. Each organization must complete and submit the SIRA Eligibility Certification, available on the Regatta Central website.
4. Scratch deadline without penalty is 12:00 noon Eastern time on Tuesday, April 12, 2005.
 - a. All scratches not made online must be emailed from the coach's email address to both <jbuckalew1@charter.net> and <row2lan@tulane.edu>.
 - b. Scratches after the deadline and before 3:00pm Eastern Friday April 15 will be assessed a scratch fee of \$50 per scratch and no refund of entry fee. Any scratches after Friday at 3:00pm, or any no-shows, will be assessed a \$250 scratch penalty. Any team assessed a scratch fee will not be permitted to participate in the regatta until the fee is paid.
4. Late entries **may** be accepted with a penalty fee of \$50 per entry, plus the entry fee. This applies to ALL entries, and does not fall under the member cap limitations.
5. Regatta Heats will be drawn in accordance with SIRA Progression Formula Guidelines.
6. Regatta Events are in accordance with SIRA Event Chart.
7. Questions regarding eligibility should be directed to the SIRA eligibility committee of Casey Baker, David Kucik, and Jim Mitchell. Email <cbaker@fit.edu> , <dwk@purdue.edu> , and jmitche3@ju.edu. Documentation may be required.
8. Shirt betting is a requirement at this regatta. Coaches and captains are expected to ensure that their teams honor it.

Looking forward to receiving your entries and seeing you in Oak Ridge.

Sincerely,

Jim Buckalew, President, SIRA

SIRA 2005 REGATTA – GENERAL INFORMATION

RACING RULES

The regatta will operate under the USRowing Rules of Rowing except as altered by SIRA rules and regulations.

WAIVERS

Each participant must submit a completed waiver. Waivers may accompany entry fees, be confirmed by Regatta Central, or presented PRIOR TO LAUNCHING ANY CREWS when registering at the regatta site. Participants under age 18 need a parent or guardian's signature. Waivers are available on the Regatta Central website.

REGATTA MEETINGS

Each program must have a representative at one of two regatta meetings on Friday, April 15. This is no longer a "coaches and coxswains" meeting. Programs with crews racing in Friday heats must be represented at the 3:30 meeting. All other programs must attend either the 3:30 meeting or the 7:00 meeting. The meetings will be at the boathouse.

NOTE: The meetings will have a roll call and cover ONLY specific safety instructions and schedule changes. The meetings WILL NOT go over the rules of racing, starting procedures, and boat handling advice. Crews are expected to know the rules and how to handle their equipment to attend a championship regatta.

WEIGH-IN

Weigh-ins for lightweight events will be conducted at the boathouse on Friday from 2:00 – 4:00pm and Saturday morning from 6:00am-8:00am. All lightweights are required to weigh in once for the weekend in racing attire. Weight limitations are: Women-130 pounds max, no average; Men-160 pounds max, 155 pound boat average. Crews must weigh in with all members present.

Coxswains **will** weigh in for SIRA. Minimum weights in racing attire: 120 pounds for coxswains of men's crews; 110 for women's. Coxswains should weigh in during the lightweight weigh-in periods.

MEDALS AND TROPHIES:

First, second, and third place medals will be awarded in all SIRA events with four or more entries, first and second for an event with only three entries, and first for an event with only two entries.

SAFETY AND TRAFFIC PATTERN:

NO coaching launches are allowed on the lake on Friday, April 15.

All shells will be inspected for safety according to the USRowing Rules of Rowing, including approved foot release systems and coxswain openings in bow coxed shells. Traffic patterns will be posted at the ORRA boathouse. All coaches, coxswains, captains, etc must read them and be familiar with these rules **prior to launching for PRACTICE OR RACING.**

Each team is required to check in at registration before launching any crew for practice. Late arriving crews must check in before racing.

Briefly stated, the traffic rules are as follows:

1. Be careful.
2. Observe the Right Hand Rule-keep your boat to your starboard side of the course.
3. Course practice is only permitted in lanes 1,2,3,and 4. Lanes 5 and 6 must remain open as a safety barrier during all practice sessions; only lane 7 is to be used in the direction opposite the racing direction. Violators will be punished severely.
4. Practice on the course is limited to RACING DIRECTION ONLY, start line to finish line.
5. During racing, teams are to report to the start line in order of lane assignment.
6. Each boat is to supply its own bow marker with the appropriate corresponding racing lane number on it.

PARKING:

Trailer parking between the ORRA boathouse and the launch docks is restricted to SIRA members.

Vehicle parking in the marina lot is restricted to buses and vans only. No private cars will be permitted to park in these lots.

Additional information on parking and vehicle use on the main road will be available from the ORRA.

CONCESSIONS:

Food concessions will be available during the regatta. Any persons, teams, organizations, or businesses wishing to set up a concession for the sale of apparel or any other items must have the prior approval of the Regatta Director and SIRA President and must pay a vendor fee in advance of any sales.

TEAM TENTS:

Team tents may be erected **only** at designated sites along the race course or in the boat storage areas out of the way of boat traffic on its way to or from the docks. Prior to tent setup, check with ORRA LOC regarding approved anchoring system.

Southern Intercollegiate Rowing Association (SIRA) Championship Regatta

Eligibility and Participation Rules

Eligibility: Participation in the SIRA Regatta is subject to the following set of Eligibility Rules:

Eligibility of rowers and coxswains to participate in the SIRA Regatta shall be dependent upon the conference rules of the competing institution, and **ALL OF THE FOLLOWING:**

1. All participants must be full time undergraduate students at the institution they represent. To be considered a full time undergraduate student, each must currently be taking courses totaling at least 12 credit hours on the semester basis or its full time equivalent, and must be making normal progress toward his/her first degree. Exceptions to the 12 credit hour rule must be certified by the Academic Office of the involved institution. A student athlete who has received a Baccalaureate or equivalent degree, and who is enrolled in the graduate or professional school of the institution attended as an undergraduate, or who is enrolled and seeking a second Baccalaureate or equivalent degree at the same institution, may participate in SIRA, provided the student athlete has athletic eligibility remaining, and such participation occurs within the time period set forth in number 2 below.

2. A SIRA competitor has four years of eligibility, which must be completed during the first 10 semesters or 15 quarters in which the student is enrolled in a collegiate institution in at least a minimum full-time program of studies as determined by the regulations of that institution. Competing for an institution in any one event within the academic year is enough to constitute one year of eligibility.

3. Freshman/Novice Classification: To row as a freshman, a competitor must be in his/her first year of attendance at the collegiate level and must be considered an academic freshman by his/her institution. To row as a novice, a competitor must not have participated in the sport of rowing prior to the current academic year. A novice need not be a freshman.

4. A transfer student who has participated in a collegiate rowing program in the academic year current to or preceding his/her attendance at the new institution may NOT row in a Varsity Eight event (heavy, light, men or women) in his/her first year at the institution unless the student transfers to the certifying institution from another four-year collegiate institution and the following conditions are met:

- a) The student has not transferred previously from one four-year institution to another;
- b) The student did not receive athletically related financial aid at the previous institution, or the previous institution verifies in writing that the student's athletically related financial aid was not renewed for the ensuing academic year for reasons that were unrelated to the student's transfer or that they were beyond the control of the student;
- c) The student is in good academic standing and meets the satisfactory progress requirements;
- d) The student's previous institution certifies in writing that it has no objection to the student being granted an exception to the transfer residence requirement and
- e) The student is a participant in a sport other than basketball, football or men's ice hockey.
- f) If the student transfers to the certifying institution from a NCAA Division III institution and meets the above conditions, he/she may be eligible to compete but shall not receive athletically related financial aid during the first academic year in residence at the certifying institution.

*** Transfers from junior colleges are exempted from this rule.

5. Doubling of rowers is not permitted. A coxswain that also rows is limited to a total of one event as a coxswain and one as a rower. Coxswains that do not also row may coxswain two boats, providing this action does not cause any delay in the regatta.

6. Appeals for exceptions to these rules must be entered in writing to the SIRA Eligibility Committee prior to the entry deadline. Documentation is required for any request to be considered.
7. Violations of regulations may be cause for crew or team disqualification. Unusually serious violations may be grounds for even more sanctions.

Entry Rules

1. An organization must enter and race a Varsity boat of the same size, weight, and gender classification of crew in order to enter a Junior Varsity boat.
2. There will be A and B flights for Frosh/Novice eights only. A program must race an A crew to enter a B crew.
3. For non-member, out of region schools: No entries will be accepted for any weight/gender event category unless a Varsity Eight is entered and races in that category. If the Varsity 8 scratches or no-shows, no other boats from that team in that weight/gender category may row. Specifically,

TO ENTER THESE EVENTS:
 Women's F/N Ltwt 4, V Ltwt 4, F/N Ltwt 8
 Women's pair, F/N 4, V 4, F/N 8, JV 8
 Men's F/N Ltwt 4, Ltwt 4, F/N Ltwt 8
 Men's pair, F/N 4, V 4, F/N 8, JV 8

THIS ENTRY IS REQUIRED
 Women's Varsity Ltwt 8
 Women's Varsity 8
 Men's Varsity Ltwt 8
 Men's Varsity 8

4. Only one entry per member or guest per event will be accepted.
5. The SIRA Executive Committee will have final discretion regarding entries.
6. **SIRA Executive Committee:** This is an attempt to summarize the main guiding rules of the SIRA and may not include all previous rulings. Except as noted above, all rules will reflect previous SIRA procedures. Special rulings may be invoked by the SIRA Executive Committee.

CONTACTS:

SIRA Regatta Questions

Jim Buckalew, President
 2111 Kanawha Avenue, SE
 Charleston, WV 25304
 304-346-3420
jbuckalew1@charter.net

Oak Ridge Area Questions

Allen Eubanks
 Oak Ridge Rowing Association
 PO Box 4384
 Oak Ridge, TN 37831-4384
 423-483-8330
coach@orra.org

SIRA Eligibility Questions

Casey Baker, David Kucik, Jim Mitchell
 Email cbaker@fit.edu AND dwk@purdue.edu AND jmitche3@ju.edu

SIRA 2005 Events

Event #	Event
Friday Heats, Saturday Finals	
1	Men's Pair Without
2	Women's Pair Without
3	Men's Frosh/Novice Lightweight 4+
4	Women's Frosh/Novice Lightweight 4+
5	Men's B Frosh/Novice 8 and Frosh/Novice Lightweight 8
6	Women's B Frosh/Novice 8 and Frosh/Nov Lightweight 8
7	Men's Varsity Lightweight 4+
8	Women's Varsity Lightweight 4+
9	Men's Varsity Lightweight 8
10	Women's Varsity Lightweight 8

Saturday Heats and Semifinals, Sunday Finals

11	Women's Frosh/Novice 4+
12	Men's Frosh/Novice 4+
13	Lindamood Cup for Women's Frosh/Novice 8****
14	Women's Frosh/Novice 8*
15	Men's Frosh/Novice 8
16	Women's JV 8
17	Men's JV 8
18	Women's Varsity 4+
19	Men's Varsity 4+
20	Lyden Cup for Women's Varsity 8****
21	Women's Varsity 8*
22	Men's Varsity 8

*** Club, Division 2 and Division 3 programs only

* Any program may enter these SIRA championship events

Entry Fees:	8's - \$ 70	4's - \$ 50	Pairs - \$ 40
	SIRA member fee cap - \$ 350		

Business ID number for SIRA, Inc.: 35-2225442

Make checks payable to SIRA. Please read all enclosed materials.

SIRA PROGRESSION FORMULA

1-7 entries	final only
8-12 entries	2 semifinals; 3 qualify for final
13-14 entries	3 heats; 1 to final; 3 repechages-1 to final
15-18 entries	3 heats; 4 to semifinals
19-24 entries	4 heats; 3 to semifinals
25-30 entries	5 heats; 3 to semifinals

The Men's and Women's Open Varsity Eights will be the only events seeded. At least two crews per heat (i.e., 6 total if 3 heats, 8 total if four heats, etc.) will be seeded after an Executive Committee representative gathers relevant information from coaches of participating crews. Every reasonable attempt will be made to publish seeding results prior to the final draw for lanes.

SIRA POINT SCHEDULE FOR 2004 REGATTA

	Men's V 8 Women's DI V 8	Lyden Cup WV8	LW Var 8	Men's F/N 8, JV8's Women's DI F/N 8
1	24	16	12	10
2	22	14	10	8
3	21	13	9	7
4	20	12	8	6
5	19	11	7	5
6	18	10	6	4
7	16	8	4	2
8	15	7	3	1
9	14	6	2	
10	13	5	1	
11	12	4		
12	11	3		

	Lindamood Cup WF/N8 Varsity 4	Varsity LW 4	F/N 4 F/N "B" 8	F/N LW 4 Pairs
1	8	6	5	3
2	7	4	4	2
3	6	2	3	1
4	5	1	2	
5	4		1	
6	3			
7	2			
8	1			

