



Saturday, October 29, 2011
Information Packet

Please join us for this year's Head of the Eagle-- a great end-of-the-season regatta. Join us in Indianapolis on the beautiful Eagle Creek Reservoir on Saturday, October 29, 2011. Costumes welcome!

Head of the Eagle Boosters Food:

The Indianapolis Rowing Center (IRC) Parent Boosters will be serving food at the Beach Pavilion. We are willing to feed teams other than our own for a suggested donation of \$6/breakfast and \$10/lunch. If both meals are purchased the cost would be \$15. For teams requesting meals, wrist bands will be in your Registration Packet. These pre-arranged meal donations are NONREFUNDABLE.

Proposed Menu:

Breakfast: (3 items) - IRC Famous Breakfast Bagel (made with lots of love and butter); choice of homemade, healthy, breakfast breads or muffins; beverage choice of water, coffee, hot cocoa or Gatorade.

Lunch: (4 items) - Main dish choice of homemade macaroni and cheese, chili, pasta and meatballs, or cheese quesadillas; side dish choice of an assortment of salads; dessert choice of fruit, yogurt, or homemade cookies or cake; beverage choice of water, coffee, hot cocoa or Gatorade.

Menu is subject to change on the day of Regatta subject to availability. When we have reached our capacity, pre-arranged meals will no longer be available. You can reserve meals on the IRC website (<http://indyrowing.org/events/regatta-dates/head-of-the-eagle/>) or RegattaCentral (www.regattacentral.com)

IRC will provide a limited supply of water for the athletes, which can be found in 5-gal. water coolers near the launch area and pavilion.

Race course:

The start will be located on the South side of the reservoir heading North through the 56th Street bridge and ending at the 500m mark of IRC's 2K course.

Trailer Parking and Launch Sites:

Trailer parking will be at the beach and near the boathouse. Crews should utilize the recently renovated boat storage racks. Please follow signs and volunteers will be onsite to assist you when you arrive. The boathouse and gates will be open until 9 p.m. on Friday, October 28, 2011. If you plan to arrive later, please contact Jackie Kleinhans at 917-969-4791 to work out specific arrangements. The park gates will be open at 6 a.m. on Saturday. The boat storage area is fenced and will be locked overnight. The park gates are also locked at night. There will not be additional security.

Parking:

Boat trailers, large buses and vans carrying athletes will be permitted in the park for free. All others will need to pay the park's daily fee of \$5 per car. For more information on Eagle Creek Park, please visit <http://www.indy.gov/eGov/City/DPR/Parks/List/Pages/EagleCreekPark.aspx>.

We recommend that spectators park at Rick's Café Boatyard on the Southside of the Reservoir. Visit www.rickscafeboatyard.com for directions. There is free parking and a great deck in which to view the start line. Rick's will begin serving coffee at 9 a.m. with a full menu available at 10 a.m. It is a great way to make watching a head race fun!!!

Spectators and booster groups are also invited to set up tents on Eagle Creek beach, adjacent to the crew launching and docking area. Spectators should follow the regatta parking signs.

Entries:

All competitors may participate in multiple events; however, competitors are responsible for allowing sufficient time to race in one event, land, and launch in time for additional events.

Lineups are not required for entries—only boats. The exception is 1x, in which the competitors name must be entered.

Mail in entries: There are no mail-in entries. Please enter on-line at RegattaCentral.

On-line Entries: RegattaCentral will accept entries up to midnight on Monday, October 24th, 2011. After that date, entries will be viewable only. All registrants who do not pay on-line must submit payment for their fees at registration.

Late entries can be requested by calling Jackie at (917) 969-4791 and, if accepted, are subject to a \$50 fee per entry.

Masters competitors must submit dates of birth for all competitors during the entry process. Crews with missing or incomplete date of birth information will race as a 27-year-old rower. The Head of the Eagle reserves the right to limit the number of entries in any one event. Confirmed entries will be posted on RegattaCentral.

Waivers:

The IRC Event Waiver can be found on RegattaCentral under the Waiver section. Please mail in your waiver to IRC (PO Box 53223, Indianapolis, IN 46253) or bring it to registration the day of the race. Crews without waivers will not be given their registration packet.

Practice Time:

There will be no practice time on Friday or Saturday.

Fees:

Eights: \$80 Fours/Quads: \$60 Doubles/Pairs: \$35 Singles: \$25

Fee Cap is at \$800 per club. Please note that to receive this fee cap all entries must be submitted under one account with the club.

The Head of the Eagle regatta will not refund scratches after October 26, 2011.

Registration:

Scullers and crew representatives must register and pick up their regatta packets on Saturday morning, October 29, 2011 beginning at 7:30 a.m. Packet pick-up is located at the beach Pavilion near the launching area.

All scratches must be reported to Control Commission at least one hour prior to the start of racing.

Coaches and Coxswain's Meeting:

A mandatory meeting will occur at **8:30 a.m.** on Saturday, October 29, 2011 at the beach pavilion. Scullers should also attend.

Bow markers and Bib Numbers:

Bow markers and bib numbers must be picked up at registration. Bow markers must be affixed on the bow of the racing shell by way of an appropriate bow marker holder. Bib numbers must be worn visibly on the back of each single sculler or bow rower in a bow-coxed shell. Shirt cards must be worn on the backs of all coxswains of stern-coxed boats.

Weigh-ins:

Crews are expected to conform to the USRowing Rules regarding weight for lightweight athletes and coxswains. There will be no weigh-in at this year's Head of the Eagle.

Schedule:

The event list is posted on RegattaCentral and the IRC website (www.indyrowing.org). Events with fewer than 3 entries may be combined with other events. The final schedule and heat sheet will be posted on RegattaCentral and indyrowing.org after registration has closed.

Racing will begin at 10:00 a.m. First Call will be 45 Minutes prior to the start of an event. Last call will be 30 minutes. Boats late to the start will be rowing for time only. To accommodate the crews, and at the request of the coaches, we have a 75 minute lunch break and a 15 minute "anticipation break" prior to the collegiate 8+s at the end of the day.

Hot Seating:

We will not hold races to accommodate for hot-seating. Please allow at least one hour between events for athletes.

Safety:

All shells must be equipped with a bow ball. Each set of shoes within the shell must be equipped with properly-secured heel tie-downs.

A boat in which the body of the coxswain is enclosed or partially enclosed within the hull of the boat shall conform to the following requirements:

(a) The opening through which the coxswain enters and exits shall be at least 2.30 feet (70 cm) long when measured along the longitudinal axis of the boat. For a length of at least 1.64 feet (50 cm), the opening shall be as wide as the inner hull of the boat itself.

(b) The inner surface with which the coxswain's body rests shall be smooth and free of any obstacles, devices, or other structures that would hinder quick exit.

Racing Conduct:

1. All crews shall listen and follow orders from the Marshall's during the race, including warm-up and cool down.
2. Be respectful of other crews racing
3. No foul language.
4. Arrive to the start on time.
5. If you are being passed, yield to the faster boat and give them the inside. The exception is through the bridge where it is single file only. A **No Passing Zone** in and out of the bridge will be marked with buoys.
6. When you have crossed the finish line, please continue rowing to give other crews room to cross the line.

Medical:

IRC thanks presenting sponsor **St. Vincent Sports Performance** for its generous support. Emergency medical services will be provided by Pike Township Ambulance Service.

Results:

Results will be available on RegattaCentral and indyrowing.org. Results will be posted at the beach pavilion and the IRC boathouse. Results will be unofficial until such time as the reports of the referees have been received and penalties assessed.

Medals:

Bronze, Silver and Gold Medals will be awarded for each event.

Head of the Eagle Classifications:

All competitors must be eligible for the event division in which they are competing. Any crew containing an ineligible competitor will be violating the rules and will be disqualified from the regatta. In accordance with NCAA rules no event within the Head of the Eagle may have collegiate competitors rowing against high school competitors (including high school coxswains).

- High school competitors must row in junior events only. High school coxswains may not cox a boat in any event where collegiate crews are competing.
- Collegiate competitors must row in open events only.

Failure to comply will cause the results of the competitors to be excluded.

Junior - A junior is a competitor who in the current calendar year does not attain the

age of 19, or who is currently and has been continuously enrolled in secondary school as a full time student seeking a diploma.

Masters - In accordance with USRowing rules, a master is a competitor who has attained or will attain the age of 21 during the current calendar year. Age is determined by the competitor's age as of December 31, 2011. Average age of a boat will be used for multiple-competitor boats. A master's crew shall be comprised exclusively of master's rowers, but the coxswain need not be a master.

Handicaps will be applied for all boats using the standard USRowing handicaps for a 1,000 meter course and will be multiplied by 4.6 to factor for the length of the course.

Open Event – Masters and Collegiate competitors are eligible. Juniors cannot compete in open events at the Head of the Eagle (please see classifications above).

Novice (sweep) - Any oarsperson who is eligible to row as a freshman/novice at their own institution or has not rowed in a race prior to January 1, 2011.

Clubs must have an A boat entered in order to enter a B boat, a B boat entered in order to enter a C. Clubs may have unlimited C and D entries.

Chief Official:

The Chief Official is Bob Appleyard.

Penalties:

Minor Violations (30 second penalty)

- Each buoy missed on the course
- Shells without bow numbers/bib numbers at the finish
- Purposely starting out of order against directions of the starter
- Failure to follow traffic rules in the launching, docking, start marshaling, or warm-up area
- Unsportsmanlike conduct

Major Violations (60 second penalty)

- Interference with crews marshaling in the start area
- Non granting right-of-way for overtaking crews
- Missing buoy chute at start
- Missing buoy chute at finish
- Passing in the marked bridge shoot/zone
- Launching from the incorrect dock
- Failure to pass through the appropriate span of the 56th Street bridge
- Interfering with another shell during the same race

Exclusion

- Not arriving at the start within sixty seconds of last entrant in their event
- Not complying with specified classification of events
- Interference with a racing shell by a nonracing shell
- Causing a collision
- Rowing the course with the wrong bow number

Protests:

All protests must be filed within one hour of the end of the race in which the violation occurred. The crew's coxswain or representative rower/sculler must indicate the crew's intent to file a protest to the course marshal at the finish line or to the dockmaster on shore at the docks/launching area.

Protest forms are available at Control Commission. Protest forms must be filed directly with the USRowing race official. You may have a representative from the protesting crew available during the judge and referee deliberations. A \$25 filing fee is required at the time a protest is filed. In the event the protest is upheld, the fee will be returned. If the protest is denied, the fee will be forfeited.

Housing:

Competitors are invited to reserve rooms at the following sponsoring hotel:

Official Head of the Eagle Hotel:

BY CHOICE HOTELS

Clarion Inn and Suites Northwest
7001 Corporate Drive
Indianapolis, IN 46278
(317) 298-3700

Book online at www.clarionhotel.com/hotel-indianapolis-indiana-IN433

Click on **Rates/Packages**. Choose dates and occupancy. Click **Check Rates**.

Under **Other Rates**, select "**Special Rate/Corp ID**". The IRC code is 00069125. Click **Submit**, then **Confirm**.

Visit the IRC website for more information on housing:

<http://indyrowing.org/events/official-hotels-and-restaurants/>

