



2018 Cascadia Masters Championships

Heat Sheet for Saturday, Jul 21

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
3a	08:00 AM	Mixed 4x D Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals		Gorge Narrows (J. Paine)	Station L (A. Reid)	Willamette RC (J. Withycombe)	Calgary RC (P. Young)	
3b	08:07 AM	Mixed 4x D Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals		Sammamish Rowing Association (S. Solaro)	Vancouver (J. Metras)	Lake Union/Pocock [Composite] (T. Reed)		
6a	08:14 AM	Mixed 2x B Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals	Pocock (C. Aguda)	Nicomekl (M. Mckay)	Vancouver A (C. Billinkoff)	Station L B (G. Norcross)	Vancouver C (J. Niessen)	
6b	08:21 AM	Mixed 2x B Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals	Mt. Baker (V. Bhatwadekar)	Delta Deas (J. Hankin)	Sammamish Rowing Association (T. Wallin)	Station L A (P. Luong)	Vancouver B (R. Liew)	
7a	08:28 AM	Womens 1x C Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals	Station L (K. Clifton)	Lake Union (A. Wopat)	Victoria City (J. Weirmier)	Fort Langley Community B (S. Spearman)	Deep Cove (A. Takacs-Cox)	Fort Langley Community A (L. Glanfield)
7b	08:35 AM	Womens 1x C Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals	Fort Langley Community A (D. Helmer)	College Club Seattle A (J. Huffman)	Maple Bay (J. Baker)	Vancouver (S. Geoffrion)	College Club Seattle B (N. Biery)	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
11a	08:42 AM	Mens 1x F Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals	Vancouver (L. CROWLEY)	Victoria City A (D. Wilkinson)	Deep Cove (R. Westfall)	Delta Deas (J. Norris)	Pocock (H. Koerner)	Willamette RC (D. Venema)
11b	08:49 AM	Mens 1x F Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals	College Club Seattle (L. Yaffe)	Burnaby Lake (N. Dotzev)	Maple Bay (R. Tull)	Sammamish Rowing Association (P. Struyvenberg)	Nelson RC (D. preney)	Victoria City A (L. Alexander)
12a	08:56 AM	Womens 2x E Heat 1 Top 1 Place to Finals Next 3 Best Times to Finals	Victoria City (M. Drabit)	Delta Deas A (L. Jones)	Sammamish Rowing Association B (T. Neider)	Station L (c. heron)	Calgary RC (C. Hermansen)	
12b	09:03 AM	Womens 2x E Heat 2 Top 1 Place to Finals Next 3 Best Times to Finals	Willamette RC (S. Copeland)	Delta Deas C (C. Easton)	Mt. Baker (S. Monroe)	Deep Cove (L. Staples)	Seize The Oar B (M. Knoernschild)	
12c	09:13 AM	Womens 2x E Heat 3 Top 1 Place to Finals Next 3 Best Times to Finals		Delta Deas B (J. Woehrle)	Sammamish Rowing Association A (B. Calvert)	Vancouver (A. Adair)	Seize The Oar A (E. Martin)	
13a	09:23 AM	Mens 2x AA-B Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals	Green Lake (N. Fradkin) [A/31/0.6]	Vancouver B (A. Priesnitz) [B/41/2.1]	Sammamish Rowing Association (D. DeWinter) [B/37/1.5]	Pocock A (S. Kint) [B/39/1.8]	Delta Deas (T. McCormick) [A/29/0.3]	
13b	09:30 AM	Mens 2x AA-B Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals	Station L/Regina [Composite] (R. Blake) [B/40/2.0]	Calgary RC B (S. Billo) [B/37/1.5]	Pocock B (T. Leslie) [A/34/1.1]	Vancouver C (C. Cuddy) [A/33/0.9]	Vancouver A (C. Chan) [B/41/2.1]	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
16a	09:37 AM	Womens Ltwt 1x AA-D Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals		Victoria City (T. Taylor) [D/54/15.5]	Sammamish Rowing Association B (A. Creighton) [E/58/24.5]	Pocock (C. Aguda) [D/54/15.5]	Vancouver B (W. Yuen) [C/47/5.6]	
16b	09:44 AM	Womens Ltwt 1x AA-D Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals		Sammamish Rowing Association A (M. Rinta-Piirto) [C/48/5.9]	Kelowna (L. Manders) [D/51/8.7]	Deep Cove (A. Takacs-Cox) [D/51/8.7]	Vancouver A (L. Simpson) [D/54/15.5]	
	09:51 AM	BREAK (20)						
20a	10:11 AM	Womens 2x AA-A Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals	Sammamish Rowing Association (S. Solaro) [D/51/8.2]	Fraser Valley (J. Walter) [AA/25/0.0]	Vancouver B (K. Fox) [D/53/12.4]	Mt. Baker (C. Ambros) [A/35/2.1]	False Creek (G. Cashman) [A/33/1.6]	
20b	10:18 AM	Womens 2x AA-A Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals		Burnaby Lake (K. Shorter) [B/38/2.9]	Vancouver A (S. Li) [A/32/1.3]	Deep Cove (K. Shackleford) [B/36/2.4]	Station L (A. Ryman) [A/29/0.5]	
27a	10:25 AM	Mixed 2x C Heat 1 Top 1 Place to Finals Next 3 Best Times to Finals	Vancouver B (M. Hohne)	Sammamish Rowing Association B (J. Keck)	Lake Union (A. Wopat)	Vancouver A (J. Metras)	Calgary RC A (S. Anstey)	
27b	10:32 AM	Mixed 2x C Heat 2 Top 1 Place to Finals Next 3 Best Times to Finals	Pocock (I. Baker)	Victoria City (J. Alexander)	Sammamish Rowing Association C (T. Wallin)	Gorge Narrows (R. Wood)	Sammamish Rowing Association D (B. Heimbeck)	
27c	10:39 AM	Mixed 2x C Heat 3 Top 1 Place to Finals Next 3 Best Times to Finals		Vancouver C (L. Rouse)	Station L A (K. Bott)	Sammamish Rowing Association A (C. Suzzarini)	Calgary RC A (R. Chantler)	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
33a	10:46 AM	Mens 1x C Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals		Station L (G. Norcross)	Unaff. (USA) (D. Deschenes)	Lake Washington (J. Tigani)	Calgary RC B (S. Norman)	
33b	10:53 AM	Mens 1x C Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals		Calgary RC A (S. Billo)	Nicomekl (D. Pattison)	College Club Seattle (M. Biery)		
21a	11:00 AM	Womens 4x E+ Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals		Victoria City (J. Duggan) [E/56/16.8]	Willamette RC (S. Copeland) [E/55/15.7]	Nicomekl A (S. Mortimer) [E/57/18.0]	Delta Deas (S. Gauvin) [F/64/27.4]	
21b	11:07 AM	Womens 4x E+ Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals		Mt. Baker (K. Boudreau) [E/57/18.0]	Deep Cove (A. Gussenhoven) [E/55/15.7]	Calgary RC (C. Hermansen) [E/58/19.2]	Nicomekl A (H. Healey) [F/63/25.9]	
37a	11:14 AM	Mens 2x E Heat 1 Top 2 Places to Finals Next 2 Best Times to Finals		Sammamish Rowing Association A (P. Struyvenberg)	Deep Cove (R. Thomson)	Vancouver (A. Albert)	Station L A (L. Ripley)	
37b	11:21 AM	Mens 2x E Heat 2 Top 2 Places to Finals Next 2 Best Times to Finals		Pocock (H. Koerner)		Station L B (M. Perepelitza)	Mt. Baker/Seize The Oar [Composite] (A. Ataman)	
	11:31 AM	LUNCH (1hr)						
3	12:31 PM	Mixed 4x D Final	Next fastest time #1	2nd from Mixed 4x D Heat 1	1st from Mixed 4x D Heat 1	1st from Mixed 4x D Heat 2	2nd from Mixed 4x D Heat 2	Next fastest time #2

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
4	12:38 PM	Mens Ltwt 1x AA+ Final	Sammamish Rowing Association (D. DeWinter) [A/29/0.3]	Calgary RC A (C. Steudler) [A/33/1.0]	Station L (D. Robbins) [G/65/24.3]	Calgary RC A (T. Toth) [E/59/16.1]	Regina (R. Blake) [AA/25/0.0]	
6	12:45 PM	Mixed 2x B Final	Next fastest time #1	2nd from Mixed 2x B Heat 1	1st from Mixed 2x B Heat 1	1st from Mixed 2x B Heat 2	2nd from Mixed 2x B Heat 2	Next fastest time #2
7	12:52 PM	Womens 1x C Final	Next fastest time #1	2nd from Womens 1x C Heat 1	1st from Womens 1x C Heat 1	1st from Womens 1x C Heat 2	2nd from Womens 1x C Heat 2	Next fastest time #2
8	12:59 PM	Mixed 4x E Final	Delta Deas A (J. Simonis)	Willamette RC (C. Lund)	Calgary RC A (H. White)	Delta Deas B (S. Mccall)	Victoria City (B. Williams)	Calgary RC A (J. Yaremko)
10	01:06 PM	Womens 2x G+ Final		Nicomekl (H. Healey) [G/66/0.0]	Delta Deas (G. Hubbard) [G/69/0.0]	Willamette RC (J. Byrd) [G/67/0.0]	Palo Alto/College Club Seattle [Composite] (J. Pendleton) [G/67/0.0]	
11	01:13 PM	Mens 1x F Final	Next fastest time #1	2nd from Mens 1x F Heat 1	1st from Mens 1x F Heat 1	1st from Mens 1x F Heat 2	2nd from Mens 1x F Heat 2	Next fastest time #2
12	01:20 PM	Womens 2x E Final	Next fastest time #2	1st from Womens 2x E Heat 3	1st from Womens 2x E Heat 1	1st from Womens 2x E Heat 2	Next fastest time #1	Next fastest time #3
13	01:27 PM	Mens 2x AA-B Final	Next fastest time #1	2nd from Mens 2x AA-B Heat 1	1st from Mens 2x AA-B Heat 1	1st from Mens 2x AA-B Heat 2	2nd from Mens 2x AA-B Heat 2	Next fastest time #2
15	01:34 PM	Womens 4+ AA-C Final	Mt. Baker B (M. Pailthorp) [C/48/5.5]	Vancouver B (P. Riley) [A/32/1.3]	Green Lake (Z. Cavnar-Lewandowski) [A/30/0.8]	Vancouver A (C. Linton) [B/36/2.4]	Mt. Baker A (A. Grieff) [C/49/5.8]	Vancouver C (C. Billinkoff) [A/35/2.1]
16	01:41 PM	Womens Ltwt 1x AA-D Final	Next fastest time #1	2nd from Womens Ltwt 1x AA-D Heat 1	1st from Womens Ltwt 1x AA-D Heat 1	1st from Womens Ltwt 1x AA-D Heat 2	2nd from Womens Ltwt 1x AA-D Heat 2	Next fastest time #2

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
17	01:48 PM	Mens 4x D-E Final	Station L A (G. Norcross) [D/50/3.1]	Sammamish Rowing Association (P. Dodd) [D/51/4.2]	Calgary RC (S. Anstey) [D/53/6.4]	Station L B (A. Glasfeld) [D/50/3.1]	Vancouver (J. Metras) [E/56/9.8]	Deep Cove (R. Thomson) [E/59/13.1]
18	01:55 PM	Mens 4x F+ Final	Vernon (S. Eaman) [H/70/31.6]	Delta Deas A (C. Lawrence) [F/64/18.6]	Willamette RC (B. Byrd) [F/61/15.3]	Victoria City (R. McKall) [G/69/29.2]	Calgary RC (r. galway) [F/63/17.5]	Delta Deas B (M. Bates) [F/64/18.6]
19A	02:02 PM	Womens Ltwt 1x F Final		Vancouver A (L. McCulloch)	Pocock (I. Baker)	Vancouver C (M. Leight)		
19B	02:09 PM	Womens Ltwt 1x G+ Final		Vancouver (F. Crowley) [G/68/42.0]	Victoria City (A. Linton) [G/67/40.0]	Pocock (J. Stone) [I/78/65.0]	Sammamish Rowing Association (S. Amorosi) [G/65/36.1]	
20	02:16 PM	Womens 2x AA-A Final	Next fastest time #1	2nd from Womens 2x AA-A Heat 1	1st from Womens 2x AA-A Heat 1	1st from Womens 2x AA-A Heat 2	2nd from Womens 2x AA-A Heat 2	Next fastest time #2
	02:23 PM	BREAK (20)						
21	02:43 PM	Womens 4x E+ Final	Next fastest time #1	2nd from Womens 4x E+ Heat 1	1st from Womens 4x E+ Heat 1	1st from Womens 4x E+ Heat 2	2nd from Womens 4x E+ Heat 2	Next fastest time #2
22	02:50 PM	Womens 1x D Final	Palo Alto (J. Pendleton)	Pocock (C. Aguda)	Maple Bay (J. Baker)	Nicomekl (M. Mckay)	Kelowna (L. Manders)	Whistler Rowing (m. harriman)
23A	02:57 PM	Mixed 4x AA-A Final		Fraser Valley (K. Krahn) [AA/26/0.0]	Vancouver (P. Riley) [A/32/0.9]	Lake Washington (R. Wong) [A/30/0.6]	Green Lake (N. Fradkin) [A/29/0.4]	
23B	03:04 PM	Mixed 4x B Final		Vancouver B (A. Priesnitz)	Mt. Baker (V. Bhatwadekar)	Vancouver C (E. Lim)	Vancouver D (J. Niessen)	
24	03:11 PM	Mens 1x D Final		Deep Cove (N. Stewart)	Station L (M. Perepelitza)	Vancouver (P. MACMARTIN)	College Club Seattle (M. Biery)	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
25	03:18 PM	Mixed 4+E+ Final		Vancouver (R. Rahn) [E/58/17.8]	Mt. Baker (J. Zilavy) [E/55/12.9]	Willamette RC (D. Venema) [G/65/29.3]	Green Lake (S. Gannon) [E/55/12.9]	
26	03:25 PM	Womens Ltwt 4x AA+ Final		Sammamish Rowing Association (A. Creighton) [E/56/16.6]	Victoria City (M. Pimlott) [F/61/26.0]	Station L (D. Atwood) [E/58/20.4]		
27	03:32 PM	Mixed 2x C Final	Next fastest time #2	1st from Mixed 2x C Heat 3	1st from Mixed 2x C Heat 1	1st from Mixed 2x C Heat 2	Next fastest time #1	Next fastest time #3
28	03:39 PM	Mens 2- AA+ Final		Vancouver (H. Contreras) [A/35/1.3]	Willamette RC (B. Byrd) [F/61/18.9]	Station L (E. Halprin) [B/37/1.7]		
29	03:46 PM	Womens 8+ AA-B Final		Green Lake (Z. Cavnar-Lewandowski) [B/40/3.0]	Vancouver A (C. Linton) [A/33/1.4]	Vancouver B (C. Houlden) [A/32/1.2]		
30	03:53 PM	Mixed 4x F+ Final	Delta Deas (S. Macdonald) [F/63/23.5]	Vancouver (L. CROWLEY) [G/65/26.5]	Victoria City A (D. Harrison) [F/64/25.0]	Victoria City B (J. Duggan) [F/61/20.5]	Deep Cove (W. Perez) [F/60/19.1]	Calgary RC (r. galway) [F/61/20.5]
31	04:00 PM	Womens Ltwt 1x E Final	Sammamish Rowing Association (A. Creighton)	Station L (c. heron)	Maple Bay (J. Baker)	Vancouver (L. McCulloch)	Gorge Narrows (H. Johnstone)	
32	04:07 PM	Womens 4x C Final		Station L A (K. Clifton)	Station L/College Club Seattle [Composite] B (S. Ey)	Vancouver (D. Luebkekmann)		
33	04:14 PM	Mens 1x C Final	Next fastest time #1	2nd from Mens 1x C Heat 1	1st from Mens 1x C Heat 1	1st from Mens 1x C Heat 2	2nd from Mens 1x C Heat 2	Next fastest time #2
34	04:21 PM	Womens 1x F Final		Pocock (I. Baker)	Maple Bay (R. Rutledge)	Lake Union (A. Wopat)	Palo Alto (J. Pendleton)	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	04:28 PM	BREAK (20)						
35	04:48 PM	Mixed 2x AA-A Final	Lake Washington A (E. Stagnaro) [A/32/1.0]	Deep Cove (N. Stewart) [D/53/9.6]	Station L/Regina [Composite] (R. Blake) [AA/25/0.0]	Vancouver (K. Taylor) [A/34/1.4]	Lake Washington B (R. Wong) [A/28/0.2]	Samamish Rowing Association (C. Suzzarini) [A/33/1.2]
36	04:55 PM	Mens 4+AA+ Final		Station L (P. Volz) [C/48/3.2]	Willamette RC (J. Meyerhoff) [F/61/17.1]	Green Lake (N. Fradkin) [B/41/2.1]	Mt. Baker (S. Littlepage) [D/53/7.2]	
37	05:02 PM	Mens 2x E Final	Next fastest time #1	2nd from Mens 2x E Heat 1	1st from Mens 2x E Heat 1	1st from Mens 2x E Heat 2	2nd from Mens 2x E Heat 2	Next fastest time #2
38	05:09 PM	Womens 2x B Final	Vancouver C (J. Lewis)	Burnaby Lake (K. Shorter)	Vancouver B (C. Linton)	Station L (K. Bott)	Samamish Rowing Association (Y. Poltorak)	Vancouver A (S. Geoffrion)
39A	05:16 PM	Womens Novice 1x AA-B Final	Victoria City A (A. Coosemans) [B/40/3.7]	Vancouver A (D. Stevenson- Moore) [A/35/2.3]	Vancouver B (K. Panesar) [AA/26/0.0]	Victoria City A (A. Steadman) [A/35/2.3]	Vancouver D (L. Moffatt) [B/38/3.1]	
39B	05:23 PM	Womens Novice 1x C+ Final		Victoria City B (F. Anderson) [F/60/27.2]	Vancouver (K. Fox) [D/50/13.2]	Victoria City C (I. Sladeczek) [D/54/18.2]	Samamish Rowing Association (C. Pinnell) [C/46/9.0]	
40	05:30 PM	Mens Novice 2x AA+ Final	Victoria City A (P. Carter) [E/57/12.1]	Vancouver C (W. Staden) [A/32/0.8]	Vancouver A (A. Ehrenholz) [A/34/1.1]	Victoria City B (j. canet) [D/51/4.7]	Vancouver B (D. Wardell) [A/34/1.1]	
9A	05:37 PM	Womens 8+ C Final		Vancouver A (P. Riley)	Mt. Baker (L. Normand)	Vancouver B (J. Schultz)		
9B	05:44 PM	Womens 8+ D+ Final		Nicomekl/Delta Deas [Composite] (J. Woehrle) [E/58/19.2]	Station L (S. Ey) [D/50/10.6]	Victoria City (J. Weirmier) [E/57/18.0]	Calgary RC (H. White) [D/53/13.5]	

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
41	05:51 PM	Mixed 2x PARENT- CHILD RACE Final		Delta Deas (D. McCall) [C/45/3.7]	Calgary RC (C. White) [C/43/3.3]	Deep Cove (J. Cox) [B/36/1.8]		
42	05:58 PM	Mixed 2x Para Event Final		Seize The Oar C (M. Knoernschild) [A/29/0.4]	Seize The Oar B (A. Ataman) [B/42/3.1]	Seize The Oar A (E. Martin) [A/35/1.6]		