



2023 BROCK INVITATIONAL REGATTA BULLETIN #1

TO: OUA Coordinators and Rowing Coaches:
FROM: Mary Rao
DATE: Thursday September 21, 2023
SUBJECT: Brock Invitational Regatta, October 14, 2023
LOCATION: Royal Canadian Henley Rowing Course, St. Catharines, Ontario

Events:

- | | |
|----------------------------|----------------------------|
| 1. Women's Novice 8 | 15. Men's Lightweight 2X |
| 2. Women's Novice 4 | 16. Men's Novice 8 |
| 3. Women's Novice 2x | 17. Men's Novice 4 |
| 4. Women's Open 2- | 18. Men's Novice 2x |
| 5. Men's Open 2- | 19. Women's Open 1X |
| 6. Women's Lightweight 1X | 20. Men's Open 1X |
| 7. Men's Lightweight 1X | 21. Women's Lightweight 4 |
| 8. Women's Open 2X | 22. Men's Lightweight 4 |
| 9. Men's Open 2X | 23. Women's Open 8 |
| 10. Women's Lightweight 8 | 24. Men's Open 8 |
| 11. Men's Lightweight 8 | 25. Women's Lightweight 2- |
| 12. Women's Open 4 | 26. Men's Lightweight 2- |
| 13. Men's Open 4 | 27. Mixed Para Event |
| 14. Women's Lightweight 2X | |

Tentative Schedule:

October 13th 7:00pm Coaches meeting. (virtual)
October 14th Sunrise 7:00 (approximately)
6:30-8:30am Weigh-in at Race-site for all lightweights
Launch time for races is 40min prior to race time
8:00am Heats (Last time heats ran at 6 min intervals)
Finals (every 10 minutes)
Sunset 6:39 (approximately)

*Exact times for each race will be published once entries have been finalized.

Weigh-ins: The scale hours are from 6:30-8:30am
Rowers: 1.5kg allowance
Coxswains: no weigh-in

Race Format: 2000m 7 lane with fixed start. This regatta will be buoyed every other lane with outside lanes only having one buoy line

Entry Fee: Institution Fee \$300.00
Single \$10.00
Double/Pair \$20.00
Coxed Four \$50.00
Eight \$90.00
** Does not include RowOntario or RCA seat fees

Entry Info: Entries are due by 12:00 noon on October 10, 2023
On Regatta Central

Entry Rules: Please see OUA Rules and Regulations. Any University entry using fulltime university students is eligible for full competition. CURA exemption for an institution will be applied.

Progression: Heat winners plus fastest times. Novice events heats only times will determine overall winner.

Umpires: Licensed Umpires will supervise the races

Meetings: **Coaches meeting** will be held on Friday, October 13th 7:00 pm, virtually

Awards: Gold medals will be presented to crew members and coxswains for 1st place after final race. Please collect prior to departure.

Weather Contingency:

- We may start racing at sufficient light +/-7:20am first race.
- Fastest times from heats may be used to determine winners.
- We may condense race centers as much as practicable.
- We may delay racing requiring coaches and other university volunteers to take on volunteer roles. The last race must be out of the gates no later than 45 minutes prior to sunset
- If the scenario of a compressed schedule arises, using a time trial format is a possible contingency that may be utilized

Exceptions;

Rule 2.3- Categories of Rowers and Proof of Age and Identity- For university events, the OUA requirements and categories will be used, which vary from the categories in the RCA Rules of Racing.

Rule 2.3- Categories of Rowers and Proof of Age and Identity- Identification will be not checked but upon request, government or for university events, institutional identification is preferred.

Lightweights will be required to present ID at weigh-ins

Rule 2.6- Coxies will not weigh in

Rule 2.10- Lightweight Competitors- An allowance to the maximums for lightweight competitors will be 1.5kg. Men: No individual rower shall weigh more than 74 kg. Women: No individual rower shall weigh more than 60.5 kg

Rule 2.11- Weighing of Athletes in Weight Restricted Events- Lightweight competitors must weigh-in for weight restricted events that they are competing in, but they do not have to weigh-in as a crew.

Rule 2.11- Weighing of Athletes in Weight Restricted Events- The weigh-in time period will be 6:30am till 8:30am. Lightweight rowers or crews that exceed the required weight may still race but with the status exhibition.

9.3.3 will be used; winner and fastest times. Novices straight finals winner based on time

Communication:

The phone number for the Regatta Chair Mary Rao is 289-775-1287. Email mrao@brocku.ca

A coaches only WhatsApp group is being set up for distribution of regatta information on race day. Group chat will be formed and distributed closer to the regatta start date.