Hosted by: Brock Rowing

Site: Henley Island, St. Catharines Ontario

Date: November 5th & 6th, 2022

**Important Dates and Event Schedule:**

Sunday October 30 Registration/Entries Deadline at **noon.**

Tuesday November 1 Draw Released

Thursday November 3 Race Course open for training 9:00am – 4:00pm

Friday November 4 Race Course open for training 9:00am – 4:00pm

 Athlete Registration 10am-noon / 2pm-5pm (weigh-in Room)

 Jury Meeting 5:00pm Neil Campbell Rowing Centre

 Coaches Meeting 6:30 Neil Campbell Rowing Centre

Saturday November 5 CURC Time Trials 9:00am – 3:30pm EDT

Sunday November 6 CURC Finals 8:00am – 2:30pm EST

 CURC Banquet 5:00pm

Monday November 7 CURA AGM 8:00am Alumni Clubhouse

**Regatta Chair:** Peter Somerwil

 289-783-4318

 psomerwil@brocku.ca

**Chief Umpire** Ken Campbell

**Regatta Schedule:**

|  |  |  |
| --- | --- | --- |
| **Time Saturday** | **Event** | **Time Sunday (Time Change)** |
| Daylight Saviings |  | Standard Time |
| 9:00am | W 1X | 8:00am |
| 9:30am | LM 2X | 8:30am |
| 10:00am | LW 1X | 9:00am |
| 10:30am | M 2- | 9:30am |
| 11:00am | W 8+ | 10:00am |
| 11:30am | LM 4+ | 10:30am |
| 12:00 noon | Umpire Volunteer Shift Change | 11:00am |
| 12:30pm | M 1X | 11:30am |
| 1:00pm | LW 2X | 12:00 noon |
| 1:30pm | W 2- | 12:30pm |
| 2:00pm | LM 1X | 1:00ppm |
| 2:30pm | LW 4+ | 1:30pm |
| 3:00pm | M 8+ | 2:00pm |

**Athlete/Team Registration:**

North end of Neil Campbell Rowing Centre

Friday November 4 Noon - 5:00pm

Saturday November 5 7:00 – 8:30am

**Weigh in:**

Practice scale will be available Friday November 4 9:00am – 4:00pm( location TBD)

Saturday Nov. 5, weigh in opens for LM @ 7:30am and for LW @ 8:00am

Sunday Nov. 6, weigh in opens for LM @ 6:30am and for LW @ 7:00am

Men’s crew coxswains @ LM time and women’s crew coxswains @ LW times

**Coaches Technical Meeting:**

Friday November 4, 2022 6:30pm

In person: will be in the umpires room upstairs,

(pizza wings beer pop water will be served. will be asked if attending in person for quantities)

On line: ‘Teams’; invite will be sent out to the email addresses used for entries.

**Canadian University Rowing Annual General Meeting**

Alumni clubhouse (building at the top of Henley Island)

8:00am Breakfast served (send Peter and dietary restrictions)

Online links will come from CURA treasurer.

**Sunset Sunrise Times**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **2022** | **Sunrise/Sunset** | **Astronomical Twilight** | **Nautical Twilight** | **Civil Twilight** |
| **Nov** | **Sunrise** | **Sunset** | **Start** | **End** | **Start** | **End** | **Start** | **End** |
|  |  |  |  |  |  |  |  |  |
| **5** | 7:58 AM | 6:02 PM | 6:21 AM | 7:39 PM | 6:54 AM | 7:05 PM | 7:28 AM | 6:32 PM |
|   |   |   |   |   |   |   |   |   |
| **6** | 6:59 AM | 5:00 PM | 5:22 AM | 6:38 PM | 5:55 AM | 6:04 PM | 6:29 AM | 5:30 PM |

**Athlete Amenities:**

The Neil Campbell Rowing Centre (NCRC) will have warm-up / cool down ergs, stretching mats and chairs. Please ask athletes to respect the space and keep clean.

Accessible washrooms are in the NCRC with the main washrooms and showers in the south boathouse upstairs between bay 2 & 3.

Henley Island Helpers will be open for food and drinks. Look for the tent on the patio South end of compound.

Regattasport will be selling merchandise

**Banquet**

November 6th at 5:00pm sharp

Club Roma; 125 Vansickle Road, St. Catharines

Dinner: pasta, tomato sauce (no meat), sausages and meat balls, salad, bread.

Awards: