PM3/PM4 VIEW DURING THE START SEQUENCE

When all rowers are at the sit ready position, the starter will begin the START SEQUENCE

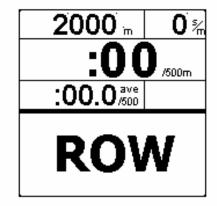


This is the first screen that will show on your PM3/PM4 display.



Followed pretty quickly by this one.

There is a random time delay between Attention and ROW



Begin rowing when ROW is visible on your display. If you start early the computer will false start you.