2004 Head of the South Regatta Information

Welcome to the 8th Annual HEAD OF THE SOUTH Regatta is rowed over a 2.8 mile course on the Savannah River in Augusta, Georgia. The 2004 regatta will take place Saturday, November 13th. Please see the detailed map of the course and boating instructions, which will be displayed at the venue. The regatta is hosted by the Augusta Rowing Club. The Club welcomes all competitors, coaches, friends, and families to an exciting day of racing. The schedule, registration, and rules are outlined on this website. Please read them carefully. Every competitor and coach is responsible for fully understanding the rules and instructions in order to make this a fair and safe race.

Important Dates and Deadlines

The online registration has been extended to midnight Saturday, November 6, 2004.

Regatta Registration/Check-In will begin on Friday, November 12, 2004, from 3 pm to 7 pm. All clubs, collegiate organizations, or scullers must send one designated representative only to check-in. This representative shall be responsible for all registration material, including race packets, waivers, and paying the balance due on entry fees. The designated representative must check- in, sign out race packets, provide waivers, and pay any remaining balance due at Regatta Headquarters located inside the registration building near the launch dock. Additional entries will be taken only if space permits and will be subject to a \$30.00 penalty per boat. No exceptions are made for any deadline or registration procedure. Additional Registration will be available from 6:30 am to 10 am on Race Day at Regatta headquarters for any scullers and designated crew representatives who have pre-registered and prepaid.

The Coaches/Coxswains Meeting will be Friday, November 12 upstairs inside the Boathouse at 7:00 pm. LACK OF ATTENDANCE AT THE COACH AND COXSWAIN MEETING WILL BE VIEWED AS ACCEPTANCE OF RULES OF COURSE.

The Rain Date is Sunday, November 14, 2004.

Results and Awards

Results for each event will be posted at the results tent soon as possible after the last boat finishes for each event. Individual result placards used at the Results tent can be purchased for \$5.00 each, but will not be available until the end of all events. Medals will be awarded throughout the day. Based on the final results, prizes will be awarded to all first-, second-, and third-place finishers in all divisions provided there are at least four entries. Awards will be given to organizations achieving the greatest total points in the regatta for Junior, Club, and Collegiate events. Points will be accumulated by event, i.e., Junior events will contribute to Junior points total only. Points will be awarded as follows: 1st place - 5 points, 2nd place - 3 points, 3rd place - 1 point. Composite crews do not earn any points.

Parking

All boat and trailer parking will be at the Regatta site and will be directed by parking officials. Security will be provided on site from Friday, November 12, 6:00 pm, to Sunday, November 14, 6:00 am. Enter the Regatta site from Prep Phillips Drive and you will be instructed where to park. Crews will be issued parking passes at the Prep Phillips gate. Parking spaces are limited. Please make every effort to pool passengers. (Vehicles pulling a loaded trailer will be admitted without pass). Vehicles carrying singles and doubles/pairs will be issued one (1) parking pass and will be directed to the Ports Authority Building for storage and launch. Race officials will be directed to parking above the Boat House.

Crew / Vendor Sales

Crews will be allowed to sell in the vendor area on Friday, November 12th, and Saturday, November 13th. The fee must be paid in advance. Space in the vendor's area is on a "first come" basis. Any crew found selling such items without having paid the fee or selling outside the vendor's area will be charged \$100.00 and will be required to move into the vendor's area. Should you wish to sell in the vendor's area, please contact Ed Gunter at (706) 821-2875, or email at <u>gunteredward@yahoo.com</u>.

Directions to the Race Course

From I-20: Take the Riverwatch Parkway exit off of Interstate 20; turn left (signs to Riverfront Marina and downtown). Continue on Riverwatch Parkway approximately 5 miles until first traffic light at 15th Street. Turn right and take immediate left onto Broad Street. Continue on Broad Street until it ends at East Boundary traffic light. Go through light and turn left at Riverfront Paint and Body on Prep Phillips Drive. This will take you through the levee and directly into the regatta site.

From Highway 25 (South Augusta): Continue on Highway 25 (this is Gordon Highway) through town and over series of overpasses. After the intersection with Walton Way (Red Lobster Restaurant on right) – go over overpass and take Broad Street exit – turn right at stop sign. This road will end at a stop sign – turn left onto Reynolds Street. Follow Reynolds Street along the levee (on left) until Reynolds makes a ninety degree right (where it turns into East Boundary Street) to a traffic light. Turn left at light and then next left at Riverfront Paint and Body onto Prep Phillips Drive. This will take you through the levee and directly into regatta site.

Note: These directions are for trailers as well as individual vehicles

2004 Head of the South Schedule of Events

Starting Time	Event #	Event Name
8:15 AM	1	Men's Champ 1x
8:15 AM	2	Men's Lightweight 1x
	3	Men's & Women's Youth 1x
8:15 AM		Men's Master's 1x
8:15 AM	4	Men's Senior Master's 1x
8:15 AM	5	
8:15 AM	6	Women's Champ 1x
8:15 AM	7	Women's Lightweight 1x
8:15 AM	8	Women's Master's 1x
8:15 AM	9	Men's Grand Master's 1x
8:15 AM	10	Men's Novice 1x
8:15 AM	11	Women's Novice Singles
9:15 AM	12	Women's Freshman Novice 8+
9:15 AM	13	Women's College & Club Novice 8+
9:15 AM	14	Women's Youth Novice 8+
9:45 AM	15	Men's Club 4+
9:45 AM	16	Men's Master's 4+
9:45 AM	17	Men's Lightweight 4+
9:45 AM	18	Men's Youth 4+
9:45 AM	19	Men's Open 2-
10:30 AM	20	Women's Club 8+
10:30 AM	21	Women's Master's 8+
10:30 AM	22	Women's Lightweight 8+
10:30 AM	23	Women's Youth 8+
10:50 AM	24	Men's Champ 2x
10:50 AM	25	Men's Master's 2x
11:00 AM	26	Men's Freshman Novice 4+
11:00 AM	27	Men's College & Club 4+
11:00 AM	28	Men's Youth Novice 4+
11:30 AM	29	Women's Open 4x
11:35 AM	30	Men's & Women's Mixed 8+
11:45 AM	31	Men's Champ 4+
11:45 AM	32	Women's Champ 4+
12:00 PM	33	Men's & Women's Club 1x
12:10 PM	34	Men's & Women's Youth 2x
12:15 PM	35	Men's Recreational 1x
12:15 PM	36	Women's Recreational 1x
1:15 PM	37	Men's & Women's Mixed 2x
1:30 PM	38	Men's Club 8+
1:30 PM	30	Men's Master's 8+
1:30 PM	40	Men's Lightweight 8+
		Women's Club 4+
2:00 PM	41	Women's Master's 4+
2:00 PM	42	
2:00 PM	43	Women's Lightweight 4+
2:00 PM	44	Women's Youth 4+

2:00 PM	45	Women's Open 2-
2:45 PM	46	Men's Freshman Novice 8+
2:45 PM	47	Men's College & Club Novice 8+
2:45 PM	48	Men's Youth 8+
2:45 PM	49	Men's Youth Novice 8+
3:30 PM	50	Women's Champ 2x
3:30 PM	51	Women's Master's 2x
3:45 PM	52	Women's Freshman Novice 4+
3:45 PM	53	Women's College & Club 4+
3:45 PM	54	Women's Youth Novice 4+
4:10 PM	55	Men's Open 4x
4:20 PM	56	Mixed 4+
4:45 PM	57	Men's Champ 8+
4:45 PM	58	Women's Champ 8+

2004 Head of the South Definitions

Championship: This is an open event. There are no restrictions on the age or the level of experience of the crew.

Fours and Eights: These are sweep-oared events with coxswain in the shell.

Lightweight Crews: There is no average weight in this event. Each male rowers must weigh 165.0 lbs. or less. Each female rower must weigh 135.0 lbs. or less.

Master: (singles): 21-42 years old (category AA, A, & B).

Master (crews): Rowers age must be at least 21 years as of December 31, 2004.

Senior Master: 43-59 years old (category C, D, & E).

Men's Division: All rowers in the boat must be male except the coxswain.

Novice: These athletes have not competed prior to January 1, 2004.

Freshman: A student enrolled in their first year of college.

Recreational: Boston, Julian Recreational Racer, Little River, MAAS, Martin Trainer, etc.

Veteran: At least 60 years old (category F & Up) as of December 31, 2004.

Women's Division: All rowers in the boat must be male except the coxswain.

Youth: A rower 18 years old & under. Rowers in college are excluded from this event.

Club: This event is limited to persons (including coxswains) who, in any sculling or sweep-oared event (master and veteran events excepted), did not compete beyond quarter finals of the Henley Royal Regatta or finish among the top six places in any of the following regattas: San Diego Crew Classic, Dad Vail, Champion International Intercollegiate Regatta, EARC or EAWRC Springs, Pacific Coast Rowing Championships, NCAA Championships, IRA, Canadian Henley, any major international regatta such as Lucerne-Rotsee, any national, international or world championships or any national team selection trails, during the current calendar year.

Masters/Veterans: HANDICAP RULES: Masters and Veterans events are age-handicapped using the formula established in the USRowing Rules of Rowing prorated for the length of the course. A table showing the handicaps for any given age is available upon request. For crews, the handicap is based on the average age of the rowers or scullers.

Coxswains: May be of either sex, there is no minimum weight limit.

2004 Head of the South Online Registration Information

Online Registration

Please download the following registration forms.

2004 Waiver (pdf file)

2004 Entry Summary Form and Fee Schedule (pdf file)

2004 Individual Boat Entry Form (pdf file)

Inquires may be directed to:

Edward Gunter Head of the South Director 706 821 2875 email: gunteredward@yahoo.com

Entry Fees

Fees for registration online are as follows: Singles: \$25.00 Doubles/Pairs: \$35.00 Fours \$55.00 Quads: \$50.00 Eights: \$65.00. There is a fee cap of \$700.00 per organization. Fees must be paid in U.S. dollars.

Deadlines

All entries must be RECEIVED by online midnight Monday, November 1, 2004. No phone entries will be accepted.

Late Entries

Late entries will be accepted only if space permits. A \$30 late fee, per boat, must accompany any late entry, in addition to the standard entry fee. Late entry fees must be paid at time of regatta registration and check-In. Checks are made payable to "Augusta Rowing Club".

Scratches / Withdrawals

Entries withdrawn in writing and received before midnight, November 8, 2004, will have the entry fees refunded. After this time there will be a scratch fee of \$30.00 per boat.

Regatta Registration/Check-In - Friday, November 12

Check-in begins Friday, November 12, 2004, from 3 pm to 7 pm. All clubs, collegiate organizations, or scullers must send one designated representative only to check-in. This representative shall be responsible for all registration material, including race packets, waivers, and paying the balance due on entry fees. The designated representative must check- in, sign out race packets, provide waivers, and pay any balance due at Regatta Headquarters located in the registration building near the launch site. Additional entries and scratches must be made at this time. No exceptions are made for any deadline or registration procedure. Additional Registration will be available from 6:30 am to 10 am on Race Day at Regatta headquarters for any scullers and designated crew representatives who have pre-registered and prepaid.

Waivers

Please Note: Each competitor must execute a Rowing Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement (the "Release and Waiver") in order to row in the regatta. Among other things, the Release and Waiver releases the Head of the South Regatta and US Rowing from all liability claims, damages or losses. The blank forms may be copied as necessary. At registration, the regatta committee must receive an executed Release and Waiver form from each participating competitor. COMPETITORS WHO ARE MINORS (UNDER 18), INCLUDING COMPETITORS IN SCULLING EVENTS, MUST HAVE THEIR RELEASE AND WAIVER EXECUTED BY THEIR PARENT AND/OR LEGAL GUARDIAN. Waivers must be brought to regatta registration for each participating competitor.

2004 Head of the South Rules

Coach and Coxswain Meeting

Officials Meeting: Friday, November 12 at the Boathouse, 6:00 pm. The Coaches/Coxswains Meeting is on Friday, November 12 upstairs inside the Boathouse at 7:00 pm. NO SCRATCHES OR ADDITIONS WILL BE ACCEPTED AT THIS MEETING. LACK OF ATTENDANCE AT THE COACH AND COXSWAIN MEETING WILL BE VIEWED AS ACCEPTANCE OF RULES OF COURSE.

Practice Schedule

The race course will be available for practice on Friday, November 12, from 12:00pm to 5:00 pm. Shells must be off water by 5:30 pm or a penalty may be assessed. Practice is not allowed in the area below start line. Marshals will be overseeing practice to observe traffic pattern and safety. Please follow their directions and be alert to course workers. Coaches and/or launches will not be allowed on the Savannah River during practice.

Weigh-In

Weigh-In for lightweights will be held Friday, November 12th, from 4 pm to 7 pm and Saturday, November 13th, from 5:30 am to 10 am. Singles will be given preference on Saturday morning weigh-ins. Shirts and shorts must be worn. Only those not making weight Friday night may change events; those not making weight on Saturday morning will be scratched. Crews must arrive at weigh-in at least two hours before launch time. All lightweights must weigh in by 10 am on Saturday; Friday weigh-ins are strongly encouraged. There will be no boat weight averaging for lightweights. Maximum weight for male rowers is 165.0 pounds. Maximum weight for female rowers is 135.0 pounds. There will be no weigh-in for coxswains.

Eligibility

NOTE: for exact definitions of "Youth", "Novice", "Club", "Masters", "Senior Masters", "Veteran", "Mixed", "Champion", and "Lightweight" see Event Definitions.

a. There is no limit on the number of entries a given organization may make.

b. Wherever relevant, the age of a contestant as of December 31, 2004, governs eligibility.

c. Except for Masters, Senior Masters, Veterans, and Single events, the line-up of individual crew members need not be identified on the entry form. If the line-up is identified, substitutions may be made. Masters, Senior Masters, Veterans, and Singles entries must specifically identify the line-up on the entry form. No substitutions may be made in Masters, Senior Masters, or Veterans events after November 10, 2004. No substitutions may be made in Singles events at any time. Line-ups for all events must be submitted at or before registration.

Event Seeding

At the entry closing date, events will be seeded with complete and correct entries based on 2003 H.O.T.S. results.

Bow Balls, Bow Marker Clips, and Heel Safety Ties

All boats must be equipped with bow marker clips and bow balls. Any boats without a securely attached bow ball will be declared unsafe and will not be permitted to race. All equipment and apparel shall conform to USRA Rules of Rowing. Control commission officials will monitor all launching boats. Particular attention should be given to footgear quick release. Bow number clips and bow balls will be on sale at the site and installation will be the responsibility of the competitor.

Bow Markers

Registrants will be furnished number plates only. Please return all number plates to return dock or Regatta Headquarters. Crews not returning numbers will be assessed a \$5 fee per number.

Penalties

A 20 second penalty will be assessed for being late to start.

A 30 second penalty will be assessed for incorrectly passing or "cutting" a buoy. This occurs when the shell passes on the improper side of the buoy.

A 60 second penalty will be assessed for starting without the a bow marker.

A 30 second penalty will be assessed for failing to yield the right-of-way to a faster crew.

A 10 second penalty will be assessed for starting out of order.

Protests

All protests must be indicated on the water immediately following the finish of a race to an Official before the crew leaves the finish area. When a crew leaves the finish area, they forfeit the right to file a protest. Each protest must be filed in writing within 30 minutes of the last boat crossing the finish line for the race in question. A fee of \$ 25.00 in cash must accompany each protest. Protests are to be taken to Registration Building or the Chief Referee. Each protest will be considered by a Jury of Licensed Officials. All race results become official 45 minutes after the last boat in each event crosses the finish providing no protests have been made.

Right of Way / Passing

In accordance with USRA Rules: A crew is deemed to be overtaking another crew when it has moved to within one length of open water of the crew ahead. On those portions of the course that are straight, a crew being overtaken shall move to the right and allow the overtaking crew to pass. Where the course turns, a crew being overtaken shall move to the outside of the turn and allow the overtaking crew to pass along the shorter path. Nevertheless, passing is not allowed, nor is the crew being overtaken required to yield, in cases where the overtaking crew's position clearly prevents safe passage or where there is insufficient room to yield.

Failure to yield will result in a 30 second penalty. Passing between designated bridge spans is at your own risk.

The Course

The race is rowed upstream over a 2.8 mile course on the Savannah River. Please view the <u>2004 Map (pdf)</u>. Crews must launch from the launching dock and proceed downstream along the Georgia shore approximately 2 miles to the starting line. You will be directed by course marshals into the starting chute along the South Carolina half of the river. The course will be identified at each mile with a marker and the boundaries of the course will be between the course buoys and

the South Carolina shore. Racing will continue past the launch area and will finish before the US Hwy 1 Bridge. Please row 100 meters past the finish line and turn your crew toward the Georgia shore and return to the assigned take-out dock. Marshals will be stationed at key points to insure safety and to control traffic. Monitors will be stationed along the course to monitor the race.

Boats proceeding to the start must not impede racing, nor cross the course at any point. Violators face disqualification or exclusion. Each entrant will be responsible for arriving at the starting line five minutes prior to scheduled starting time. Entrants will start at 12-15 second intervals. The start will be in sequence of bow markers. Boats arriving more than 30 seconds after the last entrant has started will not be allowed to race. No racing starts or full pressure strokes are permitted, in any direction, in the marshaling area.

Launch and Return Docks

The dock master shall control all launching of shells. 4+, 4X, and 8+ shells will launch from the dock nearest the Regatta Headquarters building. 4+, 4X, and 8+ shells will return to the dock nearest the Augusta Rowing Club boathouse. 1X, 2-, and 2X shells will launch and return from a third dock near the warehouse building downstream from the Regatta Headquarters building.

First Call

First call for each event is 75 minutes before the official start time of the event. The second and final call will be 45 minutes before start.

Hot Seating

Crews wishing to "hot-seat" shall notify the dock master on the return dock prior to launching. Hot-seating shall be accomplished on the return dock only. A Hot Seat card will be issued to each crew wishing to hot seat. The coxswain must alert officials on the water and dock by holding the card over their heads.