

# Alberta Open Regatta

## Saturday & Sunday July 6<sup>th</sup> & 7<sup>th</sup>, 2019

Dear Coaches,

This is the regatta package for the 2019 Alberta Open Rowing Championships to be held on Glenmore Reservoir in Calgary, Alberta on Saturday, July 6<sup>th</sup> and Sunday, July 7<sup>th</sup>.

The package contains important information about regatta procedures, race events, entry fees and deadlines. This regatta information (and any needed updates) can be found by visiting the Calgary Rowing Club's website, [www.calgaryrowing.com](http://www.calgaryrowing.com). Should you have any questions or comments after reviewing the material, please do not hesitate to contact the Calgary Rowing Club. The club manager is Amelie Schumacher.

email for general enquiries: Amelie Schumacher, [office@calgaryrowing.com](mailto:office@calgaryrowing.com)

Amelie's phone: 403 249 2880 (Email contact is preferred, but phone calls might make sense, for example, for visitors calling from the day before the regatta).

email for entries and questions about entries: [steve.norman.rower@gmail.com](mailto:steve.norman.rower@gmail.com)

There *may* be a *limited* number of Calgary RC boats available for loan or rent to clubs not able to bring their own equipment. Please email enquiries about this to Amelie Schumacher.

We look forward to seeing you in Calgary on race day!

Christina Fuller and Steve Norman  
Regatta Co-Chairs



## **General Information**

The entry deadline is 9:00pm MDT, Tuesday, July 2nd, 2019.

Entry fees are \$35 per athlete, regardless of how many events an athlete competes in. Fees are due before the start of racing on the day of the regatta. In addition to the per-athlete fee, a Rowing Canada fee of \$3.25 per seat will be charged.

All races will be 1500m straight on a six-lane buoyed course, with a floating start. Coaches are advised to make sure all of their rowers and coxes have had practice in maneuvering and aligning boats for floating starts.

All competitors must be registered with Rowing Canada Aviron (RCA) or their corresponding national rowing association.

RCA Rules of Racing will apply, with a few exceptions that will be made later in this race package. The complete RCA rules can be found on the web at [www.rowingcanada.org](http://www.rowingcanada.org). Coaches, please make sure your rowers and coxes are familiar with race procedures, as described in Part 10 of the RCA Rules of Racing.

Medals for winning crews will be handed out immediately following each final race.

## **Food, Drinks, and Merchandise**

Water, sports drinks, coffee, snacks and regatta T-shirts will be available for purchase at a cash-only concession stand.

We also expect that a food truck—BentoBurrito—will be at the regatta site.

## Racing Categories

**U19:** Athletes born in 2001 or later.

**Novice:** Athletes who started rowing after September 1, 2018.

**U19 Novice:** Athletes born in 2001 or later *and* who started rowing after September 1, 2018.

**Lightweight:** Male athletes 73.5kg (162.0 lbs) or less; female athletes 60kg (132.3 lbs) or less. (Note that these limits are 1kg above the RCA limits for lightweights.)

**Masters:** Athletes who will be at least 21 years old by December 31, 2019. Contrary to the RCA rules, we will allow athletes to compete in both masters and non-masters events.

**Open:** Open to all competitors.

## List of Events

Open Women: 1x, 2x, 4x, 2-, 4-, 8+

Lightweight Women: 1x, 2x

U19 Women: 1x, 2x, 4x, 2-, 4-

Masters Women: 1x, 2x, 4x

Novice Women: 2x, 4x

U19 Novice Women: 4x

Open Men: 1x, 2x, 4x, 2-, 4-, 8+

Lightweight Men: 1x, 2x

U19 Men: 1x, 2x, 4x, 2-, 4-

Masters Men: 1x, 2x, 4x

Novice Men: 2x, 4x

U19 Novice Men: 4x

Masters Mixed: 2x, 4x

Para-Rowing: Event(s) to be determined based on interest expressed by competitors and coaches. These will be 1500m time trials—competitors will be compared using

Rowing Canada gold medal standards for para-rowing events. Please contact Amelie Schumacher if you are interested in entering any athletes in Para-Rowing events at the Alberta Open.

**Combination of open, lightweight, and U19 singles events (NEW in 2019!):** All women's singles in these categories will qualify for finals through 1500m time trials on Saturday morning. Up to four finals will be seeded using time trial results. Medals will be awarded to the each of the fastest open, lightweight, and junior entries. This race organization will be repeated for men's singles events on Sunday.

**Heats and finals for other events, except masters:** Events with 7 or fewer entries will be finals-only; any event with 8 or more entries will have qualifying heats in the morning on the same day as the event's final.

**Masters events with 8 or more entries:** These events will have multiple finals, with entries divided according to average crew age. The winning crew in each final will receive medals.

### **Preliminary Regatta Schedule: Outline**

**Coaches' Meeting:** There will be a meeting of coaches and officials at 8:00pm on Friday, July 6th, at the Calgary Rowing Club boathouse.

**Start time:** We expect to start time trials for combined singles races at 7:00am each day, followed by heats for other events.

Weigh-ins for lightweights will start at 5:45am and will close at 9:00am on both days. Coxswains for 8+ races are **not** required to weigh in.

Projected start times for finals are listed in the tables on the following pages of this package. If we have to run a large number of heats, the first final may start later than 9:00am, but we will preserve the order of events.

A tentative draw and schedule will be produced by Thursday, July 4th and a final draw and schedule will be produced after the coaches' meeting on the evening of Friday, July 5th.

**Preliminary Regatta Schedule: Projected Start Times for Finals, Saturday, July 6<sup>th</sup>**

EVENT #	TIME	CATEGORY	GENDER	BOAT
1	9:00 AM	U19	men	2x
2	9:10 AM	master	men	4x
3	9:20 AM	novice	women	2x
4,5,6	9:30 AM	combined	women	1x final D
4,5,6	9:40 AM	combined	women	1x final C
4,5,6	9:50 AM	combined	women	1x final B
4,5,6	10:00 AM	combined	women	1x final A
	BREAK			
7	10:30 AM	open	men	4-
8	10:40 AM	master	women	2x
9	10:50 AM	U19 novice	men	4x
10	11:00 AM	para	combined	tbd
11	11:20 AM	open	women	8+
	BREAK			
12	11:50 AM	U19 novice	women	4x
13	12:00 PM	master	men	1x
14	12:10 PM	U19	men	4-
15	12:20 PM	U19	women	2-
16	12:30 PM	open	women	4x
17	12:40 PM	light	men	2x
18	12:50 PM	novice	men	4x
19	1:00 PM	open	men	2x
20	1:10 PM	U19	women	4x
21	1:20 PM	open	women	2-
22	1:30 PM	master	mixed	2x
23	1:40 PM	open	men	8+



**Preliminary Regatta Schedule: Projected Start Times for Finals, Sunday, July 7<sup>th</sup>**

EVENT #	TIME	CATEGORY	GENDER	BOAT
24	9:00 AM	U19	women	2x
25	9:10 AM	master	women	4x
26	9:20 AM	novice	men	2x
27,28,29	9:40 AM	combined	men	1x final D
27,28,29	9:50 AM	combined	men	1x final C
27,28,29	10:00 AM	combined	men	1x final B
27,28,29	10:10 AM	combined	men	1x final A
30	10:20 AM	open	women	4-
31	10:30 AM	master	men	2x
32	10:40 AM	master	women	1x
33	10:50 AM	U19	women	4-
34	11:00 AM	U19	men	2-
35	11:10 AM	open	men	4x
36	11:20 AM	light	women	2x
37	11:30 AM	novice	women	4x
38	11:40 AM	master	mixed	4x
39	11:50 AM	open	women	2x
40	12:00 PM	U19	men	4x
41	12:10 PM	open	men	2-

**Master’s Handicap Information**

Masters handicaps will be based on the 1000m handicaps in Appendix 5 of the 2018 RCA Rules of Racing, with handicaps multiplied by 1.5 to account for the 1500m race distance.

**Making Entries**

Entries must be made online by club coaches (not by individual crews or single scullers) at [regattacentral.com](http://regattacentral.com)