

2010 Spartan Sweepstakes Regatta

Entry Packet and General Information

The 9th Annual Spartan Sweepstakes Regatta, hosted by the Burnt Hills Rowing Association, will be held **Sunday October 3rd, 2010**. Due to the request of many, this year the regatta will again be held on a shortened 3700 meter race course. Starting in the historic stockade district of Schenectady, NY, the race will wind its way through Schenectady and Scotia coming to an end in Alplaus, NY. In addition to the normal slate of events, we will be offering a select number of mixed events open to all, rowers and coaches. For those interested, these 2 events will cap the racing at the end of the event, hopefully with many smiles and laughs. We hope you will be able to join us on the 3rd for the Spartan Sweepstakes Regatta.

IMPORTANT INFORMATION FOR 2010

1. All registration will be handled online at www.RegattaCentral.com. Deadlines will be strictly enforced.
2. **New Events**- We have added 2 mixed events open to rowers and coaches. The rules are simple, half the boat must be male and the other half female.
3. **Regatta Venue** – The regatta is held on the grounds of the Burnt Hills Boathouse and the Capital Region Maritime Center. All trailers, tents and launch docks are located on this site. Spectator parking will be available at Mohawk Valley Marine. There will be a \$5 fee per vehicle. Only tow vehicles are exempt from this charge.
4. **Entry Deadline** – The regatta entry deadline will be strictly enforced. All regatta entries must be completed online no later than 11:59pm on **September 26th, 2010**. Please make **checks payable to BHRA**
Please send your fees to:
Burnt Hills Rowing Association
PO Box 248
Burnt Hills, NY 12027
5. **Contact Information** – Any questions can be directed to our regatta chair by email at Regatta@burnthillsrowing.com.
6. **Scratches and Refunds** – There will be no entry fee refunds for scratches received after September 26th.
7. **Registration**- Team registration will take place on Sunday morning under the information tent starting at 6:30am.

8. **Waivers**- All participating athletes should have a US Rowing waiver signed. Please direct your athletes to www.regattacentral.com/athletes and have them complete the online waiver there. Paper copies of the US Rowing waiver will be accepted, however they must be received by Saturday October 2nd, 2010.

8. **Coaches/Coxswains Meeting**- The coaches and coxswains meeting will be held adjacent to the information tent at 7:30 a.m. A race schedule, map of course, and general rules will be available at this time. All coaches and coxswains are responsible for the information given at this meeting.

Important Entry Information

Definitions

- **Junior:** Eighteen years old and under on race day
- **Freshmen:** Grade 9 or younger; regardless of experience.
- **Modified:** Open to anyone in grades 6-8.
- **Novice:** Any rower who started rowing after Jan 1, 2009 may enter these events
- **Open Mixed:** Open to anyone. Eights must have 4 male/4 female; Doubles 1 male/1 female

Rules

USRA Rules of Racing shall apply

Boats being overtaken must yield to the passing boat, which must indicate its intentions. On curves, the overtaken boat should allow the overtaking boat to pass on the inside. The overtaking boat must allow ample clearance before moving in front of the passed boat.

Hot-seating (of equipment and personnel) will be performed at the crew's risk of missing an event. Under no circumstances will the start of an event be held up waiting for a late boat.

Bow numbers must be used. Numbers will be provided at registration. Crews without bow numbers will not be permitted to launch. Bow numbers are to be turned in at the launch site after racing.

Boats without bow balls and quick release footgear will not be permitted to launch. All boats will be inspected prior to launch.

Important Entry Information Continued

Results

Results for each event will be made available as soon as possible. All results posted on regatta day are unofficial. Official results will be posted on www.row2k.com and www.burnthillsrowing.com.

Awards

Medals will be awarded to first, second and third place finishers. In the case where there are not 3 entries in an event, medals will be awarded up to but not including the last place boat.

Parking

Spectator parking is available for \$5 at Mohawk Valley Marine. Please follow the parking attendants directions when driving down Maritime Dr. One food vehicle per team will be allowed to enter the boathouse area to unload only. Please do not leave cars in this area. Overnight parking of boats, trailers, and equipment will be allowed on Friday night. All trailers and equipment must be on site by 7:30am on race day. Please do not arrive prior to noon on Friday without making prior arrangements with the LOC.

Directions

From the Northway (I-87): Take exit 9W (Clifton Park). West on 146 for approximately 6 miles. Left at light to stay on 146 Bluebarns road (straight turns into Glenridge road). Right at next light (Stewart's on left) onto Riverview Road which then turns into Alplaus Avenue at the county line. The road curves left and then right, down a hill and over Alplaus Creek bridge. Left on Maritime Drive. Straight through the 2-way stop sign (after stopping), past the marina (on left) to the boathouse (on left).

From the Thruway: Take 890 to the Erie Blvd exit into Schenectady and go straight through, across Freeman's bridge and then right at the second light onto Maple Avenue (at the first light just past Freeman's Bridge Bike Shop, Stewarts on outside of intersection). Proceed for a few miles and take the first right onto Alplaus Ave. Go over the railroad tracks and take the next right onto Maritime drive. Straight through the 2-way stop sign (after stopping), past the marina (on left) to the boathouse (on left).