



# Edmonton Rowing Club

## The Head of the North Saskatchewan Regatta

**September 23, 2017**  
**Edmonton, Alberta**

The Edmonton Rowing Club will be hosting its annual Head of the North Saskatchewan Regatta on Saturday September 26, 2017. All activities will be coordinated from the ERC boathouse in Laurier Park.

The Regatta will be in head race format. The course will be a 3 km (approximately) race starting and ending at the Hawrelak Park Footbridge and ending at the Buena Vista Boatlaunch.

### Racing Categories

**Open:** open to all competitors

**Junior:** athletes under the age of 19 years throughout 2017

**Masters:** athletes who are 27 years of age and older as of January 1, 2017. Age handicaps will apply

**Novice:** athletes who started rowing after September 1, 2014

### Categories

Open Men	1x, 2x, 2-, 4x, 4-, 8+
Open Women	1x, 2x, 2-, 4x, 4-, 8+
Junior Men	4x, 8+
Junior Women	4x, 8+
Novice Men	4x, 8+
Novice Women	4x, 8+
Master Men	1x, 2x, 2-, 4x, 4-, 8+
Master Women	1x, 2x, 2-, 4x, 4-, 8+
Mixed Master	2x, 4x, 8+

This regatta is focused on participation. The regatta has been planned for two launches:

Flight One: **Launch time:** 9:20 AM, **Start time:** 10:00 AM

Flight Two: **Launch time:** 12:20 PM, **Start time:** 1:00 PM

## Entries

- Due on September 20th, 2017 by 8:00 pm. Late entries will be accepted until September 22<sup>nd</sup> 8:00 pm. Adjustments may be made to the schedule pending entries
- Entry fee is \$25 per person
- No limit to number of entries per club or per launch. Intent of regatta is to maximize participation.
- Masters rowers will be evaluated per the Garrett-Zezza Handicap method (as described in the RCA rules of racing)
- Coaches meeting will be at 8:30 am on Saturday at the boathouse to be followed by a general address to the participating athletes reviewing the course, schedule and safety issues.
- All boats are to have left the dock 40 minutes prior to the start time of their flight
- There will be no official practice times the morning of the event, but the course MUST be clear by 8 AM for the volunteers & additional set-up

## Entry Procedure

- Registration can currently be done via Regatta Central at [www.regattacentral.com](http://www.regattacentral.com)

## General

- All participants, rowers and coxswains must be registered and in good standing with RCA.
- **Please be prepared for all weather.**
- *For directions to the clubhouse or additional information see [www.edmontonrowing.ca](http://www.edmontonrowing.ca)*

**Launch One leave dock 9:20 a.m.**

**Start Time 10:00 a.m.**

**Categories and Launch Order:**

Open Women	8+, 4x, 4-
Junior Women	8+
Mixed Master	8+
Master Women	8+, 4x, 4-
Novice Women	8+
Open Men	2x, 2-, 1x
Junior Men	4x
Master Men	2x, 2-, 1x
Novice Men	4x

**Launch Two leave dock 12:20 p.m.**

**Start Time 1:00 p.m.**

**Categories and Launch Order:**

Open Men	8+, 4x, 4-
Junior Men	8+
Master Men	8+, 4x, 4-
Mixed Master	4x
Novice Men	8+
Open Women	2x, 2-, 1x
Junior Women	4x
Mixed Master	2x
Master Women	2x, 2-, 1x
Novice Women	4x

Course Map:

