Dear Coaches, Competitors and Spectators,

Welcome to the 2022 New Hampshire Championships Regatta, sponsored by the <u>Amoskeag Rowing</u> <u>Club</u> of Hooksett, NH and held on October 16, 2022. We strive to provide a safe and enjoyable event for all. As such, changes are made every year to improve our operations. Please read the following information as it will help you plan for and have a successful day at our race. To open links, click on the text to display the link and then click on the link.

#### **DRIVING DIRECTIONS:**

Directions to the race venue at Memorial Field, Pembroke, NH are below and are also listed on our Regatta Central page under **<u>DIRECTIONS & PARKING</u>**. For Google Maps go to: <u>Memorial Field</u>, <u>Pembroke, NH</u>.

#### ALL BUSES, TRAILERS, COACHES AND CAR-TOP BOATS SHOULD COME DOWN PLEASANT STREET. ALL OTHERS COME DOWN FRONT TO EXCHANGE.

### **Directions from the south:**

- Take I 93 North. Just before the 93 Toll Plaza, take Exit 11 (Hooksett/Route 3A).
- At the stop sign after going through the toll, turn LEFT onto Hackett Hill Road.
- At the Stop sign, turn LEFT onto Route 3A or West River Road.
- At the Traffic light, turn RIGHT onto Main Street and cross the Merrimack River. Main Street turns into College Park Drive.
- In 0.5 miles turn left on Route 3.
- In 1.4 miles take a slight left onto Pleasant Street. This will become Main Street.
- As you enter Suncook Village you will cross a bridge.
- See information on Morning Traffic Patterns below on accessing Memorial Field.

## MORNING TRAFFIC PATTERN

<u>Spectators/Rowers</u>: Take the first left after crossing the bridge onto Front Street. Follow Front Street to Exchange Street and bear right on Exchange Street. Memorial Field will be on the left. Please turn into the Town Garage parking lot to exchange their prepaid parking receipts or pay for parking.

<u>Trailers, Buses, Cars with Shells</u>: Stay on Main Street until it bears right. Turn left onto Broadway. Take the first left onto Pleasant Street. Go down the hill. Memorial Field will be straight ahead.

### **Directions from the North**

- From I-89, go to the end and head North on I-93. Take Exit 13. Turn RIGHT at lights.
- From I-93 coming from the North, take Exit 13. Stay in left lane as you approach lights.
- Take Route 3 South (cross the river) for 5.3 miles.
- In 5.3 miles bear RIGHT onto Broadway and go down the hill towards the village of Suncook.
  - Trailers/Buses/Cars with Shells: in 0.6 miles take SHARP RIGHT onto Pleasant Street. Memorial Field will be straight ahead at the end of Pleasant.
  - Spectators/Rowers: Stay on Broadway and turn RIGHT at the next intersection onto Main Street. Take the 2nd RIGHT onto Front Street. Follow Front Street to Exchange Street and bear right on Exchange Street.



### **SPECTATOR PARKING:**

- ARC PAYS ALL EVENTBRITE FEES. IT WILL COST MORE TO PAY AT THE GATE IF YOU DON'T PREPAY. Save money by prepaying for parking via **EventBrite**.
- Standard admission is \$10 prepaid per vehicle, \$15 at the gate.
- Premium admission is \$20 prepaid per vehicle, \$25 at the gate.
- Premium Parking is closer to the Team Tent area. Premium Parking will be available for purchase on-site subject to availability. Since there are a limited number of Premium Parking spaces available, if you would like to park in Premium Parking, please prepay for your pass to ensure that you get one as they may be sold out by Race Day.
- We encourage you to purchase all parking in advance. Please bring your parking receipt and exchange it at the Entrance Gate for a colored parking pass (Green for Standard parking, Red for Premium parking).
- Parking may also be paid for in cash at the Entrance Gate. Please bring \$5 or \$10 bills. However, we strongly recommend purchasing your parking pass ahead of time at <u>EventBrite</u>.

#### **BOOSTER TEAM TENT/EQUIPMENT DROP-OFF**

- The Booster Team Tent/Equipment Drop-Off standing area is available near the team tent area.
- Be sure to ask for a rectangular sticky note to indicate that you need access to Booster Drop Off.
- The maximum standing time is 5 minutes.
- Vehicles using this drop off area must exit Memorial Park and reenter via the main entrance to access the Standard Parking area, or upgrade to Premium Parking for an additional \$10.

### COACHES

- Vehicles carrying coaches do not have to pay for parking. Rowers may ride with coaches. If there are any spectators in the vehicle the vehicle will have to pay. (Rowers alone must pay parking unless they have a car-top boat.)
- Please come down Pleasant Street to enter Memorial Field

### **BUS TRAFFIC AND PARKING**

- Buses should come down Pleasant Street to enter Memorial Field.
- All Buses must be pre-registered via <u>Regatta Central</u>.
- Buses may enter Memorial Field to drop off passengers in the designated Bus Drop-Off area.
- All Buses must exit (via the Entrance Gate).
- In both the morning and afternoon, we will be holding buses in the Drop-Off Area until we have a group of buses ready to go because we need to hold-up incoming traffic for the buses to depart.
- Buses must park in the parking lot at: <u>Pembroke Academy 209 Academy Rd, Pembroke,</u> <u>NH</u>.
- At the end of the day, Buses may not come into the park until their rowers are ready for pick-up. If rowers are not ready to be picked up, the bus will be sent back out and will have to return later.

### TRAILERS TRAFFIC AND PARKING

- Trailers should come down Pleasant Street to enter Memorial Field.
- All Trailers must be pre-registered for free via **<u>Regatta Central: NH Champs</u>**
- Trailers will not be allowed into Memorial Field until after 3:00 PM on Saturday before the Race.
- Memorial Field will be open for Trailers at 6 am on Race Day.
- Tow vehicles may stay with trailers, if there is sufficient room, but other vehicles are not allowed in the trailer parking areas.

### CAR-TOP SINGLES AND DOUBLES PARKING, STAGING & LAUNCHING

- Vehicles transporting singles and doubles should park and stage in the baseball field near the registration tent. Only vehicles car-topping boats are permitted in this area.
- Singles and doubles will launch and land at the main docks at the Point near the finish line.

### **ROWER DROP-OFF**

- If you are dropping off a rower, you will need to drop them off at the Entrance gate. You will not be given a parking pass.
- You may not leave your car for any reason.

### HANDICAP PARKING

- Cars with official handicap plates or placards, may park in the Handicap Parking area in the Premium Parking area.
- Handicap cars must still prepay for \$10 Standard Parking or \$15 at the gate.
- Handicap cars will be issued a Premium (Red) Parking pass and should drive to the Premium Parking lot and ask to be directed to Handicap Parking.

### SITE MAP:

• A map of the regatta site as well as race course is available on our Regatta Central page under <u>Venue</u>. Maps are also included in the regatta pamphlet.

### **TEAM TENTS:**

- All Team Tents must be registered via <u>Regatta Central: NH Champs</u> no later than Friday <u>before the regatta</u>. Teams may purchase additional space, subject to availability, for \$30 via <u>EventBrite</u> by the same deadline
- All teams registering for Team Tent space will be pre-assigned to a space on the plateau behind the boat trailer parking area. You will be directed to your space upon arrival.

- No Team Tents will be allowed in any other area.
- Our standard Team Tent space is 10X20 ft. There is no charge for this standard space.
- Team Tents may not be set up prior to 7:00 AM on Race Day. (This does not apply to the Amoskeag Rowing Club's Satellite Clubs)
- All Team Utility Trailers must also be registered via **EventBrite** and must be placed in the 10x20 space assigned to the team unless additional space is purchased as noted above.
- NO CHARCOAL OR WOOD FIRES ALLOWED. NO GENERATORS. PROPANE ONLY.
- YOU MUST HAVE A WORKING FIRE EXTINGUISHER. THE PEMBROKE FIRE DEPARTMENT WILL BE CHECKING!!!!
- THE PEMBROKE FIRE DEPARTMENT REQUIRES THAT LANES BE KEPT CLEAR BETWEEN TENTS. PLEASE CONTROL THE SPRAWL.

**TRASH AND RECYCLING:** Trash bags will be handed out to all teams. **Please** bag all your trash and **deposit the bags in the dumpsters** before leaving for the day. We do not currently have the means to collect and recycle the large numbers of cans and bottles generated during the regatta. Please consider bringing a container for your team's recyclables and taking them home with you.

**INFORMATION AND ANNOUNCEMENTS:** General announcements, particularly delays in launch or start times, will be made via Twitter (<u>@NHChampsRegatta</u>). Questions, concerns and safety issues should be brought to the attention of the registration/information tent staff.

**FIRST AID:** An EMS team will be stationed towards the north end of the park (To view map go to our <u>VENUE</u> page on Regatta Central) and an EMT on an ATV will be available to respond to all areas of the park. If medical assistance is needed, notify regatta staff or call the local emergency number (603) 545-8361

LOST AND FOUND: Lost and found items will be held at the Registration Tent.

### **REGISTRATION:**

- The Registration Tent will open at 6:30 AM for check in and race packet pick-up. We highly encourage coaches to come with a well-prepared set of documentation to complete the check-in for their entire fleet in one pass. When arriving for check-in, bring your Regatta Central invoice to speed the check-in process.
- If you do not have all of the required documentation, you will need to wait until regatta staff is available to sort through any outstanding issues.
- We will not have the capability or time to look up waivers on Regatta Central on Race Day. You will need to submit paper waivers for all waivers not submitted electronically through Regatta Central by Thursday October 13, 2022. To download and copy the required waiver, click <u>here.</u>
- Any outstanding entry fees on race day must be submitted in the form of a check (payable to "Amoskeag Rowing Club") or exact change. We will not have change or the ability to process credit cards.
- All entry fees and waivers must be submitted before race packets will be released.

## SINGLES, DOUBLES AND COACHES/COXSWAINS MEETINGS:

- 7:30 AM singles and doubles near the launching docks at Point
- 8:00 AM Coaches/Coxswains near the launching docks at Point

#### **RACE COURSE MAP:**

A map of the race course is available on our Regatta Central page under <u>VENUE</u>. A course map will be posted at the Registration Tent and is also included in our Regatta Program.

#### **RACE SCHEDULE:**

The first Singles race is scheduled to begin at 9:00 AM and the first 4+s race should be around 9:50 AM. We expect the last race to be around 4:00 PM. <u>Race Schedules</u> and <u>Heat Sheets</u> will be posted on <u>HereNow</u> and Regatta Central in the **News Section** when they are available. The <u>Final Race Schedule</u> and <u>Final Heat Sheets</u> will be posted on <u>HereNow</u> on or about Thursday, 10/13/22. On race day, any changes in the schedule will be announced via Twitter (@NHChampsRegatta).

#### LAUNCHING:

Please do not show up to the launch until your scheduled launch time. Your launch time is 60-70 minutes prior to your race time; your race time can be found on the final schedule. Please bring a set of slings when you come to launch as there may be a wait to launch for the more heavily subscribed races (most junior 4+ and junior 8+ races). Please make every effort to launch in bow number order as this will help the referees keep everyone organized in the marshalling area near the start. Our dock schedule is very tight. Please plan ahead to move your crews on and off the docks as quickly as possible. Have extra rowers to collect shoes and carry oars onto the dock for the launching boat. Tie in after you push away from the dock. Thank you in advance for your patience, understanding and cooperation.

#### PLEASE RETURN ALL BOW NUMBERS TO THE REGISTRATION TENT AFTER YOU RACE.

### **RESULTS AND AWARDS:**

Results will be available as soon as possible and will be posted on <u>HereNow</u>. Results will also be posted on the boards near the team tent area. Once results are posted, there will be a 30 minute waiting period before they are declared Official. If there appears to be an error in the results, please speak to the staff at the registration tent within 30 minutes of posting. Once results are declared Official, medals may be claimed and signed for at the registration tent by the team coach.

#### **PROTESTS:**

Any protest must be submitted in writing to the Chief USRA Referee within 30 minutes of the finish of the last crew in the event in question. Protest forms will be available at the registration tent. This statement must contain a concise statement describing the facts that underlie the protest (including a visual description of the incident in question, bow numbers of protesting and protested crews, and names of witnesses, if any) and the relief that the crew seeks. The protest will include the individual signature of a protesting crew member (usually the cox on a sweep boat). A \$25 fee (exact cash or check payable to "Amoskeag Rowing Club") must accompany the protest. This fee will be refunded if the protest is upheld.

Remember that not every infraction on the water justifies a protest. Even if the protest is valid, the referee can only punish the offending crew by adding time or disqualifying. The referee cannot subtract time for the harmed crew.

### **LEAVING THE REGATTA:**

All buses, trailers, mini-buses must leave the venue through the entrance gate. All other vehicles must exit through the Arch Gate exit via Keystone Lane.