



2010 Cascadia Masters Regatta

Heat Sheet for Saturday, August 14



#	Race	Race Name	Lane 1		Lane 2		Lane 3		Lane 4		Lane 5	
1a	08:00 AM	Mixed C-D 4x Heat 1 Top 2 to Final			VRC (J. Walle-Jensen) [C/48/21.0]		Delta Deas B (K. Boyd) [C/49/22.0]		Station L (L. Wylder) [D/53/26.0]			
1b	08:10 AM	Mixed C-D 4x Heat 2 Top 2 to Final			Delta Deas D (S. Chan) [C/47/20.0]		Deep Cove (J. Gardiner) [C/47/20.0]		Delta Deas A (S. McCall) [D/51/24.0]			
9a	08:20 AM	Womens AA-A 1x Heat 1 Top 2 to Final			VRC B (L. Kelly)		VRC D (J. Kolakowska)		BLRC (T. Dotzeva)			
9b	08:30 AM	Womens AA-A 1x Heat 2 Top 2 to Final			VRC A (K. Shackleford)		VRC C (W. Yuen)		Station L (K. Buels)			
5a	08:40 AM	Womens D+ 1x Heat 1 Top 2 to Final plus Next Fastest Time			Station L A (L. Wylder) [E/57/30.0]		Nicomekl B (H. Healey) [E/59/32.0]		Delta Deas A (S. Macdonald) [D/51/24.0]		VRC (F. Crowley) [F/60/33.0]	
5b	08:50 AM	Womens D+ 1x Top 2 to Final Plus Next Fastest Time	Station L B (M. Murdock) [D54/27.0]		Whistler Rowing (J. Frazee) [D/53/26.0]		Nicomekl A (M. Tisdelle) [E/57/30.0]		Station L C (K. Futornick) [F/62/35.0]		Delta Deas B (D. Bartholomew) [F/61/34.0]	



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10a	09:00 AM	Mens C-D 2x Heat 1 Top 2 to Final			Deep Cove (J. Gardiner) [C/46/19.0]		VRC A (J. Walle-Jensen) [C/46/19.0]		Station L (S. Baird) [D/52/25.0]			
10b	09:10 AM	Mens C-D 2x Heat 2 Top 2 to Final			VRC B (I. Akgul) [C/44/17.0]		Delta Deas (S. Etkin) [D/53/26.0]		BLRC/Sammamish [Comp] (J. Schnelle) [C/43/16.0]			
13	09:20 AM	Womens AA+ 1x Final	VRC B (A. Toal) [A/35/8.0]		VRC A (S. Williams) [A/27/0.0]		North Cascades Crew (J. Huffman) [B/40/13.0]		Station L (K. Futornick) [F/62/35.0]		Whistler Rowing (J. Groff) [F/62/35.0]	
22a	09:30 AM	Womens B-C 1x Heat 1 Top 1 to Final Next 2 Best Times to Final			VRC A (W. Yuen) [B/39/12.0]		Delta Deas A (T. Gambrel) [C/48/21.0]		Station L B (E. McGrand) [C/49/22.0]		Pocock (J. Lowe) [B/42/15.0]	
22b	09:40 AM	Womens B-C 1x Heat 2 Top 1 to Final Next 2 Best Times to Final			North Cascades Crew (W. Clark) [B/38/11.0]		Station L A (P. Luong) [B/37/10.0]		Delta Deas B (L. Jones) [C/48/21.0]		Deep Cove B (G. Rijniersce) [B/41/14.0]	
22c	09:50 AM	Womens B-C 1x Heat 3 Top 1 to Final Next 2 Best Times to Final			Victoria City (T. Taylor) [C/46/19.0]		Deep Cove A (N. Fournier) [C/43/16.0]		VRC B (A. Sproull) [C/46/19.0]			



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17a	10:00 AM	Mens AA-B 2x Heat 1 Top 2 to Final			VRC A (R. Black) [A/29/2.0]		Sammamish (M. McGinnis) [B/39/12.0]		VRC B (E. Hudson) [A/32/5.0]		Rose City/BLRC [Comp] (L. Grikis) [A/34/7.0]	
17b	10:10 AM	Mens AA-B 2x Heat 2 Top 2 to Final			VRC C (B. Myra) [A/34/7.0]		Delta Deas (P. Osztian) [C/46/19.0]		Deep Cove (J. Gardiner) [C/46/19.0]			
18a	10:20 AM	Womens AA-B 2x Heat 1 Top 2 to Final			Delta Deas (S. Payne) [B/42/15.0]		Gorge RC (S. Low) [B/37/10.0]		Deep Cove (S. Wareing) [C/43/15.0]		Station L (M. Murdock) [B/41/14.0]	
18b	10:30 AM	Womens AA-B 2x Heat 2 Top 2 to Final			VRC (K. Shackleford) [A/35/8.0]		North Cascades Crew (J. Huffman) [B/39/12.0]		Vernon (N. Jedlinski) [A/32/5.0]		Pocock (J. Lowe) [B/42/15.0]	
27a	10:40 AM	Mens B-C 1x Heat 1 Top 2 to Final			Lake Washington (B. Thompson) [D/50/22.0]		VRC B (N. Barmeier) [B/37/10.0]		VRC C (B. Wager) [C/43/16.0]		Deep Cove (K. Chow) [C/49/22.0]	
27b	10:50 AM	Mens B-C 1x Heat 2 Top 2 to Final			VRC A (E. Hudson) [B/39/12.0]		Station L (A. Glasfeld) [C/49/22.0]		Delta Deas (R. Hoare) [B/38/11.0]			



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28a	11:00 AM	Womens C-D 4x Heat 1 Top 2 to Final			Delta Deas A (T. Gambrel) [C/49/22.0]		Bedford (M. Woodward) [C/47/20.0]		Delta Deas B (J. Woehrle) [D/52/25.0]		Deep Cove B (S. Wareing) [C/43/16.0]	
28b	11:10 AM	Womens C-D 4x Heat 2 Top 2 to Final			Deep Cove A (S. Sobat) [C/46/19.0]		Nicomekl/Delta Deas [Comp] (H. Healey) [D/50/23.0]		Station L (P. Luong) [C/49/22.0]		Delta Deas C (C. Veitch) [C/44/17.0]	
31a	11:20 AM	Mixed AA-B 2x Heat 1 Top 1 to Final Next 2 Best Times to Final			Delta Deas (S. Payne) [B/36/9.0]		North Cascades Crew (F. Brainerd) [B/42/15.0]		Station L B (A. Glasfeld) [B/39/12.0]		VRC E (B. Myra) [B/40/13.0]	
31b	11:30 AM	Mixed AA-B 2x Heat 2 Top 1 to Final Next 2 Best Times to Final			VRC A (A. Toal) [A/31/4.0]		BLRC/Sammamish [Comp] (J. Schnelle) [B/42/15.0]		VRC D (B. Wager) [B/41/14.0]		Gorge RC (S. Low) [A/31/4.0]	
31c	11:40 AM	Mixed AA-B 2x Heat 3 Top 1 to Final Next 2 Best Times to Final			VRC B (J. Cheung) [A/29/2.0]		Station L A (A. Freeman) [B/36/9.0]		VRC C (J. Walle-Jensen) [B/40/13.0]		Deep Cove (K. Chow) [D/51/15.0]	
11	11:50 AM	Adaptive 1x Final			Station L B (K. Erickson)		Vancouver Lake (A. Davis)		Station L A (B. Carr)			
12:00 PM Lunch			LUNCH BREAK									

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1	12:45 PM	Mixed C-D 4x FINAL from heats										
3	12:55 PM	Mens AA-C 2- Final			VRC C (S. Loewen) [A/32/5.0]		VRC B (P. Burton) [A/31/4.0]		VRC A (I. Akgul) [C/44/17.0]		Sammamish (M. McGinnis) [B/39/12.0]	
5	01:15 PM	Womens D+ 1x FINAL from heats										
6	01:25 PM	Mens AA-A 1x FINAL	VRC B (M. Garforth)		Gorge RC (D. Nova)		Rose City (D. Ellis)		VRC A (B. Myra)		Delta Deas (P. Osztian)	
7	01:35 PM	Mixed AA-B 4+ FINAL					VRC B (T. Bennett)		VRC A (G. Overholtzer)			
8	1:45 PM	Mixed E+ 4x FINAL			Delta Deas B (J. Fera)		Deep Cove (A. Grant)		Delta Deas A (J. Woehrle)			



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9	01:55 PM	Womens AA-A 1x FINAL from heats										
10	02:05 PM	Mens C-D 2x FINAL from heats										
12	02:25 PM	Mens Novice AA+ 2x FINAL			Whistler Rowing (G. Groff) [E/57/30.0]		VRC (C. Reynolds) [B/37/10.0]		Delta Deas (A. Keith) [B/39/12.0]			
					exhib.							
14	02:35 PM	Womens Ltwt AA-C 1x FINAL			Deep Cove (A. Takacs-Cox) [C/43/16.0]		VRC B (L. McCulloch) [D/54/19.0]		VRC A (S. Barakat) [A/34/7.0]		Victoria City (T. Taylor) [C/46/19.0]	
18	02:50 PM	Womens AA-B 2x FINAL from heats										
17	03:00 PM	Mens AA-B 2x FINAL from heats										



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23	03:10 PM	Womens Ltwt AA+ 2x FINAL					Nicomekl (A. Duckworth) [C/47/20.0]		Whistler Rowing (J. Groff) [G/65/38.0]			
22	03:20 PM	Womens B-C 1x FINAL from heats										
24	03:35 PM	Mixed AA-C 8+ FINAL			Station L (A. Freeman) [C/46/19.0]		VRC A (T. McNerney) [A/33/6.0]		VRC B (T. Bennett) [C/46/19.0]			
26	03:45 PM	Mens AA-B 4+ FINAL			VRC B (J. Walle-Jensen)		VRC A (K. Arnold)					
27	03:55 PM	Mens B-C 1x FINAL from heats										
28	04:05 PM	Womens C-D 4x FINAL from heats										



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29	04:15 PM	Mixed E+ 2x FINAL			Deep Cove (A. McArthur) [F/60/33.0]		Delta Deas A (S. Gauvin) [E/55/28.0]		Delta Deas B (J. Fera) [E/59/32.0]			
31	04:35 PM	Mixed AA-B 2x FINAL from heats										
32	04:45 PM	Womens Ltwt D+ 1x FINAL			Nicomekl B (m. tisdelle) [E/57/30.0]		VRC (L. McCulloch) [D/54/27.0]		Nicomekl A (S. Fletcher) [E/58/31.0]		Whistler Rowing (D. Ziff) [G/69/42.0]	
34	04:55 PM	Womens Novice AA+ 4x+ FINAL			Nicomekl (S. deBruyckere) [B/42/15.0]		VRC A (A. Toal) [A/33/6.0]		VRC B (F. Crowley) [C/48/21.0]			