

**18<sup>th</sup> Annual  
GRAND RAPIDS HIGH SCHOOL  
ROWING INVITATIONAL  
Saturday, April 20, 2013  
Hosted by  
Forest Hills Central High School Rowing**

**Contacts:**

**Dana Bradt**

FHC Crew Boosters  
PO Box 960  
Ada, Michigan 49301  
616-334-8113  
dbradt@fhccrew.org

**Geoff Sadek**

Head Coach  
616-856-9092  
gsadek@fhccrew.org

Dear Coaches:

Enclosed is your entry packet for the ***18th Annual Grand Rapids High School Invitational Regatta***. This year's event will take place on **SATURDAY, APRIL 20, 2013**. The entry packet includes a tentative list of events, rules, housing information, and entry form. Please reply to let us know your plans as soon as possible. **All rules governing the Midwest Scholastic Rowing Association will apply.**

We would appreciate a response as soon as possible (by phone, letter or e-mail) to let us know whether or not you intend to participate. All entries are to be made on Regatta Central by April 15, 2013.

Please email a response to us at [admin@fhccrew.org](mailto:admin@fhccrew.org). Please put **"GRHS Regatta"** in the subject of your email.

Thank you for your continued interest in and support of our annual event. We look forward to hearing from you.

Respectfully,

*Dana Bradt* and **Geoff Sadek**

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**Entries:**

*All entries must be submitted by Monday April 15 on Regatta Central  
<https://www.regattacentral.com> ( this should be set up by April 1, 2012)*

*Entry Fees must be paid on line or mailed to  
Dana Bradt, FHC Crew Boosters  
PO Box 960  
Ada, Michigan 49301  
616-540-6684*

**NO LATE ENTRIES WILL BE ACCEPTED!**  
**Teams not paid in full will not be allowed to launch.**

**Your entries must include:**

1. Eligibility list certifying student's eligibility **AND GRADE**. This form must be typed on a form sanctioned by your state **or** on your high school stationery, and signed by your athletic director or principal. **Handwritten lists are not acceptable.**
2. US Rowing Waiver (copies of signed waivers are sufficient). (Should be completed on RC)
3. Entry fees.

***Omitting any one of the above items will disqualify your entry.***

**Rules:**

- An oarsperson may enter a maximum of 2 events (coxswains excluded).
- A minimum of 3 entries must be received in order for a race to be run.
- Weigh-Ins: No weigh-ins will be held, but we expect coaches to follow these guidelines:  
**WOMEN: Lightweight 130lb MAX**  
**MEN: Lightweight 150lb MAX**
- **Junior Oarsman:** May be a Freshman, Sophomore, or Junior in high school.
- **Novice Oarsman:** First year of high school rowing, regardless of rowing experience.

**Heats:**

All heats are 1,000 meters. You will be notified prior to the regatta if you have heats. Heats will run before finals. In events where heats are necessary, every effort will be made to allow for athlete recuperation.

**Entry Fees:**

Eights .....	\$55.00
Fours .....	\$30.00
Doubles .....	\$20.00
Singles .....	\$15.00
<b>MAXIMUM.....</b>	<b>\$550.00</b>

**A Scratch/Late Entry fee of \$30.00 each will be assessed after Lane Draws are completed. Late Entries will not be allowed if additional heats are required.**

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**Medals:**

Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishes as follows:

- Events with **five** or more crews; Gold medals and silver and bronze ribbons will be awarded.
- Events with **four** crews; Gold medals and silver ribbons will be awarded.
- If only **three** crews enter an event, only gold medals will be awarded.
- Every member of a medal/ribbon-winning crew will receive a medal/ribbon.
- Medals/ribbons will not be awarded for the 500 meter Dash events.

**Team Trophies:**

The Don and Claudia LeBlanc Men's and Women's team trophies will again be awarded based on the following point system:

Eights	9 points for 1 <sup>st</sup>	4 points for 2 <sup>nd</sup>	2 points for 3 <sup>rd</sup>
Fours	5 points for 1 <sup>st</sup>	2 points for 2 <sup>nd</sup>	1 points for 3 <sup>rd</sup>
Doubles & singles	No points		

**DIRECTIONS TO RACE COURSE:**

I-96 West to US 131 North to Ann Street exit (east) to Monroe Avenue North; take to Riverside Park (Boat Launce 2 entrance).

**We will make every attempt to have the racecourse be open for rowing after 5:00pm, Friday, April 19, 2013.**

**Hotels/Motels:**

**Within 5 minutes:**

Quality Inn	I-96 at Walker Rd. exit	616-791-8500
Riverfront Hotel	US 131 at Ann St. exit	616-363-9001
Baymont	I-96 at Walker Rd. exit	616-735-9595

**Within 15 minutes:**

Holiday Inn	US 131 at Pearl exit	616-235-7611
Budgetel Inn	I-96 at 28th St. (east) exit	616-956-3300

**Parking:**

Parking at the Race Course is extremely tight. All boat trailers will be parked in the designated staging parking lot. One support trailer will be allowed to park within the Regatta area, **placed by Regatta staff**. The access road between parking areas, east of the staging area and headquarters must be kept clear for emergency use. **No parking or loading will be allowed. Bring a cart to transport your supplies.**

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**LIST OF EVENTS**

(Tentative, pending entries)

Event No.	Event Name
1.	Senior Women Lwt. 8+
2.	Novice Women 8+
3.	Senior Men 150lb 8+
4.	Senior Men 2x
5.	Junior Women 8+
6.	Junior Men 4+
7.	Senior Women Lwt. 4+
8.	Senior Men 1x
9.	Senior Women 4+
10.	Senior Men 4+
11.	Novice Men 8+
12.	Senior Women 1x
13.	Senior Men 150lb 4+
14.	Junior Men's 8+
15.	Senior Women 2x
16.	Junior Women 4+
17.	Senior Women 8+
18.	Senior Men 8+
19.	Senior Women 8+ 500 Dash*
20.	Senior Men 8+ 500m Dash*

\* Does not count toward 2-race maximum and will be held shortly after the Sr 8+ finals. Athletes will stay on the water and wait at the 1000m mark until the official indicates for them to do otherwise. NO ENTRY REQUIRED. If you want to race, tell your Sr 8+'s to stay on the water.

**Hot seating: No hot seating of equipment or crews will be allowed without a two (2) race minimum between.**

**INVITED SCHOOLS**

**MICHIGAN**

1. Ann Arbor Huron HS - Ann Arbor
2. Ann Arbor Pioneer HS – Ann Arbor
3. Carlson HS - Gibraltar
4. Cranbrook Kingswood Crew
5. Crestwood HS
6. GR Crew - Grand Rapids
7. East Grand Rapids HS - Grand Rapids
8. Forest Hills Central HS - Grand Rapids
9. Forest Hills Eastern HS – Grand Rapids
10. Forest Hills Northern HS - Grand Rapids
11. Grosse Ile HS - Grosse Ile
12. Skyline High School – Ann Arbor
13. Lowell HS - Lowell
14. Northville – Northville, MI
15. Northview HS - Northview
16. Riverview HS - Riverview
17. Rockford HS - Rockford

18. Roosevelt HS – Wyandotte
19. Saline HS - Saline
20. Southgate Anderson HS – Southgate

**ILLINOIS**

21. Woodlands Academy
22. Ignatius HS – Chicago
23. New Trier HS – Winnetka
24. Lincoln Park - Chicago

**INDIANA**

25. Culver Academies - Culver

**West Virginia**

26. Parkersburg HS – Parkersburg
27. Parkersburg East HS

