

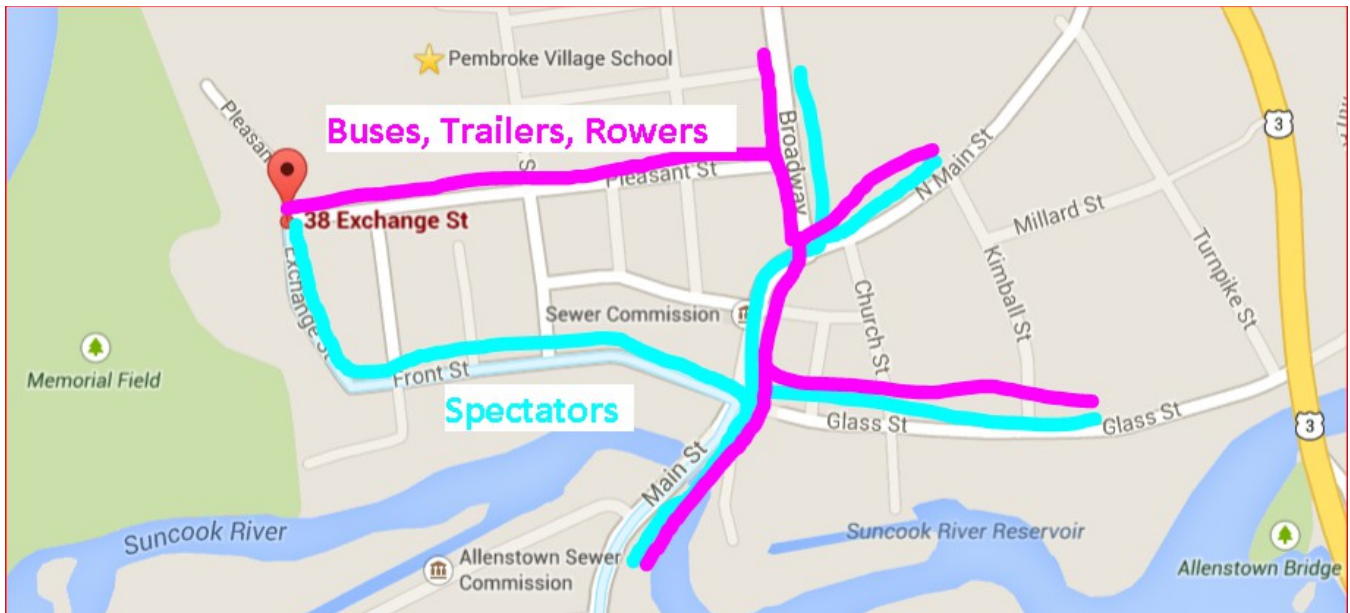
2013 Northeast Delta Dental NH Champs Race Day Information

Dear Coaches, Competitors and Spectators,

Welcome to the New Hampshire Championships Regatta, sponsored by the [Amoskeag Rowing Club](#) of Hooksett, NH. We strive to provide a safe and enjoyable event for all. As such, changes are made every year to improve our operations. Please read the following information as it will help you plan for and have a successful day at our race.

DRIVING DIRECTIONS:

Directions to the race venue at Memorial Field, Pembroke, NH are listed on our Regatta Central page under [DIRECTIONS & PARKING](#). For directions from Google Maps, MapQuest or your GPS, enter “Pleasant and Exchange Streets, Pembroke, NH”. [Map: PLEASANT & EXCHANGE STREETS](#). **ALL BUSES, TRAILERS, CAR-TOP BOATS and ROWERS SHOULD COME DOWN PLEASANT STREET.**



MORNING TRAFFIC PATTERN:

Last year we had a serious issue with traffic back up at our Entrance Gate. We are very committed to reducing this problem this year and have taken a number of mitigating steps which include:

- Implementing multiple lanes for paying admissions that will not impede traffic,
- Making Exchange Street a one-way street allowing two lanes of traffic towards the park,
- Improving all-weather access into our Standard Parking area,
- Offering vehicles the ability to prepay for parking through EventBrite,
- Having policeman directing traffic at 4 major intersections,
- Pre-assigning Booster Team tent spaces to reduce the early morning “gold rush”,

What can you do to ease congestion at the Entrance Gate?

- Carpool – minimize the number of single car vehicles and vehicles just dropping off rowers,
- Instruct your buses and trailers to enter the park via Pleasant Street,
- Watch for and follow the staff and traffic signs directing traffic,

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- Bring exact change to pay for parking,
- Prepay for Standard or Premium Parking: <https://nhchampsregatta.eventbrite.com/>. Be sure to bring your receipt and exchange it for a colored parking pass at the gate.
- Rowers and Coaches should enter the park via Pleasant Street.
- Vehicles with rowers and coaches can get a parking receipt in advance to be exchanged for a Green (Standard) parking pass at the gate via: <https://nhchampsregatta.eventbrite.com/>

SPECTATOR PARKING:

- There is a \$10 parking fee for vehicles carrying spectators.
- Parking may be paid for in cash at the Entrance Gate. Please bring \$5 or \$10 bills.
- Parking Passes may also be purchased on-line prior to the regatta at <https://nhchampsregatta.eventbrite.com/>. Bring your receipt to be exchanged for a Standard (Green) Parking pass at the Entrance Gate.
- There is limited Premium Parking, close to the team tent area, available for an additional \$10 fee, a total of \$20. You may pay for this at the Entrance Gate, upgrade to Premium upon entering Premium Parking lot, or prepay at: <https://nhchampsregatta.eventbrite.com/>. Bring your receipt and exchange it for a Red (Premium) Parking pass at the Entrance Gate.

BOOSTER TEAM TENT/EQUIPMENT DROP-OFF

- The Booster Team Tent/Equipment Drop-Off standing area is available near the team tent area.
- The maximum standing time is 5 minutes.
- Vehicles using this drop off area must exit Memorial Park and reenter via the main entrance to access the Standard Parking area, or upgrade to Premium Parking for an additional \$10.

ROWERS & COACHES

- Vehicles carrying coaches and/or rowers registered to race do not have to pay for parking.
- Please come down Pleasant Street to enter Memorial Field
- We encourage you to register for parking for no fee and bring your receipt to be exchanged for a Green (Standard) parking pass at the Entrance Gate at: <https://nhchampsregatta.eventbrite.com/>
- Cars carrying singles or doubles will park just south of the singles & doubles launch/ recovery dock. (Car topped singles and doubles can be rigged in the area next to the launch/ recovery dock.)

BUS TRAFFIC AND PARKING

- Buses should come down Pleasant Street to enter Memorial Field.
- All Buses must be pre-registered via Regatta Central.
- Buses may enter Memorial Field to drop off passengers in the designated Bus Drop-Off area.
- All Buses must exit (via the Entrance Gate).
- In both the morning and afternoon we will be holding buses in the Drop-Off Area until we have a group of buses ready to go because we need to hold-up incoming traffic for the buses to depart.
- All Buses must park in the parking lot at the [**Pembroke Village School, 28-36 High Street, Pembroke, NH.**](#)
- At the end of the day, Buses may not come into the park until their rowers are ready to be picked-up. If rowers are not ready to be picked up, the bus will be sent back out and will have to return later.

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TRAILERS TRAFFIC AND PARKING

- Trailers should come down Pleasant Street to enter Memorial Field.
- All Trailers must be pre-registered via Regatta Central.
- Trailers will not be allowed into Memorial Field until after 3:00 PM on Saturday, 10/12.
- Memorial Field will be open for Trailers at 6 am on Sunday, 10/13.
- Tow vehicles may stay with trailers but other vehicles are not allowed in the trailer parking areas.
- Equipment may be unloaded in the Drop-Off area described below.

ROWER DROP-OFF

- If you are dropping off a rower, please tell the folks at the Entrance Gate. You will not be given a parking pass. Follow the signs to the Premium Parking area but do not enter Premium Parking. You will see a Rower Drop-off area on the right, just past the entrance to Premium Parking. This is a drop-off only area. **You may not leave your car for any reason.**

HANDICAP PARKING

- Cars with official handicap plates or placards, may park in the Handicap Parking area in the Premium Parking area.
- Handicap cars must still pay for \$10 Standard Parking.
- Handicap cars will be issued a Premium (Red) Parking pass and should drive to the Premium Parking lot and ask to be directed to Handicap Parking.

SITE MAP:

A map of the regatta site is available on our Regatta Central page under [Venue](#). A map of the site is also included in the regatta program.

TEAM TENTS:

- All Team Equipment Trailers must be registered (for free) via Regatta Central.
- All Team Tents must be registered via Regatta Central no later than Friday, October 11, 2013.
- All teams registering for Team Tent space will be pre-assigned to a space on the plateau behind the boat trailer parking area. You will be directed to your space upon arrival.
- No Team Tents will be allowed in any other area (other than the Amoskeag Rowing Club's Satellite Clubs)
- Our standard Team Tent space is 10X20 ft. There is no charge for this standard space.
- Teams may purchase additional space, subject to availability, for \$30 via <https://nhchampsregatta.eventbrite.com/>.
- Team Tents may not be set up prior to 7:00 AM on Sunday, 10/13. (This does not apply to the Amoskeag Rowing Club's Satellite Clubs)
- All Team Utility Trailers must also be registered via Regatta Central and must be placed in the 10x20 space assigned to the team unless additional space is purchased as noted above.

FOOD VENDOR: [Away Cafe](#) will be providing food at this year's regatta: [Menu](#).

TSHIRT VENDOR: [N & D Sports](#) will be providing Regatta T-shirts and other rowing clothing and accessories.

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TRASH AND RECYCLING: Trash bags will be handed out to all teams. Please bag all your trash and deposit the bags in the dumpsters before leaving for the day. We do not currently have the means to collect and recycle the large amount of cans and bottles generated during the regatta. Please consider bringing a container for your team's recyclables and taking them home with you.

INFORMATION AND ANNOUNCEMENTS: General announcements, particularly delays in launch or start times, will be made via Twitter ([NHChampsRegatta](#)), Facebook ([NHChampsRegatta](#)) and on the registration/information tent white board. Questions, concerns and safety issues should be brought to the attention of the registration/information tent staff.

FIRST AID: An ambulance will be parked towards the north end of the park ([Site Map](#)) and an EMT on an ATV will be available to respond to all areas of the park. If medical assistance is needed, notify regatta staff or call the local emergency number that will be posted at the Registration Tent and Results Board.

LOST AND FOUND: Lost and found items will be held at the Registration Tent.

REGISTRATION: The Registration Tent will open at 6:30 AM for check in.

SINGLES, DOUBLES AND COACHES/COSXWAINS MEETINGS:

The following meetings will be held:

- 7:00 AM Singles at the Singles/Doubles Dock
- 7:30 AM Coaches/Coxswains at the 4's and 8's Launch Dock
- 10:30 AM Doubles at the Singles/Doubles Dock

RACE COURSE MAP:

A map of the race course is available on our Regatta Central page under [VENUE](#). A course map will be posted at the Registration Tent and is also included in our Regatta Program.

RACE/LAUNCH SCHEDULE:

The first Singles race is scheduled to begin at 8:15 AM and the first 4's race should be around 9:00 AM. We expect the last race to be around 3:30 PM. The [Final Race Schedule](#) will be posted on Regatta Central by Friday, 10/11. [Heat Sheets](#) will be also be available by Friday, 10/11 on Regatta Central in the [News Section](#). On race day, any changes in the schedule will be announced as via Twitter ([NHChampsRegatta](#)), Facebook ([NHChampsRegatta](#)) and on the Registration Tent white board.

We will be posting which Race # is being launched at both the 4's and 8's Launch Dock and Registration. Please do not show up to the launch until your schedule launch time which can be found on the final schedule and bring a set of slings when you come to launch. Our dock schedule is very tight. Please plan ahead to move your crews on and off the docks as quickly as possible. Have extra rowers carry oars onto the dock with the launching boat. Tie in after you push away from the dock.

RESULTS AND AWARDS:

Results will be available as soon as possible and everyone's patience is appreciated. They will be posted on the boards near the team tent area. Once results are posted there will be a 30 minute waiting period before they are declared final. If there appears to be an error in the results, please speak to the staff at the registration tent within 30 minutes of posting. Once results are declared final, medals may be claimed at

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the registration tent.

PHOTOGRAPHS:

Photographer Joe Provenzano of Repechage Photo will be taking photographs which may be viewed and purchased from: <http://repechage.smugmug.com/>.

LEAVING THE REGATTA:

There are detailed directions on page 10 of your program.

To Go South and East

When exiting Memorial Field via Keystone Lane, turn right on Front Street and proceed to the Stop sign at Main Street. Turn right on Main and follow it out of town. (If you come out of the Main Entrance, you'll be on Pleasant Street, go straight and follow it until it T's on to Broadway, turn right). After you enter Hooksett, stay right at the Y intersection with Merrimack Street. At the Stop sign, turn right onto College Park Drive which becomes Main Street and crosses the Merrimack River. Bear left at the lights on to Route 3A south. You will see signs to turn right to go through a 50 cent toll and get on 93 North or South.

To Go North and West

When exiting Memorial Field via Keystone Lane, turn right on Front Street and proceed to the Stop sign at Main Street. Turn left on Main and follow it through town and bear left on Broadway. (If you come out the Main Entrance you'll be on Pleasant Street, go straight and follow it until it T's on to Broadway, turn left) follow Broadway to the lights. Turn left at the lights on to Route 3. Follow Route 3 all the way to I-93.