

Presented by the Great Miami Rowing Center and the City of Hamilton, OH

**Youth, High School,
Masters, Collegiate, Open
3,800m Head Race**

October 20, 2012

Presented by



Come and see how great the Great Miami is at the Double Dam Regatta! This year we are running in conjunction with the new RiversEdge Wheel n' Heel duathlon. There will be plenty of people along the river bank this year to watch all the activity. We've included more sculling events, added more dock space and are planning fun family activities to complement the racing including;

- Take a stroll on a historic walking tour in some of Hamilton's oldest and most beautiful neighborhoods.
- Expanded venue with viewing and vendors on the High Main Bridge.
- See [images](#) of previous GMRC events on our website.

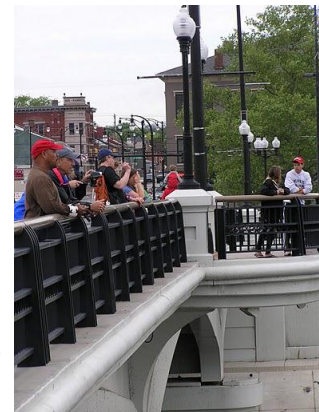


Come Race in Hamilton

Located in Southwest Ohio, the City of Hamilton is centrally located between the Cincinnati and Dayton metropolitan areas.

The Course. The Great Miami River in downtown Hamilton provides a superb venue for rowing. The area between the Hamilton Low Dam (lower dam) and the Two-Mile Low Dam (upper dam) is an untapped rowing resource with limited power boat access. The river has high man-made levee walls that are soft and easily absorb wakes.

Unparalleled Spectating. The levee provides a very sheltered canal-like river. Leave your binoculars at home, the view of the race course is perfect in Hamilton. Additionally, the levee shelters the water so that the course only gets rough or unrowable when the wind conditions are very severe.



Housing Options. We can offer a variety of housing options for incoming teams. Stay at Hamilton's new [Courtyard by Marriott](#) and watch the races from your hotel window, or let us help you find cheap housing at local churches or YMCA camps.

Welcoming Community. Hamilton is designated as 'The City of Sculpture' and is home to a brilliant inventory of sculptures reflecting the community's commitment to the arts. If you enjoy outdoor art exhibitions, Hamilton is the place to be.

Bikes and Easy Trailering. Bring your bike! With it you can follow the races from the Great Miami River Recreational Trail on the east and west sides of the river. Trailer parking and access is easy. While we do operate in a city center, we are centrally located adjacent to State Rd 129. No trailer ballet is required here!

McCullough-Hyde Physical Therapists

Need stretching or have an injury? See us for your race day needs and injury assessments

In Motion Bicycle Shop

Rent a bike from In Motion and head up to the starting line on the riverfront bike path! They'll also have a ton of athletic gear available!

GMRC Concessions and Schwag

Come get your event t-shirt or some gear from Sew Sporty tie dyed! We'll also be serving light concessions in the morning.

Neal's Cafe

A local Hamilton staple, Neal's will bring out the grill and prepare some of the best barbecue around! Save your appetite!

Pappa Luigi's

One of the newest restaurants in Hamilton, Pappa Luigi's has quickly become one of the favorites in downtown cuisine. Grab some lunch while you're watching the races!

Usborne Books

Awesome books and activities for all ages!

Jamerry Nails

Stop by for some designer nail shields in your team colors!

Especially Suri Alpaca

A wonderful selection of beautiful alpaca hats, gloves, scarves, socks, blankets, toys and other apparel. Warm and hypo-allergenic, alpaca is the perfect choice for fall and winter.

Bernadette Zimmerman

Hand crafted beaded jewelry featuring fair trade beads from Kenya

Butler Soil and Water Conservation District

Butler SWCD provides free educational programs on a variety of natural resource issues.

Taste Great Concessions Food Truck

Offers a wide range of food choices from fruit, salad, and low fat food options. We also offer traditional concession items.

We hope to see you on the water in Hamilton this fall. If you have any questions please feel free to contact us

Sincerely,

Frances Kern Mennone
GMRC Executive Director
fmennone@greatmiamirowing.com

Emilie Graham
Co-Regatta Director
regattadirector@greatmiamirowing.com

EVENTS OFFERED

		1x	2x	4x	4+	8+	Ltwt 4+	Ltwt 8+	Novice 4+	Novice 8+
Masters/Open Men		x	x	x	x	x				
Masters/Open Women		x	x	x	x	x				
Masters/Open Mixed			x		x	x				
Open Mixed					x	x				
Youth Men		1x	x	x	x	x	x	x	x	x
Youth Women		1x	x	x	x	x	x	x	x	x
Collegiate					x	x	x	x	x	x

EVENTS

There are 16 different categories (Mens & womens 1x, 4+, etc) but run as 40 separate events inside each category. For example the mens eight will run a group of open entries, then masters, then youth when warranted. Medals will be awarded for each event inside the mens eight; open, masters, youth and youth lightweight.

DOUBLE DAM CLASSIFICATIONS

All competitors must be eligible for the event division in which they are competing. Any crew containing an ineligible competitor will be violating the rules and will be disqualified from the Regatta.

Failure to comply will cause the results of the competitor(s) to be excluded.

MASTERS

In accordance with USRowing Rules, a master is a competitor who has attained or will attain the age of 21 during the current calendar year.

Age is determined by the competitor's age as of December 31, 2012, rounded down to the nearest whole number. Average age of a boat will be used for multiple-competitor boats. Masters events will be divided into as many separate USRowing Masters categories as possible. The Double Dam retains the right to combine categories if less than three entries have been received in any one category.

Masters crew shall be comprised exclusively of Masters Rowers, but the coxswain need not be a Master. Masters crews shall be classified by age according to the USRowing categories.

The age category of a Masters crew shall be determined by the average age of the rowers in the crew, rounded down to the nearest whole number. The age of a coxswain shall not be counted. The ages of individual rowers need not fall within the age category, so long as each rower is a Master and so long as the average age of the crew falls within the applicable category.

Handicaps will be applied for all boats using the Standard USRowing handicaps for a 1,000 meter course and will be multiplied by 2.5 to factor for the length of the course. Please see <http://www.usrowing.org/uploads/docs/rulesofrowing.pdf> for more information.

MIXED

Must contain at least equal numbers of women as it includes men (may contain more women than men).

NOVICE

Novice should have no more than one years worth of racing experience from the last years Double Dam regatta.

COURSE

The 3,800 meter course is on the Great Miami River. The starting line is south of the City Boat Ramp and runs north to a point south Black Street Bridge. The race course maintains 2/3rds of the eastern bank of the river and runs north against the flow. Crews can use either the middle or eastern bridge spans while on the course.

WARM –UP

The warm-up lane is the western 1/3 of the river. Boats should launch with their bow headed south. The warm-up lane runs under the western bridge piers of the Rail Road Bridge and Columbia Bridge.

There is NO passing at the Rail Road Bridge during the warm-up — the first bridge that crews encounter after leaving the dock.

ALL boats will launch from the Great Miami Rowing Center dock at 110 N. B Street Hamilton, OH 45013

ENTRIES

All competitors may participate in multiple events. However, competitors are responsible for allowing sufficient time to race in one event, land, re-queue, and launch in time for an additional event. Competitors will not be allowed to land or launch out of order. Hot-seating of athletes and/or boats is strongly discouraged but is allowed if ample time is available for the athletes and/or boats.

Entries must be received with entry fee no later than Sunday, October 14, 2012 at midnight PDT.

Entries are to be submitted online via Regatta Central (www.regattacentral.com). Registration is open from October 9 to October 14. Late entries can be accommodated but they are subject to a \$25 late fee per entry.

Masters competitors must submit date(s) of birth for all competitors during the entry process. Crews with missing or incomplete date of birth information will race as a 27-year-old rower.

Confirmed entries will be posted on www.regattacentral.com.

Entry Fees are:

1x = \$40

2x = \$45

4x /+ = \$50

8+ = \$70

REGISTRATION

Scullers and crew representatives must check in with Registration by 9AM on the day of racing.

All scratches must be reported at least one (1) hour prior to an event. You will be charged a scratch \$25 fee.

WAIVERS will be accepted through Regatta Central's on-line system. Directions for on-line submission of waivers can be found at www.regattacentral.com. Login to Regatta Central or become a New User by clicking on the "Join Now" link and following the steps to create a new account. Under "My Affiliations" make sure you have listed the team(s) you are associated with. Then, in the "My Roster" box click on "Instructions for US Rowing Waiver Submission" and follow the directions. Please feel free to contact Regatta Central Support at 614-360-2922 M-F 9am-5pm EST or e-mail support@regattacentral.com.

All waivers must be available on-line by October 14 2012

REFUNDS

The Great Miami Rowing Center will NOT refund scratches communicated to the Registrar beyond the October 14th entry close date.

COMPETITORS' TENTS

Competitors may put up tents for protection from the elements. The tents must be set up on Monument Ave between the hotel and High/Main Street. Be prepared to secure your tent to the road surface using weights –not stakes.

FACILITIES

Portable sanitary facilities will be located at 110 N. B Street, Hamilton, Ohio and on Market Avenue on the east side of the river.

Vendors providing food, beverages, t-shirts, posters and programs will be located on the High Main Bridge.

BOW MARKERS

Bow markers will be given out at in your registration packet available at Registration the morning of the event. Bow markers must be affixed on the bow of the racing shell by way of an appropriate holder.

SAFETY

- All shells must be equipped with a bow ball.
- Each set of shoes within the shell must be equipped with properly-secured heel tie-downs.
- A boat in which the body of the coxswain is enclosed or partially enclosed within the hull of the boat shall conform to the following requirements:
 - The opening through which the coxswain enters and exits shall be at least 2.30 feet (70 cm) long when measured along the longitudinal axis of the boat. For a length of at least 1.64 feet (50 cm), the opening shall be as wide as the inner hull of the boat itself. The inner surface within which the coxswain's body rests shall be smooth and free of any obstacles, devices, or other structures that would hinder quick exit.

RESULTS

After the race, official results will be available on the Great Miami Rowing Center web site at www.greatmiamirowingcenter.com and regattacentral.com.

Additionally, they will be available within an hour of each race at the Results Board at the regatta Head Quarters Tent.

2012 RULES AND REGULATIONS

It is the responsibility of all competitors to be familiar with the Racing Rules that follow as well as those Rules of Rowing as published by US Rowing that may be applicable to the Regatta. The Double Dam is a USRowing Registered Regatta.

COACHES', COXSWAINS', AND SCULLERS' MEETING

A mandatory meeting will take place 90mins before the start of the first race Saturday morning at the HQ Tent. A time for the meeting will be posted with the finalized schedule in the week prior to the event.

THE RACE COURSE

The 3,800 meter course is on the Great Miami River. The starting line is just south of the City Boat Ramp and runs north to the Black Street Bridge.

- The race course will be marked with buoys.
- Starting marshals located above the start line will assist as crews order themselves by bow marker and event.
- After launching and when finished racing, boats must proceed back to the dock and wait in line for a spot to open on the upstream side of docks.
- All competitors are responsible for being familiar with the course. Please consult the course map in Appendix 2.

COURSE SAFETY

Competitors and coxswains must review the course maps carefully to locate shallow areas and bad water. The river is closed to all boat traffic during the race.

WARM-UP

Each entrant must be in the starting/marshalling area ten (10) minutes prior to their scheduled starting time. The dockmaster will make two calls for launching crews 40 minutes and 30 minutes prior to the start times.

RACING

While racing, boats must stay on the designated buoyed racecourse. Oar blades may go over buoys but the hull of the shell must stay on the course.

FINISH

The finish is clearly marked by two large buoys. Once beyond the buoys, crews must immediately turn and continue towards the dock area.

PROTESTS

All protests must be filed within 30 minutes of the end of the race in which the violation occurred. The crew's coxswain or representative rower/sculler must indicate the crew's intent to file a protest to the course marshal at the finish line or to the dockmaster on shore at the docks/launching area.

Protest forms are available at the HQ Tent near the finish line. Protest forms must be filed directly with a USRA race official. Have a representative from the protesting crew available during the judge and referee deliberations.

A \$25 filing fee is required at the time a protest is filed. In the event the protest is upheld, the fee will be returned. If the protest is denied, the fee will be forfeited.

AWARDS

All medals or ribbons will be awarded at the Awards Tent located near Control Commission. Gold and silver medals/ribbons will be awarded to the top finisher in each division.

Any events under protest may delay the awarding of medals for that event. All protests will be adjudicated by USRowing officials at the officials' meeting following the final race of the day. Medals not awarded or retrieved 30 minutes after the last race will be mailed after the event.

PARKING

Spectator Parking is available in several City of Hamilton lots (free of charge). The lots are located at the north east corner of Market and Front Streets and the south east corner of Market and Front Streets. Please see attached parking maps.

Trailers and car topped boats will be parked at the GMRC outdoor site:
110 N. B Street
Hamilton, OH 45011

OFFICIAL HOTEL

Courtyard by Marriott, Hamilton

1 Riverfront Plaza
Hamilton, Ohio 45011 USA
Phone: 1-513-896-6200
Toll-free: 1-800-606-2813



CONTACTS AND LINKS

Race Director: Emilie Graham, regattadirector@greatmiamirowing.com

Race Website:

<http://greatmiamirowing.com/index.php/events/double-dam-regatta>

Registration:

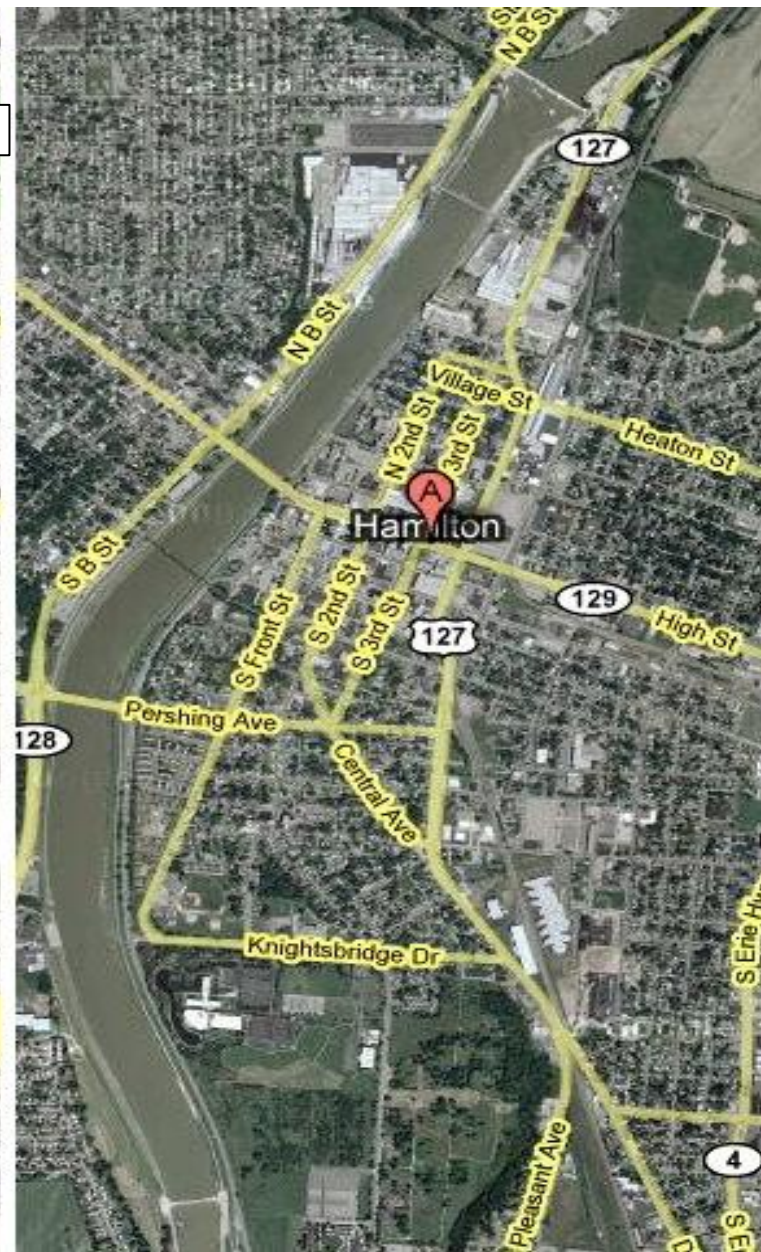
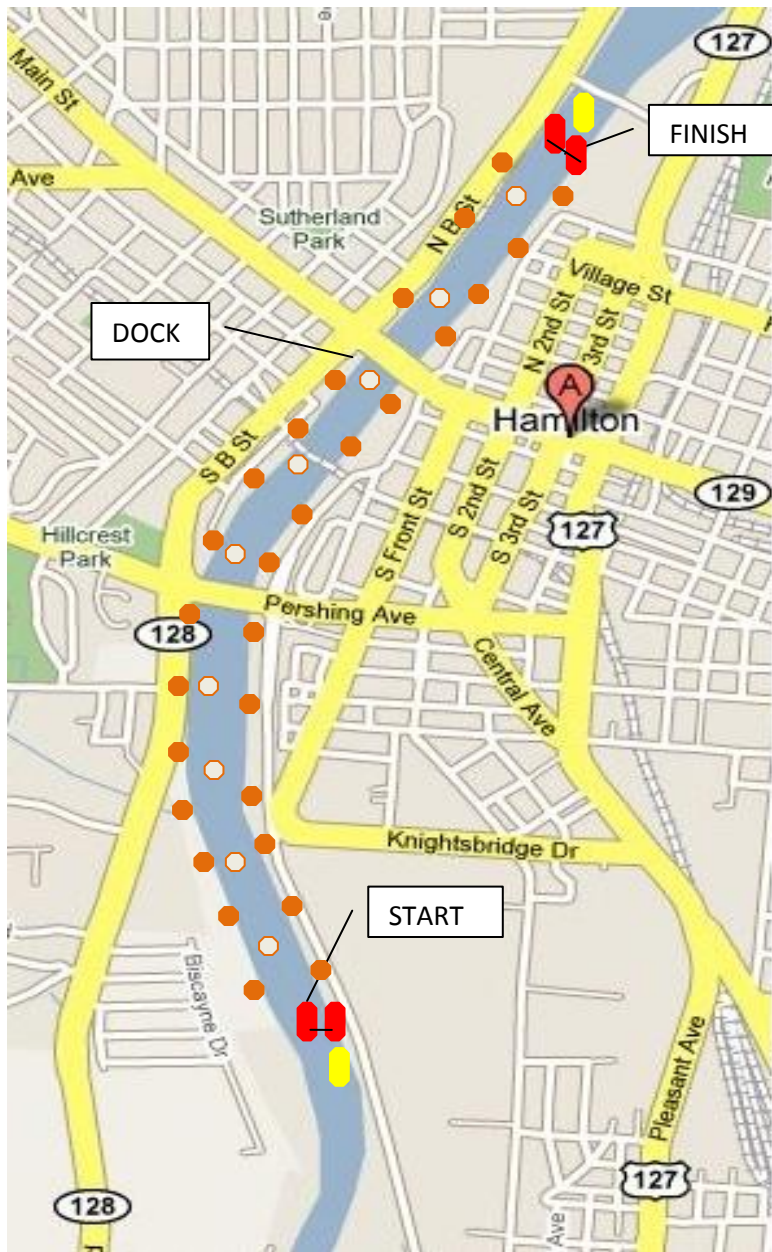
www.Regattacentral.com


e-mail: support@RegattaCentral.com


Hamilton Double Dam


Anticipated schedule/Subject to change.


Event #	Time	Category	Subgroup
1a	10:00AM	M 1x	Mens 1x Open
1b	10:04AM		Mens 1x Masters
1c	10:08AM		Mens 1x Youth
2a	10:10AM	W4x	Womens 4x Open
2b	10:14AM		Womens 4x Masters
2c	10:18AM		Womens 4x Youth
3a	10:20 AM	M Nov 8+	Mens Novice 8+ Open
3b	10:24AM		Mens Novice 8+ Youth
4a	10:30AM	W 4+	Womens 4+ Open
4b	10:34AM		Womens 4+ Masters
4c	10:38AM		Womens 4+ Youth (Lightweight)
5a	11:00AM	M 2x	Mens 2x Open
5b	11:04AM		Mens 2x Masters
5c	11:08AM		Mens 2x Youth
6	11:10 AM	Mx 8+	
7a	11:20AM	W Nov 4+	Womens Nov. 4+ Open
7b	11:24AM		Womens Nov. 4+ Youth
8a	11:30 AM	M 8+	Mens 8+ Open
8b	11:34AM		Mens 8+ Masters
8c	11:38AM		Mens 8+ Youth (Lightweight)
	11:45 AM	Exhibition Events; Adaptive/JRow	
9a	12:30PM	W 2x	Womens 2x Open
9b	12:34AM		Womens 2x Masters
9c	12:38AM		Womens 2x Youth
10a	12:40PM	M Nov 4+	Mens Novice 4+ Open
10b	12:44PM		Mens Novice 4+ Youth
11a	12:50PM	W 8+	Womens 8+ Open
11b	12:54PM		Womens 8+ Masters
11c	12:58PM		Womens 8+ Youth (Lightweight)
12a	1:00PM	M 4X	Mens 4x Open
12b	1:04PM		Mens 4x Masters
12c	1:08PM		Mens 4x Youth
13	1:10PM	Mx 4+	Mixed 4+
14a	1:20PM	W1x	Womens 1x Open
14b	1:24PM		Womens 1x Masters
14c	1:28PM		Womens 1x Youth
15a	1:30PM	W Nov 8+	Womens Novice 8+ Open
15b	1:34PM		Womens Novice 8+ Youth
16a	1:40PM	M 4+	Mens 4+ Open
16b	1:44PM		Mens 4+ Masters
16c	1:48PM		Mens 4+ Youth (Lightweight)



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10 COURSE
BOUYS
- 

8 START/FINISH
BOUYS
- 

2 TURN
BOUYS
- 

20 HAZARD
JUGS

Parking Map for GMRC Events

