



**Saturday, November 1, 2008
Information Packet**

New Date! New Course layout! New Athlete-friendly schedule! New Organizing Committee! Please join us for this year's Head of the Eagle-- a great end-of-the-season regatta. Join us in Indianapolis on the beautiful Eagle Creek Reservoir on Saturday, November 1, 2008.

Race course

This year the start will be located on the North side of the reservoir heading south through the 56th Street bridge and ending at the dam. The race will run the same direction as the 2,000 meter course.

Trailer Parking and Launch Sites

Trailer parking will be at the beach and near the boathouse. Crews should utilize the recently renovated boat storage racks. Please follow signs and volunteers will be onsite to assist you when you arrive. The boathouse and gates will be open until 7 p.m. on Friday, October 31, 2008. If you arrive later, please contact Bernadette Marten Teeley at 317.298.9456 to work out specific arrangements.

The boat storage area is fenced and will be locked overnight. The park gates are also locked at night. There will not be additional security.

Parking

Boat trailers, large buses and vans carrying athletes will be permitted in the park for free. All others will need to pay the park's daily fee of \$5 per car.

We recommend that spectators park at Rick's Boathouse on the Southside of the Reservoir. Visit www.ricksafeboatyard.com for directions. There is free parking and a great deck in which to view the finish line. Rick's will begin serving coffee at 9 a.m. with a full menu available at 10 a.m. It is a great way to make watching a head race fun!!!

Spectators and booster groups are also invited to set up tents on Eagle Creek beach, adjacent to the crew launching and docking area. Spectators should follow the regatta parking signs.

Entries

All competitors may participate in multiple events; however, competitors are responsible for allowing sufficient time to race in one event, land, and launch in time for additional event.

· *Mail in entries:* There are no mail-in entries this year. All entrants must enter on-line at Regatta Central (www.regattacentral.com)

- *On-line Entries:* RegattaCentral www.regattacentral.com will accept entries up to midnight on Monday, October 27, 2008. After that date, entries will be viewable only. All registrants who do not pay on-line, must mail their signed waiver forms and fees which must be received no later than Tuesday, October 28, 2008. All waivers must be **received** by Tuesday, October 28, 2008.

Late entries can be requested by calling IRC 317-298-9456 and, if accepted, are subject to a \$50 fee per entry.

Masters competitors must submit dates of birth for all competitors during the entry process. Crews with missing or incomplete date of birth information will race as a 27-year-old rower. The Head of the Eagle reserves the right to limit the number of entries in any one event. Confirmed entries will be posted on www.regattacentral.com.

Fees:

Eights: \$80 Fours/Quads: \$60 Doubles/Pairs: \$35 Singles: \$25

Fee Cap is at \$575 per club. Please note that to receive this fee cap all entries must be submitted under one account with the club.

The Head of the Eagle regatta will not refund scratches after the October 27, 2008 deadline.

Registration:

Scullers and crew representatives must register and pick up their regatta packets on Saturday morning, November 1, 2008 beginning at 8 a.m.

Packet pick-up is located at the beach Pavilion near the launching area.

All scratches must be reported at least one hour prior to the start of racing.

Coaches and Coxswain's meeting:

A mandatory meeting will occur at **9 a.m.** on Saturday, November 1, 2008 at the beach pavilion. Scullers should also attend.

Bow markers and Shirt Cards:

Bow markers and shirt cards must be picked up at registration. Bow markers must be affixed on the bow of the racing shell by way of an appropriate bow marker holder. Shirt cards/bib numbers must be worn visibly on the back of each single sculler or bow rower in a bow-coxed shell. Shirt cards must be worn on the backs of all coxswains of stern-coxed boats.

Weigh-ins:

Crews are expected to conform to the USRowing Rules regarding weight for lightweight athletes and coxswains. There will be no weigh-in at this year's Head of the Eagle.

Safety:

All shells must be equipped with a bow ball. Each set of shoes within the shell must be equipped with properly-secured heel tie-downs.

A boat in which the body of the coxswain is enclosed or partially enclosed within the hull of the boat shall conform to the following requirements:

(a) The opening through which the coxswain enters and exits shall be at least 2.30 feet (70 cm) long when measured along the longitudinal axis of the boat. For a

length of at least 1.64 feet (50 cm), the opening shall be as wide as the inner hull of the boat itself.

(b) The inner surface with which the coxswain's body rests shall be smooth and free of any obstacles, devices, or other structures that would hinder quick exit.

Medical: IRC thanks presenting sponsor **St Vincent Sports Performance** for its generous support. In addition to the emergency medical service provided at the event, the Head of the Eagle will have a certified athletic trainer available. Competitors wishing to take advantage of the complimentary athletic trainer services should report to the medical tent between 8:30-10am.

Results:

Real-time online, searchable results will be available on www.racetrak.com. Results will be posted at the beach pavilion as well as Ricks Boatyard Café. Results will be unofficial until such time as the reports of the referees have been received and penalties assessed.

Head of the Eagle Classifications:

All competitors must be eligible for the event division in which they are competing. Any crew containing an ineligible competitor will be violating the rules and will be disqualified from the regatta.

In accordance with NCAA rules no event within the Head of the Eagle may have collegiate competitors rowing against high school competitors (including high school coxswains).

- High school competitors must row in youth events only (i.e., not in club or open events). High school coxswains may not cox a boat in any event where collegiate crews are competing.
- Collegiate competitors must row in collegiate events only (i.e., college, club, collegiate freshman and novice, an open).

Failure to comply will cause the results of the competitors to be excluded.

Juniors-- A junior is a competitor who in the current calendar year does not attain the age of 19, or who is currently and has been continuously enrolled in secondary school as a full time student seeking a diploma.

Masters-- In accordance with USRowing rules, a master is a competitor who has attained or will attain the age of 21 during the current calendar year. Age is determined by the competitor's age as of December 31, 2008. Average age of a boat will be used for multiple-competitor boats. A master's crew shall be comprised exclusively of master's rowers, but the coxswain need not be a master.

Handicaps will be applied for all boats using the standard USRowing handicaps for a 1,000 meter course and will be multiplied by 4.6 to factor for the length of the course.

Open Event – Unrestricted. Clubs must have an A boat entered in order to enter a B boat, a B boat entered in order to enter a C. Clubs may have unlimited C and D entries.

Novice (sweep) – Any oarsperson who is eligible to row as a freshman/novice at their own institution or has not rowed in a race prior to January 1, 2008.

Practice Time

There will be no practice time on Friday, October 31 or Saturday, November 1, 2008.

Medals

Bronze, Silver and Gold Medals will be awarded for each event, provided at least three competitors competed.

One set of medals will be awarded for the winning boats among the A and B Open entries. One set of medals will be awarded for the C & D Open entries. Medals may be picked up at the Pavilion.

Penalties

Minor Violations (10 seconds)

- Each buoy missed on the course
- Shells without bow numbers/ rower numbers at the finish
- Purposely starting out of order against directions of the starter
- Failure to follow traffic rules in the launching, docking, start marshaling, or practice area
- Unsportsmanlike conduct

Major Violations (30 seconds)

- Interference with crews marshaling in the start area
- Non granting right-of-way for overtaking crews
- Missing buoy chute at start
- Missing buoy chute at finish
- Passing in the marked bridge shoot/ zone
- Launching from the incorrect dock
- Failure to pass through the appropriate span of the 56th Street bridge
- Interfering with another shell during the same race

Exclusion

- Not arriving at the start within thirty seconds of last entrant in their event
- Not complying with specified classification of events
- Interference with a racing shell by a nonracing shell
- Causing a collision
- Rowing the course with the wrong bow number

Protests

All protests must be filed within one hour of the end of the race in which the violation occurred. The crew's coxswain or representative rower/sculler must indicate the crew's intent to file a protest to the course marshal at the finish line or to the dockmaster on shore at the docks/launching area.

Protest forms are available at the Race Control/communications tent near the finish line. Protest forms must be filed directly with the USRowing race official. Have a representative from the protesting crew available during the judge and referee deliberations. A \$25 filing fee is required at the time a protest is filed. IN the event the protest is upheld, the fee will be returned. If the protest is denied, the fee will be forfeited.

Racing will begin at 10am.

Order of Racing

- 1 Mens Open Novice 8+ A & B
- 2 Mixed Open 2x
- 3 Mens Open 4+ A & B
- 4 Mens Open 4+ C & D
- 5 Mens Jr 4+ A & B
- 6 Womens Jr Novice 8+
- 7 Mens Jr Novice 4+
- 8 Mens Open 1x
- 9 Mens Masters 1x
- 10 Womens Open 1x
- 11 Womens Masters 1x
- 12 Womens Open Novice 8+ C & D
- 13 Womens Open 4+ A & B
- 14 Womens Open 4+ C & D
- 15 Womens Jr 4+ A & B
- 16 Mens Open 2-
- 17 Womens Jr Novice 4+
- 18 Womens Open 2-
- 19 Mens Jr Novice 8+
- 20 Mens Open Ltwt 4+
- 21 Womens Open Novice 8+ A & B
- 22 Womens Open Ltwt 4+
- 23 Womens Jr 8+
- 24 Mens Jr 8+
- 25 Womens Open 8+ A & B
- 26 Womens Open 8+ C & D
- 27 Mens Open 8+ A & B
- 28 Mens Open 8+ C & D
- 29 Mens Open Novice 8+ C & D

Housing

Competitors are invited to reserve rooms at the following sponsoring hotels.

Courtyard by Marriott Indianapolis Northwest

7226 Woodland Drive
Indianapolis, IN 46278
Phone (317) 297-7700
Rowing contact, Misty
<http://www.courtyardnw.com/>

Hampton Inn Northwest & Holiday Inn Express Park 100

(Sister Hotels)
7220 Woodland Drive
Indianapolis IN 46278
317-290-1212
Rowing contact, Sharita