



# **109<sup>th</sup> Annual NWIRA Championship Regatta**

## **Rabbit Lake, Kenora, Ontario, Canada**

### **Friday & Saturday, August 17 & 18, 2012**

**Welcome to the 109th year of NWIRA**

**Coaches meeting: 6:00 PM Thursday, August 16, 2012**  
**at the Kenora Rowing Club, 110 Birchwood Cres, Kenora, ON P9N 4K7**

#### **NWIRA Registration Process**

Entries are due by **Friday, August 10, 2012**.

NWIRA association clubs and guest clubs can submit their entries at the Regatta Central website - [www.regattacentral.com](http://www.regattacentral.com) starting on July 23, 2012. The online registration will close at 12:00 AM Midnight (Central Time) on **Friday, August 10, 2012**.

Changes in names and scratches without fees will be accepted until **5:00 PM (Central Time) Monday, August 13, 2012**. After the August 10 deadline, clubs may submit changes and scratches to the NWIRA Secretary, [stock041@tc.umn.edu](mailto:stock041@tc.umn.edu). No entry and/or alternate changes will be accepted after the August 13 deadline until the coaches meeting. Changes in alternates and/or adding entries to an event may be permitted during the coaches meeting if the changes do not alter the regatta schedule.

Heats Draw and Event Schedule will be posted by **Wednesday, August 15, 2012**.

The following information are needed to prepare your club 2012 NWIRA entries in Regatta Central:

- Competitor list which includes first and last name of rowers and coxswains
- Junior and Masters' birthdates
- Crew entries which includes crew names, coxswain when needed, event #, event name, boat ID (i.e. A, B, C), and alternates when applicable.

All US competitors should be either an individual member of USRowing or a member of an USRowing-member institution. All Canadian competitors should be a member of Rowing Canada Aviron (RCA).

Entries will not be visible in Regatta Central until after close of registration on Friday, August 10, 2012.

Please contact the NWIRA Secretary, Charlie Stockwell, ([stock041@tc.umn.edu](mailto:stock041@tc.umn.edu) / 651-602-0758) with questions about the NWIRA registration process.

## Changes for 2012 NWIRA Championship Regatta

At the NWIRA Annual General Membership meeting on October 30, 2011, and in subsequent discussions via email, the NWIRA Board of Directors and NWIRA Executive committee voted to implement the following change starting with the 2012 Annual NWIRA Championship Regatta.

- Each club is limited to submit up to three entries in each double and pair event. This includes the following events:

02. Junior Women 2-	32. Junior Men 2x	45. Light Weight Women 2x
07. Open Women 2-	33. Junior B Men 2x	46. Open Women 2x
11. Junior Men 2-	36. Master Women 2x	52. Open Men 2x
15. Master Men 2-	40. Master Men 2x	53. Light Weight Men 2x
16. Master Women 2-	41. Junior Women 2x	
21. Open Men 2-	42. Junior B Women 2x	

The purpose of this change is to reduce the number of heats needed to race these events.

### NWIRA Fees Schedule

Exchange rate (1.00 USD = 0.99 CAD)

Exchange rate is based on a 6 month average from January 2012 thru June 2012 (Source: Bank of Canada)

	US Dollars	Canadian Dollars
Entry Fees		
Singles	\$17	\$17
Doubles / Pairs	\$34	\$34
Fours / Quads	\$51	\$52
Eights	\$68	\$69
Scratch Fees *		
Singles	\$17	\$17
Doubles / Pairs	\$34	\$34
Fours / Quads	\$51	\$52
Eights	\$68	\$69
NWIRA Club Membership Dues (Required)	\$100 per club	\$101 per club
Guest Club Fees (Required)	\$50 per club	\$50 per club
Damage Deposit (Required)**	\$40 per club	\$40 per club
Regatta Fees (Required) ***	\$20 per person	\$20 per person

\* Any scratch fees NOT paid at the regatta will be subject to an administration fee (\$50 USD \$50 CAD).

\*\* If LOC reported no damages during the regatta, NWIRA Treasurer will shred damage deposit checks.

\*\*\* All rowers, including coxswains, competing in the championship regatta are required to pay the regatta fee (\$20UD / \$20 CAD) in addition to boat entry fees and guest clubs fees or club membership dues. This regatta fee covers regatta expenses (e.g. banquet, insurance, entertainment, and equipment rental).

Non-rowers (parents, coaches, family members and friends) that wish to attend the awards banquet may do so at (\$20USD / \$20 CAD) per person. Clubs may enter the number of non-rowers attending the award banquet in Registration Form section in Regatta Central (see below). After submitting the number in Regatta Central, clubs are responsible for the number of people expected to attend. No refund will be given for those listed unable to attend the banquet.

Special options	
<i>Regatta Fee: \$20 for Rowers &amp; Coxswains and \$20 for Non-Rowers planning to attend the Awards Banquet</i>	
* Number of Rowers & Coxswains in your entries that you will be paying for @ \$20/athlete	0
Number of Non-Rowers planning to attend the Awards Banquet @ \$20/person	0
<input type="button" value="Save"/>	

Two payments will be collected at the coaches meeting on Thursday, August 16, 2012, at 6:00 PM (Central Time) at the regatta site. If you are not paying by credit card at Regatta Central, please make checks payable to Northwestern Int'l Rowing Assn. in the currency of the country of your club. **To avoid processing fees and keep entry fees affordable, we strongly encourage clubs to make payments by check.**

1. One payment, by credit card via Regatta Central and/or check(s), to pay for:
  - Entry Fees. Entry fees will be based on entries and changes submitted as of 5:00 PM (Central Time) Monday, August 13, 2012.
  - Scratch Fees, if applicable.
  - NWIRA Club Membership Dues, if applicable.
  - Guest Club Fees, if applicable.
  - Regatta Fees from all rowers, including coxswains, competing in the championship regatta.
  - Non-Rowers attending the awards banquet.
2. One payment check for NWIRA Damage Deposit.

### **An event with one entry after close of registration**

If an event has only one entry after registration has closed, the event will stay on the schedule. After close of registration, clubs can review the event entries section in Regatta Central to determine how many entries there are in each event. At the coaches' meeting, clubs will have opportunity to submit entries to the event. Clubs submitting entries will pay normal entry fees for that event.

If the event does not receive any other entries at the coaches' meeting, NWIRA will cancel that event. NWIRA will refund the entry fee to the club with the solo entry.

### **An event with entries only from one club**

NWIRA will conduct an event that has two or more entries from only one club. NWIRA points will be awarded based on the number entries for the event.

## **Club Information Form**

To ensure that information related to the 2012 NWIRA Championship Regatta gets communicated to the appropriate contacts at your club, complete the attached club information form (2012 NWIRA Club Information Form.docx) and send it to the NWIRA Secretary, Charlie Stockwell, at [stock041@umn.edu](mailto:stock041@umn.edu). Please send the completed form no later than **Friday, August 10, 2012**.

The form will also ask for a list of coxswains competing in the regatta. Please include alternates. Officials need this information for weigh-in purposes.

## **NWIRA Association Clubs**

NWIRA is an association of rowing clubs in the United States and Canada. Current association club members are:

- Winnipeg Rowing Club (WNPG), Winnipeg, Manitoba, Canada
- Minneapolis Rowing Club (MPLS), Minneapolis, Minnesota, USA
- Minnesota Boat Club (STPL), St Paul, Minnesota, USA
- Duluth Rowing Club (DULT), Duluth, Minnesota, USA
- Kenora Rowing Club (KENR), Kenora, Ontario, Canada
- Thunder Bay Rowing Club (TBAY), Thunder Bay, Ontario, Canada
- Regina Rowing Club (RGNA), Regina, Saskatchewan, Canada
- Saskatoon Rowing Club (SASK), Saskatoon, Saskatchewan, Canada
- Pinawa Rowing and Sailing Club (PINW), Pinawa, Manitoba, Canada
- Rochester Rowing Club (ROCH), Rochester, Minnesota, USA
- Twin Cities Youth Rowing Club (TCYR), Edina, Minnesota, USA

## **NWIRA Volunteer Duty**

Each NWIRA association club needs to provide two volunteers per day to work at the regatta. This duty can be divided among several people– as long as there are two volunteers from each club at all times for the duration of the event. Please contact the Kenora Rowing Club at [kenorarowing@kmts.ca](mailto:kenorarowing@kmts.ca).

Guest clubs are exempt from this duty.

Please provide volunteer contact information to [kenorarowing@kmts.ca](mailto:kenorarowing@kmts.ca). Contact information should include volunteer name, date and time they are available, their email address and phone number. Volunteers will be contacted a week before the regatta on their role at the regatta.

## **Chief Referee**

The chief referee for the 2012 NWIRA Championship Regatta is Allan Horne, RCA and FISA.

## **Weather Contingency Plan**

To ensure the safety of the athletes, officials, regatta personnel and volunteers, officials and LOC may shorten, reschedule, or cancel races due to deteriorating weather conditions or other unforeseen events.

When such situations occur, the Chief Referee, NWIRA Executive Committee, and LOC Regatta Chair will jointly assess the situation, outline alternations to the race schedule or competition, and inform the participating clubs of the alternations. Depending on the situation during the regatta, such alternations may include one or more of the following:

- Shorten the race from 2000 meters to 1000 meters or shorter if the weather conditions deteriorates enough to cause choppy waters on the race course or the regatta is seriously behind schedule.
- Postpone or reschedule races to different time to allow thunderstorm, lightening or other severe weather conditions to pass through.
- Shorten or cancel finals if severe weather condition occurs in the afternoon. If canceled, all heat results for an event determines finish order.
- Rearrange races so that the big boat events (4-,4+, and 8+) are conducted first following a passing thunderstorm. Conduct the small boat events (1x, 2x, 2-) as condition improves.
- Cancel one day of competition all together if severe weather condition lingers throughout the day. Run the second day of competition as scheduled if condition allows.
- Run postponed events on Sunday morning if condition and logistics allows and the participating clubs agree with this arrangement.

Depending on the rowing venue and situations arise during the regatta, officials, NWIRA Executive and LOC Regatta Chair may consider other alternations not listed here. Regardless of alternations implemented, the safety of the athletes, officials, regatta personnel, and volunteers is top priority under any severe weather situation or unforeseen events.

### **Rower Classifications**

Junior B	An individual who will be 16 or under on December 31, 2012.
Junior	An individual who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full time student seeking a diploma, whichever is later.
Open	All individuals are eligible for Open events. Individuals rowing in Open events cannot row in Master's events.
Masters	An individual who will be age 27 or older on December 31, 2012. Masters will be age handicapped based on the United States Rowing Association's Handicap System. Age will be based on the rower's age as of the last day of the calendar year. All masters entering master's events can only row Master events, Dashes, and Open 8+ events.
Lt. Weight Women	No crew member shall be over 130 lbs – 59.0 kg.
Lt. Weight Men	No crew member shall be over 159.8 lbs – 72.5 kg.

**With the exception of the Junior 8+ events, all Master, Junior B, Junior, and Open rowers may row in any 8+ events**

## **Course Length**

Except for dashes, all rowing events are 2000 meters. Dashes will be 400 meters, starting from the 1600 meters mark.

## **Waiver**

Waiver is not required at this championship regatta.

## **Maximum Number of Events**

Rowers may compete up to six events that he or she is eligible to row. Dashes are not included in this limit.

## **Coxswains**

- Coxswains must not weigh less than 120 lbs – 54.4 kg for men’s boats and 110 lbs – 49.9 kg for women’s boats. Coxswains must weigh in ONCE for the regatta.
- Coxswains who weigh less than the required minimum **MUST** carry weight. Coxswains are responsible for picking up a sand bag at the weigh-in station or for securing their own weights.
- Please enter list of coxswains on the Club Information Form.

## **Weigh-Ins**

- Weigh-ins shall be open for at least one and one-half hours and will end one-half hour before the first light weight race on the first day of the regatta. Weigh-in on first day of the regatta applies for lightweight events on both day of the regatta, Friday and Saturday.
- If an athlete can only come on the second day and need to weigh-in, he or she need to go to the control commission as early as possible on the second day to request weigh-in.
- Crews and Coxswains must be accompanied by their coaches for weigh-ins. Pair and Double teams MUST weigh-in together.
- If a male weighs in more than three pounds or a female weighs in more than two and a half pounds over the maximum weight for lightweights, that individual will be disqualified from the lightweight events for the regatta.
- **ALL CREWS AND COXSWAINS MUST BE IN CLUB ATTIRE FOR WEIGH-INS, DRESSED AS TO COMPETE IN A RACE – NO EXCEPTIONS!** Athletes who do not dress in racing attire will not be allowed to weigh-in. Athletes have only two attempts only to make weigh on the first day of the regatta, provided they are not over the maximum allowed weight. Both weigh-in attempts can only occur on a single day. There will be no “practice weigh-ins”.
- Not making weight results a scratched entry and a scratch fee will be applied.

## **Club Colors**

All competitors must wear their club colors on the water.

## **Bow Balls and Bowmarkers**

All crews are required to have a bow ball on their shell. NWIRA will have standard size bowmarkers available for shells.

## **Heel Ties**

All stretcher shoes must have heel-restraining ties in place. Dock master will inspect shells before they can be launched.

## **Athlete Substitution**

Please use the Athlete Substitution / Change form at the end of this packet if you need to make substitutions for an event during the regatta.

## **Scratches**

Please use the Scratch form at the end of this packet if you need to make scratches during the regatta.

## **Awards**

- Awards will be given for first place finishes in all events.
- Award ribbons will be given to second and third place finishes in all Junior events.

## **Aggregate Trophies**

Aggregate trophies are awarded to the club scoring the most points for:

- Junior's Division Championship
- Master's Division Championship
- Women's Division Championship (Henning Peterson Trophy)
- Men's Division Championship (Con' Riley Trophy)
- US / Canada Cup – US Clubs vs. Canadian Clubs
- Efficiency Championship (CAN-AM Shield)
- Grand Aggregate NWIRA Championship (Sir Thomas Lipton Cup)

All clubs, including guest clubs are eligible to earn points for the aggregate trophies.

## NWIRA Scoring System

Event Types	# of Entries in an event	2000 Meters Events						
		Places						
		1st	2n	3rd	4th	5th	6th	7th
1X	2	10	4					
	3	10	6	0				
	4	10	6	4	0			
	5	10	6	4	2	0		
	6	10	6	4	2	1	0	
	7 or more	10	6	4	2	1	0.5	0
2X/2-/2+	2	15	6					
	3	15	9	0				
	4	15	9	6	0			
	5	15	9	6	3	0		
	6	15	9	6	3	1.5	0	
	7 or more	15	9	6	3	1.5	0.75	0
4X/4+/4-	2	20	8					
	3	20	12	0				
	4	20	12	8	0			
	5	20	12	8	4	0		
	6	20	12	8	4	2	0	
	7 or more	20	12	8	4	2	1	0
8+	2	30	12					
	3	30	18	0				
	4	30	18	12	0			
	5	30	18	12	6	0		
	6	30	18	12	6	3	0	
	7 or more	30	18	12	6	3	1.5	0

# of Entries in an event	Dashes Events						
	Places						
	1st	2nd	3rd	4th	5th	6th	7th
2	6	2.4					
3	6	3.6	0				
4	6	3.6	2.4	0			
5	6	3.6	2.4	1.2	0		
6	6	3.6	2.4	1.2	0.6	0	
7 or more	6	3.6	2.4	1.2	0.6	0.3	0
2	20	8					
3	20	12	0				
4	20	12	8	0			
5	20	12	8	4	0		
6	20	12	8	4	2	0	
7 or more	20	12	8	4	2	1	0



## 2012 NWIRA Championship Regatta Schedule of Events

Except for Dashes, all Events are 2000 Meters

Friday – August 17, 2012	Saturday – August 18, 2012
1. Master Men 4x	30. Open Women's 8+
2. Junior Women 2-	31. Master Men 4-
3. Master Women 1x under 50	32. Junior Men 2x
4. Master Women 1x 50 and over	33. Junior B Men 2x
5. Junior Men 4x	<b>Break</b>
6. Junior B Women 4x	34. Light Weight Women 1x
7. Open Women 2-	35. Open Men 4-
8. Light Weight Men 1x	36. Master Women 2x
9. Open Men 1x	37. Junior Women 4+
10. Mixed Master 4x	38. Junior Men 8+
11. Junior Men 2-	39. Open Women 4-
12. Junior Women 8+	40. Master Men 2x
13. Open Women 1x	<b>Lunch Break</b>
14. Open Men 4x	41. Junior Women 2x
15. Master Men 2-	42. Junior B Women 2x
<b>Lunch Break</b>	43. Men's 8+
16. Master Women 2-	44. Master Women 4-
17. Open Women 4x	<b>Break</b>
18. Junior B Women 1x *	45. Light Weight Women 2x
19. Junior Women 1x	46. Open Women 2x
20. Junior Men 4+	47. Junior B Men 1x *
21. Open Men 2-	48. Junior Men 1x
22. Master Women 4x	<b>(10 min to switch lines)</b>
23. Master Men 1x under 50	49. Dash Men 1x
24. Master Men 1x 50 and over	50. Dash Lt. Wt. Men 1x
<b>Break</b>	51. Dash Women 8+
25. Junior B Men 4x	<b>Break</b>
26. Junior Women 4x	52. Open Men 2x
<b>(10 min to switch lines)</b>	53. Light Weight Men 2x
27. Dash Women 1x	
28. Dash Light Weight Women 1x	
29. Dash Men 8+	

\* Local Operating Club Special Event

## **NWIRA Banquet and Award Ceremony**

**7:30 PM Banquet**  
**8:30 PM Award Ceremony**

Kenora will announce the location for the NWIRA Banquet and Award Ceremony in Kenora as soon as it becomes available.

### **Hotel Accommodations in Kenora**

#### **Anchor Inn and Motel**

543 Lakeview Drive, Kenora, Ontario P9N 3P6  
Phone: (807) 468-6861

#### **Best Western Lakeside Inn & Conference Centre ([www.bestwestern.com/Ca/Lakesideinn](http://www.bestwestern.com/Ca/Lakesideinn))**

470 1st Avenue S, Kenora, Ontario P9N 1W5  
Phone: (807) 468-5521

#### **Travelodge Kenora ([www.travelodge.com](http://www.travelodge.com))**

800 Highway 17 East, Kenora, Ontario P9N 1L9  
Phone: (807) 468-3155

#### **Comfort Inn ([www.choicehotels.ca/Cn272](http://www.choicehotels.ca/Cn272))**

1230 Highway 17 East, Kenora, Ontario P9N 1L9  
Phone: (807) 468-8845

#### **Days Inn ([www.daysinn.ca](http://www.daysinn.ca))**

920 Highway 17 East, Kenora, Ontario P9N 1L9  
Phone: (807) 468-2003

#### **Super 8 ([www.super8.com](http://www.super8.com))**

240 Lakeview Drive, Kenora, Ontario P3N 3W7  
Phone (807) 467-2700

#### **Southview Inn & Bistro ([www.southviewinn.ca](http://www.southviewinn.ca))**

Highway 17 West PO Box 776 Keewatin, Ontario P0X 1C0  
Phone (807) 547-2471

#### **Kenora Inn Motel ([www.kenorainnmotel.com](http://www.kenorainnmotel.com))**

1429 River Drive Kenora, Ontario P9N 1K6  
Phone: (807) 468-3071

#### **Camping**

Andy Lake Resort ([www.andylake.com](http://www.andylake.com)) 807-543-4051  
Anicinabe Park ([www.anicinabepark.ca](http://www.anicinabepark.ca)) 807-467-2700

For further information on Kenora accommodations and attractions please visit the Kenora Portal at:  
[www.kenora.ca](http://www.kenora.ca) or [www.mykenora.com](http://www.mykenora.com).



**2012 CHAMPIONSHIP REGATTA**  
**ATHLETE SUBSTITUTION / CHANGE FORM**

Club: \_\_\_\_\_

Event # : \_\_\_\_\_ Event: \_\_\_\_\_

Current Athlete Name (s) in Boat: \_\_\_\_\_ New Athlete (s) in Boat: \_\_\_\_\_

**ALL NEW ATHLETES MUST BE LISTED AS  
ALTERNATES FOR THAT EVENT!**

Change(s) made by: \_\_\_\_\_ Date / Time: \_\_\_\_\_

Signature: \_\_\_\_\_

Reason for Change: \_\_\_\_\_

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## 2012 CHAMPIONSHIP REGATTA

### SCRATCH FORM

*Scratch fees are equal to the entry fee and they are due when submitting this form. Fees requiring collection after the regatta will be subject to a \$50 administration fee per item. Fees are payable in the currency of the regatta site.*

Club: \_\_\_\_\_

Event # : \_\_\_\_\_ Event: \_\_\_\_\_

Athlete Name (s) in Boat:

Scratch made by: \_\_\_\_\_ Date / Time: \_\_\_\_\_

Signature: \_\_\_\_\_

Reason for Scratch: \_\_\_\_\_

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**Scratch Fee: \$**