

2016 Cascadia Masters Championships

Heat Sheet for Saturday, Jul 16

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
4a	08:00	Womens 1x C Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Deep Cove (G. Rijniersce)	North Cascades (J. Huffman)	Inlet (P. Russell)	Burnaby Lake (G. Bickel)	South Cariboo (D. Heise)
4b	08:07	Womens 1x C Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Deep Cove (A. Takacs-Cox)	Station L (P. Luong)	Coeur d'Alene (C. Shirts)	Fort Langley Community (M. Laurinolli)	Whistler Rowing (M. Harriman)
6a	08:14	Womens 2x E Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Delta Deas B (S. Gauvin)	Palo Alto/College Club Seattle [Composite] (J. Pendleton)	Station L (L. Jensen)	Conibear A (T. Vagen)	
6b	08:21	Womens 2x E Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Commencement Bay (M. Bertolini)	Delta Deas A (S. Macdonald)	Conibear B (M. Coffren-Barton)	Vancouver Lake (N. Chandlee)	
10a	08:28	Womens 4+ AA-C Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Wenatchee (T. Welsh-Becker) [B/37/2.6]	Vancouver B (K. Stranks) [AA/26/0.0]	Willamette RC (J. Withycombe) [B/40/3.4]	Mt. Baker (B. Morcom) [C/45/4.8]	
10b	08:35	Womens 4+ AA-C Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Station L (S. Walker) [B/42/4.0]	Commencement Bay (R. Beatte) [D/50/6.1]	Vancouver A (S. Forsting) [C/43/4.2]		

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
11a	08:42	Womens Ltwt 1x AA-C Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Fort Langley Community (M. Laurinolli) [C/44/4.8]	Lake Union (L. Trevino) [A/32/1.4]	Vancouver (B. Biorn) [C/47/5.6]		
11b	08:49	Womens Ltwt 1x AA-C Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Inlet (S. van As) [C/48/5.9]	Nicomekl (M. Mckay) [D/50/6.5]	Maple Bay (J. Baker) [E/57/22.3]		
12a	08:56	Mens 4x D-E Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Sammamish Rowing Association (B. Lewis) [D/51/4.2]	Station L A (A. Glasfeld) [D/53/6.4]	Whatcom Rowing (B. Diehl) [H/70/31.6]	Vancouver/Whistler Rowing [Composite] (J. Gardiner) [D/54/7.5]	
12b	09:03	Mens 4x D-E Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Victoria City (C. Molholm) [F/63/17.5]	Deep Cove (N. Stewart) [D/54/7.5]	Station L B (G. Baker) [D/52/5.3]		
14a	09:10	Womens Ltwt 1x F+ Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver (L. McCulloch) [F/60/29.0]	Conibear (I. Baker) [F/61/31.3]	Station L (D. Atwood) [F/61/31.3]	Whistler Rowing (J. Groff) [G/68/47.1]	
14b	09:17	Womens Ltwt 1x F+ Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Burnaby Lake (c. shpak) [F/61/31.3]	North Cascades (K. Runyon) [F/64/38.1]	Vancouver (F. Crowley) [G/66/42.6]		
16a	09:24	Womens 2x AA-A Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver C (K. Stranks)	Lake Union (K. Choi)	Willamette RC (J. Withycombe)	North Cascades (J. Huffman)	

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
16b	09:31	Womens 2x AA-A Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Gorge Narrows (B. Graham)	Vancouver B (K. Taylor)	Delta Deas/Burnaby Lake [Composite] (K. McGillivray)		
17a	09:38	Womens 4x E Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Gorge Narrows (L. Ramsay)	Delta Deas (J. Woehrle)	Willamette RC (C. Lund)	Deep Cove (G. Rijniersce)	
17b	09:45	Womens 4x E Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Conibear (T. Vagen)	San Diego RC (j. pederson)	Mt. Baker (J. Hietter)	Commencement Bay (M. Bertolini)	
21a	09:52	Mixed AA-B 4x Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Sammamish Rowing Association B (L. Player) [C/46/3.5]	Station L (J. Dukes) [A/35/1.5]	Sammamish Rowing Association A (B. Lewis) [C/49/4.1]	San Diego RC (w. bassett) [B/36/1.7]	
21b	09:59	Mixed AA-B 4x Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Sammamish Rowing Association C (J. Conlu) [C/43/3.0]	Vancouver (E. Hudson) [C/46/3.5]	Willamette RC (K. Moore) [B/39/2.2]		
	10:06	Break					
22a	10:26	Mens 1x D Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Coeur d'Alene (D. Anderson)	Sammamish Rowing Association (P. Dodd)	Vancouver Lake (D. Venema)		
22b	10:33	Mens 1x D Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Maple Bay (B. Wallich)	Delta Deas (C. Garrett)	Station L (M. Perepelitza)		

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
26a	10:40	Mixed 2x AA-A Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver B (C. Charlton)	Lake Union (K. Choi)	Vancouver C (K. Burnett)	Gorge Narrows (C. Millan)	
26b	10:47	Mixed 2x AA-A Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Willamette RC (S. Gribbons)	Vancouver A (K. Taylor)	Station L (J. Dukes)		
27a	10:54	Mixed 2x B Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Station L B (K. Kemper)	Gorge Narrows (R. Wood)	Vancouver A (P. Osztian)	Deep Cove (N. Stewart)	
27b	11:01	Mixed 2x B Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	San Diego RC (a. brunson)	Sammamish Rowing Association (R. Malinovskyy)	Station L A (E. Halprin)	Vancouver B (C. Rouse)	
28a	11:08	Mixed 2x E Heat 1 Top 1 Place to Finals Next 2 Best Times to Finals	Gorge Narrows (L. Chung)	Vancouver B (F. Crowley)	Mt. Baker (J. Hietter)	Delta Deas B (J. Woehrle)	
28b	11:15	Mixed 2x E Heat 2 Top 1 Place to Finals Next 2 Best Times to Finals	Station L (A. Glasfeld)	Victoria City (J. Alexander)	Vancouver A (C. Thompson)	College Club Seattle (C. Hamlin)	
28c	11:22	Mixed 2x E Heat 3 Top 1 Place to Finals Next 2 Best Times to Finals	Coeur d'Alene (D. Anderson)	Vancouver Lake (C. Cadran)	Delta Deas A (R. Stout)	Deep Cove (W. Moore)	

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
30a	11:29	Womens 1x D Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Nicomekl (M. Mckay)	Burnaby Lake (G. Bickel)	Delta Deas (L. Jones)	San Diego RC (E. Dinsdale)	
30b	11:36	Womens 1x D Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Conibear (T. Vagen)	Fort Langley Community (L. Glanfield)	Palo Alto (J. Pendleton)	Whistler Rowing (M. Harriman)	
34a	11:43	Mens 1x C Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver (P. MACMARTIN)	Pocock (D. Deschenes)	Vancouver (S. Paquette)	Delta Deas (C. Garrett)	
34b	11:50	Mens 1x C Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Gorge Narrows (R. Wood)	Deep Cove (C. Johns)	Vancouver (P. Osztian)	Olympic Peninsula (S. Halberg)	
35Ba	11:57	Womens 1x G+ Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Whistler Rowing (D. Ziff) [I/75/62.9]	Delta Deas (D. Bartholomew) [G/67/44.8]	Pocock (J. Stone) [I/76/65.1]		
35Bb	12:04	Womens 1x G+ Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Gorge Narrows (D. Morris) [G/66/0.0]	College Club Seattle (N. Andreadis) [G/69/0.0]	Whistler Rowing (J. Groff) [G/68/0.0]		
37a	12:11	Mens 2x E Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver A (M. Uhlenbruck)	Station L (M. Perepelitza)	Commencement Bay (A. Udbye)		

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
37b	12:18	Mens 2x E Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Delta Deas (P. Woehrle)	Vancouver B (D. Craveiro)	Vancouver Lake (D. Venema)	Deep Cove (W. Perez)	
38a	12:25	Womens 2x B Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Willamette RC (J. Withycombe)	Mt. Baker (L. Mennet)	Vancouver B (J. Mullard)	Gorge Narrows (J. Little)	
38b	12:32	Womens 2x B Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Station L (S. Walker)	North Cascades (J. Huffman)	Vancouver A (K. Burnett)		
40a	12:39	Mens Novice 2x AA+ Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver E (V. Terletsky) [A/33/0.0]	Vancouver A (J. Knutsen) [A/35/0.0]	Vancouver C (S. Colins) [A/28/0.0]		
40b	12:46	Mens Novice 2x AA+ Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver D (H. Siewert) [C/47/3.0]	Gorge Narrows (D. Tudhope) [D/51/4.7]	Vancouver B (E. Lim) [B/38/1.7]		
	12:53	Break - Lunch					
1	01:43	Mixed 1x Para Event AS Saturday Final	Vancouver (P. Finkbeiner) [A/28/0.2]	Seize The Oar (M. Grady) [AA/25/0.0]	Seize The Oar (A. Ruby) [B/36/2.0]	Delta Deas (T. Asseldonk) [A/31/0.9]	
2	01:50	Mixed 1x Para Event TA Saturday Final	Vancouver (P. Assinck) [A/33/0.0]	Vancouver (J. Burton) [A/31/0.0]	Gorge Narrows (C. Millan) [A/30/0.0]	Vancouver Lake (A. Davis) [A/34/0.0]	

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
ЗA	01:57	Mixed 4x D Final	Sammamish Rowing Association A (B. Lewis)	Gorge Narrows (J. Paine)	Mt. Baker (M. Johnson)	Sammamish Rowing Association B (B. Heimbeck)	Commencement Bay (K. Jensen)
3B	02:04	Mixed 4x E Final	Delta Deas (S. Mccall)	Victoria City A (S. Rudosky)	Deep Cove (K. Chow)	Mt. Baker (J. Hietter)	Victoria City B (C. Molholm)
4	02:11	Womens 1x C Final	Next fastest time #1	2nd from Womens 1x C Heat 1	1st from Womens 1x C Heat 1	1st from Womens 1x C Heat 2	2nd from Womens 1x C Heat 2
5	02:18	Womens 8+ C+ Final	Willamette RC (J. Withycombe) [C/44/4.0]	Vancouver (M. Thomson) [C/43/3.7]	San Diego RC (j. pederson) [E/58/20.4]	Mt. Baker/Lake Union [Composite] (B. Morcom) [C/49/5.1]	
6	02:25	Womens 2x E Final	Next fastest time #1	2nd from Womens 2x E Heat 1	1st from Womens 2x E Heat 1	1st from Womens 2x E Heat 2	2nd from Womens 2x E Heat 2
7A	02:32	Mens 2x AA-A Final	Vancouver A (A. Doucette)	San Diego RC (O. Correa)	Vancouver B (B. Wristen)	Delta Deas (T. McCormick)	
7B	02:39	Mens 2x B Final	Station L (J. Dukes)	Vancouver (P. Osztian)	Sammamish Rowing Association (J. Conlu)		
8	02:46	Mens Ltwt 1x AA-C Final	Station L (E. Halprin) [B/37/1.7]	Fort Langley Community (B. Waugh) [C/48/3.5]	Lake Union (A. Ramos) [A/31/0.7]	Sammamish Rowing Association (R. Malinovskyy) [A/35/1.3]	San Diego RC (W. Lai) [C/47/3.4]
9	02:53	Mens Ltwt 1x D+ Final	Victoria City (J. Alexander) [F/61/18.9]	Gorge Narrows (P. Desjardins) [E/59/16.1]	Mt. Baker (P. Luu) [D/54/9.3]	Deep Cove (K. Chow) [E/55/10.7]	Station L (A. Glasfeld) [E/55/10.7]
10	03:00	Womens 4+ AA-C Final	Next fastest time #1	2nd from Womens 4+ AA-C Heat 1	1st from Womens 4+ AA-C Heat 1	1st from Womens 4+ AA-C Heat 2	2nd from Womens 4+ AA-C Heat 2
11	03:07	Womens Ltwt 1x AA-C Final	Next fastest time #1	2nd from Womens Ltwt 1x AA-C Heat 1	1st from Womens Ltwt 1x AA-C Heat 1	1st from Womens Ltwt 1x AA-C Heat 2	2nd from Womens Ltwt 1x AA-C Heat 2

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
12	03:14	Mens 4x D-E Final	Next fastest time #1	2nd from Mens 4x D-E Heat 1	1st from Mens 4x D-E Heat 1	1st from Mens 4x D-E Heat 2	2nd from Mens 4x D-E Heat 2
13	03:21	Mens 4x F+ Final	San Diego RC (B. Randall) [F/62/16.4]	Victoria City (D. Harrison) [G/67/24.5]	Willamette RC (B. Byrd) [F/60/14.2]	Mt. Baker (d. baker) [F/60/14.2]	Delta Deas (M. Bates) [F/62/16.4]
14	03:28	Womens Ltwt 1x F+ Final	Next fastest time #1	2nd from Womens Ltwt 1x F+ Heat 1	1st from Womens Ltwt 1x F+ Heat 1	1st from Womens Ltwt 1x F+ Heat 2	2nd from Womens Ltwt 1x F+ Heat 2
15	03:35	Womens Ltwt 1x G+ - joined with F Final					
16	03:35	Womens 2x AA-A Final	Next fastest time #1	2nd from Womens 2x AA-A Heat 1	1st from Womens 2x AA-A Heat 1	1st from Womens 2x AA-A Heat 2	2nd from Womens 2x AA-A Heat 2
17	03:42	Womens 4x E Final	Next fastest time #1	2nd from Womens 4x E Heat 1	1st from Womens 4x E Heat 1	1st from Womens 4x E Heat 2	2nd from Womens 4x E Heat 2
18	03:49	Womens 4x F+ Final	Palo Alto/Pocock/Whistler Rowing/College Club Seattle [Composite] (J. Pendleton) [H/70/42.8]	Delta Deas (S. Gauvin) [F/61/26.0]	San Diego RC (R. Penninga) [F/60/24.1]		
19	03:56	Mens 4+ D+ Final	Mt. Baker (M. Johnson) [D/52/6.0]	Whatcom Rowing (A. Osborn) [E/56/10.9]	Commencement Bay (M. Johnson) [E/58/13.4]	San Diego RC (W. Foss) [F/62/18.3]	Station L (S. Urbatsch) [E/55/9.7]
21	04:03	Mixed AA-B 4x Final	Next fastest time #1	2nd from Mixed AA-B 4x Heat 1	1st from Mixed AA-B 4x Heat 1	1st from Mixed AA-B 4x Heat 2	2nd from Mixed AA-B 4x Heat 2
	04:10	Break					
22	04:30	Mens 1x D Final	Next fastest time #1	2nd from Mens 1x D Heat 1	1st from Mens 1x D Heat 1	1st from Mens 1x D Heat 2	2nd from Mens 1x D Heat 2

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
23	04:37	Mixed 4+D+ Final	Mt. Baker A (K. Yruretagoyena) [D/53/9.6]	San Diego RC (W. Lai) [D/51/6.4]	Whatcom Rowing (k. smith) [D/50/4.7]	Mt. Baker B (M. Johnson) [E/58/17.8]	Station L (A. Glasfeld) [E/58/17.8]
24	04:44	Womens Ltwt 4x AA+ Final					
25	04:44	Mens 2- AA+ Final	Mt. Baker (A. Wagner) [D/50/3.9]	Vancouver B (A. Doucette) [A/29/0.3]	San Diego RC (W. Foss) [E/55/10.7]	Vancouver A (R. Rahn) [G/67/30.2]	Vancouver C (S. Paquette) [B/37/1.7]
26	04:51	Mixed 2x AA-A Final	Next fastest time #1	2nd from Mixed 2x AA-A Heat 1	1st from Mixed 2x AA-A Heat 1	1st from Mixed 2x AA-A Heat 2	2nd from Mixed 2x AA-A Heat 2
27	04:58	Mixed 2x B Final	Next fastest time #1	2nd from Mixed 2x B Heat 1	1st from Mixed 2x B Heat 1	1st from Mixed 2x B Heat 2	2nd from Mixed 2x B Heat 2
28	05:05	Mixed 2x E Final	Next fastest time #2	1st from Mixed 2x E Heat 3	1st from Mixed 2x E Heat 1	1st from Mixed 2x E Heat 2	Next fastest time #1
29	05:12	Womens 8+ AA-B Final					
30	05:12	Womens 1x D Final	Next fastest time #1	2nd from Womens 1x D Heat 1	1st from Womens 1x D Heat 1	1st from Womens 1x D Heat 2	2nd from Womens 1x D Heat 2
31	05:19	Mixed 4x F+ Final	Delta Deas (S. Macdonald) [F/61/20.5]	Willamette RC (B. Byrd) [F/61/20.5]	San Diego RC (B. Randall) [G/66/28.7]		
32	05:26	Womens Ltwt 1x D-E Final	Sammamish Rowing Association (A. Creighton) [E/56/20.0]		Victoria City (T. Taylor) [D/52/11.0]	Maple Bay (J. Baker) [E/57/22.3]	
33	05:33	Womens 4x C Final	Vancouver B (K. Burnett)	Deep Cove (G. Rijniersce)	Gorge Narrows (J. Little)	Vancouver A (J. Mullard)	Delta Deas/Burnaby Lake [Composite] (K. McGillivray)

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
34	05:40	Mens 1x C	Next fastest time #1	2nd from	1st from	1st from	2nd from
		Final		Mens 1x C	Mens 1x C	Mens 1x C	Mens 1x C
				Heat 1	Heat 1	Heat 2	Heat 2
35A	05:47	Womens 1x F	Lake Union	Conibear	North Cascades	Conibear	
		Final	(A. Wopat)	(G. Schueler)	(K. Runyon)	(I. Baker)	
35B	05:54	Womens 1x G+	Next fastest time #1	2nd from	1st from	1st from	2nd from
		Final		Womens 1x G+	Womens 1x G+	Womens 1x G+	Womens 1x G+
				Heat 1	Heat 1	Heat 2	Heat 2
36	06:01	Mens 4+AA-C	Station L	Willamette RC	Wenatchee	Mt. Baker	San Diego RC
		Final	(G. Norcross)	(K. Moore)	(D. Bentsen)	(A. Wagner)	(a. brunson)
			[C/48/3.2]	[C/46/2.9]	[C/45/2.7]	[C/44/2.6]	[A/28/0.2]
37	06:08	Mens 2x E	Next fastest time #1	2nd from	1st from	1st from	2nd from
		Final		Mens 2x E	Mens 2x E	Mens 2x E	Mens 2x E
				Heat 1	Heat 1	Heat 2	Heat 2
38	06:15	Womens 2x B	Next fastest time #1	2nd from	1st from	1st from	2nd from
		Final		Womens 2x B	Womens 2x B	Womens 2x B	Womens 2x B
				Heat 1	Heat 1	Heat 2	Heat 2
39A	06:22	Womens Novice 1x AA-	Vancouver	Station L	Vancouver	Gorge Narrows	Vancouver
		В	(A. Wall)	(K. Kemper)	(S. Nichol)	(C. Gisborne)	(E. Beaudoin)
		Final	[A/33/1.7]	[B/42/4.2]	[A/33/1.7]	[A/30/0.8]	[A/31/1.1]
39B	06:29	Womens Novice 1x C+	Gorge Narrows	Vancouver	North Cascades	Vancouver	Nicomekl
		Final	(H. Johnstone)	(B. Meissner)	(V. Posey)	(M. Leight)	(L. Marchand)
			[D/54/15.5]	[C/44/4.8]	[F/61/31.3]	[E/58/24.5]	[E/56/20.0]
40	06:36	Mens Novice 2x AA+	Next fastest time #1	2nd from	1st from	1st from	2nd from
		Final		Mens Novice 2x AA+			
				Heat 1	Heat 1	Heat 2	Heat 2
41	06:43	Mixed 2x Para Event	Seize The Oar B	Seize The Oar A	Seize The Oar C		
		Final	(J. Breznau)	(M. Grady)	(A. Ruby)		
			[B/39/2.5]	[A/27/0.0]	[B/39/2.5]		
82	06:50	FAMILY 2x	Burnaby Lake	Vancouver Lake	Deep Cove		
		Final	(T. Dotzeva)	(A. Winnett)	(J. Cox)		
			[D/50/4.7]	[A/34/1.4]	[A/34/1.4]		