

Cheesesteak Regatta

June 7, 2003

Hosted by

Philadelphia Rowing Society

&

Masters Rowing Association



The Cheesesteak Regatta JUNE 7th, 2003

Regatta Bulletin

Regatta date – Saturday, June 7th, 2003

Location – The Schuylkill River, Fairmount Park, Philadelphia, Pennsylvania

Entry Deadline - Entry forms, entry fees and competitor waivers are due on Monday, June 2, 2003. After that date, entries will be accepted at the discretion of the regatta committee on a "lane available" basis **and with a \$10 per boat late fee.**

Host Organization – Philadelphia Rowing Society

Please enter the Cheesesteak Regatta online at www.regattacentral.com

Mailing Address – If you must, mail or drop off entries and fees to:

Cheesesteak Regatta

c/o Masters Rowing Association #4 Boathouse Row Kelly Drive Philadelphia, PA 19130

Checks made payable to Masters Rowing Association

Questions - Contact: Masters Rowing Association 1-877-Rowing 4 info@mastersrowing.org

Awards – Specially-cast Cheesesteak Regatta medals will be awarded to first place finishers in each category.

Coach and coxswains meeting - There will be a mandatory meeting at 8:00 a.m. Saturday morning to review any scratches and schedule changes. All crews will be responsible for any information discussed at that meeting. The meeting will be held at Boathouse #4 on Boathouse Row.



ALL EVENTS 1,000 METERS

Mixed crews: Mixed crews shall be composed of an equal number of men and women.

Racing format – We will use a finals-only format, with medals to the winners of each category.

The Regatta Committee retains the right to alter the regatta schedule by the addition or elimination of races or combining of age categories as necessary to conform to the number and pattern of entries received.

Age handicaps – Age handicaps published in the USRowing 2002 edition of the Rules of Rowing will be applied in races that combine age categories.

Weigh-ins - Lightweight men shall weigh no more than 160 lbs. Lightweight women shall weigh no more than 130 lbs.

Weigh-ins will be held from 7:00 to 10:00 a.m. the morning of the Regatta.

Entry fees

8/8x	-	\$55.00
4+/4x	-	\$40.00
2x	-	\$35.00
1x	-	\$20.00

Fees are non-refundable after June 2, 2003. Checks must accompany entry forms. Please make checks payable to "Masters Rowing Association".

Results - Complete regatta results will be posted on the Masters Rowing Association web site at www.mastersrowing.org

Definitions: A master is a competitor who has attained or will attain the age of 27 during 2000. A = 27-35; B = 36-42; C = 43-49; D = 50-54; E = 55-59; F = 60-64; G = 65-69; H = 70 and over. Average age of the crew determines eligibility. The age category of a masters crew shall be determined by the average age of the crew, rounded down to the highest contained integer. Time handicaps will be applied in any masters event that combines two or more categories. A competitor's age is determined as of December 31, 2003.

Any line-up changes must be reported to Regatta Headquarters at least two hours prior to race time in order to compute the age handicap.

Scratch fees - Entry fees will be refunded if the scratches are made before July 23, 2001. Those scratching after that time will forfeit their entry fees.



Entries - All entry forms, fees and waivers should be completed and returned to #4 Boathouse Row by Monday, June 2, 2003.

If fewer than three entries are received or if all the entries are from the same club, at the discretion of the regatta committee, the event may be scratched. Clubs will be notified of scratched events.

No competitor may represent two different clubs in the regatta. Boats composed of members from various clubs should register as composite crews on their entry form.

Waiver forms - Every competitor must complete a waiver form and return it to Fairmount Rowing Association by Monday, June 2, 2003. No competitor will be allowed to race without a signed waiver on file.

Bow markers & bow balls - No shell may launch without a bow ball and no shell may race without its appropriate lane number affixed to its bow. Bow numbers will not be provided.

Uniforms - All crews must wear matching shirts. "Matching," means identical in style, color, and detail, including any insignia. No crew will be permitted to race in violation of this rule. Composite crew members should race in their respective club colors.

Vendors/Advertising - All manufacturers, clubs, and sellers of rowing related equipment and goods are welcome to apply for vendor space. For more information, please contact masters Rowing association at 877-Rowing4

Dispute resolution – All questions of eligibility, qualification, or interpretation of the regatta rules will be referred to the Regatta Committee whose decisions will be final.

All Competitors and their friends and families are invited to Boathouse #4 directly following the last race of the day for Cheesesteaks courtesy of the Masters Rowing Association.



Cheesesteak Regatta

Order of Events

- First race will start at 9:00am, rest of the schedule will follow (Based on last year's schedule racing should be over by 2:00pm)
- At least 2 entries will be required for an event to be scheduled
- The committee will make every effort to accommodate participants doubling up
- The Novice 1x is offered for competitors who have not previously raced in a single scull
- The following is not a final schedule

Men's and Women's Open and Mixed Races in age groups A-H

Event # 1 2 3 4 5 6 7 8 9 10 11	<u>-</u>	Event Name Men's Lightweight 1x AA-H Women's Lightweight 1x AA-H Novice Men's 1x AA-H Novice Women's 1x AA - H Men's 1x AA-H Women's 1x AA-H Women's 4+ AA-H Men's 4+ AA-H Men's 2x AA-H Women's 2x AA-H Men's 8+ AA-H
11 12		Men's 8+ AA-H Women's 8+ AA-H
13		Men's 4x AA-H
14		Women's 4x AA-H
	Break	
15		Mixed 2x AA-H
16		Mixed 8+ AA-H
17		Mixed 4x AA-H



Rowing release and waiver

In consideration of being given the opportunity to participate in the **Cheesesteak Regatta**, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of rowing activities, both on the water and land based and that I am qualified, in good health, and in proper physical condition to participate in such Regatta. 2. FULLY UNDERSTAND that:

- ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis, and death ("risks");
- these risks may be caused by my own actions, or inactions, the actions of others participating in the Regatta, the conditions in which the Regatta takes place, or the negligence of the "releasees" named below;
- there may be other risks and social and economic losses either not known to me or not foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Regatta.

3. AGREE AND WARRANT that I will examine and inspect each Regatta in which I take part and that, if I observe any condition, which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Regatta and will refuse to take part in the Regatta until the condition has been corrected to my satisfaction.

4. HEREBY GRANT my specific permission to the Club, the Activity, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, and assigns to make and/or obtain photographic images of me on the day of the Activity and to publish, copyright, distribute and/or display photographic images taken of me on the day of the Activity. I further waive the right to inspect and/or examine all photographs and/or written text to which the images may be applied before use. I also waive any and all rights and claims, including future rights and claims to such photographic images and any interest therein. I hereby release and discharge the Club, the Activity, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, and assigns from any and all liability by virtue of distortion, blurring, alteration, optical illusion, digital scanning and manipulation, and/or use in composite form, whether the same is intentional, or otherwise. I understand that the Club, the Activity, their employees, volunteers, regatta organizers, sponsors, advertisers, participants, agents, and assigns may use any process or procedure resulting in the completion of the finished product for publication, display, copyright or distribution.

5. HEREBY RELEASE, discharge, and covenant not to sue the Masters Rowing Association, Philadelphia Rowing Society, the Regatta, their administrators, directors, agents, officers, volunteers and employees, and other participants, regatta organizers, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Regatta takes place (each considered one of the releasees herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releasees from any litigation expenses, attorney fees, loss liability, damages, or costs which they may incur as a the result of such a claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force.

Printed name of Participant:

Street:			
City:		State and ZIP:	
Phone:	Date:		
Participant's Signature:			



Cheesesteak Regatta - Register Online at www.regattacentral.com

Entry Form - due Monday, June 2, 2003

Regatta date - Saturday, June 7, 2003

Duplicate blank form locally. Submit one form for each crew/boat. Please print neatly or type. No entry will be accepted without entry fees!!!

You MUST include signed waivers for each crew member with your entry.

Club name _____

Event name _____ Event No. _____

VERY IMPORTANT!!! Who should we call if there are any problems with this entry, i.e., event doesn't fill, can't read entry, eligibility question, etc.? Name _____ Phone Nos. ______

Name	Date of birth	Rowing age	
		as of 12/31/03	
	Crew ave	Crew average age =	
	Name	Name birth Image: state st	

Any line up changes must be reported in writing not less than two hours prior to the start of your race.

Entry fees: Singles \$20.00, Doubles \$35.00, Quads and Fours \$45.00, Eights \$55.00.

Make checks payable to: Masters Rowing Association

Send all entries and fees to: Masters Rowing Association/ Cheesesteak, c/o Masters Rowing Association, #4 Boathouse Row, Kelly Drive, Philadelphia, PA 19130.

Contact: Masters Rowing Association at 877-rowing4 - with any questions.