2016 Hudson Valley Rowing League Championships Heat Sheet for Saturday, Jun 4

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	06:00	C &C Meeting							
1a	06:30	Mens Ltwt 4+ Heat 1 Top 2 Places to Finals	Kingston HS (C. Fairley)	Newburgh Free Academy (J. Roy)	Wappingers Crew Club	Warwick HS (K. Kraetschmer)	Arlington (R. Dooner)	Suffern (M. Dain)	
1b	06:40	Mens Ltwt 4+ Heat 2 Top 2 Places to Finals	Roosevelt HS (A. Fakhouri)	ONeill	Rhinebeck (G. Bolton)	Spackenkill	Poughkeepsie (S. Carty)		
1c	06:50	Mens Ltwt 4+ Heat 3 Top 2 Places to Finals			North Rockland HS (S. Perry)	Newburgh			
2a	07:00	Womens HS 8+ Heat 1 Top 2 Places to Finals	Warwick HS (C. Hennessy)	Suffern (K. Mccarren)	Arlington (N. Brown)	Kingston HS (J. Wolf)	Newburgh Free Academy (K. Clark)	Wappingers Crew Club	
2b	07:10	Womens HS 8+ Heat 2 Top 2 Places to Finals		ONeill	Roosevelt HS	Poughkeepsie (F. Mauer)	Rhinebeck (J. Fesser)		
2c	07:20	Womens HS 8+ Heat 3 Top 2 Places to Finals			Newburgh	North Rockland HS (J. Ouderkirk)			
3a	07:30	Mens HS 4+ Heat 1 Top 2 Places to Finals	Wappingers Crew Club	Arlington (M. Maloney)	Warwick HS (B. Hallinan)	Newburgh Free Academy (N. Danza)	Suffern (J. Southren)	Kingston HS (S. Schindler)	
3b	07:40	Mens HS 4+ Heat 2 Top 2 Places to Finals	ONeill	Rhinebeck (T. Gadsby)	Poughkeepsie (I. Nesheiwat)	Spackenkill	Roosevelt HS (R. Decker)		

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	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
3c	07:50	Mens HS 4+ Heat 3 Top 2 Places to Finals		North Rockland HS (A. Santos)	Newburgh (R. Higgins)	CortlandtComm unityRowing (C. Tompkins)			
4a	08:00	Womens HS Ltwt 4+ Heat 1 Top 2 Places to Finals	Suffern (F. Congionti)	Warwick HS (A. Amador)	Newburgh Free Academy (K. Fox)	Arlington (A. DiRubbo)	Wappingers Crew Club	Kingston HS (L. Hindiyeh)	
4b	08:10	Womens HS Ltwt 4+ Heat 2 Top 2 Places to Finals	Roosevelt HS	Poughkeepsie (L. Anderson)	Rhinebeck (E. Kroll)	Spackenkill			
4c	08:20	Womens HS Ltwt 4+ Heat 3 Top 2 Places to Finals			Newburgh (K. Gunera)	North Rockland HS (K. Kehoe)			
5a	08:30	Mens HS 8+ Heat 1 Top 2 Places to Finals	Warwick HS (R. Keane)	Newburgh Free Academy (B. Valois)	Suffern (C. McNamara)	Wappingers Crew Club	Arlington (E. Palmiotti)	Kingston HS (J. Torres)	
5b	08:40	Mens HS 8+ Heat 2 Top 2 Places to Finals		Spackenkill	Poughkeepsie	Roosevelt HS (G. Burnett)			
5c	08:50	Mens HS 8+ Heat 3 Top 2 Places to Finals		CortlandtCom munityRowin g (C. Tompkins)	Newburgh	North Rockland HS (B. Babcock)			
6a	09:00	Womens HS 4+ Heat 1 Top 2 Places to Finals	Newburgh Free Academy (C. Stepakoff)	Kingston HS (M. Dercola)	Suffern (J. Breauninger)	Warwick HS (K. Oelofse)	Arlington (K. Nau)	Wappingers Crew Club	
6b	09:10	Womens HS 4+ Heat 2 Top 2 Places to Finals	Poughkeepsie (S. Cassidy)	ONeill	Roosevelt HS	Rhinebeck (M. Lortie)	Spackenkill		
6c	09:20	Womens HS 4+ Heat 3 Top 2 Places to Finals		North Rockland HS (S. Jean Charles)	East Arm (A. Kasparsons)	Newburgh (R. Beisswenger)			

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	09:30	Break							
1	09:50	Mens Ltwt 4+ Final	2nd from Mens Ltwt 4+ Heat 2	1st from Mens Ltwt 4+ Heat 3	1st from Mens Ltwt 4+ Heat 1	1st from Mens Ltwt 4+ Heat 2	2nd from Mens Ltwt 4+ Heat 1	2nd from Mens Ltwt 4+ Heat 3	
2	10:00	Womens HS 8+ Final	2nd from Womens HS 8+ Heat 2	1st from Womens HS 8+ Heat 3	1st from Womens HS 8+ Heat 1	1st from Womens HS 8+ Heat 2	2nd from Womens HS 8+ Heat 1	2nd from Womens HS 8+ Heat 3	
3	10:10	Mens HS 4+ Final	2nd from Mens HS 4+ Heat 2	1st from Mens HS 4+ Heat 3	1st from Mens HS 4+ Heat 1	1st from Mens HS 4+ Heat 2	2nd from Mens HS 4+ Heat 1	2nd from Mens HS 4+ Heat 3	
4	10:20	Womens HS Ltwt 4+ Final	2nd from Womens HS Ltwt 4+ Heat 2	1st from Womens HS Ltwt 4+ Heat 3	1st from Womens HS Ltwt 4+ Heat 1	1st from Womens HS Ltwt 4+ Heat 2	2nd from Womens HS Ltwt 4+ Heat 1	2nd from Womens HS Ltwt 4+ Heat 3	
5	10:30	Mens HS 8+ Final	2nd from Mens HS 8+ Heat 2	1st from Mens HS 8+ Heat 3	1st from Mens HS 8+ Heat 1	1st from Mens HS 8+ Heat 2	2nd from Mens HS 8+ Heat 1	2nd from Mens HS 8+ Heat 3	
6	10:40	Womens HS 4+ Final	2nd from Womens HS 4+ Heat 2	1st from Womens HS 4+ Heat 3	1st from Womens HS 4+ Heat 1	1st from Womens HS 4+ Heat 2	2nd from Womens HS 4+ Heat 1	2nd from Womens HS 4+ Heat 3	