

CINCINNATI HIGH SCHOOL INVITATIONAL

Saturday, April 9, 2022

Harsha Lake, East Fork State Park

Please read this packet completely, as it includes information regarding entries, rules, events, COVID-19 policies and other information about the policies governing this regatta.

1. **SAFETY:** Our number one priority is to provide a safe event. COVID considerations based on local guidelines will be posted on Regatta Central and at the event site. All coaches will be emailed a copy of any necessary protocol prior to the regatta.

2. **RULES:** Standard US Rowing rules of racing apply to this event. An online version is available at <http://www.usrowing.org/rules-of-rowing/> US Rowing licensed referees will officiate the event to ensure fairness and safety.

3. **COURSE:** The course is 2000 meters with a starting platform and is the same course for the Midwest Junior Rowing Championships in May. The course is declared a no-wake zone and will be controlled by State of Ohio water police and the East Fork State Park Rangers.

a. Time trials will be conducted over a 1,900-meter course. A marshal will be positioned near the start to direct crews to enter the course. Crews are responsible for staying in numerical order, staying behind crews with lower numbers and in front of crews with higher numbers. Crews are responsible for maintaining their proper order and distance. Crews failing to maintain their proper position may be delayed, moved to the end of the starting order, penalized, or excluded.

b. A crew will be allowed to race as long as they are in the starting area and ready to race before the crew with the last bow number of the event has started. Crews will have approximately 100 meters to build up to race pace. A crew's race time begins once their bow ball crosses the 1,900-meter start line.

4. **SECURITY:** Park Rangers will provide overnight security for the boats and oars on Friday night. Teams need to provide their own stands and storage of rigged boats. Please see venue details on Regatta Central for trailer parking location and boat staging areas.

5. **ORDER OF EVENTS:** There are heats and time trials in the morning/early afternoon and finals in the afternoon. **NOTE:** There may be some final events in the morning if event entries are 7 boats or fewer. Please check carefully, to ensure that you can make all necessary accommodation for the double use of boats and oars and athletes. In order for crews to hot seat, the final scheduled starting times of the races need to be separated by a minimum of 50 minutes. Adjusted times will be posted on Regatta Central and transferred to Regatta Master.

6. PROGRESSION MODEL: CHANGE FOR 2022. Due to lower water levels in the lake, the course will be 6 lanes.

Number of Entries	Progression
0-6	Final Only
7-17	3 Heat races: the 2 winners of each heat advance 2 Heat races: the 3 winners of each heat advance
18+	Time trials with the top 6 finishers advancing to finals

7. Coxswains and crews will be using a starting platform, and as such they will need to be able to back into a stationary starting float, and at the same time, immediately ready to point the bow. Coxswains (strokes of bow-coxed boats) must also know that they are to have their hands in the air while they are adjusting their point at the start.

8. ELIGIBILITY: All rowers must be eligible as eighth grade or high school athletes.

Classification	Guidelines
Varsity	Open to any rower
Second Varsity	Open to any rower not in the first boat of the varsity program. In order to make a second varsity entry a team must first enter the varsity event, except by arrangement for beginning programs approved by the LOC.
Third Varsity	Open to any rower not in a 1 st or 2 nd Varsity Event
Fourth Varsity	Open to any rower not in a 1 st , 2 nd or 3 rd Varsity Event
Novice	Open to any rower in the first year of racing who has not rowed in an event prior to April 1 st , 2021
U17	Open to any rower that will not obtain age 17 in the current calendar year
U16	Open to any rower that will not obtain age 16 in the current calendar year

An event such as "Girls 3rd Varsity/U17 8+" means that a rower may qualify under the 3rd Varsity OR the U17 Classification.

Varsity, Novice and Age Classifications do not apply to coxswains.

9. ENTRIES: Definitions describing the qualifications for entries are above.

10. REGATTA FEES: Eights - \$110.00, Fours - \$90.00

11. PAYMENT: You may pay by check made out to CJRC and mailed to Regatta Director, P.O. Box 541122, Cincinnati OH 45254, or by credit card through Regatta Central. All payments must be received by April 5, 2022

12. WAIVERS: Waivers will be handled through Regatta Central. All participants must have a waiver on file either on-line through Regatta Central or have been granted an exception to submit paper from the CJRC Registration Coordinator. Please contact registration@cjrc.us for exceptions. All waivers must be received by April 5, 2022. Per US Rowing, all athletes 18+ must complete Safe Sport training.

13. REGISTRATION: Registration will be conducted through Regatta Central www.regattacentral.com.

14. DEADLINE FOR ENTRY, WAIVERS AND PAYMENT IS APRIL 5, 2022. Questions may be directed to Kim Smyth at regattas@cjrc.us. REGISTRATION MATERIALS MUST BE COMPLETED BEFORE BOATS WILL BE ENTERED INTO HEATS. Late entries will be accepted IF they can be accommodated, i.e., if there is room in an existing heat, will be charged an additional \$10 per boat. REFUNDS WILL BE PROVIDED FOR A WITHDRAWAL BY April 6, 2022

15. HARSHA LAKE COURSE PRACTICE AND RACE PATTERNS: Crews will be allowed to practice on Friday from 2:00 PM to 7:00 PM. There will be one safety boat on the water whose instruction must be followed. All crews must follow the following traffic pattern: lanes 3 and 4 are dead lanes, crews heading towards the start must row outside the course on the north side (farthest from the beach), and crews heading from the start to the finish should be in lanes 7, 6 and 5 only (closest to the beach). Please refer to the practice pattern map on Regatta Central. No crew may launch on Friday after 6:30PM. All crews must sign the Practice logbook indicating their crew's departure for and return from practice. The logbook will be in the bow marker tent.

16. TENT SET UP: Crews may set up trailers and tents beginning at 11AM on Friday April 8th in designated areas. See the map located on Regatta Central for tent set up areas.

17. Registration check-in is on Friday afternoon, from 3:00 -7:00 p.m. and again on Saturday morning from 6:00 -8:00 a.m. at the registration table, under the boathouse/bath house.

18. The coaches and coxswains meeting will not be held this year. There will be a coaches and coxswains email sent out with all of the information. If there are questions, please direction to Kim Smyth either at the Registration table at the regatta or via email at regattas@cjrc.us.

19. BOW MARKERS: will be provided by CJRC and must be picked up before racing at the bow marker tent as the boat checks in for the race.

20. AWARDS: Medals awarded for FIRST, SECOND, AND THIRD place for all final events. Points Trophies are awarded according to the Barnes Scoring System. Separate trophies will be awarded for the boys and girls team overall point winner.

20. Directions to East Fork State Park and maps of the regatta race venue and practice and race patterns are available at www.regattacentral.com, on the Cincinnati Invite in the Venue tab.

21. Results will be available at: www.RegattaMaster.com. Registration Questions – Frannie Thompson at registration@cjrc.us or, Regatta Director, Kim Smyth at regattas@cjrc.us.

EVENT LIST

Girls 1st Varsity 8
Boys 1st Varsity 8
Girls 2nd Varsity 4+
Boys 2nd Varsity 4+
Girls Novice 4+
Boys Novice 4+
Girls 3rd Varsity/U17 8+
Boys 3rd Varsity/U17 8+
Girls 4th Varsity/U16 8+
Boys 4th Varsity/U16 8+
Girls 1st Varsity 4+
Boys 1st Varsity 4+
Girls 2nd Varsity 8+
Boys 2nd Varsity 8+
Girls Novice 8+
Boys Novice 8+
Girls 3rd Varsity/U17 4+
Boys 3rd Varsity/U17 4+

Weather Plan

The Chief Referee and Local Organizing Committee will work together to monitor the weather continuously during the regatta. Schedule changes will be made using the following priority system:

1. Delay racing to later in the same day
2. Begin racing earlier than previously announced. Announcements will be made no later than 3 hours before racing or 8:00 pm the evening before race day.
3. Utilize a time-trial system for a round of the event.
4. Cancel some or all of the 2nd and/or 3rd level Varsity and Novice events.
5. Cancel the entire regatta.