CINCINNATI HIGH SCHOOL INVITATIONAL

Saturday, April 4, 2020

Harsha Lake, East Fork State Park, 2000 meters

1. Standard US Rowing rules of racing apply to this event.
2. The course is 2000 meters with a starting platform and is the same course for the Midwest Junior Rowing Championships, May 16-17, 2020.
3. The course is declared a no-wake zone and will be controlled by State of Ohio water police and the East Fork State Park Rangers.
4. Park Rangers provide overnight security for the boats and oars. You need to provide your own stands and storage of rigged boats. Please see venue details on Regatta Central for trailer parking location and boat staging areas.
5. The order of events will be listed on the first page of this document once the schedule is finalized. There are heats and time trials in the morning/early afternoon and finals in the afternoon. Please check carefully, to ensure that you can make all necessary accommodations for the double use of boats and oars and athletes. In order for crews to hot seat, the final scheduled starting times of the races need to be separated by a minimum of 50 minutes.
6. Coxswains and crews will be using a starting platform, and as such they will need to be able to back into a stationary starting float, and at the same time, immediately ready to point the bow. Coxswains (strokes of bow-coxed boats) must also know that they are to have their hands in the air while they are adjusting their point at the start.
7. All rowers must be eligible as eighth grade or high school athletes.
	1. Varsity = any rower eligible as an eighth grade or high school athlete.
	2. Second Varsity = any rower not in the first boat of the varsity program.
	3. In order to make a second varsity entry; a team must first enter the varsity event, except by arrangement for beginning programs approved by the LOC.
	4. Novice = any rower who began rowing after April 1, 2019.
8. ENTRIES: Definitions describing the qualifications for entries are above.
9. REGATTA FEES: Eights - $95.00, Fours - $75.00. Cap per team is $1200.
10. PAYMENT: You may pay by check made out to CJRC and mailed to Kim Smyth/Regatta Director, P.O. Box 541122, Cincinnati OH 45254, or by credit card through Regatta Central. All payments must be received by March 30, 2020.
11. WAIVERS: Waivers will be handled through Regatta Central. All participants must have a waiver on file either on-line through Regatta Central or have been granted an exception to submit paper waiver.