

MOTOWN MADNESS

“Your mind and body will never be the same!” DETROIT INDOOR ROWING REGATTA

SATURDAY, FEBRUARY 19, 2005

SPONSORED BY

FRIENDS OF DETROIT ROWING

**AT THE GM HEADQUARTERS, 100 RENAISSANCE
CENTER, WINTER GARDEN ATRIUM, DETROIT,
MICHIGAN**

Parking: There is ample parking in public lots and structures located at or near the Renaissance Center.

Time: Registration begins at 9:00 a.m., warm-up begins at 9:30 a.m., and racing starts at 10:00 a.m. on Saturday, February 19, 2005.

Events: Events for girls and boys are based on age and experience. Women and men are classified by experience and weight. Master's events are classified by age. Team races are classified by gender.

Distance: Races will be 2000 meters.

Race Fees: For early registration, \$15.00 per contestant which **includes a commemorative regatta t-shirt** and the opportunity to row and **win an award for 1st, 2nd, & 3rd places**. The late registration entry fee is \$15.00 (It doesn't include the regatta t-shirt). ***It pays to register early.*** The early registration deadline is 02/16/05.

Prizes: A commemorative medal will be awarded to the winner of each event. Each

member of the winning team events will receive a medal award.

Also this year,

ergometers from the races will be available for sale. You save shipping, the DBC crew puts the erg together, and it's

ready-for-use. Just pick it up and take it home. Please call for more information on erg sales at (248) 559-5824.

Contact and Registration: Dick Bell, 27551 Rackham Dr., Lathrup Village, MI 48076. Phone: (248) 559-5824 (home); (248) 875-8574 (cell); (248) 559-0908 (fax).

E-mail registration to: bellr@macomb.edu

Visit our website for details and forms at: www.dbcjuniors.com

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MAP AND DIRECTIONS TO RACE

Directions from Port Huron on I-94 west: Exit onto I-75/ S/Chrysler Fwy via exit 216 toward Toledo. Merge onto I-375 S/Chrysler Fwy via exit 51C on the left toward Civic Center. Turn left on Jefferson Ave E. Turn right on St Antoine St. Turn right onto Renaissance Dr N.

Directions from Chicago on I-94 east: Take the M-10 S exit toward downtown. Merge onto John C. Lodge Fwy/ MI-10 S becomes Jefferson Ave W. Turn right onto Renaissance Center.

Directions from Pontiac on I-75 south: Merge onto I-375 S/Chrysler Fwy via exit 51C on the left toward Civic Center. Turn left on Jefferson Ave E. Turn right on St Antoine St. Turn right onto Renaissance Dr N.

Directions from Toledo on I-75 north: Take exit 49 toward MI-10/Lodge Fwy/Civic Center. Take the M-10 S exit toward Civic Center. Merge onto John C. Lodge Fwy/MI-10 S. John C. Lodge Fwy/MI-10 S becomes Jefferson Ave W. Turn right onto Renaissance Center.

Email this registration form to: DICK BELL, bellr@macomb.edu

ENTRY FORM
MOTOWN MADNESS
THE DETROIT INDOOR ROWING REGATTA
SATURDAY, FEBRUARY 19, 2005

Registration fee: \$15.00 per person

Registration due: February 16, 2005

PLEASE PRINT CLEARLY AND RETURN THIS FORM FOR YOUR REGISTRATION

1. NAME _____
2. ADDRESS _____
3. CITY _____ STATE _____ ZIP _____
4. PHONE (____) _____ E-Mail _____ AGE ON DAY OF RACE _____
5. SCHOOL, CLUB OR COLLEGE _____
6. NOW AN UNDERGRAD AT A U.S. COLLEGE? YES _____ NO _____
7. HOW MANY YEARS HAVE YOU ROWED? _____
8. YOUR FAVORITE ROWING ANECDOTE OR QUOTATION _____

EVENT - CHECK OFF THE EVENT (S) YOU ARE ENTERING:

- | | |
|---|--|
| <input type="checkbox"/> 1. MEN (Age 19 - 29 Heavy) | |
| <input type="checkbox"/> 2. Novice MEN (Age 19 - 29 Heavy) | |
| <input type="checkbox"/> 3. MEN (Age 19 - 29 Light, ≤ 165 Pounds) | |
| <input type="checkbox"/> 4. Novice MEN (Age 19 - 29 Light, ≤ 165 Pounds) | |
| <input type="checkbox"/> 5. WOMEN (Age 19 - 29 Heavy) | |
| <input type="checkbox"/> 6. Novice WOMEN (Age 19 - 29 Heavy) | |
| <input type="checkbox"/> 7. WOMEN (Age 19 - 29 Light, ≤ 135 Pounds) | |
| <input type="checkbox"/> 8. Novice WOMEN (Age 19 - 29 Light, ≤ 135 Pounds) | |
| _____ | |
| <input type="checkbox"/> 14A. MASTER MEN (AGE 30-39) | <input type="checkbox"/> 14B. WOMEN (AGE 30-39) |
| <input type="checkbox"/> 15A. SENIOR MEN (AGE 40-49) | <input type="checkbox"/> 15B. WOMEN (AGE 40-49) |
| <input type="checkbox"/> 16A. VETERAN MEN (AGE 50 & 59) | <input type="checkbox"/> 16B. WOMEN (AGE 50-59) |
| <input type="checkbox"/> 17A. AGELESS MEN (AGE 60 & UP) | <input type="checkbox"/> 17B. WOMEN (AGE 60 & UP) |
| _____ | |
| <input type="checkbox"/> 9A. JUNIOR BOYS (Age 14 - 18; b. 1/31/81, or later) | <input type="checkbox"/> 9B. AS LIGHTWEIGHT – 3 classes: 165, 155, 145 lbs |
| <input type="checkbox"/> 10. NOVICE JUNIOR BOYS | |
| <input type="checkbox"/> 11B. JUNIOR GIRLS (Age 14 - 18; b. 1/31/81 or later) | <input type="checkbox"/> 11B. AS LIGHTWEIGHT – 2 classes: 135 & 125 lbs |
| <input type="checkbox"/> 12. NOVICE JUNIOR GIRLS | |
| <input type="checkbox"/> 13A. Pre-HS, 13yr & Under BOYS | <input type="checkbox"/> 13B. GIRLS |
| <input type="checkbox"/> 18A. COXSWAIN MEN (130 lb MAX.) | <input type="checkbox"/> 18B. COXSWAIN WOMEN (120 lb MAX) |
| <input type="checkbox"/> 19A. TEAM RACE - MEN | <input type="checkbox"/> 19B. TEAM RACE - BOYS |
| <input type="checkbox"/> 20A. TEAM RACE - WOMEN | <input type="checkbox"/> 20 B. TEAM RACE - GIRLS |
| <input type="checkbox"/> 21 TEAM RACE - 2 MEN & 2 WOMEN | |

BEST 2000 METER ERG SCORE (OR ESTIMATE FOR HEAT PLACEMENT) TIME _____ Minutes

FOR RACE COMMITTEE USE ONLY - Please leave this box blank
EVENT _____ HEAT _____ TIME _____ PLACE _____

erg1b03e

Please bring a signed USRowing waiver to registration the day of the race.