

**20th Annual
GRAND RAPIDS HIGH SCHOOL
ROWING INVITATIONAL
Saturday, April 18, 2015**

**Hosted by
Forest Hills Central High School Rowing**

Contacts:

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Dear Coaches:

Enclosed is your entry packet for the **20th Annual Grand Rapids High School Invitational Regatta**. This year's event will take place on **Saturday, April 18, 2015**. The entry packet includes a tentative list of events, rules, and housing information. **All rules governing the Midwest Scholastic Rowing Association will apply.**

We would appreciate a response (phone, email, or written letter), as soon as possible, to let us know whether or not your team intends to participate. **Emailed responses may be sent to admin@fhccrew.org. Please indicate "GRHS Regatta" in the subject of your email.**

All entries are to be registered on Regatta Central by April 14, 2015.

Thank you for your continued interest in and support of our annual event. We look forward to hearing from you.

Respectfully,

Geoff Sadek
Mike Miller
Deanna Wilkinson

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Entries:

All entries must be submitted on Regatta Central, <https://www.regattacentral.com>, between April 1 and April 14, 2015.

Entry fees* must be paid online. If unable to pay online, please contact Deanna Wilkinson at wilkinsondb@comcast.net or 616-485-4348

NO LATE ENTRIES WILL BE ACCEPTED.

Teams not paid in full will not be allowed to launch.

Your entries must include:

1. **Eligibility list** certifying student's eligibility **and grade**. This information must be typed on a form sanctioned by your state **or** on your high school stationery, and signed by your athletic director or principal. Handwritten lists are **not** acceptable.
2. **US Rowing Waiver** (copies of signed waivers are sufficient). This should be completed on Regatta Central.
3. **Entry fees**

The omission of any of the items listed above will disqualify your entry.

Rules:

- An oarsperson may enter a maximum of 2 events (coxswains excluded).
- A minimum of 3 entries must be received in order for a race to be run.
- Weigh-Ins: No weigh-ins will be held, but we expect coaches to follow these guidelines:

WOMEN:	Lightweight	130lb MAX
MEN:	Lightweight	150lb MAX

- Junior Oarsman: May be a Freshman, Sophomore, or Junior in high school.
- Novice Oarsman: First year of high school rowing, regardless of rowing experience.

Heats:

All heats are 1,000 meters. You will be notified prior to the regatta if you have heats. Heats will run before finals. In events where heats are necessary, every effort will be made to allow for athlete recuperation.

***Entry Fees:**

Eights	\$55.00
Fours	\$35.00
Doubles	\$25.00
Singles	\$15.00

MAXIMUM \$560.00

A Scratch/Lane Entry Fee of \$30.00 each will be assessed after Lane Draws are completed. Late entries will not be allowed if additional heats are required.

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Medals:

Medals will be awarded for 1st, 2nd and 3rd place finishes as follows:

- Events with **five or more crews** - gold medals and silver and bronze ribbons will be awarded.
- Events with **four crews** - gold medals and silver ribbons will be awarded.
- Events with **three crews** – only gold medals will be awarded.
- Every member of a medal/ribbon-winning crew will receive a medal/ribbon.
- Medals/ribbons will not be awarded for the 500 Meter Dash events.

Team Trophies:

The Don and Claudia LeBlanc Men's and Women's Team trophies will again be awarded based on the following point system:

Eights:	9 points for 1 st	4 points for 2 nd	2 points for 3 rd
Fours:	5 points for 1 st	2 points for 2 nd	1 point for 3 rd
Doubles & Singles:	No points		

Directions to Race Course:

I-96 West to US 131 North to Ann Street exit (east) to Monroe Avenue North; take to Comstock Riverside Park (Boat Launch 2 entrance)

We will make every attempt to have the racecourse be open for rowing after 5:00pm on Friday, April 17, 2015, however we do not guarantee this.

GPS address of Comstock Riverside Park is 2001 Monroe Avenue NE; Grand Rapids, MI 49505

Parking:

Parking at the Race Course is extremely tight. All boat trailers will be parked in the designated staging parking lot. One support trailer will be allowed to park within the Regatta area, **placed by Regatta Staff**. The access road between parking areas, east of the staging area and headquarters, must be kept clear for emergency use. **No parking or loading will be allowed. Bring a cart to transport your supplies.**

Hotels/Motels:

Within 5-10 minutes:

Quality Inn Grand Rapids North	I-96 at Walker Rd. exit	616-791-8500
Riverfront Hotel	US 131 at Ann St. exit	616-363-9001
Baymont Inn & Suites GR N/Walker	I-96 at Walker Rd. exit	616-735-9595
Holiday Inn Express & Suites GR North	US 131 at Alpine exit	616-647-4100

Within 15 minutes:

Holiday Inn Grand Rapids Downtown	US 131 at Pearl exit	616-235-7611
Baymont Inn & Suites GR Airport	I-96 at 28th St. (east) exit	616-956-3300
Country Inn & Suites GR East	I-96 at East Beltline	616-942-7000

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LIST OF EVENTS
(Tentative, pending entries)

<u>Event No.</u>	<u>Event Name</u>
1.	Senior Women Lwt. 8+
2.	Novice Women 8+
3.	Senior Men 150lb 8+
4.	Senior Men 2x
5.	Junior Women 8+
6.	Junior Men 4+
7.	Senior Women Lwt. 4+
8.	Senior Men 1x
9.	Senior Women 4+
10.	Senior Men 4+
11.	Novice Men 8+
12.	Senior Women 1x
13.	Senior Men 150lb 4+
14.	Junior Men's 8+
15.	Senior Women 2x
16.	Junior Women 4+
17.	Senior Women 8+
18.	Senior Men 8+
19.	Senior Women 8+ 500 Dash*
20.	Senior Men 8+ 500m Dash*

* Does not count toward 2-race maximum and will be held shortly after the Sr 8+ finals. Athletes will stay on the water and wait at the 1000m mark until the official indicates for them to do otherwise. NO ENTRY REQUIRED. If you want to race, tell your Sr 8+'s to stay on the water.

Hot Seating: No hot seating of equipment or crews will be allowed without a two (2) race minimum between.

INVITED SCHOOLS

Michigan

1. Ann Arbor Huron HS - Ann Arbor
2. Ann Arbor Pioneer HS – Ann Arbor
3. Carlson HS - Gibraltar
4. Cranbrook Kingswood Crew
5. Crestwood HS – Dearborn Heights
6. GR Crew - Grand Rapids
7. East Grand Rapids HS - Grand Rapids
8. Forest Hills Central HS - Grand Rapids
9. Forest Hills Eastern HS – Grand Rapids
10. Forest Hills Northern HS - Grand Rapids
11. Grosse Ile HS - Grosse Ile
12. Skyline High School – Ann Arbor
13. Lowell HS - Lowell
14. Northville – Northville
15. Northview HS - Northview
16. Riverview HS - Riverview

17. Rockford HS - Rockford
18. Roosevelt HS – Wyandotte
19. Saline HS - Saline
20. Southgate Anderson HS – Southgate

Illinois

21. Woodlands Academy
22. Ignatius HS – Chicago
23. New Trier HS – Winnetka
24. Lincoln Park - Chicago

Indiana

25. Culver Academies - Culver

West Virginia

26. Parkersburg HS – Parkersburg
27. Parkersburg South HS - Parkersburg