

Jacksonville City Championships 2014

You are cordially invited to join Jacksonville's Championship Regatta.

**Middle school events will take place on Friday, April 4, 2014.
High school events will take place on Saturday, April 5, 2014.**

All teams must complete the entry process online at
[Regatta Central](#) by Monday, March 31, 2014.

Please make entry fee checks payable to: **The Bolles School**

All payments & medical forms need to be turned in on race day at the registration tent. The registration tent will be open on Friday, April 4th, at 3:30pm and on Saturday, April 5th, at 6:15 am.

The Florida NOARA online waivers must be completed by April 2nd for all competing athletes.

If you have any questions, please contact:

cory@evansrowingclub.com

or

ronnie@evansrowingclub.com

1. LOCATION:

Ortega River Race Course
St. Peter's Church
5042 Timuquana Road
Jacksonville, Florida 32244

2. ELIGIBILITY:

Open to rowers in middle and high school in the Jacksonville area.

3. FEES:

Eight: \$80.00
Four: \$60.00
Double: \$50.00
Single: \$35.00
Cap: \$900.00

All entry fee profits are kept in a separate account for this regatta. Improvements to the site will continue to be made as the account grows.

4. CATEGORIES:

Fastest Boat	-	Varsity
Next Fastest Boat	-	2 nd Varsity
3 rd Fastest Boat	-	3 rd Level Boat
Novice	-	Athlete began racing after June 1, 2013 Coxswains in Novice categories must be novice
Freshman	-	Athletes in 9 th grade or younger
Lightweight	-	Male: 150lbs / Female: 130lbs
Middle School	-	Medals will be awarded, no points

Teams must enter a Varsity Boat before a 2nd Varsity Boat in the same category. Teams must also enter a 2nd Varsity Boat before a 3rd Level Boat in the same category. An organization may enter a novice, freshman or lightweight boat without entries in other levels.

5. RACE DISTANCE:

As close to 1500M as the venue course safely allows. Middle School events will row a shortened course, about 1000M.

6. DEADLINES:

Entries: Due on Regatta Central by Monday, March 31st

Online NORA Waivers: Due no later than Wednesday, April 2nd

Middle School Medical Forms & Entry Fees: Due by 4:00 pm on Friday, April 4th

High School Medical Forms & Entry Fees: Due by 7:00 am on Saturday, April 5th

7. CANCELLATION POLICY:

If, in the opinion of the race management, weather or other unforeseen events cause the race course or venue to become unfit or unsafe, the regatta or events will be cancelled. No refunds will be given.

8. EVENTS:

Coaches & Coxswains Meeting at 7:00 am

Racing Begins at 8:00 am.

Friday Races		Saturday Races			
Event		Event	Event Name	Event	Event Name
1	MS Mixed 8	1	Women's 1x	16	Women's 2X
2	MS Women's 1x	2	Men's 1x	17	Women's 2V 4+
3	MS Men's 2x	3	Women's 3 rd 8	18	Men's 2V 4+
4	MS Women's 8	4	Men's 3 rd 8	LUNCH BREAK	
5	MS Men's 8	5	Women's 2V 8	19	Women's Varsity 4+
6	MS Women's 4x	6	Men's 2V 8	20	Men's Varsity 4+
7	MS Men's 1x	7	Women's Varsity 8	21	Women's Frosh 8+
8	MS Women's 2x	8	Men's Varsity 8	22	Men's Frosh 8+
9	MS Men's 4x	9	Women's Frosh 4+	23	Women's 3 rd 4+
		10	Men's Frosh 4+	24	Men's 3 rd 4+
		11	Women's Novice 8	25	Women's Novice 4+
		12	Men's Novice 8	26	Men's Novice 4+
		13	Men's 2X	27	Women's 2-
		14	Women's Lightweight 4+	28	Men's 2-
		15	Men's Lightweight 4+		

Times will be set based upon number of entries & races will run on 10 minute centers.

Events with only one entry at the registration deadline will be eliminated and the team will be notified in advance of race day.

9. # OF FLIGHTS:

Since we have six local teams and only 5 lanes, lane draws for events with 6 or more entries will be divided equally between two flights and will be given lane assignments by a lottery draw. There will be no "slow" or "fast" flight. "B" entries in any event will only be allowed if it does not add additional flights.

10. WAIVERS:

All competitors must sign the FSRA liability waiver. Competitors under the age of 18 must sign and have a parent or guardian sign a minor's waiver. Please have all competitors/parents sign the online waiver no later than April 2nd at:

http://www.noara.org/index.php?option=com_chronocontact&chronoformname=waiver_fl_scholastic

All online waivers will be verified on April 3rd.

11. REGATTA REGISTRATION:

Payments & medical forms (p.9) must be submitted by Friday, April 4th, at 4 pm for middle school athletes or by Saturday, April 5th, at 7 am for high school athletes.

All waivers and payments must be cleared by the LOC before your team may launch.

12. RACE DAY:

Registration will open at 3:15 pm on Friday, April 4th and at 6:15 am on April 5th. Please check in at registration before the Coaches & Coxswains Meeting for any race day information.

13. LIGHTWEIGHT WEIGH-IN:

Weigh-in for members of lightweight crews will take place on Saturday, April 5th, from 6:30 am to 8:30 am. The entire boat must be present with completed lightweight forms to weigh-in. Rowers will only get one chance to weigh-in. Rowers must be wearing proper racing attire and have an adult representative present to weigh-in. Coxswains do not have to weigh-in.

Boys – 150 lbs or under, no boat average

Girls – 130 lbs or under, no boat average

14. SCRATCHES:

Scratches will be accepted without the assessment of a penalty fee through the Coaches' meeting on race day. Entry fees cannot be refunded for scratches. On Saturday, scratches should be reported to registration at least one hour prior to the start of the race. A \$25.00 scratch fee will apply to each entry scratched after the 7:00 am Coaches and Coxswains meeting.

15. "B" ENTRIES:

"B" entries will be allowed first-come, first serve. You will be notified after the registration deadline if your "B" entries have been accepted. "B" entries that create another flight will not be allowed. "B" entries may earn medals but cannot earn points or block points.

16. SEEDING:

Seeding of Races will be at the discretion of the LOC, with the exception of events with 6 or more boats. There will be no rearrangements for coaches' preference or need. This includes Hot Seating.

17. BOW MARKERS, BOW BALLS, AND SHOES:

Bow Markers (Lanes 1-5) are **REQUIRED** and are **NOT** provided. No boat may launch without passing a safety inspection for a bow ball and heel ties.

18. CALL OF EVENTS:

Events will be called 1 hour prior to the start of the race. Final call will be 40 minutes before the start of the race. Crews must be in the boat holding area at the start 10 minutes prior to the published start time. Crews should be locked on to stake boats two minutes prior to race time. The race will run according to the published times.

19. DOUBLING:

Doubling should occur only to allow all rowers a chance to row. Doubling follows the 25% rule within a category: no more than 2 can double between eights; 1 between fours. Rowers may double between eights and fours. (2nd 4's normally come out of Varsity eights). Coxswains and sculling events are exempted from doubling rules, but must meet time constraints. Rowers and

coxswains who are doubling will not be given consideration for hot seating. Races will not be held for hot seats. Do not consider hot seating rowers or shells unless you have at least 40 minutes between races.

20. DOCK MASTER & DOCK AREA:

The dockmaster has absolute authority over the launch area. Inform the dock master if you are doubling rowers/equipment. All crews must plan a support team to help get boats and oars in and out of the water quickly. For safety, all non-crew support personnel must stay outside the launch area.

- **Oars cannot be left or stored in the launch area.**
- **Oars need to go in before rowers get in and come out after rowers get out.**
- **Please teach your crews to be quick (less than 2 minutes) and safe in a wet launch / landing situation.**
- **Tie in after rowing away from launch area.**

CAUTION: YOUR CREWS WILL BE WET LAUNCHING. ALTHOUGH THE LOC WILL MAKE EVERY EFFORT TO CLEAR HAZARDS, THE FLOW OF THE RIVER MAKES IT IMPOSSIBLE TO GUARANTEE THE SAFETY OF THE RIVER BOTTOM. INSTRUCT YOUR CREWS TO WEAR WATER SHOES TO PREVENT FOOT INJURIES.

21. PARKING:

The Church Youth Group / LOC will be directing parking. Parking will not be allowed along Ortega Farms Road. No parking (including tow vehicles and other support vehicles) will be allowed in the shell staging area. The church charges by the car for parking on Saturday (past years have been \$5.00 per car). Parking is limited. Carpooling is encouraged.

22. TRAILERS:

The LOC will be directing trailer parking. Trailer parking spots will be given on a first come – first serve basis. No trailers may arrive before Friday at 2:00 p.m. Tow Vehicles may be required to move to the parking lot across from the site.

Food Trailers are not allowed in the Shell Staging Area; they must park, unload, and reload in the lot across the street.

23. TENTS:

This site has limited space for tents. An area will be blocked off for spectators along the water front. More information will be emailed to the contact person, when the final number of teams is known. Placement of tents is first-come, first-served. **You may not arrive to set up before Friday at 2:00 p.m.**

24. SECURITY:

Security will be provided on Friday Night. However, you leave boats and equipment at the site at your own risk.

25. COACHES & COXSWAINS MEETING:

The Coaches & Coxswains meeting will be held on Saturday at 7:00 am The Coxswains meeting will **not** cover the full spectrum of rules (red / white flags, polling crews, etc.) The

meeting will cover course restrictions, course traffic pattern, and officiating aspects relevant to the conditions encountered that morning. Please teach your coxswains and rowers how to back and how to scull the boat around to hold the point when attached to a stake boat. Polling starts will be used unless otherwise announced by the referees at the starting line. The coaches meeting will take place right after the coxswains meeting and will cover scratches. Lane changes will not be made for coach's preferences. A representative from each team must attend.

26. VIEWING OF THE RACES:

There is limited viewing from the race site. The best viewing is from the bridge. The land immediately between the race site and bridge is private. Please instruct spectators not to cross this property. We are guests on this site and expect the best sportsmanship from all teams. Unfortunately, on rare occasions, visiting crews have demonstrated poor conduct.

Any poor conduct on the site or bridge (throwing items at cars or boats, for example) will result in team disqualification, forfeiture of medals and points and team removal from the site.

Any issues or problems that parents create may result in penalties to your team.

27. CONCESSIONS:

Concessions from Knuckle Sandwiches and commemorative T-shirts will be available.

28. CHANGES TO EVENTS:

Please stay alert to the possibility of schedule changes. The regatta committee reserves the right to combine or cancel events based on the number of entries received, the weather or the water conditions. The committee also reserves the right to delay or advance the starting times for any event.

29. END OF DAY CLEANUP:

Each organization is responsible for cleanup of their boat, trailer and tent areas. Please take all trash to the designated dumpster.

30. RESULTS:

Results shall become official 60 minutes following the conclusion of all flights in an event unless there is a written protest (with \$25.00 fee) under review and received before that time. Results will be posted near the Regatta Headquarters.

31. AWARDS:

All medals & points will be calculated on the best times out of all flights.

Medals:

Events with two boats – Gold Only

Events with three boats – Gold and Silver

Events with four or more boats – Gold, Silver, and Bronze

The City Championship Team Trophy will be awarded to the team earning the most points.

Additional trophies will be awarded for other events.

COACHES: PLEASE SHARE THIS PACKET INFORMATION WITH YOUR PARENTS!

Jacksonville City Championships - Points

1. Each team's point total will consist of the following nine values:
 - top three male sweep point values
 - top three female sweep point values
 - top male sculling point value
 - top female sculling point value
 - next highest point value (male or female, sculling or sweep)
2. Varsity 8, Varsity 4+ and Varsity 1X events will calculate points from the top down, all other events from the bottom up.
3. Points will only be awarded for those events in which two or more teams are entered.
Single boat "row-overs" will not be allowed.
4. In the event of a tie, each tying team's next highest point value (male or female, sculling or sweep) will be added to its respective total, and the team with the greatest new total will be declared the winner. Should the teams remain tied this procedure will be repeated until a winner can be declared. If the tie is for any place but 1st and 2nd, then scores added will only affect the teams in those two places, and will not take over higher teams finishing places.
5. Regarding 'B' entries:
 - Only 'A' entries may earn points.
 - 'B' entries will not block points. That is, for the purposes of awarding points, 'B' entries will be ignored as if they had not raced.
 - 'B' entries will be allowed to row as long as those entries do not result in the need for a second flight.

Event	1st	2nd	3rd	4th	5th	6th
V8+	15	12	10	8	5	4
2V8+	12	10	8	6	5	4
3rd8+	9	7	5	4	3	2
F8	9	7	5	4	3	2
N8+	9	7	5	4	3	2
V4+	12	10	8	6	5	4
LT4+	10	8	6	5	4	3
2V4+	10	8	6	5	4	3
3rd4+	8	6	4	3	2	1
N4+	8	6	4	3	2	1
F4+	8	6	4	3	2	1
2-	8	6	4	3	2	1
2X	10	8	6	5	4	3
1X	12	10	8	6	5	4

32. QUESTIONS:

Have additional questions?

Please call Cory or Ronnie Evans at 904-614-9366

or email cory@evansrowingclub.com or ronnie@evansrowingclub.com

Jacksonville City Championships

LIGHTWEIGHT WEIGH-IN FORM

FILL OUT AND BRING THIS FORM WITH YOU TO WEIGH IN.

Weigh-in Guidelines

1. Weigh-in begins at 6:30 am and ends at 8:30 a.m.
2. Team coach or adult representative must be present during weigh-in.
3. Reweigh allowed if athlete is within 1 pound of the event maximum.
4. The whole boat weighs in at the same time.
5. Athletes will weigh-in wearing racing uniform.
6. No weight allowance given for items athlete is wearing during weigh-in.
7. Alternates will weigh in with the team.
8. The weigh-in official will notify the regatta director of those who do not make weight.
9. **Boy's weight, 150 lbs., No Average. Girl's weight 130 lbs., No Average.**

Event Number/Name _____

Team _____

Please print or type competitor's names.

First Name

Last Name

- | | | |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |

Alternate _____

THIS COMPLETED FORM IS REQUIRED AT WEIGH IN.

AN ADULT REPRESENTATIVE MUST BE PRESENT DURING WEIGH-IN

Jacksonville City Championship

Medical Information Form

Organization Name: _____

Contact/Coach's Name: _____

Race Day Phone _____

	Last Name	# and Event	Seat	Condition
1				
2				
3				
4				
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17				
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19				
20				

- This form must be turned in at registration.
- Please list all conditions that the officials / staff need to know about in event order.
- If you change a lineup and change the seat or event of someone on this list, please inform the Regatta Headquarters.
- Team with no medical conditions should turn in a form with "None" written on it.
- Use multiple sheets if needed.
- To be cleared to race, please turn this sheet in to registration.

These are all the rower medical conditions that I know of.

Contact Signature: _____