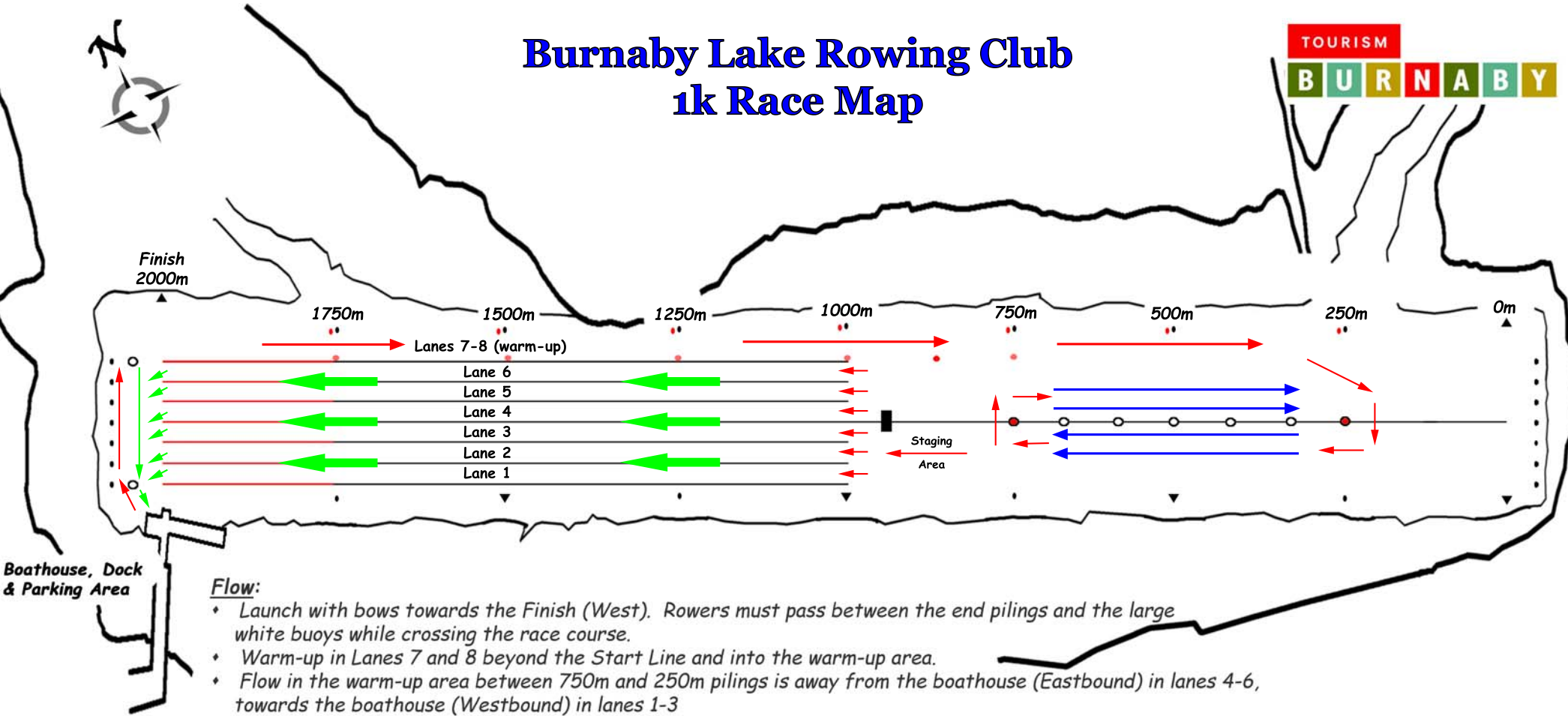


Burnaby Lake Rowing Club 1k Race Map



Flow:

- ♦ Launch with bows towards the Finish (West). Rowers must pass between the end pilings and the large white buoys while crossing the race course.
- ♦ Warm-up in Lanes 7 and 8 beyond the Start Line and into the warm-up area.
- ♦ Flow in the warm-up area between 750m and 250m pilings is away from the boathouse (Eastbound) in lanes 4-6, towards the boathouse (Westbound) in lanes 1-3

The warm-up area is bounded by large red buoys with large white buoys at approximately 100m intervals. There are small yellow buoys every 10m. **DO NOT CROSS THE BUOYLINE INTO ONCOMING TRAFFIC!** If turning early, please check for oncoming crews. Note that Lanes 1-6 are fully buoyed. The line between Lane 3 and Lane 4 is the dividing line. Be sure that you are in the correct lanes during warm up.

• Safety Buoys



BURNABY LAKE
ROWING CLUB

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