

# 2006 OARS INVITATIONAL REGATTA



March 11, 2006  
Bill Fredrick Park at Turkey Lake, Orlando

## 2006 Updates:

- Teams may enter on-line at [www.regattacentral.com](http://www.regattacentral.com)
- No "B" Entries allowed
- Entries must be received by March 3<sup>rd</sup>
- Scratches must be received by March 8<sup>th</sup>

OARS is pleased to be hosting the 2006 OARS Invitational Regatta on Saturday, March 11, 2006. We invite you to join us for an exciting day of racing. Please read through this packet and make yourself aware of all the entry information & changes that are in effect for this years racing.

**Venue Information:** Bill Fredrick Park is located at 3140 Hiwassee Road, Orlando, Florida 32835; phone # 407-299-5594. There will be a \$4 per vehicle fee to enter the park and \$30 per bus. There will be ample vehicle parking available. Parking for busses & spectators will be in the softball field at the east end of the park. Parking for boat trailers will be on the southeast side of the spectator parking area. Boat trailer parking will be available in the designated areas beginning March 11<sup>th</sup> from 3:00 – 6:00 p.m. The gated entrance to the park is locked at 6:00 p.m. It is recommended that the trailers arrive at the site on Friday afternoon to avoid traffic and congestion on Saturday morning.

## **Directions:**

*From Tampa:* I-4 East toward Orlando. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2<sup>nd</sup> light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiwassee Rd. Turn right on Hiwassee. Go approximately ¾ mile on Hiwassee. Bill Fredrick Park is on your right.

*From Miami:* I-95 north to the Beeline Expressway/Rt. 528 West (tollway). Follow the signs to I-4 East towards Orlando. The first exit after merging on to I-4 is Sand Lake Road. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2<sup>nd</sup> light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiwassee Rd. Turn right on Hiwassee. Go approximately ¾ mile on Hiwassee. Turkey Lake Park is on your right.

*From Orlando & North:* I-4 West. Exit on Conroy-Windermere Rd. Go straight on Conroy-Windermere through 4 traffic lights, the 5<sup>th</sup> light is Hiwassee. Turn right on Hiwassee. Go approximately ¾ mile on Hiwassee. Turkey Lake Park is on your right.

**Friday Practice:** The course will be open on Friday, March 10<sup>th</sup> from 3:30 – 5:30 p.m. with all teams needing to exit by 6:00 p.m. Please e-mail us ahead of time to let us know if you are planning on attending this practice.

**Concessions:** Concessions will be available. All concessions & vendors must be permitted through the city of Orlando & approved by OARS.

**Registration:** Registration will open at 6:30 a.m. at the pavilion near the launching docks. Please check in at registration before the coaches & coxswain meeting. **ABSOLUTELY NO CHANGES WILL BE MADE ON RACE DAY – except for scratches with a \$30.00 scratch fee for each boat scratched.**

**Accommodations:** Primitive cabins, which accommodate groups of up to 10 people, are available for rent at TLP. Call TLP to arrange for rental. Overnight camping is also available in the park on a first come, first serve basis. There are a number of hotels in the area. You may call any major hotel chain & ask for hotels near Universal Studios or Sea World.

Here are a few hotels in the close by area:

Clarion 407-351-5009

Doubletree Resort 407-351-1000

Best Western 407-226-9119

Hampton Inn 407-351-6716

**Entries:** Your registration for the regatta must be received by OARS by **Friday, March 3<sup>rd</sup>**. No late entries will be allowed.

Your registration must include the following. Any team not including all 3 items, will not be entered into any races:

- Entry form
- Waivers (use the USRowing waiver)
- Entry Fees

**Entry fees:** Eights - \$70.00; Fours/Quads - \$60.00; Doubles - \$40.00; Singles - \$30.00; Fee Cap - \$600.00

**Scratch fees:** Each entry scratched after Wednesday, March 8<sup>th</sup> will be given a \$25.00 scratch fee per boat.

**Doubling:** Doubling is allowed at this regatta, but we ask that you try to limit races to 2 per individual. We ask that you limit the amount of doubling in novice, freshman, 3<sup>rd</sup>, & JV level events to ensure that we can complete the entire race day (rowers shouldn't be rowing 3 or 4 times)! Coxswains may be doubled as much as you want! Rowers who are doubled will not be given consideration for hot – seating.

**Multiple entries:** Each team shall enter no more than one crew per event. There are no “**B**” boat entries with the exception of sculling events.

**# of Flights:** With the # of teams participating and being allowed to double, the number of flights in each event will be limited to ensure racing is completed before 6p.m. The following categories will be limited to no more than 3 or 4 flights (based on the # of overall entries received): Novice 4's, Freshman 4's, 3<sup>rd</sup> 4's and Ltwt 4's. We will fill events based on a first come – first serve basis (obviously an incentive to get your entries in early). If you are one of the later crews to enter and are not put in a flight, we will put your boat on a waiting list.

**Lightweight events:** A lightweight boy is defined as a rower with a maximum weight of 155 pounds. A lightweight girl is defined as a rower with a maximum weight of 130 pounds. Rowers must weigh in wearing race attire. No weight allowance shall be given for clothing. All rowers in a boat must weigh-in as a boat. Only one opportunity to weigh-in will be allowed.

**Novice events:** A novice is a rower who began rowing no earlier than June 2005. Coxswains of novice boats must be novice coxswains.

**Freshmen Events:** All freshman are defined as rowers who are in 9<sup>th</sup> grade in high school and may include rowers in 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades. Coxswains of freshmen boats must also be freshman.

**Cancellation of events:** Events with only one entry at the registration deadline will be eliminated and the team will be notified in advance of race day. If race day scratches reduce a race to one entry, the single entry will row down the course for time.

**Flights:** If there are more than 6 entries for an event, multiple flights shall be held. Flights will be seeded based on results from races up to this point.

**Coaches & Coxswains Meeting:** The coaches & coxswains meeting will be held at 7:15 a.m. on race day at the registration area. Representatives from each team must attend.

**Race information:** 1,500 meter, six lane course.

**Bowballs, bowmarkers & shoes:** No boat will be allowed on the water without a bowball & quick release shoes. Heel ties must be in place & secure. Please bring your own bow markers & place them on your boat before you launch.

**Cancellation due to Inclement Weather:** If weather prohibits racing on Saturday, Varsity events will be run first.

**Awards:** Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place finishers in each flight. An all points trophy will be awarded to the team accumulating the most points. Points will be awarded for finishing positions according to times. We will be using the FSRA Youth Championship points system as follows:

Place	V 8+	V 4+	JV 8+ Light 8+	JV 4+ Light 4+	3rd 8+ Fresh 8+ 4X	3rd 4+ Fresh 4+ 2X	1X
1st	100	50	75	38	50	25	13
2nd	86	43	65	32	43	22	11
3rd	74	37	56	28	37	19	9
4th	64	32	48	24	32	16	8
5th	56	28	42	21	28	14	7
6th	50	25	38	19	25	13	6
7th	46	23					
8th	42	21					
9th	38	19					
10th	34	17					
11th	30	15					
12th	26	13					

2006 OARS Invitational  
**Order of Events**

Note: We will try to adhere to this order of events. Updated schedules will be available after we receive all entries. **Times will change.**

Order of events:

8:00 W 1x  
8:24 M 1x  
8:40 W V8+  
9:04 M V8+  
9:28 W F4+  
9:44 M F4+  
10:00 W JV 8+  
10:16 M JV 8+  
10:32 W 4x  
10:40 W N4+  
11:04 MN4+  
11:28 M 4x  
12:32 W3rd 8+  
12:40 M 3<sup>rd</sup> 8+  
12:56 W Lt 8+  
1:04 M Lt 8+  
1:12 W 2x  
1:28 M 2x  
1:44 W F8+  
1:52 M F8+  
2:00 W 3<sup>rd</sup>4+  
2:16 M 3<sup>rd</sup> 4+  
2:32 W N8+  
2:48 M N8+  
3:12 W Lt4+  
3:28 M Lt4+  
3:44 W JV4+  
4:00 M JV4+  
4:16 W V4+  
4:40 M V4+

# 2006 OARS INVITATIONAL - Team Entry Form

All fees, event entry forms, individual boat entries, and waivers must be received by **Friday, March 3<sup>rd</sup>**. **NO EXCEPTIONS WILL BE MADE.** All scratches must be made by Wednesday, March 8<sup>th</sup> at 6:00 p.m.

**Boats will not be entered until the following items have been submitted to OARS:**

- ✓ Team entry form
- ✓ Waivers
- ✓ Payment

**Organization Name** \_\_\_\_\_

**Contact Person** \_\_\_\_\_

**Day Phone** \_\_\_\_\_ **Evening Phone** \_\_\_\_\_

**E-mail address** \_\_\_\_\_

Total

Event	Eights (\$70)	Fours (\$60)	Quads (\$60)	Doubles (\$40)	Singles (\$30)
Women's Varsity					
Men's Varsity					
Women's Lightweight			X	X	X
Men's Lightweight			X	X	X
Women's JV			X	X	X
Men's JV			X	X	X
Women's 3 <sup>rd</sup>			X	X	X
Men's 3 <sup>rd</sup>			X	X	X
Women's Novice			X	X	X
Men's Novice			X	X	X
Women's Freshmen			X	X	X
Men's Freshmen			X	X	X
<b>Total # of Entries</b>	<b>Eights</b>	<b>Fours</b>	<b>Quads</b>	<b>Doubles</b>	<b>Singles</b>
<b>Subtotal</b>	\$	\$	\$	\$	\$

Amount: \$ \_\_\_\_\_

*Make checks payable to: Orlando Area Rowing Society*

**Entry Cap: \$600.00**

You may submit entries via Regatta Central, snail mail, or e-mail by **March 3<sup>rd</sup>**. Entry fees & waivers need to be mailed ahead of time to the below address.

*Send entries to:*

OARS

P.O. Box 71

Windermere, FL 34786

*e-mail:*

kmanderson72@hotmail.com

**Questions? 407-876-9037**

