The Greater Dayton Rowing Jr Boosters are proud to announce our 3rd annual Greater Dayton Erg Sprints indoor race!!

Saturday, January 18, 2014

Vandalia Recreation Center 1111 Stonequarry Rd. Dayton, OH 45414



# TEST YOUR FITNESS IN A CHALLENGING 2000-METER ROWING RACE

Rowers and non-rowers are invited to compete in various events and Categories that will surely challenge even the most elite athlete! Races will be visible on our giant 7' x 10' screen. Invite your family and friends to cheer you on!!

DATE: Our event will be held in the gymnasium of the Vandalia Recreation Center on Saturday, January 18, 2014. Doors Opens at 7:30am with races starting at 10am.

#### **EVENTS:**

The main event is the 2000 meter race. In addition, we are offering Quad relay races where you choose any participants to "make up your boat" and simultaneously row 500 meters against another "boat". We will also run 500 meter sprint races. All races are available in a variety of age and skill levels.

#### **REGISTRATION:**

Registration fee is \$15.00 per individual event. Relays are FREE! Each entrant will receive a CREW water bottle (gray, blue, red, or green) while supplies last. These will be available at the registration desk.

Please register and pay at <a href="www.regattacentral.com">www.regattacentral.com</a>, click on the Regatta tab to find our race. Waivers are mandatory! Bring the waiver below to registration table the day of the event.

## Registration deadline is Tuesday, January 14th

### **MEDALS**

Medals for  $1^{st}$ ,  $2^{nd}$  &  $3^{rd}$  place will be awarded for individual events only. Relays will not receive medals.

Please contact Bernice Willis with any questions or concerns. Bernice@mbalists.com

| <b>Greater Dayton Rowing Association and Vandalia</b>   | <b>Recreation Center</b>                      |
|---|---|
| IN CONSIDERATION of being given the opportunity to participate  |   |
| myself, my personal representatives, assigns, heirs, and next of k  |   |
| 1. ACKNOWLEDGE, agree and represent that I understand the   |   |
| and land based, and that I am qualified, in good health, and in pr  |   |
| such Activity.  | oper projecture contained to purchase in      |
| 2. FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES   | INVOLVE RISKS AND DANGERS of                  |
| serious bodily injury, including permanent disability, paralysis a  |   |
| dangers may be caused by my own actions, or inactions, the actions  |   |
| the Activity, the condition in which the Activity takes palace, or  |   |
| below; (c.); there may be other risks and social and economic los   |   |
| foreseeable at this time; and I FULLY ACCEPT AND ASSUME   |   |
| RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES   |   |
| Activity.   | i mear as a result of my participation in the |
| 3. AGREE AND WARRANT that I will examine and inspect ea   | ich Activity in which I take part as a        |
| member of the Club and that, if I observe any condition which I   |   |
| dangerous, I will notify the proper authority in charge of the Act  |   |
| Activity until the condition has bee corrected to my satisfaction.  | ivity and will refuse to take part in the     |
| 4. HEREBY RELEASE, discharge, and covenant not to sue the   | Club, their administrators, directors,        |
| agents, officers, volunteers and employees, other participating re  | gatta organizers, any sponsors, advertisers,  |
| and if applicable, owners and lessors of premises, on which the   | Activity takes place, (each considered on of  |
| the Releasees herein) from all liability, claims, demands, losses of  |   |
| to be caused in whole or in part by the negligence of the Release   | es or otherwise, including negligent rescue   |
| operations; and I further agree that if, despite this release and wa  | iver of liability, assumption of risk, and    |
| indemnity agreement, I, or anyone on my behalf, makes a claim   | against any of the Releasees, I WILL          |
| INDEMNIFY < SAVE AND HOLD HARMLESS each of the Re   | eleasees, from any litigation's expenses,     |
| attorney fees,  |   |
| loss, liability, damage, or cost which any may incur as a result of   |   |
| I have read this agreement, fully understand its terms, understand  |   |
| signing it and have signed it freely and without any inducement or assurance of any nature and intend it be   |   |
| a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if |   |
| any portion of this agreement is held to be invalid, the balance, r   | otwithstanding, shall continue in full force  |
| and effect.   | _   |
| Printed Name of Participant:  | Date:   |
| Address:Phone:  |   |
| Signature (only if age 18 or over)  |   |
| in grant ( and a uga a a ar ar  |   |
| PARENTAL CONSENT  |   |
| AND I, the minor's parent and/or legal guardian, understand the   | nature of rowing activities and the minor's   |
| experience and capabilities and believe the minor to be qualified   | to participate in such activity. I hereby     |
| release, discharge, covenant not to sue, and AGREE TO INDEM   | INIFY AND SAVE AND HOLD                       |
| HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's         |   |
| account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite |   |
| this release, I, the minor, or anyone on the minor's behalf makes   |   |
| Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMI   |   |
| litigation expenses, attorney fees, loss liability, damage, or cost a   | any may incur as the result of any such       |
| claim.  |   |
| Printed Name of Parent/Guardian: Date:  |   |
| Address:  |   |

Parent/Guardian Signature (only if participant is under the age of 18):\_\_\_\_\_