

Garden State Scholastic Championship

Cooper River, Camden County, NJ

April 27, 2013

Presented by Camden County Board of Freeholders

Letter to Coaches

Regatta Committee:

Jamie Stack, Regatta Director

Dennis Smith, Chief Referee

Ron Bell, President, South Jersey Rowing Club

Dana Anders

John Musial

Dear Coach:

Camden County Board of Freeholders is proud to host the **Garden State Scholastic Championship**, which will be held **Saturday, April 27, 2013** on the Cooper River in Camden, NJ.

The regatta is open to all scholastic programs in the state of New Jersey. NO B entries will be accepted.

Please find enclosed:

1. Regatta information
2. List of events
3. Awards
4. Registration, waivers and entry fee information
5. Rules and regulations
6. Venue information
7. Directions and parking
8. Volunteer information
9. Spectator information

If you need more detailed information, please contact

Jamie Stack boathouse@camdencounty.com 856-661-3188	Regatta Information regatta.info@camden.rutgers.edu 856-661-3188
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*Camden County Boathouse
7050 North Park Drive
Pennsauken, NJ 08109*

www.camdencountyboathouse.com

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Regatta Information

Date:	Saturday, April 27, 2013
Location:	Cooper River, Camden County, NJ
Race Distance:	1500 m
Start time:	9:00 am Heats will start at 9 am. Finals will start when heats are completed.
Coach/Coxn meeting:	7:45 am at the Camden County Boathouse, 2 nd Floor
Weigh Ins	Weigh ins for lightweights will be at the boathouse from 8 AM until 10 AM. No weigh-ins permitted outside these hours. Girls weight is 130 lbs. Boys weight is 150 lbs.

Registration

Entry deadline is April 17, 2013.

This is a USRowing Registered Regatta. As such, all clubs or participants are required to be members of USRowing in order to participate.

Registration is online at **Regatta Central** www.regattacentral.com.

If you have scratches please notify Jamie Stack at boathouse@camdencounty.com as soon as possible. Also if due to scratches we will condense the number of races per event if possible. A \$75 scratch fee will be assessed for all scratches after the deadline.

Waivers

Submit USRowing "2013 Release of Liability" through Regatta Central with your registration. Or mail waivers to Camden County Boathouse, 7050 North Park Drive, Pennsauken, NJ 08109

Refunds

There will be no refunds if the regatta is cancelled due to inclement weather.

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Order of Finals

Heats start at 9:00 am. There will be heats for all events with more than six entries, prior to the start of final events.

An official schedule will be released at the close of registration.

Event	Description	Event	Description
1	Women's Jr 1x	21	Women's 2 nd 8+
2	Men's Jr 1x	22	Men's 2 nd 8+
3	Women's Sr 1x	23	Women's Ltwt 4+
4	Men's Sr 1x	24	Men's Ltwt 4+
5	Women's Jr 2x	25	Women's Ltwt 8+
6	Men's Jr 2x	26	Men's Ltwt 8+
7	Women's Ltwt 2x	27	Women's Freshman 4x
8	Men's Ltwt 2x	28	Men's Freshman 4x
9	Women's Sr 2x	29	Women's Novice 4x
10	Men's Sr 2x	30	Men's Novice 4x
11	Women's Fr 8+	31	Women's Jr 4x
12	Men's Fr 8+	32	Men's Jr 4x
13	Women's Jr 4+	33	Women's Sr 4x
14	Men's Jr 4+	34	Men's Sr 4x
15	Women's Jr 8+	35	Women's Novice 8+
16	Men's Jr 8+	36	Men's Novice 8+
17	Women's Sr 4+	37	Women's Novice 4+
18	Men's Sr 4+	38	Men's Novice 4+
19	Women's Sr 8+		
20	Men's Sr 8+		

If an event does not have two or more entries, the event will be dropped and you will be notified. If the event is dropped you will be notified before the event and can choose to roll the entry into another category.

If an event does not have more than six entries it will be rowed as a straight final.

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If an event has 7 boats there will be 2 semi finals with last place being eliminated in each, yielding a 5 boat final.

We reserve the right to combine events if putting 2 events together adds up to 6 or less boats.

Awards

All Events

1st, 2nd, and 3rd place medals will be awarded for events with 5 or 6 boats. Race with 4 boats 1st, 2nd, and 3rd. Race with 3 boats 1st and 2nd only and 2 boat race 1st.

Overall Team Points Trophy **Points are for SRAA Events Only**

The points system for the trophy will be as follows:

	1 st	2 nd	3 rd	4 th	5 th	6 th
Varsity Eights	10	8	7	6	5	4
2 nd Eights	8	7	6	5	4	3
JV Eights	8	7	6	5	4	3
Lightweight Eight	6	5	4	3	2	1
Varsity Quads	6	5	4	3	2	1
Frosh Eights	6	5	4	3	2	1
Varsity Fours	5	4	3	2	1	
Freshman Quads	4	3	2	1		

Seeding

All events in the regatta will be seeded. Every boat in the event will be seeded. A seeding committee will determine the lane assignments for all seeded events. All selections are based on past performance.

Seeding Committee:

Rich Henderson, Moorestown Rowing Club Men's and Women's Varsity Coach

Dave Paszkiewicz, Kearny High School Women's Coach

Joe Welsh, Holy Spirit Crew Women's Coach

Scott Belford, Christian Brother's Academy Coach

Joe Maguire, St. Augustine Preparatory School Men's Coach

Weigh-Ins

All lightweight rowers will have a two hour window to weigh-in from **8 AM until 10 AM** on Saturday morning. No one will be permitted to weigh in outside of this window. All athletes must be within one pound to have a second chance weigh in, and only have one reweigh. Please download the weigh in sheet and have filled out prior to arriving.

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Eligibility for SRAA

The Garden State Scholastic Championship is open to all scholastic programs in the state of New Jersey Only.

Venue Information

Parking

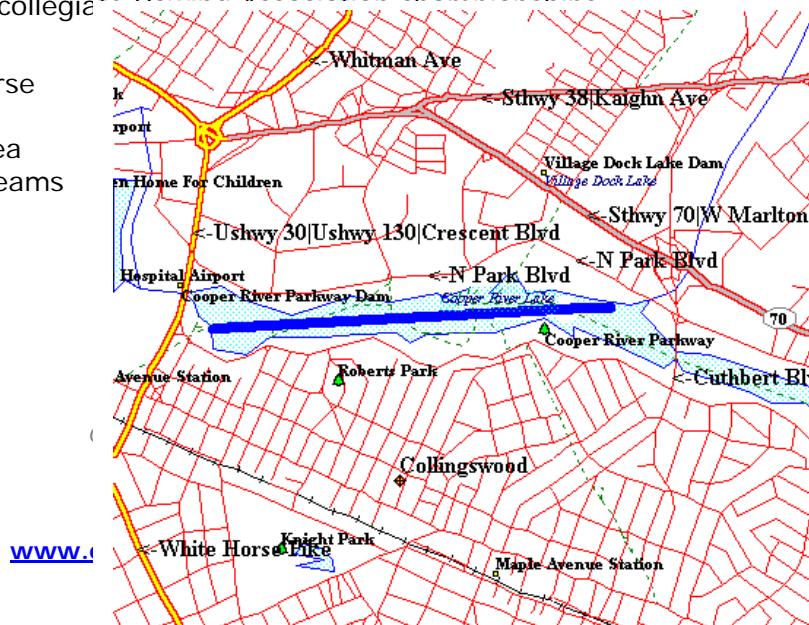
Please follow the instructions of those directing the parking of trailers. We hope to have the trailers in line one behind the other so there are aisles for crews to walk to and from the trailers and docks easily. The first trailers in should back up to the walkway and continue to pull in next to each other going around the perimeter of staging area. Once we bring the trailers all the way around we will back trailers into place in front of those on the perimeter. Please leave about 12 feet side to side and enough room back to front to get your boats out of the center racks. Once your trailer is parked the truck must move out onto the street in the designated parking area. Please be courteous when parking as we need to get quite a few trailers into this area. Allow room for neighbors.

The street will not be closed this year. Team vehicles, buses and vans, plus tow vehicles with passes will park in the area with the no parking signs in the finish line and staging areas. **We will be handing out parking passes as you bring your trailer into the staging area.** All parents will park in the street and parking lots going up the course from the finish line area.

The race course

Cooper River Park's Olympic-distance 2000-meter straightaway has drawn praise from international rowing experts who say its sheltered, narrow course provides ideal rowing conditions. Cooper River Park has hosted numerous major rowing events, including the Olympic trials and the Intercollegiate Rowing Association's National Championships.

- Six lane buoyed course
- Stake boats
- Spacious viewing area
- Plenty of space for teams



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Hotels

Crowne Plaza

Cherry Hill, NJ
800-496-7621

Walking distance to
course.

Holiday Inn

Cherry Hill, NJ 08022
856-663-5300

Rules and Regulations

In addition to the rules of **USRowing**, the following rules will apply. Complete rules of **USRowing** are available in PDF form on their website www.usrowing.org.

The Executive Board of the GSSCR reserves the right to request the removal of any person or persons from the regatta site for unsportsmanlike conduct or breaking of the rules. Removal from the site may lead to a ban of that person or persons from future regattas as determined by the Executive Board.

Access to the race course by anyone other than race officials or safety personnel is prohibited. Exception to this rule would be for a credentialed member of the press or VIP approved by at least two members of the Executive Board of the GSSCR. Notification of this exception must be provided to the Chief Referee prior to access to the race course.

All questions of eligibility, qualification or interpretations of any rule shall be referred to the Chief Referee whose decision shall be made in coordination with the GSSCR Executive Committee. This decision shall be final and not subject to appeal.

Athletic Eligibility Limitation

1. Eligibility is assigned to students in their freshman through senior year (grades 9 through 12).
2. Each athlete has four consecutive years (eight consecutive semesters) of eligibility beginning in September of their freshman year (9th grade).
3. A rower or coxswain cannot have reached his or her 19th birthday prior to September 1st of that academic year.
4. After eight consecutive semesters, a student will have completed his/her athletic eligibility and may no longer participate in the GSSC Regatta.

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5. The eight consecutive semester rule begins with the student's initial enrollment in the 9th grade.
6. Post Graduates, fifth year students are not permitted.
7. All races shall be a distance of 1500 meters.
8. No movable outriggers.
9. "B" boats will not be accepted in the regatta.
10. Rowers and coxswains are only allowed to row in one event.
11. Freshman shall be designated as those athletes in the 9th grade as listed on their team roster.
12. Junior events are restricted to competitors in the 11th grade (junior year) or lower.
13. Juniors, including coxswains, must not have attained the age of 18 years prior to September 1st of that academic year.
14. 12th grade (senior) students shall not compete in junior events.

Regatta rules

1. All crews must check in at the registration desk when they arrive. At that time they can clean any bars on their entries such as late fees or missing waivers. The registration desk will be open at 6:45 am throughout the race day on Saturday.
2. Freshman boats may not race in varsity events. Rowers in Freshman events must have less than one year of rowing experience. May only row in Freshman 4+ or 8+ not both.
3. All races will be 1500 meters.
4. \$50.00 cash shall accompany all protest.
5. There will be a 20-second equipment breakage rule.
6. There must be two crews entered or the event will be canceled.
7. **The dock master must be notified of all hot-seat boats before the boat goes out for its first race.**
8. The event schedule is subject to change depending on the entries received.
9. All athletes and coaches are reminded that sportsmanlike conduct is expected.

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Specifics:

1. All boats shall have their own lane #'s and must be equipped with a bow ball and foot release straps. Each team must provide their own bow numbers. All boats will be checked.
2. Launch when called
 - Have someone carry oars to the dock for your crew
 - Tie in on the water
 - Try to keep it to 90 seconds on the dock.
3. Follow buoys away from the dock
4. Row up to the start staying outside lane 1. Proceed directly to the marshalling area.
 - Under no circumstances should any crew go onto the course until called to your lane at the starting line.
 - The course will be buoyed and lanes easily identified.
 - Try to stop if possible when a race is coming down but do not make yourself late to the start.
5. Get most of your warm-up done on land before launching.
6. Once in the marshalling area follow the marshal's instruction. As one event is lining up on the stakeboats the next race shall be sitting next to the course waiting to go to your lane.
7. Boats will enter the course once the previous race clears the breakage zone and go in descending order starting with lane 6 going across first, then lane 5, etc...
8. Get onto the stake boats quickly and get your point. Be sure that your crews know how to spike the boat around to get their point.
9. Be ready to start at any moment. With a tight schedule the starter can not and will not wait for boats that are not following instructions or are not getting into the stake boats in a timely manner. Count down starts will be used at the starter's discretion.
10. Stakeboat use will be suspended at the starter's discretion if wind is making it difficult to get boats locked on in a timely manner.
11. Races will not be held up for hot seating or crews not in the marshalling area prior to your event being called to the line.

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12. Should the breakage zone not be clearly marked there will be a 20-second equipment breakage rule. If you break equipment in the zone stop, raise your hand and notify the officials immediately. Jumped slides, crabs, and problems with the cox box do NOT count as breakage.
13. After you cross the finish line stop, follow the buoy line steering your boat toward starboard. Steer well clear of boats launching and proceed to the landing dock.
14. Coaches have someone on the landing dock to get your crews oars off the dock quickly. Again no more than **90 seconds on the dock**.
15. If after the race you wish to protest you must sit at the finish line and raise your hand. An official will come over and listen to your protest. They will either make a decision there or tell you to write a formal protest and give it to the Chief Referee. If they give you a decision on the water but you still feel that is not acceptable you can appeal to the Chief Referee in writing.
16. Please note that with the tight schedule it is unlikely we will be able to rerow any race. The foul would have to be fairly serious and egregious to warrant a rerow. The best you may hope for is the exclusion of an offending crew.
17. Not being ready to start will not be considered a valid protest. Once you get to the stakeboat you must ready yourself right away. Races will start without you if you can not control your boat.

9/8/2011

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Directions

Camden County Boathouse, 7050 N. Park Dr., Pennsauken, NJ 08109.

From the West:

Pennsylvania Turnpike east to the Valley Forge exit. At Valley Forge take I-76 (Schuylkill Expressway) east to Philadelphia. Stay to the left after passing the Girard Avenue Exit. Exit at I-676 (Vine Street Expressway). Follow signs for Ben Franklin Bridge. Go straight ahead after the tollbooth to Admiral Wilson Blvd/Route 30. Do not bear right onto I-676.

Go about one mile and then take the right branch at top of overpass onto Route 130 South. Immediately get in the right lane, and take the jug handle for North Park Drive. Follow North Park Drive about 1.5 miles and trailer only parking is to the right, just before you come to Cuthbert.

From North or South:

Exit New Jersey Turnpike at Exit 4. Go right onto NJ Route 73, North. Exit from Route 73 onto NJ Route 38, West. Exit from NJ Route 38 at Cuthbert Blvd. Go south on Cuthbert Blvd. (Collingswood, Oaklyn).

Pass first traffic light on Cuthbert Blvd. Turn right at the next road onto South Park Drive. Follow South Park Drive to Route 130 and turn right onto Route 130. Take the next right onto North Park Drive. Follow North Park Drive about 1.5 miles and trailer only parking is to the right, just before you come to Cuthbert.

-Or-

From Route 38 South, take Route 130 South. Take the jug handle for North Park Drive. Follow North Park Drive about 1.5 miles and trailer only parking is to the right, just before you come to Cuthbert.

From South:

From I-95 north follow signs to Walt Whitman Bridge (past Philadelphia International Airport and the Philadelphia Naval Base). On bridge stay in right lane and take first right as you come off the bridge. Follow signs to NJ Route 130 north. Stay on Route 130 through one circle (Collingswood Circle). After going under an RR bridge watch for Cooper River on the right (it looks like a lake, not like a river). Take first right after passing the river (the first traffic light). This is North Park Drive. Continue for 2,000 meters. Trailer parking is at the end of the course on the right. **Trailer parking is to the right.**

From North:

From I-95 south follow signs to Betsy Ross Bridge (just past Bridge Street Exit). When you come off the bridge follow signs to NJ Route 130 south. Stay on Route 130 for a few miles to a major intersection. Pass through the intersection still staying on Route 130. At the next traffic light you want to turn left but you must exit from the right (it's a jug handle). This is North Park Drive. Continue for 2,000 meters. **Trailer parking is at the end of the course on the right.**

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Volunteers

If you are interested in helping run The Garden State Scholastic Championship please contact Jamie Stack at boathouse@camdencounty.com. There are several areas in which you can help.

- Pre-Regatta setup
- Registration – starts early in the morning
- Launch drivers: familiarity with outboard and wakeless launches is required
- Starting line platform
- **Stake boats**
- Finish line coordinators
- Finish line tower flag bearers
- Dock masters

Spectators

Please take a moment to read the Camden County Park Commission-Cooper River Park Rules which are on the Camden County Boathouse website, www.camdencountyboathouse.com.

- Do not drive on the ball fields.
- All vehicles must load and unload at curbside.
- **You may set up your tents after 1:00 PM Friday. Any tent that is set up prior 1:00 PM will be taken down by the Park. All tents must be set up in the proper area, facing the race course to the right of the Grand Stands. No tents should be set up in or near the gazebo.**
- You may cook for your teams, but you can't sell food or drink to the public. Please use care when using a grill. Properly dispose of coals and waste after you are finished.
- Please leave your area as you found it. It is your responsibility to properly dispose of trash. It is your responsibility to bring trash bags and neatly pile your trash near a trash can.
- No tent shall be within 100 feet of the finish line. All tents must be 100 feet from the banks of the river. You cannot set up tents on the ball fields. No vehicles are permitted next to your tent you will be towed by the park police.

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